



PRO SAFE SPORT  
well-being of young athletes



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# TRAINING KIT

TO PREVENT AND REACT  
TO SITUATIONS OF POTENTIAL  
SEXUAL VIOLENCE  
AGAINST CHILDREN AND  
YOUNG PEOPLE IN SPORT



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The Council of Europe is the continent's leading human rights organisation. It comprises 47 member states, 28 of which are members of the European Union. All Council of Europe member states have signed up to the European Convention on Human Rights, a treaty designed to protect human rights, democracy and the rule of law. The European Court of Human Rights oversees the implementation of the Convention in the member states.

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European Commission (Erasmus+) & Council of Europe (Enlarged Partial Agreement on Sport)

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# TRAINING KIT

## TO PREVENT AND REACT TO SITUATIONS OF POTENTIAL SEXUAL VIOLENCE AGAINST CHILDREN AND YOUNG PEOPLE IN SPORT

■ **This training kit** has been developed as part of the European Union (EU) and Council of Europe (COE) joint project, Pro Safe Sport+ "Put an end to sexual harassment and abuse against children in sport" which complements the other awareness-raising resources being developed by the project (see below). It provides information and training content **to help those in positions of influence in the field of sport to prevent and react to situations of potential sexual violence in sport.**

### Target groups

- ▶ Trainers / instructors
- ▶ Sport leaders
- ▶ Coaches
- ▶ Physical education teachers

### Objectives

- ▶ Understand what sexual violence is in the field of sport so as to prevent it from happening
- ▶ React appropriately in cases of sexual violence or suspicion of sexual violence
- ▶ Provide information on the existing support services and / or helplines
- ▶ Implement preventive measures – avoid / reduce risk situations

### Content

■ The training kit contains a set of six factsheets:

- ▶ **1. Facts and figures** – sexual violence against children and young people in sport
- ▶ **2. Legal and regulatory frameworks** – which legislation, conventions, regulatory frameworks, standards and good practice guidelines help us to prevent and respond to sexual violence against children and young people?
- ▶ **3. Protecting victims** – how to identify sexual violence
- ▶ **4. Protecting victims** – responding to concerns or allegations about sexual violence
- ▶ **5. Preventing sexual violence** – preventing sexual violence against children and young people in and through sport
- ▶ **6. Education and raising awareness** – how to raise awareness about sexual violence in sport and how to introduce the subject for discussion

■ Please note that some boxes have to be adapted to countries' particular contexts (specific definitions and legal framework information, legal requirements to report concerns about/allegations of sexual violence and support services).

### Stop sexual abuse of children in sport : Pro Safe Sport +

**The "Pro Safe Sport+" EU-COE joint project calls for a renewed political attention and for the development of policies and strategic actions to prevent and combat sexual violence against children in sport.**

More precisely, it aims at increasing the commitment of both governmental and non-governmental organisations (public authorities dealing with sport and children's rights, sports organisations and other interested organisations) towards this topic through awareness-raising tools and capacity-building resources.

In addition to this training kit, other materials have been developed:

- ▶ **A video-clip**
- ▶ **An online resource centre to promote existing practices and to provide concrete advice**
- ▶ **A pool of European experts**

**We encourage you to use these resources,  
support this initiative and spread the world!  
GET INVOLVED!**

[www.coe.int/sport/PSS](http://www.coe.int/sport/PSS)

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*The opinions expressed in this work are the responsibility of the authors and do not necessarily reflect the official policy of the Council of Europe.*

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