

## Implementation of anti-doping policies in 2019 - Portugal

### Questionnaire on implementation of anti-doping policies in 2019 0.1

#### Objective :

In order to implement the requirements of the Article 9 of the Anti-Doping Convention, the online annual questionnaire is ready for collection of data regarding anti-doping policies in 2019.

#### Instruction :

For detailed instructions please select the links to documentation at the top of the page.

In case you face any problems which would prevent you from filling in the questionnaire, please report it to us by e-mail [sport.t-do@coe.int](mailto:sport.t-do@coe.int)

You are kindly requested to fill in, save and post your country's data for 2019 before 30 April 2020.

#### Questions :

##### 1. Number of Athletes

Please estimate the number of athletes in the following categories within your country:

international-level athletes (as defined by the World Anti-Doping Code)

Min numeric value allowed : 0

[            ] your comment (optional) .....

[ X ] Data not available

national-level athletes (as defined by the World Anti-Doping Code)

Min numeric value allowed : 0

[            ] your comment (optional) .....

[ X ] Data not available

other athletes (including recreational athletes)

Min numeric value allowed : 0

[            ] your comment (optional) .....

[ X ] Data not available

number of athletes in your national Registered Testing Pool (as defined by the World Anti-Doping Code)

Min numeric value allowed : 0

[ 138 ] your comment (optional) .....

[ ] Data not available

number of athletes at the last Summer Olympic games

Min numeric value allowed : 0

[ 92 ] your comment (optional) .....

[ ] Data not available

number of athletes at the last Winter Olympic games

Min numeric value allowed : 0

[ 2 ] your comment (optional) .....

[ ] Data not available

number of athletes at the last Summer Paralympic games

Min numeric value allowed : 0

[ 29 ] your comment (optional) .....

[ ] Data not available

number of athletes at the last Winter Paralympic games

Min numeric value allowed : 0

[ 0 ] your comment (optional) .....

[ ] Data not available

## 2. Doping definition

What is the definition of "Doping in Sport" used in your country?

[ X ] Council of Europe Anti-Doping Convention. Your comment (optional) .....

[ X ] UNESCO International Convention against doping in sport. Your comment (optional) .....

[ X ] World Anti-Doping Code. Your comment (optional) .....

[ X ] Other, please specify (e.g. national law) : Law n° 38-2012 of 28 August in its current version -

<http://www.adop.pt/media/20903/Lei%20111-2019%20de%2010%20de%20setembro.pdf>

## 3. Doping List

Which list of banned pharmacological classes of doping agents and doping methods (i.e. Prohibited List) is implemented in your country?

[ X ] Prohibited list, as adopted by the Executive Committee of WADA. Your comment (optional)


.....

[ ] List of banned pharmacological classes of doping agents and doping methods, as adopted by the Monitoring Group (TDO). Your comment (optional) .....

[ ] Prohibited list, as adopted by the Conference of Parties of the International Convention against Doping in Sport (UNESCO) Your comment (optional) .....

[ ] Other, please specify : .....

Attachments

 ADOP 2019 -List of Prohibited Substances and Methods- Final.pdf

## 4. Additional doping lists

For the purposes of restricting availability of doping substances are there other lists than those defined in question 4?

( ) Yes, please specify: .....

( X ) No. Your comment (optional) .....

## 5. Anti-doping laws


Are there any anti-doping laws in your country?


Anti-doping law. Your comment (optional) .....

Other formal regulations, please specify: Ordinance 11/2013 de 11 January

No. Your comment (optional) .....

#### Attachments

 Ordinance 11-2013 de 11 January.pdf

 Law : <http://http://www.adop.pt/media/20903/Lei%20111-2019%20de%2010%20de%20setembro.pdf>

## 6. National anti-doping organisation (NADO) ●

What is the legal status of your national anti-doping organisation? Please upload the statutes, if possible

Public authority. Your comment (optional) .....

Non-governmental organisation. Your comment (optional) .....

Private company. Your comment (optional) .....

National Olympic Committee. Your comment (optional) .....

Other, please specify : .....

#### Attachments

 Site ADoP : <http://http://www.adop.pt/>

## 7. NADO activities ●

Which of the activities below are conducted by your national anti-doping organisation? Please upload the organisational chart, if possible

	Yes. Your comment (optional)	No, please specify which organisation is in charge:
Co-ordination of action by public authorities	<input checked="" type="checkbox"/>	<input type="checkbox"/>
Coordination of the fight against trafficking	<input checked="" type="checkbox"/>	<input type="checkbox"/>
Testing (doping control)	<input checked="" type="checkbox"/>	<input type="checkbox"/>
Results management	<input checked="" type="checkbox"/>	<input type="checkbox"/>
Disciplinary procedures	<input type="checkbox"/>	<input checked="" type="checkbox"/> National Sports Federation until October 09th from October 10th Anti-Doping Disciplinary College
Education and/or information	<input checked="" type="checkbox"/>	<input type="checkbox"/>
Research	<input checked="" type="checkbox"/>	<input type="checkbox"/>

#### Attachments

 ADoP Chart 2019 - New Law.pdf

## 8. Funding of anti-doping program ●

What was your annual anti-doping budget for the 2019 calendar year?

Min numeric value allowed : 0

[ 1748008 ] amountEurosCurrency

[ ] Data not available

## 9. Funding sources

How is the anti-doping program funded? Please select all that apply and indicate an estimate in percentages:

Government 100%

National Lottery program ..... %

National Olympic Committee (NOC) ..... %

Other Sports Organization(s) ..... %

Fee for service ..... %

Private ..... %

Other ..... %

## 10. Distribution of funding

What percentage of your annual anti-doping budget is put towards the following core programs?

[ 377742 ] Testing (including equipment, transportation, Sample Collection Personnel (SCP) fees)

[ 987121 ] Sample analysis

[ 39360 ] Investigations

[ 13530 ] Education

[ 0 ] Research

[ 0 ] Results Management/Legal

[ 0 ] Therapeutic Use Exemptions (TUEs)

[ 0 ] Other (e.g. remuneration, administration) .....

[ ] Data not available

## 11. Sport Budget

What amount has been allocated to the sport budget from the state budget for the year 2019?

[ 44606149 ] amountEuroscurrency

[ ] Data not available

## 12. Limiting public funding to organisations

Is public funding withheld from organisations that do not comply with anti-doping regulations and related legal instruments?

Yes, all funding is withheld; your comment (optional) .....

A limited amount of funding is withheld; your comment (optional) .....

No financial implications; your comment (optional) .....

Information not available; your comment (optional) .....

13. Limitation of public funding of persons

Is sport-related financial assistance provided by public authorities withheld from banned athletes or athlete support personnel during the period of their suspension?

Yes, all funding is withheld; your comment (optional) .....

A limited amount of funding is withheld; your comment (optional) .....

No; your comment (optional) .....

Not applicable (no sport-related financial assistance is provided by public authorities to athletes or support personnel); your comment (optional) .....

Information not available; your comment (optional) .....

14. Testing programme

Does your country have a national testing programme?

Yes

No, please explain .....

15. Elements of the Testing Program

What elements of the testing program are implemented by the national anti-doping organisation?

Risk Assessment and Test Distribution Planning (TDP)

Registered Testing Pool

Random selection of athletes

Targeted selection of athletes

In-competition testing

Out-of-competition testing

No-advance notice testing

Blood testing

Athlete Biological Passport (ABP) modules

Other elements, please specify .....

If some elements are implemented by another body, please specify which body .....

16. Quality certificate

Is your NADO or part of its procedures certified according to a quality standard (such as ISO, iNADO or any other quality assurance system)?

Yes, please specify which standard, its scope and validity: NP ISO 9001:2015 and in force until December 2020

In progress, please specify .....

No; your comment (optional) .....

17. NADO staff

Please outline below how many staff are involved in the coordination and management of your anti-doping programs.

Min numeric value allowed : 0

- [ 13 ] Staff full time
- [ 65 ] Staff part time
- [ 0 ] Volunteers
- [ 16 ] Committee members
- [ ] Data not available

18. Sample Collection Personnel

Do you have Sample Collection Personnel (SCP) ?

- ( X ) Yes
- ( ) No, please explain .....

19. Number of DCOs and BCOs

How many Doping Control Officers (DCOs), Blood Control Officers (BCOs) and chaperones are in your sample collection personnel program?

Min numeric value allowed : 0

- [ 64 ] DCOs; your comment (optional) .....
- [ 64 ] BCOs; your comment (optional) .....
- [ 0 ] Chaperones; your comment (optional) .....
- [ ] Data not available

20. Laboratory

Is there a doping control laboratory in your country?

- [ ] Yes, accredited by WADA
- [ ] Yes, but accreditation by WADA is pending
- [ ] Accredited by WADA for athlete biological passport
- [ X ] No, we send samples to the WADA accredited laboratories in:we send samples to the WADA accredited laboratories in Gent, Madrid and Barcelona(city)
- [ ] Not available

21. Testing statistics

How many samples were collected under your national testing program in the year 2019?

Urine	Blood (including ABP)
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In-competition testing Min numeric value allowed : 0	2285	58
Out-of-competition testing Min numeric value allowed : 0	760	179

[ ] Data not available

## 22. Testing abroad

Did you test athletes under your authority who reside or train abroad (directly or by subcontracting another ADO)?

- Yes; your comment (optional) We asked AEPSAD to control a Portuguese Athlete that lives in Spain
- Not in 2019, but we have authorisation to do so; your comment (optional) .....
- No, we do not have authorisation to do so; your comment (optional) .....

## 23. Disciplinary system

What are the disciplinary bodies for doping offences, i.e. the main body imposing sanctions on athletes and other persons?

	–	–
State authority	No	No
NADO	Yes	Yes
NOC	No	No
National sport federations	Yes	Yes
international sport federations	Yes	Yes
Independent disciplinary body	No	No
Professional associations	No	No
Other, please specify	No	No

## 24. Appeals system

What is the body handling appeals against disciplinary measures?

- State authority; your comment (optional) .....
- National sports federations; your comment (optional) .....
- International sports federations; your comment (optional) .....
- Independent court of arbitration; your comment (optional) .....
- Court of Arbitration in Sport (CAS); your comment (optional) .....
- Other, please specify : .....

## 25. Anti-doping rule violations (ADRV)

How many anti-doping rule violations cases were initiated in 2019 and how many of these initiated cases resulted in the imposition of a sanction?

	Initiated cases	Cases that resulted in a sanction	Cases that resulted in no sanction
Presence of a prohibited substance or its Metabolites or markers in an athlete's sample Min numeric value allowed : 0	27	10	1
Use or attempted use by an athlete of a Prohibited substance or a prohibited method Min numeric value allowed : 0	0	0	0
Evading, Refusing or Failing to Submit to Sample Collection Min numeric value allowed : 0	0	0	0
Whereabouts Failures Min numeric value allowed : 0	0	0	0
Tampering or attempted tampering with any part of doping control Min numeric value allowed : 0	0	0	0
Possession of prohibited substances and prohibited methods Min numeric value allowed : 0	0	0	0
Trafficking or attempted trafficking in any prohibited substance or prohibited method Min numeric value allowed : 0	0	0	0
Administration or attempted administration to any athlete of any Prohibited method or prohibited substance Min numeric value allowed : 0	0	0	0
Complicity Min numeric value allowed : 0	0	0	0
Prohibited Association Min numeric value allowed : 0	0	0	0

Data not available

## 26. Whereabouts failures

How many of the following whereabouts failures have you registered in 2019?

[ 29 ] One missed test or filing failure

[ 10 ] Any combination of two missed tests and/or filing failures

[ ] Data not available

## 27. Sanctions for doping trafficking



Are there specific penalties or sanctions for illegal circulation of doping substances, in addition to those regulating the movement of medicines and narcotics?

- Criminal penalties, please specify .....
- Financial penalties, please specify .....
- Administrative or civil sanctions, please specify .....
- Professional disciplinary actions, please specify .....
- None of above, please explain .....
- Not available; your comment (optional) .....

## 28. Co-operation with law enforcement agencies

What measures have been taken to improve co-operation with law enforcement agencies in limiting illegal availability of doping substances?

- Law, please specify Article 20 of Law no. 38/2012, of August 28, republished with the amendments introduced to it by Law no. 93/2015, of August 13. Establishes the legal framework for the fight against doping in sport, ensuring compliance with the new version of the World Anti-Doping Code
- Agreement, please specify .....
- Ad hoc activities, please specify .....
- Other, please specify .....
- None; your comment (optional) .....

## 29. Statistics on doping trafficking

Do law enforcement agencies share data on the seizure of doping substances with the national anti-doping organisation:

- Yes, please specify how many seizures have been reported in 2019: .....
- No; your comment (optional) .....
- Other, please specify : .....

## 30. Organisation of anti-doping education

Which organisations are involved in coordinating and/or implementing anti-doping education programs?

- National anti-doping organisation
- Ministry responsible for sport
- Ministry responsible for education
- Ministry responsible for health
- Other governmental body .....
- National sport federations
- Regional/municipal sport organisations
- Universities
- Schools
- Sport clubs

[ ] Other bodies .....

### 31. Anti-doping education themes

What types of anti-doping message are provided for different target groups?

	elite athletes	young athletes	recreational athletes	sports officials	coaches	medical personnel	school pupils	media	general public	other
National and International Anti-Doping Rules	[ X ]	[ ]	[ ]	[ X ]	[ ]	[ ]	[ ]	[ ]	[ ]	[ ]
Harm of doping to the spirit of sport	[ X ]	[ X ]	[ X ]	[ X ]	[ ]	[ ]	[ ]	[ ]	[ ]	[ ]
Athletes and Athlete Support Personnel's rights and responsibilities	[ X ]	[ X ]	[ X ]	[ X ]	[ ]	[ ]	[ ]	[ ]	[ ]	[ ]
Consequences of doping, including sanctions, health and social consequences	[ X ]	[ X ]	[ ]	[ X ]	[ ]	[ ]	[ ]	[ ]	[ ]	[ ]
Substances and methods on the Prohibited List	[ X ]	[ X ]	[ ]	[ X ]	[ ]	[ ]	[ ]	[ ]	[ ]	[ ]
Doping Control procedures	[ X ]	[ X ]	[ ]	[ X ]	[ ]	[ ]	[ ]	[ ]	[ ]	[ ]
Therapeutic Use Exemptions (TUEs)	[ X ]	[ X ]	[ ]	[ X ]	[ ]	[ ]	[ ]	[ ]	[ ]	[ ]
Applicable whereabouts requirements	[ X ]	[ ]	[ ]	[ ]	[ ]	[ ]	[ ]	[ ]	[ ]	[ ]

### 32. Nutritional supplements

What measures have been taken to address the problems related to nutritional supplements in sport?

[ ] Restrict availability

[ ] Control of production

[ ] Provide quality assurance

[ X ] Comprehensive labelling

[ ] Limit advertising and promotion

[ X ] Educational and informational measures

Other, please specify: .....


33. Anti-doping research 

Has any anti-doping research been undertaken or supported?

Yes; your comment (optional) .....

Yes, to a limited extent; your comment (optional) Research work was carried out within the scope of the PhD thesis - "Doping in Sport - Challenges and Contributions to Sports Integrity", of ADoP CEO António Júlio Nunes. Which resulted in the publication of an article named "Early Warning of Suspected Doping from Biological Passport Based on Multivariate Trends."

No; your comment (optional) .....

34. Areas of anti-doping research 

What are the areas of anti-doping research?

Doping prevention

Detection methods

Behavioural and social aspects of doping

Health consequences of doping


Physiological and psychological training programmes

Emerging substances or methods

Alternative testing methods

None


Other; your comment (optional) .....

35. Publication of anti-doping research 

How many articles with the results of this research have been published in peer-reviewed scientific journals?

1 in 2019; your comment (optional) Publication of an article in Thieme named "Early Warning of Suspected Doping from Biological Passport Based on Multivariate Trends."

Data not available

36. International agreements 

Has your country signed any agreements with other Anti-Doping Organizations (ADOs) or agreements on anti-doping with any other organisation or State concerning the following:

	Yes or No; if applicable please explain or upload the document (below)
(a) Sharing of information	Yes. We share information with WADA and International Federations through ADAMS (Anti-Doping Administration and Management System)
(b) Law enforcement cooperation	Yes, iNADO

(c) Athlete Biological Passport sharing or coordination	Yes. We share information with WADA, International Federations, UEFA, FIFA, UCI through ADAMS (Anti-Doping Administration and Management System)
(d) General cooperation	Yes. We have protocols with several countries, for instance Cape Verde, Brazil, Algeria and we are finalizing the protocol with Spain, and we celebrate a Protocol with the Olympic Committee of Portugal.

[ ] Data not available

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