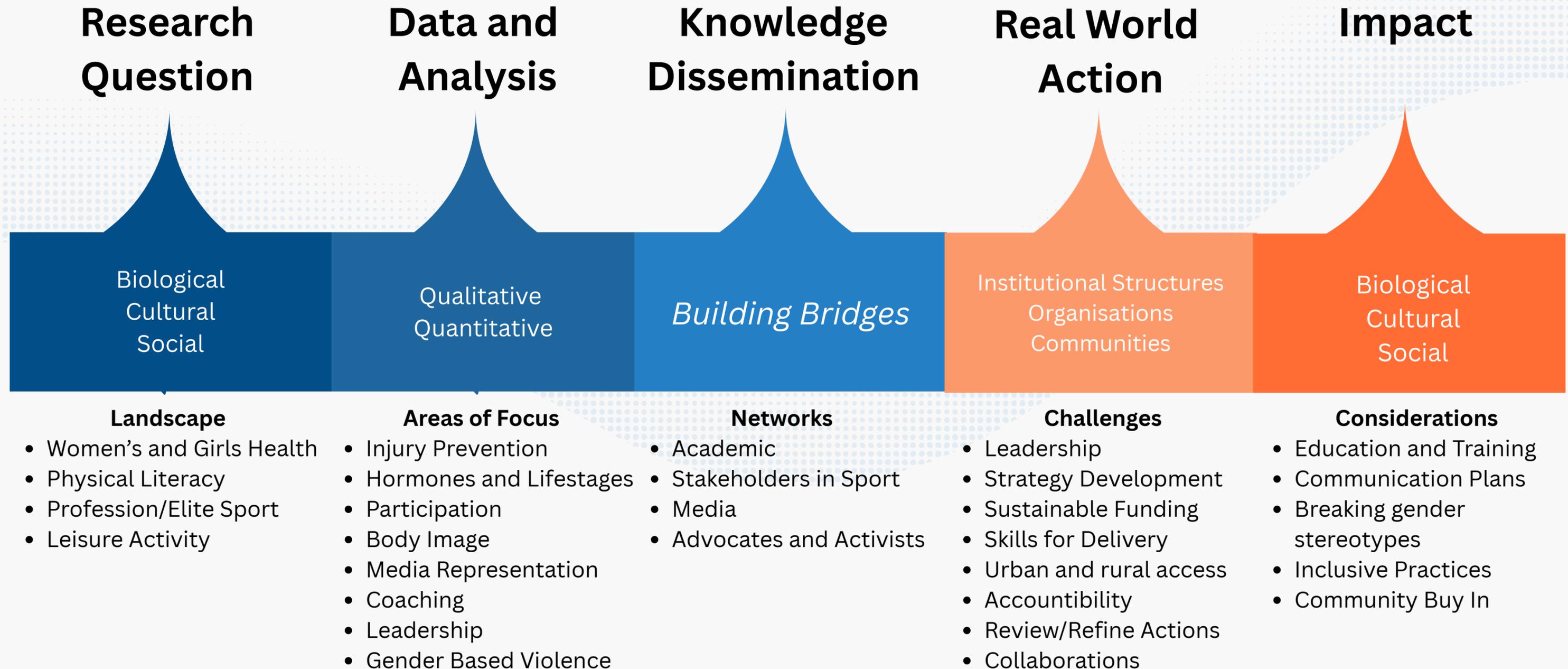
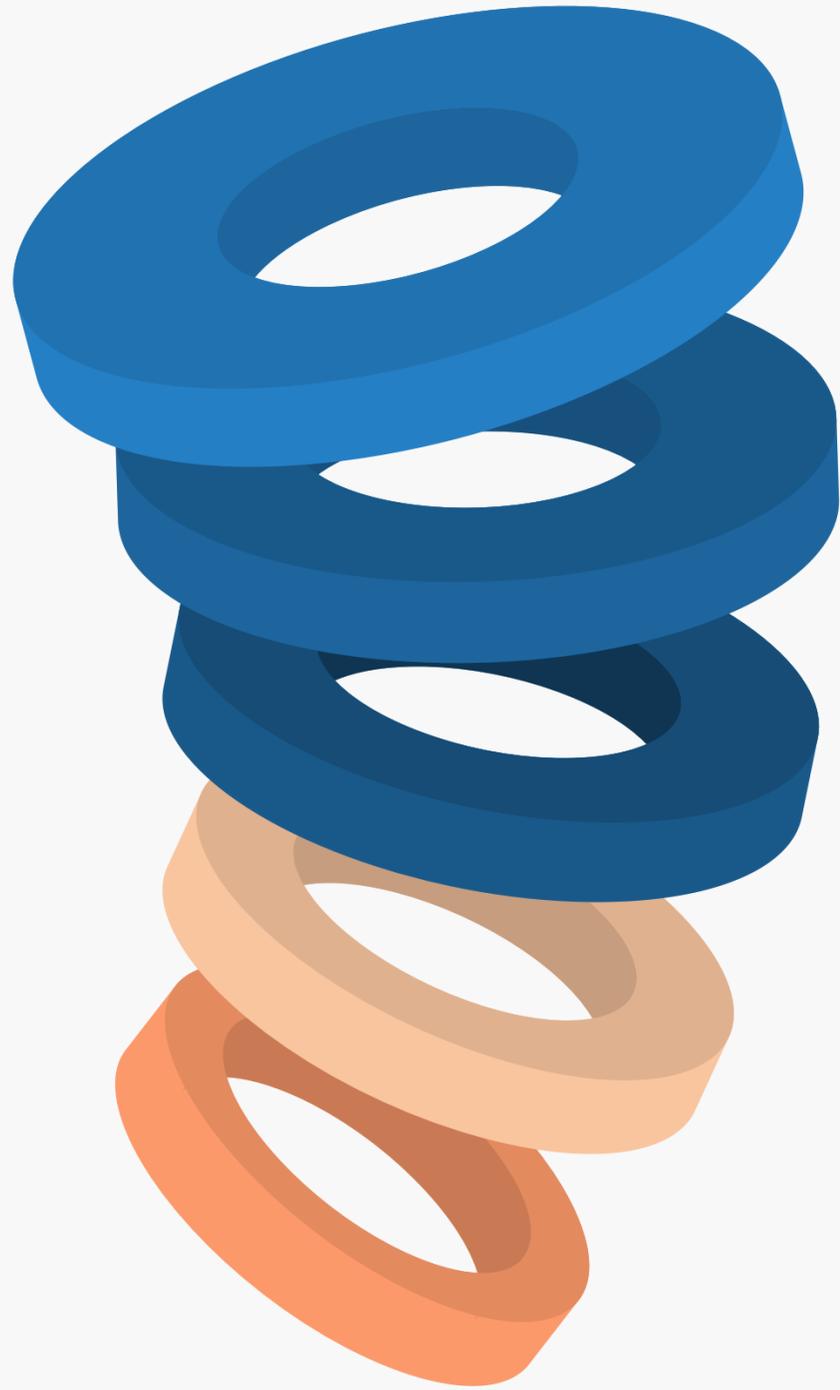


# Knowledge: Research and Gaps

## Women and Girls in Sport and Physical Activity



# How research can interconnect for deeper, wider insights.



## Focus on Women's Time

- Women working longer - retirement age increasing.
- Women more likely to work part time to look after children and extended family.
- Women's life expectancy has increased.
- Women have less pure leisure time - especially mothers.
- Women don't feel safe on streets after dark which limits opportunities for exercise.
- Women earn less than men so have less disposable income for gym and sports club memberships.
- Women with children need to find/pay for childcare to exercise.