

Skills

10. Autonomous learning skills

58	Shows ability to identify resources for learning (e.g. people, books, internet)	Basic
59	Seeks clarification of new information from other people when needed	
60	Can learn about new topics with minimal supervision	Intermediate
61	Can assess the quality of his/her own work	
62	Can select the most reliable sources of information or advice from the range available	Advanced
63	Shows ability to monitor, define, prioritise and complete tasks with- out direct oversight	

11. Analytical and critical thinking skills

64	Can identify similarities and differences between new information and what is already known	Basic
65	Uses evidence to support his/her opinions	
66	Can assess the risks associated with different options	Intermediate
67	Shows that he/she thinks about whether the information he/she uses is correct	
68	Can identify any discrepancies or inconsistencies or divergences in materials being analysed	Advanced
69	Can use explicit and specifiable criteria, principles or values to make judgments	

12. Skills of listening and observing

70	Listens carefully to differing opinions	Basic
71	Listens attentively to other people	
72	Watches speakers' gestures and general body language to help himself/herself to figure out the meaning of what they are saying	Intermediate
73	Can listen effectively in order to decipher another person's meanings and intentions	
74	Pays attention to what other people imply but do not say	Advanced
75	Notices how people with other cultural affiliations react in different ways to the same situation	

13. Empathy

76	Can recognise when a companion needs his/her help	Basic
77	Expresses sympathy for the bad things that he/she has seen happen to other people	
78	Tries to understand his/her friends better by imagining how things look from their perspective	Intermediate
79	Takes other people's feelings into account when making decisions	
80	Expresses the view that, when he/she thinks about people in other countries, he/she shares their joys and sorrows	Advanced
81	Accurately identifies the feelings of others, even when they do not want to show them	

14. Flexibility and adaptability

82	Modifies his/her opinions if he/she is shown through rational argument that this is required	Basic
83	Can change the decisions that he/she has made if the consequences of those decisions show that this is required	
84	Adapts to new situations by using a new skill	Intermediate
85	Adapts to new situations by applying knowledge in a different way	
86	Adopts the sociocultural conventions of other cultural target groups when interacting with members of those groups	Advanced
87	Can modify his/her own behaviour to make it appropriate to other cultures	

15. Linguistic, communicative and plurilingual skills

88	Can express his/her thoughts on a problem	Basic
89	Asks speakers to repeat what they have said if it wasn't clear to him/her	
90	Asks questions that show his/her understanding of other people's positions	Intermediate
91	Can adopt different ways of expressing politeness in another language	
92	Can mediate linguistically in intercultural exchanges by translating, interpreting or explaining	Advanced
93	Can avoid successfully intercultural misunderstandings	

16. Co-operation skills

94	Builds positive relationships with other people in a group	Basic
95	When working as a member of a group, does his/her share of the group's work	
96	Works to build consensus to achieve group goals	Intermediate
97	When working as a member of a group, keeps others informed about any relevant or useful information	
98	Generates enthusiasm among group members for accomplishing shared goals	Advanced
99	When working with others, supports other people despite differences in points of view	

17. Conflict-resolution skills

100	Can communicate with conflicting parties in a respectful manner	Basic
101	Can identify options for resolving conflicts	
102	Can assist others to resolve conflicts by enhancing their understanding of the available options	Intermediate
103	Can encourage the parties involved in conflicts to actively listen to each other and share their issues and concerns	
104	Regularly initiates communication to help solve interpersonal conflicts	Advanced
105	Can deal effectively with other people's emotional stress, anxiety and insecurity in situations involving conflict	