

## **"MOBILIZE AGAINST SEXISM"**

### **CONCLUSIONS AND PROPOSALS OF THE MEETING ON SPORT**

*"The Council of Europe recommends that State governments take measures to prevent and combat sexism and its manifestations in the public and private spheres...adopt regulations, policies and programmes" - Recommendation CM/Rec(2019)1 of the Committee of Ministers.*

While socially there is a tendency to consider that sport is free of sexism, the feminist movement denounces the constant degradation of women's sporting achievements by certain media, the lesser consideration given to their competitions and the persistence of sexist stereotypes around sports considered as "feminine" or "masculine".

Below are the recommendations from the meeting "Sexism in sport" held by the European Women's Lobby in Spain on 2 December, which set out the following demands:

- One of the great problems of women's sport is its invisibility, which means that it does not exist for the majority of the population and does not generate sportswomen of reference that attract more girls and young women. It is essential that women's sporting competitions and their results be more widely publicised. The visibility of sportswomen and their achievements is essential to achieve a greater follow-up and interest on the part of the general public and a greater attraction for their practice, which would lead to an increase in the number of sponsors.
- Greater presence of women's sport in television schedules and in prime time slots. If women's sport does not have the same presence as men's sport, not only in minutes but also in prime time, visibility will continue to be minimal. The presence of women's sport on television and radio should be equitable both in terms of duration and broadcasting times.
- In many women's sports, for example football, there is almost no professionalisation. It is necessary to support the professionalization of women's sports competitions. Equal rights for men and women so that they too can make a decent living and make sport their profession by means of a new sports law.
- We are not only talking about more and more visible sportswomen, but we must also promote the participation of women in sport in other essential roles such as referees, physiotherapists, trainers, physical trainers or club managers.
- It is necessary to demand the full application of the Conventions on sports signed by the Spanish Government through the Consejo Superior de Deportes. In particular, the Brighton Convention and the Brighton + Helsinki Convention.
- It is also essential to draw up and implement equality plans in sports clubs and entities in order to identify needs and work towards greater representation of women's sport.
- Finally, the implementation of protocols for the prevention of sexual crimes in sports clubs and entities. We need an effective implementation of such protocols that serve for the reporting of such crimes by athletes. They must also be accompanied by training and dissemination of the same so that they are known by all members of the sports community to which it applies.

All sectors of society must be involved in adopting the necessary changes and measures to make sexism in sport a thing of the past. However, it is especially necessary for public administrations, federations and sports organizations to get involved.

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Prepared by: Lobby Europeo de Mujeres en España – LEM España