This toolkit has been developed as part of the European Union (EU) and Council of Europe joint project “ALL IN: towards gender balance in sport” and complements the other resources developed by the project (an online library of practices and resources, data collection on gender equality in sport, etc.). It provides information, concrete tips, good-practice examples and strategies to put into practice a gender mainstreaming approach to achieve equality between women and men in sport.

- **Target groups**
  - Decision makers from public authorities responsible for sport and from sporting organisations (at national, regional and local level).
  - Policy officers/operational managers from public authorities responsible for sport and from sporting organisations.
  - Trainers in gender equality/gender mainstreaming in sport.

- **Objectives**
  - To understand the extent of gender inequalities and differences in the sports world (in the fields of leadership, coaching, participation and media/communication), the prevalence of gender-based violence and the added-value of moving towards gender equality in this area.
  - To design, implement, monitor and evaluate an action plan to achieve gender equality.
  - To understand what a gender mainstreaming strategy is.
  - To implement a gender mainstreaming approach in sport policies, programmes, actions and in sporting organisations (when devising a human-resources policy, organising sports events, developing a communication strategy, allocating funds, renovating a sport facility, etc.).

The content of the toolkit is fully in line with Recommendation CM/Rec(2015)2 of the Committee of Ministers to member States on gender mainstreaming in sport¹.

Reference to gender-based violence in sport and to diversity issues, including people from disadvantaged groups exposed to multiple discrimination (when sex and gender overlap with other grounds of discrimination such as age, race, ethnic origin, sexual orientation and disability) is included in the different factsheets.

Please note that some boxes can be adapted to individual countries’ particular contexts (national data on participation of women and men in sport, policies, programmes and guidelines on this topic, etc.).

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1. https://search.coe.int/cm/Pages/result_details.aspx?Objectid=09000016805c4721

**Guidelines to facilitate reading**

Factsheets 4 to 11 are structured to support the practical implementation of a gender mainstreaming strategy. They are presented in a common format:

- A brief introduction highlighting the significance of the topic, containing:
  - Focus of the factsheet
  - Specific aspects that are addressed

- A two-step approach:
  - “On your marks”: elements to consider and/or questions that should be asked to understand the issue
  - “Take action”: ideas and examples meant as pointers to facilitate change that can be adapted to each reader’s context

- Good practice examples
- Connections between factsheets