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Learning Equality  
Living Dignity

## TRAINING OF TRAINERS IN HUMAN RIGHTS EDUCATION WITH YOUNG PEOPLE (TOTHRE 2019/2020)

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**1 December 2019 – 30 June 2020**  
Residential seminar: 30 March - 7 April 2020  
European Youth Centre Budapest

**CALL FOR PARTICIPANTS**  
**Deadline: 24 November 2019**

## Background

The Human Rights Education Youth Programme of the Youth Department of the Council of Europe was introduced to support the mainstreaming of human rights education in youth work and youth policy. Within this programme a manual on human rights education with young people, COMPASS was first published in 2002 and fully revised in 2012. The work on human rights education of the Youth Department touches on the essence of the Council of Europe in promoting a culture of human rights in Europe. With the adoption of the Charter on Education for Democratic Citizenship and Human Rights Education (EDC/HRE Charter) in 2010, emphasis is given to the role of member states of the Council of Europe in making human rights education a reality for every person in Europe and the importance of quality education to promote the core values of the institution. The Charter provides the basis for advancing human rights education at local and regional level by defining objectives and principles applying to policy, legislation and practice<sup>1</sup>.

The work of the Youth Department of the Council of Europe provides youth organisations, youth leaders and young people throughout Europe with resources to help them in their projects and activities relating to human rights and human rights education.

In 2016 the 3<sup>rd</sup> Compass Forum on Human Rights Education was organised to strengthen the quality, recognition and outreach of human rights education with young people in the Council of Europe. The Forum, titled “Learning Equality, Living Dignity”, provided input to the review of the implementation of the Council of Europe Charter on EDC/HRE with contribution from the youth and NGOs sectors.

The Human Rights Education Youth Programme is now integrated in the Youth for Democracy programme, but its key features remain unchanged:

- Dissemination and update of the educational resources for human rights education
- Advocacy for the inclusion of human rights education and recognition of the role of non-formal learning therein
- Renewing the informal networks of trainers and multipliers and supporting the qualitative development of training for human rights education
- Supporting key national activities for training of trainers, multipliers and advocates for human rights education – the programme of national and regional training courses for human rights education with young people.

Within the programme, the course Training of Trainers in Human Rights Education (TOTHRE) occupies a central place. It prepares trainers with the aim to apply and disseminate human rights education approaches and standards at local, national and international level. It also supports the quality and sustainability of training activities for human rights education at national level.

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<sup>1</sup> The Council of Europe Charter on Education for Democratic Citizenship and Human Rights Education is available at: [http://www.coe.int/t/dg4/education/edc/Charter/Charter\\_EN.asp](http://www.coe.int/t/dg4/education/edc/Charter/Charter_EN.asp)

## TOTHRE 2019/2020

Since its introduction in 2002, TOTHRE has marked the way human rights education is understood and practiced across Europe – notably by the impact of participants and their organisations in mainstreaming HRE at national and local level. The 2019-2020 edition of the course builds on the experiences accumulated and on the outcomes of the 3rd Compass forum and the Conference on the implementation of the evaluation the Council of Europe Charter on EDC/HRE. It will particularly seek also to address current global threats and challenges to a culture of human rights, including the climate crisis and its consequences. Links will also be made with the [World Programme on Human Rights Education](#), especially in view of its 4<sup>th</sup> phase, which will focus on youth.

The 2019-2020 edition of TOTHRE will be held between December 2019 and June 2020. It will consist of three phases:

1. ***an initial e-learning phase*** (1 December 2019 -15 March 2020)
2. ***a residential 9-day training course*** to be held at the EYC Budapest from 31 March to 8 April 20120.
3. ***follow-up activities***, including e-learning (15 April - 30 June 2020)

## Aims and objectives

The training course will support the implementation of the [Charter on Education for Democratic Citizenship and Human Rights Education](#) through building the competences of trainers to develop and apply quality human rights education activities with young people at national/local levels and to advocate for the further mainstreaming of human rights education in youth policy and youth work.

### Objectives

1. To enable participants to work with the EDC/HRE Charter in their organisational and institutional contexts
2. To strengthen participants' understanding of the key concepts of human rights education with young people;
3. To strengthen essential competences for trainers working with human rights education in non-formal learning settings based on using and adapting Compass;
4. To analyse current developments and trends in human rights education in order to mainstream it in youth policy and youth work;
5. To contribute to the development of networks of trainers on human rights education with young people;
6. To enable participants and their organisations to further develop and implement human rights education activities with young people;
7. To enable participants to address current global threats and challenges to a culture of human rights through human rights education.

## Competences to be developed through the course

The course contents and methodology are designed so that the participants will be able to develop (or begin developing) core competences for trainers in human rights education with young people. The list of competences below will be the reference for planning and monitoring learning in the course:

1. Knowledge of major instruments for the protection and promotion of human rights and the ability to connect them with the lives of young people;
2. The capacity to converse and to facilitate conversations on global and contemporary human rights threats and challenges;
3. The ability to introduce human rights education as an educational concept in an autonomous and credible way;
4. Awareness about human rights violations and abuses at both global and local level, and the ability to act upon them using human rights education;
5. Knowledge about the relevant programmes and instruments of the Council of Europe for youth and human rights education and ability to connect with global initiatives such as the Sustainable Development Goals and the World Programme on Human Rights Education;
6. Critical thinking skills and the ability to create multiple perspectives on contemporary human rights issues and dilemmas;
7. The capacity to recognise and address the values and ethical norms underlying human rights education;
8. The capacity to be an advocate for human rights education and to liaise with stakeholders concerned with the promotion of human rights education at a regional, national and local level.
9. Intercultural learning competences, including empathy, tolerance of ambiguity, and distance to social roles in training situations;
10. The ability to use COMPASS including the adaptation of its activities taking into consideration local realities, social contexts and the needs of target groups;
11. The ability to constructively deal with conflict in the context of human rights education activities;
12. The capacity to develop and manage human rights education activities following the quality standards for education and training activities of the Youth Department of the Council of Europe;
13. Practice in and awareness of the use of information and communication technology in training and the related human rights issues;
14. Understanding the key principles of non-formal education and its application in human rights education;
15. Knowledge and understanding of different approaches to learning;
16. The capacity to assess and evaluate the results of human rights education activities and programmes;
17. The ability to work co-operatively;
18. The capacity to design and deliver human rights education activities;
19. To facilitate participants in their learning journey and in their understanding of their learning achievements (outcomes);
20. The ability to recognise and translate human rights value framework into personal, social and professional actions;
21. The ability to plan own learning.

## Methodology and Structure of the course

The course is designed to give participants the opportunity to experience and reflect upon activities and concepts central to human rights education based on experiential learning approaches. It is also designed as a mutual learning situation, where participants can compare their approaches to training and to human rights education across Europe in a dialogical intercultural approach and environment. Contributions from experts in the field of human rights will establish a theoretical framework and a common reference point for learning and communication, and there will be opportunities learn by using COMPASS. The course is also built around the expectation that participants will put in practice their learning by developing and implementing a human rights education project throughout the course. The e-learning and follow-up phases are a full part of the course structure and approach, even if the training seminar at the European Youth Centre remains the most important and visible phase.

Function of the three phases of the course:

### **Phase 1 - E-learning - getting ready for the course and developing a common knowledge basis** (1 December 2019 -15 March 2020)

This phase will support participants to acquire core knowledge on human rights and human rights education which will be further addressed in the residential seminar. This phase includes also work with self-assessment of competences and personal learning planning. Full participation in this phase is a pre-condition to be invited for the residential seminar.

### **Phase 2 - The residential training seminar** (31 March - 8 April 2020)

The seminar is an important moment for learning and skills developments within the training: the trainers and participants work together face-to-face in an intercultural environment where intensive group work supports individual learning. Participants will experience and explore activities and approaches from Compass as a starting point for learning further about training and human rights education. The seminar will finish with the finalisation of the planning of the human rights education projects to be implemented by the participants after the course. The seminar will take into account the evaluation of phase 1 and set the individualised learning objectives for phase 3.

### **Phase 3 - Follow-up** (15 April - 30 June 2020)

This phase will consolidate learning of participants through their follow-up projects and activities, supported by the network of participants and trainers. Some new learning units will be proposed based on individual needs and priorities of participants.

## Profile of the participants

The course is designed for participants who are:

- trainers or facilitators in non-formal education, especially within youth organisations and associations, in youth work activities and in other NGOs concerned with human rights education;
- teacher trainers with a multiplying role within formal education systems interested in introducing non-formal learning methodologies in their human rights education activities.
- Youth workers, activists, volunteers experienced in and intending to function as trainers and advocates for human rights education

*All* participants must also:

- be able to work in English
- be aged between 18-30 years old, exceptions can be made if justified
- Be resident in Europe; in exceptional cases some participants from other continents may also be invited
- be supported by a youth organisation, association or institution within which they can act as multipliers of HRE
- already have experience in working as trainers or facilitators with young people
- be able and committed to act as multipliers or trainers for human rights education as a result of the course
- be motivated to develop their competences in human rights education and to share their experiences with other participants
- be committed to attend for the full duration of the course, including the preparatory and follow-up phases
- be interested and able to develop and implement human rights education training project with young people. All participants in the training course are expected to implement HRE projects or programmes, such as national training courses in human rights education, translation and dissemination of Compass, advocacy projects on human rights education or others.
- have access to the Internet and be able to devote at least 4 hours per week between 1 December 2019 and 31 March 2020 and during the follow up phase between 15 April and 30 of June) and motivation to use the Internet-based applications for learning and training;

The Council of Europe welcomes applications from all candidates who fulfil the specific profile of the activities, irrespective of gender, disability, marital or parental status, racial, ethnic or social origin, colour, religion, belief or sexual orientation.

### **Application, procedure and selection of participants**

All candidates must apply on-line at this [link](#). Applications must be accompanied by a letter of support from their sending organisation/institution, to be uploaded on the platform. In case of several applicants from the same organisation, the support letter should indicate the priority of the applicants.

The Council of Europe will select up to 40 participants on the basis of the profile

outlined above. It will try as far as possible to respect the organisations' priorities, but also to ensure a balance between genders, geographical regions, different types of experiences, cultural backgrounds and organisations, institutions and projects. A waiting list may be established. Candidates will be informed whether their application has been accepted or rejected, and if they have been put on the waiting list, **by 5 December 2019**.

The application form must be submitted on-line with the support letters **before 23:59 (CET), 24 November 2019** at this [link](#).

## Financial and practical conditions of participation

### Travel expenses

Travel expenses and visa fees for the training seminar in Budapest will be reimbursed according to the rules of the Council of Europe. Only the participants who attend the entire training course can be reimbursed. The payment will be made either by bank transfer after the seminar or at the end of the course in cash (in Euros).

### Accommodation

Board and lodging for the residential training seminar will be provided and paid for by the Council of Europe at the European Youth Centre Budapest. The European Youth Centres are accessible to people with disabilities and can take measures to accommodate for any specific needs of participants in this respect. Please provide the necessary information in your application form.

### Enrolment fee

An enrolment fee of **60 Euros** is payable by each participant. This amount will be deducted from the amount to be reimbursed for travel expenses or paid at the EYCB during the residential seminar.

### Working languages

English will be the working language of the training course, both for e-learning and the residential training seminar. Participants are required to be able to express themselves autonomously in English.

## Further information

For further information, please contact Zsuzsanna Molnar, programme assistant at [zsuzsanna.molnar@coe.int](mailto:zsuzsanna.molnar@coe.int) or Natalia Chardymova, educational advisor at [natalia.chardymova@coe.int](mailto:natalia.chardymova@coe.int).

For any information about the online application form, please contact Gabriella Tisza, [gabriella.tisza@coe.int](mailto:gabriella.tisza@coe.int).

**Applications must be submitted before 23:59 (CET), 24 November 2019**