Expert Conference on Sexual Violence against Women and Children in Sports, CoE's Enlarged Partial Agreement on Sport and CoE's Finnish Presidency, Helsinki, 29-30/04/2019

"Council of Europe's Lanzarote Convention on the Protection of children from Sexual Exploitation and Sexual Abuse in sports"

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Chairperson of the Lanzarote Committee, Council of Europe
Director, Department of Mental Health and Social Welfare,
Institute of Child Health, Greece











Council of Europe's programs & initiatives for protecting & promoting the Rights of the Child



Building a Europe for and with Children

A Council of Europe programme for the promotion of Children's Rights and the protection of Children from violence



A Council of Europe Strategy for the Rights of the Child 2012-2015



"Growing with Children's Rights"

A Conference on the implementation of the Council of Europe

Strategy for the Rights of the Child

(2012-2015)











Council of Europe's programs & initiatives for protecting & promoting the Rights of the Child

Corporal punishment



3rd edition of the European Day on the Protection of Children against Sexual Exploitation and Sexual Abuse



The Parliamentary Campaign to End Immigration Detention of Children







Discover children's rights!











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Council of Europe
November 2018 – May 2019
PRÉSIDENCE DE LA FINLANDE
Conseil de l'Europe
Novembre 2018 – Mai 2019

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Council of Europe's programs & initiatives for protecting & promoting the Rights of the Child

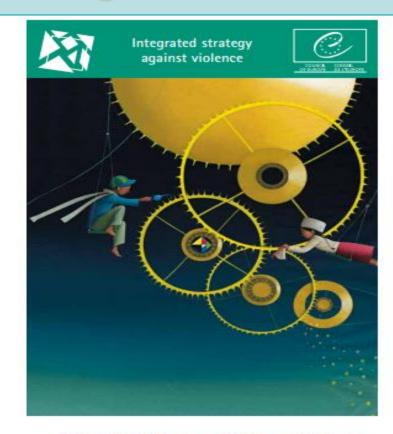


www.coe.int/children

Building a Europe for and with children







Council of Europe Policy guidelines on integrated national strategies for the protection of children from violence

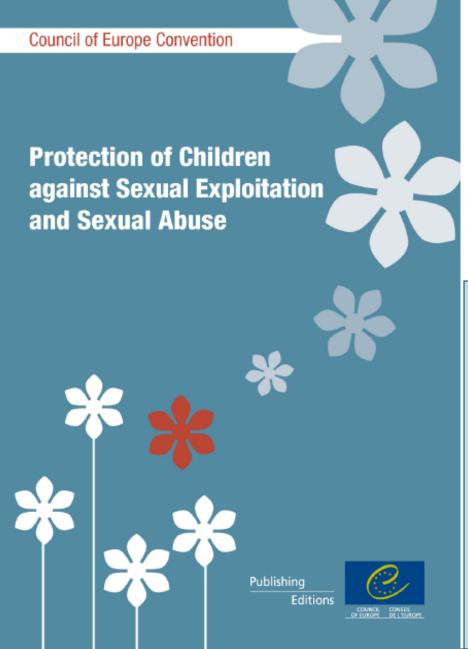












The Lanzarote Convention and the Committee of Parties

Initially open for signature on 25.10.2007; entering into force on 01.07.2010

Insofar signed by 47 member states and ratified by 44 states

Provided by Articles 39-41 of the Convention, the Committee became a useful resource for its implementation











Countries which have ratified the Lanzarote Convention insofar













Directorate of Human Dignity and Equality Protection of children against sexual violence

BUILDING A EUROPE FOR AND WITH CHILDREN



one in five un sur cina

The Council of Europe programme

THE LANZAROTE CONVENTION: a comprehensive human rights treaty

- Prevent sexual violence (in all settings)
- Protect the rights of child victim (including by ensuring access to child friendly justice)
- Prosecute the perpetrators (including when crime is committed abroad)
 - Promote national and international co-operation

In achieving the above "4Ps", the well-being & best interest of any child should be upheld without any discrimination & children's views should be taken into account.











Prevention (examples)

- screening procedures for candidates to professions involving contacts with children
- sex education and information on the risks of sexual exploitation and sexual abuse
- encouraging involvement of the private sector, in particular the information and communication technology sector, the tourism and travel industry and the banking and finance sectors
- measures for sex offenders to minimize danger of them re-offending children









Protection (examples)

- early identification of child victims of sexual abuse (mandatory reporting)
- special telephone and/or internet SOS helplines to provide advice
- provisos for removing a child victim from the family environment but also to remove the alleged perpetrator from the home in order to avoid revictimizing the child-victim.
- child-friendly procedures for victims
- **limiting** as much as possible **the number** of instances in which a child victim is to have contact with prosecuting authorities











Prosecution (examples)

- describing new legal concepts such as:
 - child sexual abuse: sexual activities with a child below the legal age according to domestic law or with any child (that is to say any person under 18) where use is made of force or threats; of a recognized position of trust; of a particularly vulnerable situation of the child
 - sexual abuse "within the family"
 - child prostitution including all involved parties
 - child pornography including all aware parties
 - "grooming"
 - child sex tourism addressing issues of country jurisdiction
- extension of the period for criminal proceedings











Promotion of international collaboration (examples)

- Collaboration with parties (member-states) with the aim of building consensus in required reforms and policies to be applied
- Synergies with other CoE's Departments or initiatives such as CAHENF, EPAS, GRETA etc.
- Alignment with other European and International Organizations and Agencies respective activities (UN, UNICEF, UNCRC, WHO, INTERPOL, EUROPOL, EU, FRA etc)
- Ongoing communication with international and domestic civil society's stakeholders to widen the basis of alliances to protect children











Participation (examples)

- Participation of children themselves to all levels of decision making that may affect them depending also on the age and maturity of the child
- Participation of children as agents for reform not just as passive subjects - recipients of policies that concern their protection
- Prioritization on the child's own perspective (children-friendly services/justice etc.) in redeploying all effective child protection policies









Lanzarote Committee: actions and initiatives (examples)

- Monitoring implementation of the Lanzarote Convention
- "One in Five" pan-European Campaign to stop child sexual victimization and developing awareness raising material
- Promoting collaboration and knowledge exchange in modes of forensic interviews and children friendly justice procedures in cases of child sexual abuse allegations
- **Specific thematic initiatives** such as:
 - Child protection from sexual victimization in sports' context
 - Securing the rights of children and adolescents to choose sexual identity and orientation
 - Child protection from sexual abuse by the use of ICTs
- Focus on combating CSA within the circle of trust
- In situ visits in emergency situations with vulnerable children's groups (i.e. children on the move)







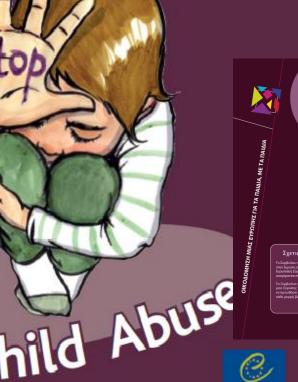


Council of Europe Convention on the Protection of Children against Sexual Exploitation and Sexual Abuse

www.coe.int/children



www.underwearrule.org















One in Five Pan-European Campaign

- to achieve further signature, ratification and implementation of the Council of Europe Convention on the Protection of Children against Sexual Exploitation and Sexual Abuse;
- •to equip children, their families/carers and societies at large with the knowledge and tools to prevent and report sexual violence against children, thereby raising awareness of its extent.

Council of Europe campaign to stop sexual violence against children



Campagne du Conseil de l'Europe contre la violence sexuelle à l'égard des enfants

www.coe.int/oneinfive











18th of November:

Pan-European Day for the protection of children from sexual exploitation and sexual abuse



18 NOVEMBER

European Day on the Protection of Children against Sexual Exploitation and Sexual Abuse













Conferences on International Cooperation: Rome,

2012; Madrid, 2013



Milestones of CoE's LC working methods

- mainstreaming,
- networking,
- grassroots' alliances' building
- facilitating information flow,
- exchanging experiences,
- good practices' demonstration,
- study visits,
- monitoring and
- Reporting

Main characteristic: consensus by stakeholders











The double role of the Lanzarote Committee

- The Committee monitors how States Parties put the Lanzarote Convention into practice through legislation, policy and other measures.
- It also facilitates the collection and exchange of information and good practice between States to build their capacity to prevent and combat sexual exploitation and sexual abuse of children. Thus has the traditional follow up competencies and also (LC/Exp. Rep. p.271):
- a) "plays a role in the effective implementation of the Convention, by **making proposals** to facilitate or improve the effective use and implementation of the Convention, including the identification of any problems and the effects of any declarations made under the Convention;
- b) plays a general advisory role in respect of the Convention by **expressing an opinion** on any question concerning the application of the Convention;
- c) serves as **a clearing house** and facilitates the exchange of information on significant legal, policy or technological developments in relation to the application of the provisions of the Convention."











Thematic monitoring rounds

- 1st monitoring round (2013-2017) on the protection of children from sexual abuse in the circle of trust: The round led to the adoption of two implementation reports, one related to the legal framework and the other to the strategies to tackle the phenomenon.
- Urgent monitoring round (2016-2017) to respond to the urgent migrant and refugee situation in Europe: to protect children affected by the refugee crisis from sexual exploitation and sexual abuse; report published in March 2017.
- 2nd monitoring round (2017-...) on the protection of children against sexual exploitation and abuse facilitated by information and communication technologies (ICTs): focus also on child protection from the criminal exploitation of child self-generated sexual content.











LC's Opinions/Declarations

- **Opinion on Article 23** of the LC: Solicitation of children for sexual purposes through information and communication technologies (Grooming), providing Parties with advice to protect children from abuse committed exclusively online, where no physical meeting with the abuser has taken place.
- Interpretative opinion on the applicability of the Lanzarote Convention to sexual offences against children facilitated through the use of ICTs has also been adopted.
- Declaration on web addresses advertising or promoting child sexual abuse material or images or any other offences established in accordance with the Lanzarote Convention, and
- Declaration on protecting refugee and migrant children against sexual exploitation and sexual abuse.











Solicitation of children for sexual purposes through information and communication technologies (Grooming)

Adopted by the

Opinion on Article 23 of the Lanzarote Convention and its explanatory note



T-ES(2018)17_en

28 June 2018

LANZAROTE COMMITTEE

Committee of the Parties to the Council of Europe Convention on the protection of children against sexual exploitation and sexual abuse

Declaration

of the Committee of the Parties to the Council of Europe Convention on the Protection of Children against Sexual Exploitation and Sexual Abuse (Lanzarote Convention)

on protecting migrant and refugee children against sexual exploitation and sexual abuse

LANZAROTE COMMITTEE

Committee of the Parties to the Council of Europe Convention on the protection of children against sexual exploitation and sexual abuse



1st implementation report

Protection of children against sexual abuse in the circle of trust: The framework

Adopted by





T-ES(2017)12_en final

Special report

Adopted by the Lanzarote Committee on 3 March 2017 Protecting children affected by the refugee crisis from sexual exploitation and sexual abuse







30 January 2018

LANZAROTE COMMITTEE

Committee of the Parties to the Council of Europe Convention on the protection of children against sexual exploitation and sexual abuse

2nd implementation report

PROTECTION OF CHILDREN AGAINST SEXUAL ABUSE IN THE CIRCLE OF TRUST

THE STRATEGIES

LANZAROTE COMMITTEE

Committee of the Parties to the Council of Europe Convention on the protection of children against sexual exploitation and sexual abuse

Special report

FURTHER TO A VISIT UNDERTAKEN BY A DELEGATION OF THE LANZAROTE COMMITTEE TO TRANSIT ZONES AT THE SERBIAN/HUNGARIAN BORDER (5-7 JULY 2017)

Prepared by the members of the delegation with the support of the Secretariat

Adopted by the Lanzarote Committee on 28 June 2018

Adopted by the Lanzarote Committee on 31 January 2018











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Council of Europe In Sports



COUNCIL OF EUROPE

The Council in brief

Human Rights

Democracy

Council of Europe > Democracy > Enlarged Partial Agreement on Sport (EPAS)

Enlarged Partial Agreement on Sport (EPAS)



Enlarged Partial Agreement on Sport (

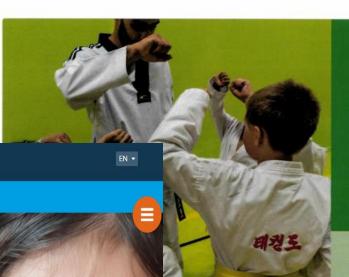


HUMAN RIGHTS CHANNEL

English

Français

Español



STOP SEXUAL ABUSE OF CHILDREN IN SPORT

Pro Safe Sport+



nus+) & Council of Europe (Enlarged Partial Agreement on Sport)



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Child Protection from Sexual Abuse in the sports' context











Sexual victimization of children in sports: a not-so-uncommon phenomenon and how it was made known

- Firstly made known by decorated athletes, Olympic champions etc. who disclosed their personal narratives on their past victimization during childhood
- In turn it was realized that the phenomenon **no so** uncommon; and perpetrators could be either other children athletes or adult persons in positions of authority and trust
- A lot of empirical research was conducted since with some shocking outcomes published
- Surprisingly, male children's sexual victimization was found to be facilitated more in sports and environments in which male chauvinism and machismo prevailed...







Some of the empirical evidence

- Alexander et. al., (2011), UK: emotional harm (75%), sexual harassment (29%), physical harm (24%), self-harm (10%) and sexual harm (3%)
- Nielsen et. al., (1998), Denmark: 25% knew about or had experienced of CSA by a coach
- **Kirby et. al., (2000), Canada:** 3.2% flushing/exposing, 2.6% unwanted sexual touching
- Kirby et. al., (2002); Leachy et. al., (2002), reviews: between 2% and 8% of all children athletes
- Leachy et. al., (2002), Australia: 31% of female and 21% of male athletes CSA; of these, 41% of females, and 29% of males within the sports environment; 46.4%, of the elite group by sports personnel
- Fastings (2012), 10 European countries: sexual harassment in sport of 14%–73% and sexual abuse in sport of 2%–22%













Kayla Harrison

Sugar Ray Leonard

Cathy Freeman











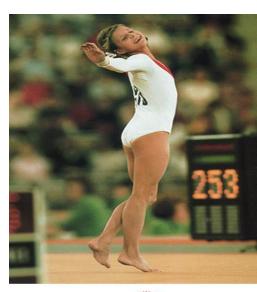
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Patrick Sjoberg

Olga Korbut



Theoren Fleury













Aims & objectives of child protection initiatives in sports

- Help create a safe sporting environment for children wherever they participate and at whatever level of sports activities
- Help professionals safeguard their work
- Provide a benchmark to assist sports providers and funders to make informed decisions
- Promote good practice and challenge practice that is harmful to children
- Provide clarity on safeguarding children to all involved in sport.











Child protection from sexual victimization in the sports context

- Putting in place effective operational procedures:
 - Requirement for two persons of the same sex with children to be presence in changing rooms
 - Defining and reserving physical contact in only necessary occasions for training purposes
 - Respecting preferences or reservations of children-athletes on issues of i.e. changing rooms etc.
- Providing information to children-athletes on issues like child sexual abuse; encouraging them to disclose to safe channels which they can trust if they happen to know any such occasion
- Appointing authoritative officers for reviewing reports, disclosures or allegations from children—athletes
- Availability of specified procedures for filling such reports or allegations
- Standardly discussing such reports in agendas of administrative bodies
- Monitoring "excessive involvement" of personnel...











But most of all...

- Do not facilitate an atmosphere of blind submission to adult figures of authority but enhance self-conscious discipline
- Do not facilitate the logic of success "at any cost"... or "whatever that might take"...
- Do not support male chauvinism or machismo in sports
- Facilitate an atmosphere of transparency and dialogue among all agents adults and minors, coaches, administrations, children and their parents
- Accept do not deny











Consensus Statement on Training the Elite Child

Athletes, International Olympic Committee (2008)

https://www.olympic.org/news/consensus-statement-adopted-on-training-the-elite-child-athlete



14 NOV 2005 TAGS CONSENSUS STATEMENT ADOPTED ON "TRAINING THE ELITE CHILD ATHLETE"



Having identified "Training the Elite Child Athlete" as a theme to be carefully studied, the IOC Medical











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IOC Consensus Statement on Training the Elite Child Athlete

Protecting the health of the athlete is the primary goal of the International Olympic Committee's Medical Commission. One of its main objectives is the promotion of safe practices in the training of the elite child athlete. The elite child athlete is one who has superior athletic talent, undergoes specialised training, receives expert coaching and is exposed to early competition. Sport provides a positive environment that may enhance the physical growth and psychological development of children. This unique athlete population has distinct social, emotional and physical needs which vary depending on the athlete's particular stage of maturation. The elite child athlete requires appropriate training, coaching and competition that ensure a safe and healthy athletic career and promote future well-being. This document reviews the scientific basis of sports training in the child, the special challenges and unique features of training elite children and provides recommendations to parents, coaches, health care providers, sports governing bodies and significant other parties.

Scientific Basis of Training the Elite Child Athlete

Aerobic and anaerobic fitness and muscle strength increase with age, growth and maturation. Improvement in these variables is asynchronous. Children experience more marked improvements in anaerobic and strength performance than in aerobic performance during pubescence. Boys' aerobic and anaerobic fitness and muscle strength are higher than those of girls in late pre-pubescence, and the gender difference becomes more pronounced with advancing maturity. Evidence shows that muscle strength and aerobic and anaerobic fitness can be further enhanced with appropriately prescribed training. Regardless of the level of maturity, the relative responses of boys and girls are similar after adjusting for initial fitness.

An effective and safe strength training programme incorporates exercises for the major muscle groups with a balance between agonists and antagonists. The prescription includes a minimum of two to three sessions per week with three sets, at an intensity of between 50 to 85% of the one maximal repetition (1RM).

An optimal aerobic training programme incorporates continuous and interval exercises involving large muscle groups. The prescription recommends three to four, 40 to 60-minute sessions per week at an intensity of 85 to 90% of maximum heart rate (HRM).

An appropriate anaerobic training programme incorporates high intensity interval training of short duration. The prescription includes exercise at an intensity above 90% HRM and of less than 30 seconds duration to take into account children's relatively faster recovery.

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International Safeguards for Children in Sport



International Safeguards for Children in Sport

- Developing Your Policy
- Procedures for Responding to Safeguarding Concerns
- Advice and Support
- Minimizing Risks to Children
- Guidelines for Behavior
- Recruiting, Training and Communicating
- Working With Partners
- Monitoring and Evaluating











CoE's Enlarged Partial Agreement on Sport (EPAS) <u>www.coe.int/epas</u>



EPAS provides a platform for intergovernmental sports co-operation between the public authorities of its member states. It also encourages dialogue between public

authorities of its member states. It also encourages dialogue between public authorities, sports federations and NGOs. This contributes to better governance, with the aim of making sport more ethical, more inclusive and safer.



Ministerial conferences













Protection of children from sexual victimization in sports

Collaborating Conference:
"INCLUSION AND PROTECTION OF
CHILDREN IN AND THROUGH
SPORT", CoE/EPAS, MoHR-HG,
Budapest, 07-08/10/2013







Strasbourg, 19 November 2013

EPAS (2013) 70

"Inclusion and Protection of Children in and through Sport"

Conference co-organised by EPAS and the Hungarian Secretariat of Sport in co-operation with the Council of Europe's ONE in FIVE Campaign to stop sexual violence against children

7-8 October 2013

<u>Verue</u>: Hotel Novotel Budapest Centrum Rákóczi út 43-45 1088 BUDAPEST Hungary

Minutes



one in five un sur cinq













CoE-Eu's joint programs for protecting children from victimization in sports context: PSS and PSS+ http://pjp-eu.coe.int/en/web/pss/about1





COUNCIL OF EUROPE **EUROPEAN UNION**

Joint Programme **Pro Safe Sport**

Q

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About PSS and PSS+

The Council of Europe has a long standing commitment to promote a safe and healthy environment for athletes, and in particular the youngest ones. Beyond the norms and standards set up on this topic, it has been developing new approaches and concrete tools for public authorities and sport organisations with the support of the European Commission:

> Guidance, recommendations and training to sport administrators and coaches on physical, psychological and social well-being in sport → Pro Safe Sport project (PSS-2014-2015)

Awareness raising tools and capacity building resources to increase the commitment of both governmental and non-governmental organisations towards sexual violence against children in sport → Pro Safe Sport + project (PSS+-2017).

These new tools will complete the "Pro Safe Sport" package launched in 2015.



PSS project

PSS + project

What is PSS?

What is PSS +?

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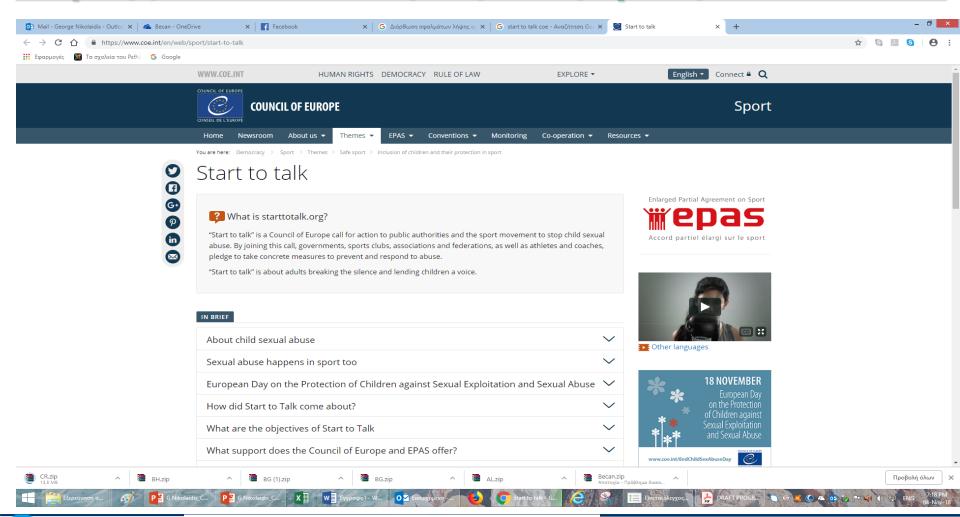




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The "Start to Talk" Initiative

https://www.coe.int/en/web/sport/start-to-talk













Thank you very much!!!

www.coe.int/lanzarote









