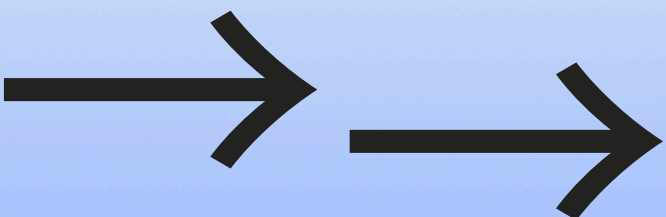


#QueerThePlayingField



7 Key Actions That Youth Organisations Can Take to Support LGBTQI Youth Doing Sports



With the support of



7 Key Actions Which Youth Organisations Can Take to Support LGBTQI Youth Doing Sports

① Build organisational capacity on LGBTQI youth inclusion in sport

... by training staff and volunteers, sharing good practices and using existing toolkits and resources.



7 Key Actions Which Youth Organisations Can Take to Support LGBTQI Youth Doing Sports

② Create and sustain LGBTQI-inclusive sport groups

... especially in rural and underserved areas, to offer safe entry points where mainstream provision is lacking



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As much as I enjoy football, the main reason I'm part of the team is the community aspect. It's great not having to constantly think, 'I'm trans, will I fit in?' Everyone there is trans. Everyone's in the same boat. We're just there to connect and have fun.

Participant (27, UK),
Self-identifying as a trans woman,
homoromantic & bisexual



Promising Practices: Sports Camps Run by Seitenwechsel, Berlin



At the inclusive sports camps run by Seitenwechsel in Berlin, awareness and accountability are embedded from the outset. Invitations to the camps explicitly welcome gender-diverse children; children take part in workshops on gender diversity; parents are involved in discussions; and trainers are briefed in advance on inclusive language and concepts such as FLINTA/MINTA — many of them are themselves trans, intersex or non-binary.



7 Key Actions Which Youth Organisations Can Take to Support LGBTQI Youth Doing Sports

③ Support informal and peer-led initiatives

| ... from local meetups to online groups, as valid and accessible forms of participation



7 Key Actions Which Youth Organisations Can Take to Support LGBTQI Youth Doing Sports

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Develop peer-led support and buddy systems

... to help young queer people join teams or return to sport with confidence



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I started realising,
'Oh... when that guy called me
'he', it felt particularly good.
What's that feeling?' I think it
shaped me in being confident
and being queer.

Participant (23, Belgium),
self-identifying as non-binary,
trans masc, bisexual & queer



7 Key Actions Which Youth Organisations Can Take to Support LGBTQI Youth Doing Sports

⑤ Equip LGBTQI youth as advocates

... by offering training in leadership, communication and policy engagement



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It's really affirming to finally do something I've wanted to do for so long, and realise it's not too late to start.

Participant (29, UK),
self-identifying as a trans man, gay & queer



7 Key Actions Which Youth Organisations Can Take to Support LGBTQI Youth Doing Sports

⑥ Lower financial barriers

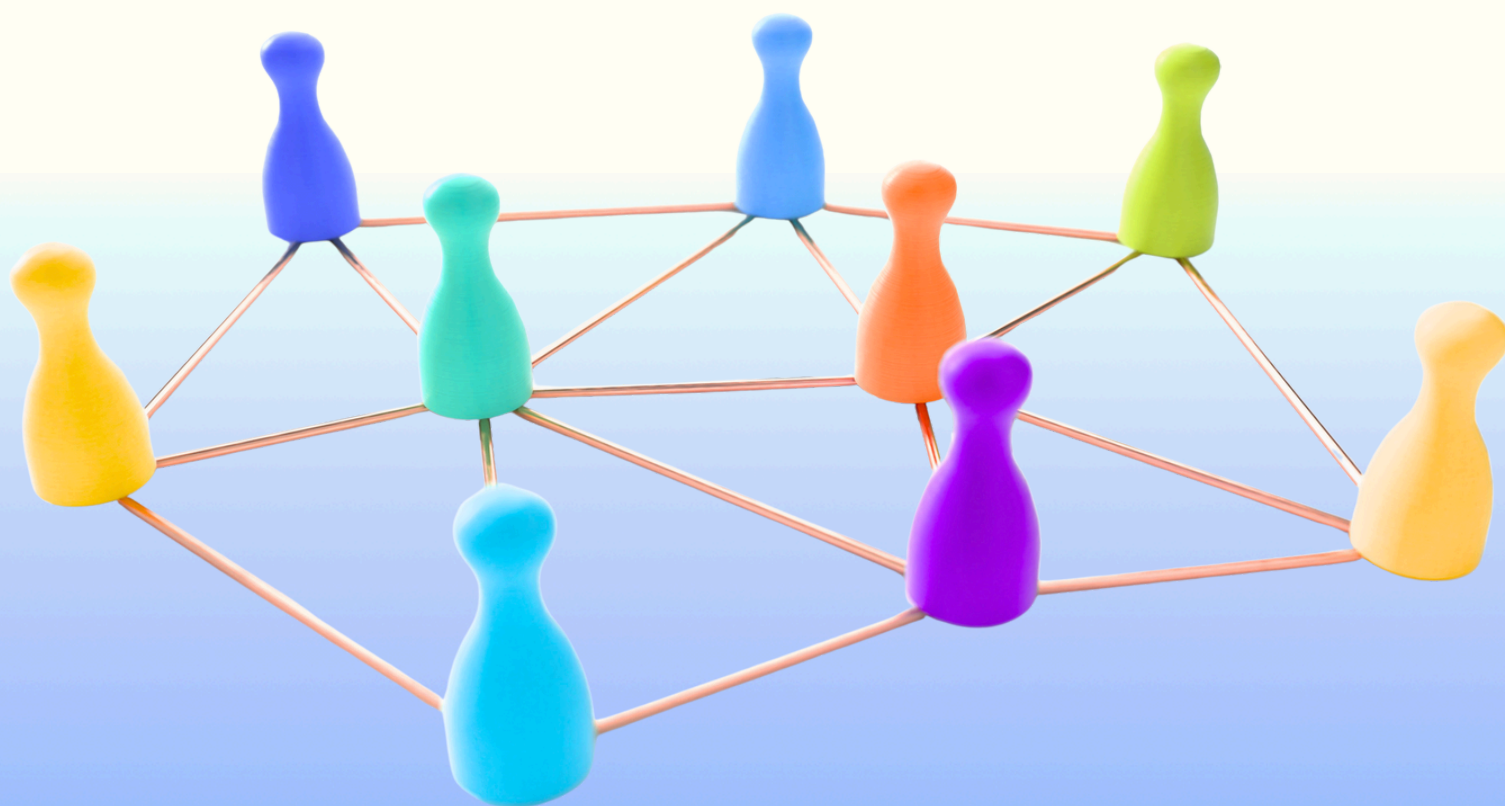
| ... through solidarity funds, travel bursaries and equipment-sharing schemes



7 Key Actions Which Youth Organisations Can Take to Support LGBTQI Youth Doing Sports

⑦ Build cross-border youth networks

... to connect young LGBTQI youth, amplify role models and share inclusive sport practices



Promising Practices: Oll Europe & TGEU Network for Intersex & Trans Athletes



Oll Europe is currently working with TGEU to develop a network for intersex and trans athletes. The network is being established initially across Africa and Europe, with the ambition to expand globally.

Its aim is to connect intersex and trans athletes through chat groups, mailing lists, and in-person meetings, enabling them to share experiences from countries such as South Africa, Belgium, Germany, the United States, and beyond.



#QueerThePlayingField



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Find More Stories & Recommendations in our IGLYO Publication "From the Sidelines to the Playing Field: LGBTQI Youth Perspectives on Inclusion in School and Community Sport"

iglyo.org/sports

