# DEALING WITH PRISONERS WITH MENTAL DISORDERS

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# The various facilities currently holding prisoners with mental disorders

- Prisons / pre-trial detention centres in which:
  - prisoners are mixed in with other prisoners or,
  - grouped together in small separate units.
- "Forensic medicine" wards/departments
  - separate facilities,
  - forming part of a prison,
  - forming part of a civil mental hospital.
- Civil mental hospitals

### Which of these various facilities is best?

• What matters most for patients is to receive appropriate care, regardless of the type of facility (European Court of Human Rights )

• In its 1992 general report, the CPT stated that "That facility could be a civil mental hospital or a specially equipped psychiatric facility within the prison system."

## **CPT RECOMMENDATIONS**

→ PSYCHIATRIC CARE IN PRISONS

A doctor qualified in psychiatry

→ PSYCHIATRIC CARE IN NON-PRISON HOSPITAL SETTINGS

Difficult to implement

# COUNCIL OF EUROPE REGULATIONS AND CASE LAW

### **European Prison Rules**

43.1 The medical practitioner shall have the care of the physical and mental health of the prisoners

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#### EUROPEAN COURT OF HUMAN RIGHTS

- The judgments are relatively disparate.
- In most cases, the Court ruled against States Parties on the ground of the overall inadequacy of the psychiatric care provided.

### SOME OTHER INTERNATIONAL INSIGHTS

- FRANCE
- NETHERLANDS
- SWITZERLAND
- ALBANIA
- FEDERATION OF RUSSIA

#### **ALBANIA**

**SKVs**: Facilities holding prisoners with various mental disorders.

- Prisoners are free to refuse to be assigned to them.
- Presence of a nurse round the clock and of a psychologist during the day
- outdoor exercise and some workshops separate
- no compulsory chronic psychiatric treatment but, in emergencies, the psychiatrist can order compulsory treatment for a maximum of 72 hours.

#### **TURKEY**

#### R-type prisons

- In normal prisons, in addition to problems of access and lack of appropriate medical and psychosocial care, the prisoners concerned may face discrimination, stigma and inappropriate measures taken by prison staff.
- Prisoners with psychiatric disorders are under harassment, exploitation and segregation from the rest of the prison population.

# PRELIMILARY CONCLUSIONS



- It is an enormous and dramatic problem
- The European Prison Rules have to be amended, completed
- But it is important not to be too pretentious and to start step by step, may be by creating special wards/units in the penitentiary system.