# Anti-Doping Questionnaire

# Implementation of anti-doping policies in 2018 - Portugal

# Implementation of anti-doping policies in 2018 0.2

## Objective:

In order to implement the requirements of the Article 9 of the Anti-Doping Convention, the online annual questionnaire is ready for collection of data regarding anti-doping policies in 2018.

In case you face any problems which would prevent you from filling in the questionnaire, please report it to us by e-mail sport.t-do@coe.int

You are kindly requested to fill in, save and post your country's data for 2018 before 31 May 2019.

#### Instruction:

For detailed instructions please select the links to documentation at the top of the page

#### Questions:

1. Number of Athletes

Please estimate the number o	of athletes in the	following categories	within your country:
		$\sigma$	3

number of athletes at the last Winter Olympic games

international-level athletes (as defined by the World Anti-Doping Code) Min numeric value allowed: 0
[
national-level athletes (as defined by the World Anti-Doping Code) Min numeric value allowed: 0
[ X] Data not available
other athletes (including recreational athletes) Min numeric value allowed: 0
[ X] Data not available
number of athletes in your national Registered Testing Pool (as defined by the World Anti-Doping Code)  Min numeric value allowed: 0
Min numeric value allowed: 0  [ 193 ] your comment (optional)

Min numeric value allowed: 0
[2] your comment (optional)
number of athletes at the last Summer Paralympic games Min numeric value allowed: 0
[ 29 ] your comment (optional)
number of athletes at the last Winter Paralympic games Min numeric value allowed: 0
[ 0 ] your comment (optional)
2. Doping definition
What is the definition of "Doping in Sport" used in your country?
[X] Council of Europe Anti-Doping Convention. Your comment (optional)
[ X ] UNESCO International Convention against doping in sport. Your comment (optional)
[X] World Anti-Doping Code. Your comment (optional)
[X] Other, please specify (e.g. national law): Law no. 38/2012, of August 28 Attachments Lei n.° 38-2012, de 28 de agosto (alterada pela Lei n.° 93-2015, de 13 de agosto).pdf
3. Doping List
Which list of banned pharmacological classes of doping agents and doping methods (i.e. Prohibited List) is implemented your country?
[ X ] Prohibited list, as adopted by the Executive Committee of WADA. Your comment (optional)
[ ] List of banned pharmacological classes of doping agents and doping methods, as adopted by the Monitoring Group (TDO). You comment (optional)
[ ] Prohibited list, as adopted by the Conference of Parties of the International Convention against Doping in Sport (UNESCO) Yeomment (optional)
[ ] Other, please specify:
ADoP -List of Prohibited Substances and Methods 2018.pdf
4. Additional doping lists
For the purposes of restricting availability of doping substances are there other lists than those defined in question 4?
( ) Yes, please specify:
(X) No. Your comment (optional)
5. Anti-doping laws

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[ X ] Anti-doping law. Your comment (optional)		
[ ] Other formal regulations, please specify:		
[ ] No. Your comment (optional)		
6. National anti-doping organisation (NADO)		(
What is the legal status of your national anti-doping or	rganisation? Please upload the sta	tutes, if possible
(X) Public authority. Your comment (optional)		
( ) Non-governmental organisation. Your comment (op	tional)	
( ) Private company. Your comment (optional)		
( ) National Olympic Committee. Your comment (option	onal)	
( ) Other, please specify:		
7. NADO activities		(
Which of the activities below are conducted by your network, if possible	ational anti-doping organisation?	Please upload the organisational
	Yes. Your comment (optional)	No, please specify which organisation is in charge:
Co-ordination of action by public authorities	(X)	( )
Coordination of the fight against trafficking	(X)	( )
Testing (doping control)	(X)	( )
Results management	(X)	( )
1		
Disciplinary procedures	( )	( X ) National Sports Federations
Disciplinary procedures  Education and/or information	( ) (X)	( X ) National Sports Federations
1 11		Federations

How is the anti-doping program funded? Please select all that apply and indicate an estimate in percentages:

[ X ] Government100%
[ ] National Lottery program %
[ ] National Olympic Committee (NOC)
[ ] Other Sports Organization(s) %
[ ] Fee for service
[ ] Private%
[ ] Other %
10. Distribution of funding
What percentage of your annual anti-doping budget is put towards the following core programs?
[ 328658 ] Testing (including equipment, transportation, Sample Collection Personnel (SCP) fees)
[ 85000200 ] Sample analysis
[ 39360 ] Investigations
[ 13070 ] Education
[ 0 ] Results Management/Legal
[ 0 ] Therapeutic Use Exemptions (TUEs)
[ 0 ] Other (e.g. remuneration, administration)
11. Sport Budget
What amount has been allocated to the sport budget from the state budget for the year 2018?
[ 77640428 ] amounteuroscurrency
[ ] Data not available
12. Limiting public funding to organisations
Is public funding withheld from organisations that do not comply with anti-doping regulations and related legal instruments?
( X ) Yes, all funding is withheld; your comment (optional)
( ) A limited amount of funding is withheld; your comment (optional)
( ) No financial implications; your comment (optional)
( ) Information not available; your comment (optional)
13. Limitation of public funding of persons
Is sport-related financial assistance provided by public authorities withheld from banned athletes or athlete support personne during the period of their suspension?

(X) Yes, all funding is withheld; your comment (optional) .....

( ) A limited amount of funding is withheld; your comment (optional)
( ) No; your comment (optional)
( ) Not applicable (no sport-related financial assistance is provided by public authorities to athletes or support personnel); your comment (optional)
( ) Information not available; your comment (optional)
( ) Information not available, your comment (optional)
14. Testing programme
Does your country have a national testing programme?
(X) Yes
( ) No, please explain
15. Elements of the Testing Program
What elements of the testing program are implemented by the national anti-doping organisation?
[ X ] Risk Assessment and Test Distribution Planning (TDP)
[ X ] Registered Testing Pool
[ X ] Random selection of athletes
[ X ] Targeted selection of athletes
[ X ] In-competition testing
[ X ] Out-of-competition testing
[ X ] No-advance notice testing
[ X ] Blood testing
[ X ] Athlete Biological Passport (ABP) modules
[ ] Other elements, please specify
[ ] If some elements are implemented by another body, please specify which body
16. Quality certificate
Is your NADO or part of its procedures certified according to a quality standard (such as ISO, iNADO or any other quality assurance system)?
( X ) Yes, please specify which standard, its scope and validity: Norma NP ISO 9001: 2015
( ) In progress, please specify
( ) No; your comment (optional)
17. NADO staff
Please outline below how many staff are involved in the coordination and management of your anti-doping programs. Min numeric value allowed : 0
[ 12 ] Staff full time
[ 64 ] Staff part time

d Control Officers (BCOs) a	and chaperones are in your sample collection
7?	
port	
aboratories in:Ghent, Madrid a	nd Barcelona(city)
onal testing program in the y	year 2018?
Urine	Blood (including ABP)
2625	527
210	2
	d Control Officers (BCOs) a

Did you test athletes under your authority who reside or train abroad (directly or by subcontracting another ADO)?

22. Testing abroad

( ) Ivo, we do not have authorisation	to do so, your comment (option	nal)	
23. Disciplinary system			
hat are the disciplinary bodies for	doping offences, i.e. the main	n body imposing sanctions on athletes and other	r persons
	_	_	
State authority	No	No	
NADO	Yes	Yes	
NOC	No	No	
National sport federations	Yes	Yes	
nternational sport federations	Yes	Yes	
Independent disciplinary body	No	No	
Professional associations	No	No	
Other, please specify	No	No	
24. Appeals system			•
hat is the body handling appeals as  ( ) State authority; your comment (o			
<ul><li>( ) State authority, your comment (o</li><li>( ) National sports federations; your</li></ul>	_		
( ) International sports federations; y	_		
( ) Independent court of arbitration;	your comment (optional)		
(X) Court of Arbitration in Sport (CA	AS); your comment (optional)		
( ) Other, please specify:			
25. Anti-doping rule violations (AI	DRV)		

	Initiated cases	Cases that resulted in a sanction	Cases that resulted in no sanction
Presence of a prohibited substance or its	44	0	0
Metabolites or markers in an athlete's sample			
Min numeric value allowed: 0			

Use or attempted use by an athlete of a	0	0	0
Prohibited substance or a prohibited method			
Min numeric value allowed : 0			
Evading, Refusing or Failing to Submit to	0	0	0
Sample Collection			
Min numeric value allowed : 0			
	37	0	0
Whereabouts Failures			
Min numeric value allowed : 0	0	0	0
Tampering or attempted tampering with any		U	U
part of doping control			
Min numeric value allowed: 0			
Possession of prohibited substances and	0	0	0
prohibited methods			
Min numeric value allowed : 0			
Trafficking or attempted trafficking in any	0	0	0
prohibited substance or prohibited method			
Min numeric value allowed: 0			
	0	0	0
Administration or attempted administration to			
any athlete of any Prohibited method or			
prohibited substance			
Min numeric value allowed: 0			
Complicity	0	0	0
Min numeric value allowed : 0			
Prohibited Association	0	0	0
Min numeric value allowed: 0			

[ ] Data not available

## 26. Whereabouts failures

How many of the following whereabouts failures have you registered?

- [29] One missed test or filing failure
- [8] Any combination of two missed tests and/or filing failures
- [ ] Data not available

# 27. Sanctions for doping trafficking

Are there specific penalties or sanctions for illegal circulation of doping substances, in addition to those regulating the movement of medicines and narcotics?

- [ X ] Criminal penalties, please specify
- [ X ] Financial penalties, please specify ......
- [ X ] Administrative or civil sanctions, please specify .....
- [ X ] Professional disciplinary actions, please specify .....
- [ ] None of above, please explain .....
- [ ] Not available; your comment (optional) .....

20			1	1	enforcement	•
<i>,</i> ×	( 'A A'	naration	3371th	0337	antorcamant	200010100
∠().	しんけん	Deramon	willi	ıaw	CHICHCEHICH	agenties

What measures have been taken to improve co-operation with law enforcement agencies in limiting illegal availability of doping substances?

[X] Law, please specify Article 20 of Law no. 38/2012, of August 28, republished with the amendments introduced to it by Law no.
93/2015, of August 13. Establishes the legal framework for the fight against doping in sport, ensuring compliance with the new version of
the World Anti-Doping Code
[ ] Agreement, please specify

29.	Statistics	on	doping	trafficking	g

Do law enforcement agencies share data on the seizure of doping substances with the national anti-doping organisation:

	) Yes,	, please specify	how many	seizures have	been reported:	
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X	No: your comment (ontid	onal)
4 <b>x</b>	, 140, your comment (opti-	Onal /

[ ] Ad hoc activities, please specify .....

] None; your comment (optional) .....

] Other, please specify .....

,	\ 0.1	1	
(	) Other,	please specify:	

### 30. Organisation of anti-doping education

Which organisations are involved in coordinating and/or implementing anti-doping education programs?

[X] National anti-doping organisation

[X] Ministry responsible for sport

[X] Ministry responsible for education

[ ] Ministry responsible for health

[ ] Other governmental body .....

[X] National sport federations

[ X ] Regional/municipal sport organisations

[X] Universities

[X] Schools

[X] Sport clubs

Other bodies

#### 31. Anti-doping education themes

What types of anti-doping message are provided for different target groups?

elite	young	recreatio	sports	coaches	medical	school	media	general	other
athletes	athletes	nal	officials		personne	pupils		public	
		athletes			Î			_	

National and International Anti-	[X]	[ ]	[ ]	[X]	[ ]	[ ]	[ ]	[ ]	[ ]	[ ]
Doping Rules										
Harm of doping to the spirit of sport	[X]	[X]	[X]	[X]	[ ]	[ ]	[ ]	[ ]	[ ]	[ ]
Athletes and Athlete Support	[X]	[X]	[X]	[X]	[ ]	[ ]	[ ]	[ ]	[ ]	[ ]
Personnel's rights and responsibilities										
Consequences of	[X]	[X]	[ ]	[X]	[ ]	[ ]	[ ]	[ ]	[ ]	[ ]
doping, including sanctions, health and social										
Substances and methods on the	[ X ]	[ X ]	[ ]	[ X ]	[ ]	[ ]	[ ]	[ ]	[ ]	[ ]
Prohibited List  Doping Control  procedures	[X]	[ X ]	[ ]	[X]	[ ]	[ ]	[ ]	[ ]	[ ]	[ ]
Therapeutic Use Exemptions	[X]	[ X ]	[ ]	[ X ]	[ ]	[ ]	[ ]	[ ]	[ ]	[ ]
(TUEs)	[X]	[ ]	[ ]	[ ]	[ ]	[ ]	[ ]	[ ]	[ ]	[]
Applicable	[21]	LJ	LJ	LJ	LJ	LJ		L J	LJ	LJ
whereabouts requirements										
32. Nutritional supp	olements									
What measures have	been taken	to addres	s the probl	ems relate	d to nutrit	ional supp	lements ir	n sport?		
[ ] Restrict availabi	lity									
[ ] Control of produ	action									
[ ] Provide quality	assurance									
[ X ] Comprehensive	labelling									
[ ] Limit advertisin	g and promo	otion								
[X] Educational and	_		es							
Other, please sp										

( X ) Yes, to a limited extent; your comment (optional) .....

Has any anti-doping research been undertaken or supported?

( ) Yes; your comment (optional) .....

n peer-reviewed scientific journals?
cations (ADOs) or agreements on anti-doping wit
Yes or No; if applicable please explain or upload the document (below)
Yes. We share information with WADA and International Federations through ADAMS (Anti-Doping Administration and Management System).
Yes. iNADO
Yes. We share information with WADA, International Federations, UEFA and FIFA through ADAMS (Anti-Doping Administration and Management System).
Yes. We have protocols with several
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