

YOUR HEALTH, YOUR SAY!

Presented by Elodie and Sarah



DECISION-MAKING PROCESS



HAVE YOUR SAY!

**“Communication with someone
you trust and who can help
you.” - Dion**

INFORMATION IS KEY

**“All information although you
feel it is not important is key.” -
Leonardo**

OPEN AND SAFE COMMUNICATION

**“Having all your feelings open
and communicating is essential
to the process.” - Jose**

THE ROLE OF PARENTS

“Support and communication between parents and the child can help to reach the best possible outcome.” - Sarah

EXPRESSING YOUR VIEWS

**“You can -express your
opinions by action, not only
by words.” - Denis**

MAKING DECISIONS

**“Adults must listen to you and
take you seriously.” - Lana**

DISAGREEMENTS

**“What is best for a child is
always prioritised.” - Elodie**

HOW CAN ADULTS IMPLEMENT THIS BOOKLET?





**THANK
YOU!**