

# Implementation of anti-doping policies in 2017 - Portugal

# Implementation of anti-doping policies in 2017 - Modified 0.2

# Objective :

In order to facilitate the compliance with the terms of the Anti-Doping Convention and in accordance with Article 9, a questionnaire was prepared, requesting national reports from the Parties on the implementation of the Anti-Doping Convention.

# Instruction :

For detailed instructions please select the links to documentation

# Questions :

# 2. Number of Athletes

Please estimate the number of athletes in the following categories within your country:

# international-level athletes (as defined by the World Anti-Doping Code)

Min numeric value allowed : 0

1

### [

[X] Data not available

# national-level athletes (as defined by the World Anti-Doping Code)

Min numeric value allowed : 0

1

# [

[X] Data not available

### other athletes (including recreational athletes)

Min numeric value allowed : 0

1

# [

[X] Data not available

# number of athletes in your national Registered Testing Pool (as defined by the World Anti-Doping Code)

Min numeric value allowed : 0

### [630]

[ ] Data not available

# number of athletes at the last Summer Olympic games

Min numeric value allowed : 0

# [92]

[] Data not available

### number of athletes at the last Winter Olympic games

Min numeric value allowed : 0

# [2]

[] Data not available

#### number of athletes at the last Summer Paralympic games

Min numeric value allowed : 0

# [29]

[] Data not available

#### number of athletes at the last Winter Paralympic games

Min numeric value allowed : 0

### [0]

[] Data not available

#### 3. Doping definition

What is the definition of "Doping in Sport" used in your country?

[X] Council of Europe Anti-Doping Convention (ETS 135)

[X] UNESCO International Convention against doping in sport

[X] World Anti-Doping Code

[X] Other, please specify (e.g. national law) : Lei n.º 38/2012, de 28 de agosto, republicada com as alterações que lhe foram introduzidas pela Lei n.º 93/2015, de 13 de agosto.

#### 4. Doping List

Which list of banned pharmacological classes of doping agents and doping methods (i.e. Prohibited List) is implemented in your country?

[X] Prohibited list, as adopted by the Executive Committee of WADA

[ ] List of banned pharmacological classes of doping agents and doping methods, as adopted by the Monitoring Group (TDO)

[ ] Prohibited list, as adopted by the Conference of Parties of the International Convention against Doping in Sport (UNESCO)

[ ] Other, please specify : .....

#### Attachments

Site of ADoP : http://http://www.adop.pt/media/15309/ADoP%20-%20Lista%20de%20Substancias%20e%20Metodos%20Proibidos%202018.pdf

5. Additional doping lists

For the purposes of restricting availability of doping substances are there other lists than those defined in question 4?

( ) Yes, please specify: .....

( X ) No

### 6. Anti-doping laws

Are there any anti-doping laws in your country?

[X] Anti-doping law

[ ] Other formal regulations, please specify: .....

- [ ] No
- Attachments

### Site da ADoP : http://http://www.adop.pt/adop/legislacao.aspx

7. National anti-doping organisation (NADO)
What is the legal status of your national anti-doping organisation? Please upload the statutes, if possible
(X) Public authority
( ) Non-governmental organisation
( ) Private company
( ) National Olympic Committee
( ) Other, please specify : Attachments
<ul> <li>Law no. 38/2012, of August 28, in its current wording that establishes in Portugal the legal regime of the fight against doping in sport, ensuring compliance with the new version of the World Anti-Doping Code. : http://http://www.adop.pt/media/9674/Lei%20n.%C2%BA%2038-</li> </ul>
2012,%20de%2028%20de%20agosto%20(alterada%20pela%20Lei%20n.%C2%BA%2093- 2015,%20de%2013%20de%20agosto).pdf

### 8. NADO activities

Which of the activities below are conducted by your national anti-doping organisation? Please upload the organisational chart, if possible

	Yes	No, please specify which organisation is in charge:
Co-ordination of action by public authorities	(X)	( )
Coordination of the fight against trafficking	(X)	( )
Testing (doping control)	(X)	( )
Results management	(X)	( )
Disciplinary procedures	( )	( X ) National Sports Federations
Education and/or information	(X)	( )
Research	(X)	( )

Attachments

Chart of ADoP.jpg

Chart of ESPAD-ADoP.png

Chart of Legal Office - ADoP.jpg.png

### 9. Funding of anti-doping program

### What was your annual anti-doping budget for the 2017 calendar year?

Min numeric value allowed : 0

#### [ 1174570 ] (amount)1127220(currency)

[] Data not available

#### 10. Funding sources

How is the anti-doping program funded? Please select all that apply and indicate an estimate in percentages:

[	] Government100%	
[	] National Lottery program%	
[	] National Olympic Committee (NOC)	%
[	] Other Sports Organization(s) %	
[	] Fee for service%	
[	] Private %	
[	] Other%	

### 11. Distribution of funding

What percentage of your annual anti-doping budget is put towards the following core programs?

[	] Testing (including equipment, transportation, Sample Collection Personnel (SCP) fees)
[	] Sample analysis
[	] Investigations
[	] Education
[	] Results Management/Legal
[	] Therapeutic Use Exemptions (TUEs)
[ [ X ] Data n	] Other (e.g. remuneration, administration)

#### 12. Sport Budget

What amount has been allocated to the sport budget from the state budget for the year 2017?

### [ 77640428 ] Euro

[ ] Data not available

13. Limiting public funding to organisations

Is public funding withheld from organisations that do not comply with anti-doping regulations and related legal instruments?

(X) Yes, all funding is withheld; your comment (optional)

( ) A limited amount of funding is withheld; your comment (optional) .....

( ) No financial implications; your comment (optional) .....

( ) Information not available; your comment (optional) .....

# 14. Limitation of public funding of persons

Is sport-related financial assistance provided by public authorities withheld from banned athletes or athlete support personnel during the period of their suspension?

(X) Yes, all funding is withheld; your comment (optional) .....

( ) A limited amount of funding is withheld; your comment (optional) .....

( ) No; your comment (optional) .....

( ) Not applicable (no sport-related financial assistance is provided by public authorities to athletes or support personnel); your

comment (optional) .....

( ) Information not available; your comment (optional) .....

15. Testing programme

Does your country have a national testing programme?

(  ${\bf X}$  ) Yes

( ) No, please explain .....

16. Elements of the Testing Program

What elements of the testing program are implemented by the national anti-doping organisation?

- [X] Risk Assessment and Test Distribution Planning (TDP)
- [X] Registered Testing Pool
- [X] Random selection of athletes
- [X] Targeted selection of athletes
- [X] In-competition testing
- [X] Out-of-competition testing
- [X] No-advance notice testing
- [X] Blood testing
- [X] Athlete Biological Passport (ABP) modules
- [ ] Other elements, please specify .....
- [ ] If some elements are implemented by another body, please specify which body .....

17. Quality certificate

Is your NADO or part of its procedures certified according to a quality standard (such as ISO, iNADO or any other quality assurance system)?

(X) Yes, please specify which standard, its scope and validity: Norma NP ISO 9001: 2015

( ) In progress, please specify .....

( ) No

Please outline below how many staff are involved in the coordination and management of your anti-doping programs.

Min numeric value allowed : 0

[11] Staff full time

[42] Staff part time

[0] Volunteers

[0] Committee members

19. Sample Collection Personnel

# Do you have Sample Collection Personnel (SCP) ?

(X)Yes

( ) No, please explain .....

# 20. Number of DCOs and BCOs

How many Doping Control Officers (DCOs), Blood Control Officers (BCOs) and chaperones are in your sample collection personnel program?

Min numeric value allowed : 0

### [ 40 ] DCOs

### [ 40 ] BCOs

#### [0] Chaperones

[] Data not available

### 21. Laboratory

Is there a doping control laboratory in your country?

- [ ] Yes, accredited by WADA
- [X] Yes, but accreditation by WADA is pending
- [ ] Accredited by WADA for athlete biological passport
- [X] No, we send samples to the WADA accredited laboratories in:Gent and Barcelona(city)
- [ ] Not available

# 22. Testing statistics

## How many samples were collected under your national testing program in the year 2016?

	Urine	Blood (including ABP)
In-competition testing Min numeric value allowed : 0	2046	0
Out-of-competition testing Min numeric value allowed : 0	880	499

#### [ ] Data not available

### Attachments

WADA - ANTI-DOPING TESTING FIGURES : http://https://www.wada-ama.org/en/resources/laboratories/anti-doping-testingfigures

#### 23. Testing abroad

Did you test athletes under your authority who reside or train abroad (directly or by subcontracting another ADO)?

( ) Yes

- (X) Not in 2017, but we have authorisation to do so
- ( ) No, we do not have authorisation to do so

### 24. Disciplinary system

What are the disciplinary bodies for doping offences, i.e. the main body imposing sanctions on athletes and other persons?

	_	_
State authority	no	no
NADO	yes	yes
NOC	no	no
National sport federations	yes	yes
international sport federations	yes	yes
Independent disciplinary body	no	no
Professional associations	no	no
Other, please specify	no	no

25. Appeals system

What is the body handling appeals against disciplinary measures?

- ( ) State authority
- ( ) National sports federations
- ( ) International sports federations
- ( ) Independent court of arbitration
- (X) Court of Arbitration in Sport (CAS)
- ( ) Other, please specify : .....

<sup>26.</sup> Anti-doping rule violations (ADRV)

How many anti-doping rule violations cases were initiated during the reporting period and how many of these initiated cases resulted in the imposition of a sanction?

	Initiated cases	Cases that resulted in a sanction	Cases that resulted in no sanction
Presence of a prohibited substance or its Metabolites or markers in an athlete's sample Min numeric value allowed : 0	38	38	0
Use or attempted use by an athlete of a Prohibited substance or a prohibited method Min numeric value allowed : 0	0	0	0
Evading, Refusing or Failing to Submit to Sample Collection Min numeric value allowed : 0	0	0	0
Whereabouts Failures Min numeric value allowed : 0	5	5	0
Tampering or attempted tampering with any part of doping control Min numeric value allowed : 0	0	0	0
Possession of prohibited substances and prohibited methods Min numeric value allowed : 0	0	0	0
Trafficking or attempted trafficking in any prohibited substance or prohibited method Min numeric value allowed : 0	0	0	0
Administration or attempted administration to any athlete of any Prohibited method or prohibited substance Min numeric value allowed : 0	0	0	0
<b>Complicity</b> Min numeric value allowed : 0	0	0	0
Prohibited Association Min numeric value allowed : 0	0	0	0

[] Data not available

# 27. Whereabouts failures

How many of the following whereabouts failures have you registered?

### [4] One missed test or filing failure

### [1] Any combination of two missed tests and/or filing failures

[ ] Data not available

# 28. Sanctions for doping trafficking

Are there specific penalties or sanctions for illegal circulation of doping substances, in addition to those regulating the movement of medicines and narcotics?

 $\cup$ 

Implementation of anti-doping policies in 2017

[X] Criminal penalties, please specify	
[X] Administrative or civil sanctions, please specify	
[X] Professional disciplinary actions, please specify	
[ ] None of above, please explain	
[ ] Not available	
Attachments	
Portuguese Law : http://http://www.adop.pt/media/9674/Lei%20n.%C2%BA%2038-	
2012,%20de%2028%20de%20agosto%20(alterada%20pela%20Lei%20n.%C2%BA%2093-	
2015,%20de%2013%20de%20agosto).pdf	
🔀 Codigo Penal.pdf	
29. Co-operation with law enforcement agencies	
What measures have been taken to improve co-operation with law enforcement agencies in limiting illegal available depine exhetences?	lability of
doping substances?	
[X] Law, please specify Article 20 of Law no. 38/2012, of August 28, republished with the amendments introduced to	it by Law

[X] Law, please specify Article 20 of Law no. 38/2012, of August 28, republished with the amendments introduced to it by Law no. 93/2015, of August 13. Establishes the legal framework for the fight against doping in sport, ensuring compliance with the new version of the World Anti-Doping Code

[	] Agreement, please specify	
---	-----------------------------	--

- [ ] Ad hoc activities, please specify .....
- [ ] Other, please specify .....
- [] None

30. Statistics on doping trafficking

Do law enforcement agencies share data on the seizure of doping substances with the national anti-doping organisation:

( ) Yes, please specify how many seizures have been reported: .....

( X ) No

( ) Other, please specify : .....

31. Organisation of anti-doping education

Which organisations are involved in coordinating and/or implementing anti-doping education programs?

[X] National anti-doping organisation

[X] Ministry responsible for sport

[X] Ministry responsible for education

[ ] Ministry responsible for health

[ ] Other governmental body .....

[X] National sport federations

[X] Regional/municipal sport organisations

[X] Universities

[X] Sport clubs

[ ] Other bodies .....

# 32. Anti-doping education themes

What types of anti-doping message are provided for different target groups?

	elite athletes	young athletes	recreation al athletes	sports officials	coaches	medical personnel	school pupils	media	general public
National and	[X]	[]	[]	[X]	[]	[]	[]	[]	[]
International Anti-									
Doping Rules									
Harm of doping to	[X]	[X]	[X]	[X]	[]	[]	[]	[]	[]
the spirit of sport									
Athletes and Athlete	[X]	[X]	[X]	[X]	[]	[]	[]	[]	[]
Support Personnel's									
rights and									
responsibilities									
Consequences of	[X]	[X]	[]	[X]	[]	[]	[]	[]	[]
doping, including									
sanctions, health and									
social consequences									
Substances and	[X]	[X]	[]	[X]	[]	[]	[]	[]	[]
methods on the									
Prohibited List									
Doping Control	[X]	[X]	[]	[ X ]	[]	[]	[]	[]	[]
procedures									
Therapeutic Use	[X]	[X]	[]	[X]	[]	[]	[]	[]	[]
Exemptions (TUEs)									
Applicable	[X]	[]	[]	[]	[]	[]	[]	[]	[]
whereabouts									
requirements									

Attachments

ADoP Site : http://http://www.adop.pt/espad/espad.aspx

33. Nutritional supplements

What measures have been taken to address the problems related to nutritional supplements in sport?

- [ ] Restrict availability
- [ ] Control of production
- [ ] Provide quality assurance
- [X] Comprehensive labelling
- [ ] Limit advertising and promotion

- [X] Educational and informational measures
- [ ] Other, please specify: .....
- 34. Anti-doping research

Has any anti-doping research been undertaken or supported?

(X)Yes

() Yes, to a limited extent

( ) No

35. Areas of anti-doping research

What are the areas of anti-doping research?

- [X] Doping prevention
- [ ] Detection methods
- [ ] Behavioural and social aspects of doping
- [ ] Health consequences of doping
- [ ] Physiological and psychological training programmes
- [ ] Emerging substances or methods
- [ ] Alternative testing methods
- [ ] None

36. Publication of anti-doping research

How many articles with the results of this research have been published in peer-reviewed scientific journals?

- [2] in 2017
- [] Data not available

#### Attachments

ADoP Site - Practical Guide on Anti-Doping and the Pocket Card with the List of Prohibited Substances in Sport : http://http://www.adop.pt/informacao-educacao/informacao-antidopagem/materiais.aspx

#### 37. International agreements

Has your country signed any agreements with other Anti-Doping Organizations (ADOs) or agreements on anti-doping with any other organisation or State concerning the following:

	Yes or No; if applicable please explain or upload the document (below)
(a) Sharing of information	Yes, we share information with WADA and International Federations through ADAMS (Anti-Doping Administration and Management System).
(b) Law enforcement cooperation	Yes, iNADO

(c) Athlete Biological Passport sharing or coordination	Yes, we share information with WADA, International Federations, UEFA and FIFA through ADAMS (Anti-Doping Administration and Management System).
(d) General cooperation	Yes, we have protocols with several countries, with example Cape Verde, Brazil, Algeria and and we are finalizing the protocol with Spain.

[ ] Data not available

# Attachments

- 🔭 COOPERAÇÃO PORTUGAL Cabo Verde.pdf
- Protocolo de Cooperação Portugal-Brasil em vigor.pdf
- TARGÉLIA MdE Juventude Desporto PT.pdf