



## Thematic Report of Activities 2020

### Mobilize Against Sexism!



PLATAFORMA PORTUGUESA  
PARA OS DIREITOS  
DAS MULHERES

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## Introduction

The Portuguese Platform for Women's Rights (PpDM) is the only civil society's platform in the field of human rights for women and girls in Portugal, currently bringing together 29 member organizations.

The Portuguese Platform for Women's Rights implemented in Portugal the **project Mobilize against Sexism!**. With funding from the Council of Europe, and promoted by the European Women's Lobby (EWL), the project took place in nine European countries - Belgium, Bulgaria, Croatia, Spain, Hungary, the Netherlands, Ireland, Portugal and Romania, and in Portugal it was promoted through a partnership between the organization that coordinates, in our country, the EWL activities - the Portuguese Platform for Women's Rights - and the Commission for Citizenship and Gender Equality (CIG), the public body under the Presidency of the Council of Ministers, responsible for public policies for equality between women and men.

The project aimed to promote the knowledge and operationalization of the historic *Council of Europe Recommendation CM/Rec(2019)1 Preventing and Combating Sexism*, which set the first international legal definition of sexism as being: "any attitude, gesture, representation (...), practice or behavior based on the assumption that a person or group of persons is inferior on grounds of sex, occurring in the public or private sphere". The Recommendation establishes the relationship between acts of "everyday" sexism and a continuum of violence against women and girls, comprising a set of recommendations directed at governments: to disseminate the Recommendation among public and private organizations; to prevent and combat sexism and its manifestations, both in the public and private domains; to urge the different stakeholders to apply the legislation and promote appropriate policies and programs to this end; and to monitor progress in the implementation of the Recommendation.

In this context, *Mobilize Against Sexism!* aims to promote, in Portugal, the knowledge and operationalization of the Recommendation whilst stimulating public debate on the prevalence of sexism and its current manifestations, as well as the possible responses to this phenomenon, across different contexts and organizations.

This is the thematic report of the activities carried out in 2020, which will be part of PpDM's activity report for the year 2020, to be submitted to the ordinary General Assembly on February 27, 2021, according to the statutory terms.



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## June

### [PpDM expresses interest in implementing the project in Portugal](#)

In response to the European Women's Lobby challenge to its national coordination's to express their interest in joining the Mobilize Against Sexism! project, the Portuguese Platform for Women's Rights, after consulting its member organizations, expressed its interest to the secretariat of the European Women's Lobby by letter dated June 8th.

## July

### [European Partnership meeting | EWL and 9 countries](#)

July 2<sup>nd</sup>: 1<sup>st</sup> European partnership meeting to kick off the project. Objective: present the project and operationalize the Terms of Reference, discuss the expectations of the Council of Europe and agree on working methods.

July 7<sup>th</sup>: Meeting between the secretariat of the European Women's Lobby, Mae Ocampo, the Romanian coordinator of the project, Laura Albu, and PpDM about the campaign materials in Portuguese language.

July 16<sup>th</sup>: European partnership meeting to articulate national plans for project activities.

### [Project team meetings | Portugal](#)

The project team in Portugal, composed by Teresa Alvarez, Alexandra Silva and Inês Renda with the support of Ana Sofia Fernandes, met on July 10<sup>th</sup> and 16<sup>th</sup>.

### [Contract | Signing of contract between EWL and PpDM](#)

July 16<sup>th</sup>: Signing of a contract between EWL and PpDM regarding the implementation of the project in Portugal.

### [Protocol | Signing of a cooperation protocol between PpDM and CIG](#)

A cooperation protocol was signed on July 31<sup>st</sup>, 2020 between the President of the PpDM, Ana Sofia Fernandes, and the (at the time) President of the CIG, Teresa Fragoso. Teresa Alvarez, a senior technician, was designated to ensure, on behalf of CIG, a successful collaboration in planning and implementing the project's activities within the strategic sectors as well as the dissemination of the campaign.



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## August

### European Partnership meeting | EWL and 9 countries

August 26<sup>th</sup>: Project monitoring meeting on expectations and updates of the national plans of activities considering the pandemic context.

During August the CIG translated the campaign material, namely the website, the questionnaire and the video (<https://www.coe.int/pt/web/human-rights-channel/stop-sexism>).

## September

In September, preparatory meetings for the project were held. The launch date for the project in Portugal was defined and the adaptation of the Council of Europe's communication and awareness-raising materials began. The translation of the campaign materials was reviewed by the team project, in close contact with the EWL coordinating team and the Council of Europe. A communication plan for the wide dissemination of the project's awareness-raising materials was developed and shared with all the entities that joined the project since October.

### Project team meetings | Portugal

September 7, 25 and 29: Project team meetings to define strategic sectors among those referred to in the Council of Europe Recommendation CM/Rec(2019)1 Preventing and Combating Sexism and contacts to be established.

### National partnership meeting | PpDM and CIG

September 16<sup>th</sup>: Meeting between PpDM, namely Ana Sofia Fernandes (President), Alexandra Silva and Inês Renda (project team) and CIG, namely Teresa Fragoso (then President), Rita Pereira (Head of documentation and information division), Andreia Marques (Advisor for international relations of CIG and President of the Council of Europe Commission for Gender Equality) and Teresa Alvarez (project coordinator).

### European Partnership meetings | EWL and 9 countries

September 23<sup>rd</sup>: Project monitoring meeting on updates of the national plans of activities.

September 28<sup>th</sup>: Meeting between the Secretariat of the European Women's Lobby, Mae Ocampo, the Romanian coordinator of the project, Laura Albu, and PpDM to discuss the communication plan in Portugal.



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## October

In October, the Council of Europe's campaign Sexism: See it. Name it. Stop it! was widely covered by the Portuguese and foreign media. 8 online workshops/meetings were held with strategic sectors, which resulted in multiplying the project's objectives. New communication materials were developed by PpDM, strengthening the message of the Council of Europe: preventing and combating sexism.

### Webinars and Roundtables | 1<sup>st</sup> with the Coeducation Network



October 2<sup>nd</sup>: Online workshop, entitled Mobilize Against Sexism! in higher education and education, with the participation of 21 teachers and experts from the Coeducation Network, from 11 higher education institutions, namely Universities Aberta,

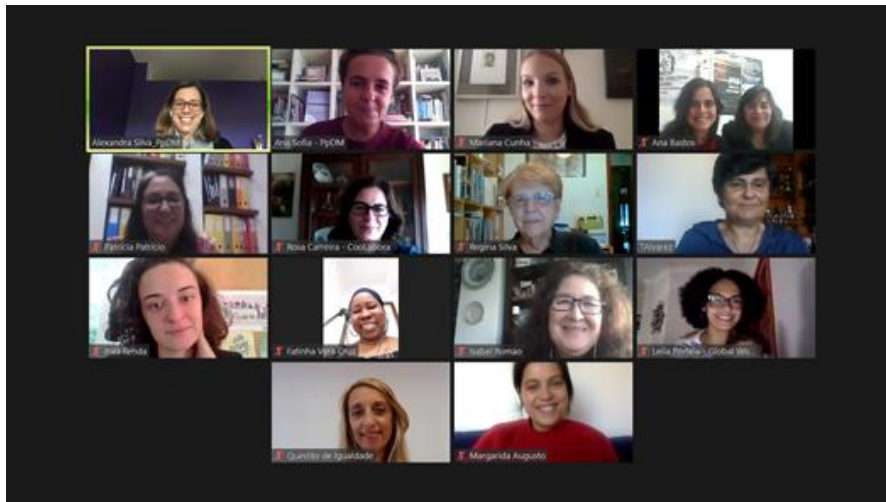
Beira Interior, Coimbra (FPCE and FE), Évora and Porto (FADE); Higher Education Schools of Coimbra, Lisbon, Portalegre, Santarém, Setúbal.

The role of schools, universities and education centers in the implementation of CoE guidelines was at the center of the discussion. Participants showed great interest in disseminating the campaign materials and offered creative ideas on how best to apply them in their field of work. 71% said that sexism is prevalent in the education sector and most feel that there is still much to be done in this area.



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## Webinars and roundtables | 1<sup>st</sup> with PpDM's Member Organizations



October 8<sup>th</sup>: Virtual round table, entitled Mobilize Against Sexism! with women's associations of PpDM, with the participation of 15 representatives from 9 member organizations of PpDM.

Several organizations attended the round table: Associação de Mulheres Contra a Violência (AMCV), Associação de Mulheres Séc. XXI, o Graal, Associação de Mulheres Cabo-verdianas na Diáspora em Portugal (AMCDP), Associação Mén Non - Associação das Mulheres de São Tomé e Príncipe em Portugal, Coolabora, Cooperativa SEIES - Sociedade de Estudos e Intervenção em Engenharia Social, EOS - Associação de Estudos, Cooperação e Desenvolvimento, and Questão de Igualdade - Associação para a Inovação Social. The representatives gave valuable input on how they could integrate the campaign and the Recommendation into their daily work. It was agreed to disseminate the campaign materials on all available online platforms.

## Webinars and roundtables | Meeting with IPDJ

October 9<sup>th</sup>: Online meeting between the Portuguese Institute for Sports and Youth (IPDJ), the Commission for Citizenship and Gender Equality (CIG) and the Portuguese Platform for Women's Rights (PpDM). The meeting was attended by the Vice-President of IPDJ, Sónia Paixão, the Vice-President of CIG, Manuel Albano, the President of PpDM, Ana Sofia Fernandes, and the technician from CIG, Teresa Alvarez. With this meeting, IPDJ became part of the project Mobilize Against Sexism!, actively participating in the dissemination of the online campaign, with this partnership being made visible in the subsequent communications.

## Campaign Sexism: See it. Name it. Stop it! | Press release and thematic newsletter

October 11<sup>th</sup>: Publication and dissemination of the press release, marking the International Day of the Girl Child and the launch of the campaign Sexism: See it. Name it. Stop it! The Portuguese Platform for Women's Rights published a thematic newsletter that was widely





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disseminated among female and male deputies and other people with responsibilities at the political decision-making level.

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**Sexismo:  
Repare nele.  
Fale dele.  
Acabe com ele.**

#StopSexism #MeToo

Sexismo: Repare nele. Fale dele.  
Acabe com ele!

**A minha voz, o meu futuro com igualdade.** Campanha Contra o Sexismo  
lançada em Portugal no Dia Internacional da Rapariga

A Plataforma Portuguesa para os Direitos das Mulheres (PpDM) apresenta o projeto europeu da iniciativa do Conselho da Europa *Mobiliza-te Contra o Sexismo!* que visa divulgar a [Recomendação do Conselho da Europa Rec \(2019\)1 Prevenir e combater o sexismo](#) através da campanha Sexismo: Repare nele, Fale dele, Acabe com ele!

*Mobiliza-te Contra o Sexismo!* decorre em nove países europeus. É promovido pelo [Lobby Europeu das Mulheres \(LEM\)](#) e, em Portugal, é dinamizado através de uma parceria entre a organização que coordena, no nosso país, as atividades do LEM – a [Plataforma Portuguesa para os Direitos das Mulheres](#) – e a [Comissão para a Cidadania e a Igualdade de Género \(CIG\)](#), o organismo público, dependente da Presidência de Conselho de Ministros, responsável pelas políticas públicas para a igualdade entre mulheres e homens, e também pelo [Instituto Português da Juventude e do Desporto \(IPDJ\)](#), ao qual se associa a [Federação Portuguesa de Basquetebol \(FPB\)](#), bem como a [Universidade da Beira Interior](#).

Sexism Campaign: See it. Name it. Stop it! | Launching on the International Day of the Girl



**Rosa Monteiro**

On October 11<sup>th</sup>, International Day of the Girl, it was officially launched the campaign Sexism: See it. Name it. Stop it! Portugal.

All entities involved in the project at the time released the official banner of the campaign, as part of an extensive and dynamic calendar of dissemination on social networks. The Secretary of State for Citizenship and Equality also gave visibility to the campaign on her social networks.



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The launch received widespread attention in the Portuguese media, including RTP, newspapers like *Público* and *JN*, and specialized websites like M Magazine. The Campaign was also disseminated abroad, in the Italian, English and Spanish Euronews.

#### **On the International Day of the Girl Child, we recalled that in Portugal:**

- In 2019, of ICT graduates, 21.3% were girls and 78.7% boys. 78% of women have "heard comments and jokes or observed sexist or rude gestures in their workplace at least once"; 72% of women "have been ignored in their opinions and comments, until a man said the same, at least once"; 39% of women have felt a lack of recognition for their achievements just because they are women.
- In the past five years, nearly 4000 prosecutions have been brought under the crime of sexual harassment and sexual propositions, but only 470 have resulted in charges, with some judges stating that "we can't identify a criminal conduct in a sexual proposition that is made on the street or in a work environment to a woman."

- By 2019, women were 76% of victims in domestic violence crimes and men 82% of perpetrators.
- In 2015-2016, of those taking courses in Engineering, Manufacturing and Construction, 26.6% were girls and 73.4% were boys.
- In 2018, of those playing federated sports, 30.4% were girls and 69.6% were boys.
- Girls are the most affected by anorexia nervosa (87%).
- In 2015, 2016 and 2017, women were only 15.4% and 15.8% of the sources of news on 4 prime time channels of RTP1, RTP2, SIC and TVI, with men representing 84.2%.



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#### Project team meeting | Portugal

October 12, 15 and 28: Project team meeting. Future actions with strategic sectors were planned and the creation of new communication materials was agreed upon.

#### European Partnership Meeting | EWL and 9 countries

October 14<sup>th</sup>: Project monitoring meeting: updates of the national activity plans and review of the project's communication plans.



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## Webinars and virtual roundtables | Meeting with INR



October 14<sup>th</sup>: Online meeting with the National Institute for Rehabilitation (INR), with the participation of Ana Sofia Fernandes, President of PpDM, Alexandra Silva and Inês Renda also from PpDM, Teresa Alvarez, from CIG, Fátima Alves, Director of the Research, Development and Training Unit of INR, and senior technicians Odete Fiúza and Eva Bastos, also from this institution.

INR showed great interest in the project. It was established that INR would hold awareness-raising actions on the theme of sexism and women and girls with disabilities, two of which already taking place (on 26/11/2020 and 16/02/2021). The INR has also shown interest in collaborating with the project, and particularly adapting the campaign materials, making them accessible to people with disabilities. It was established that a public session would be held, in order to present the campaign and the adapted materials, ideally at the INR Library, when the constraints of the pandemic cease.

## The project replicated by member organizations of PpDM | SEIES and QI



16<sup>th</sup> and 19<sup>th</sup> of October: The Portuguese Platform for Women's Rights participated in 2 training sessions on equality between women and men addressed to strategic audiences promoted by SEIES - Society for Studies and Intervention in Social Engineering and by Questão de Igualdade QI - Association for Social Innovation, disseminating

the Recommendation and the Campaign that are part of the European Project Mobilize Against Sexism!

In the sessions promoted by SEIES, participated managers and technical staff from Almada, Moita, Montijo and Sesimbra City Halls; in the training organized by QI, attended teachers across the Lisbon Region.



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## Council of Europe | The project at the Committee for Gender Equality

October 18<sup>th</sup>: The project Mobilize against Sexism was on the agenda of the 18<sup>th</sup> meeting of the Council of Europe's Committee for Gender Equality. The European Women's Lobby made an intervention and, at the request of the Portuguese representative in that Committee, Andreia Marques from CIG, the Portuguese Platform for Women's Rights prepared a summary report of the activities in Portugal. Both communications are available in the Council of Europe website [here](#) and [here](#).

## Webinars and virtual roundtables | Meeting with ACM



October 19<sup>th</sup>: Online meeting with the High Commission for Migrations (ACM). Vera Fonseca, Coordinator of the ACM's Intersectional Inequalities Project Team and Isabel Cunha from the team, Ana Sofia Fernandes, President of PpDM, Alexandra Silva and Inês Renda also from PpDM participated in this meeting. It was agreed to carry out 7 awareness raising actions in partnership with the ACM (2 of which already took place on 3/12/2020 and 4/12/2020). The ACM expressed its availability to proceed with the translation of the campaign materials, namely the Recommendation and the printed materials.

## Webinars and roundtables | 2<sup>nd</sup> with PpDM member organizations

October 23<sup>rd</sup>: second virtual round table with the PpDM women's associations, with the participation of 11 representatives from 9 PpDM member organizations. The roundtable included the participation of representatives from the Association of Women Against Violence (AMCV), Graal, Cuidar o Futuro Foundation, Soroptimist International Clube Lisboa Fundador, Ser Mulher Association, Associação Mén Non - Association of Women from São Tomé and Príncipe in Portugal, EOS - Studies, Cooperation and Development Association and SEIES Cooperative - Society for Studies and Intervention in Social Engineering.

## November

### Webinars and virtual round tables | Meeting with ESCS of Lisbon

November 5<sup>th</sup>: online meeting with Escola Superior de Comunicação Social (ESCS) of Instituto Politécnico de Lisboa, in which participated Alexandra David, Vice-President of ESCS, Ana Sofia Fernandes, President of PpDM, Alexandra Silva and Inês Renda also from PpDM and Teresa Alvarez, from CIG. Several collaborations were initiated during this meeting, such as the



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founding of a partnership, that agreed on the organization of a contest for the creation of short videos about the manifestations of sexism within the context of the project Mobilize against Sexism! to be later exhibited in television programs, such as E2, as well as the ESCS FM radio.

### Webinars and virtual roundtables | 2<sup>nd</sup> with the Coeducation Network

November 6<sup>th</sup>: second meeting with the Coeducation Network, promoted by the Commission for Citizenship and Gender Equality (CIG) and the Portuguese Platform for Women's Rights (PpDM) with higher education teachers from 9 institutions. The meeting was led by Teresa Alvarez, from CIG, and Alexandra Silva, from PpDM, with the participation of Maria Sepúlveda from this organization.

### National Partnership Meeting | PpDM and CIG

9<sup>th</sup> of November: Meeting between PpDM (Alexandra Silva and Inês Renda) and CIG (Isabel Rosinha and Teresa Alvarez) in preparation of the subsequent workshops.

### Webinars and Roundtables | Online Workshop with Municipalities

**Mobiliza-te  
Contra o Sexismo!  
com as Autarquias**

Reunião online | 10.11.2020 | 14.30h - 16.00h

|        |   |
|--------|---|
| 14.30H | Acesso de participantes ao workshop e apresentação do projeto Mobiliza-te Contra o Sexismo!   Ana Sofia Fernandes, PpDM |
| 14.50H | A Campanha do Conselho da Europa Sexismo: Repare nele. Fale dele. Acabe com ele   Teresa Alvarez, CIG                   |
| 15.00H | A Recomendação do Conselho da Europa e as Políticas Locais para a Igualdade   Teresa Alvarez, CIG                       |
| 15.30H | A campanha Sexismo: Repare nele. Fale dele. Acabe com ele, nas redes sociais   Inês Renda, PpDM                         |
| 15.40H | Dúvidas e esclarecimentos   Alexandra Silva, PpDM   |
| 16.00H | Encerramento   Alexandra Silva, PpDM e Teresa Alvarez, CIG  |

**Sexismo:  
Repare nele.  
Fale dele.  
Acabe com ele.**

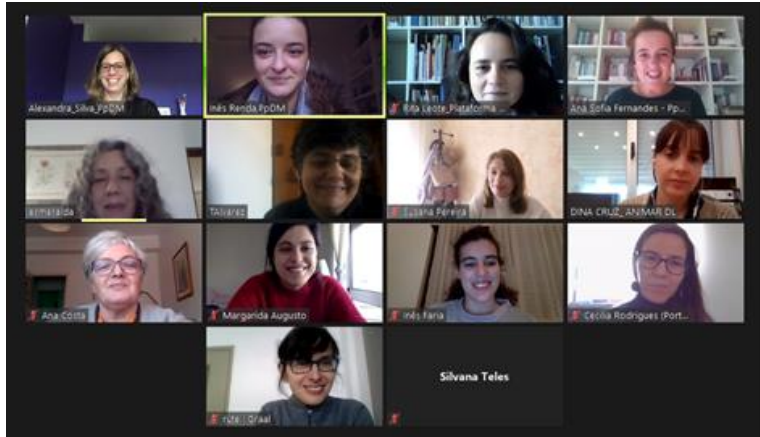
Mobiliza-te Contra o Sexismo!  
em parceria em cooperação com o Lobby Europeu das Mulheres  
e financiado pelo Conselho da Europa

November 10<sup>th</sup>: online workshop with the municipalities, including the autonomous regions. There were 70 participants, representing 46 municipalities. The workshop was facilitated by Teresa Alvarez, from the CIG, and Alexandra Silva, from PpDM, and was attended by Isabel Rosinha and Rosa Oliveira, from the CIG, and Inês Renda, from PpDM. Several municipalities joined the campaign and there was also a generalized interest in addressing sexism and lead initiatives that may be developed within the framework of local policies for equality, namely in the municipal plans, and in the National Strategy for Equality and Non-Discrimination (ENIND).



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## Webinars and Roundtables | Webinar with Civil Society Organizations



November 20<sup>th</sup>: webinar with civil society organizations, jointly held by the Commission for Citizenship and Gender Equality (CIG) and the Portuguese Platform for Women's Rights (PpDM). This webinar had 14 participants representing 6 organized civil society organizations, namely the Portuguese Platform of

Non-Governmental Organizations for Development, Minha Terra - Portuguese Federation of Local Development Associations, ANIMAR - Portuguese Association for Local Development, ACEGIS Association, National Scouts Corps, Graal, and also individuals.

## Webinars and roundtables | Awareness raising action in partnership with INR

November 26<sup>th</sup>: online awareness raising action promoted by the Portuguese Platform for Women's Rights (PpDM) in partnership with the National Institute for Rehabilitation (INR).

This action had 14 participants representing 5 entities, namely the National Institute for Rehabilitation, CERCICOA, CERCIMA, APPACDM Coimbra, Santa Casa da Misericórdia da Horta, and also individuals.

## Project Team Meeting | Portugal

November 17<sup>th</sup>: Project Team Meeting

## European Partnership Meeting | EWL and 9 countries

November 18<sup>th</sup>: Project monitoring meeting



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## Television | The project on RTP2



November 20<sup>th</sup>: The President of the Portuguese Platform for Women's Rights, Ana Sofia Fernandes, was interviewed at the ESCS E2 program, broadcasted on RTP2, in which she addressed the issue of sexism and the work done within the project Mobilize against Sexism!

## Television | The Project on Porto Canal

November 27<sup>th</sup>: The President of the Portuguese Platform for Women's Rights, Ana Sofia Fernandes, participated in the recording of the Porto Canal program, *Pontos nos ii*, where she addressed the issue of sexism and the work done within the project Mobilize against Sexism!







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## December

### PpDM reports to the EWL

December 2<sup>nd</sup>: Reporting of the project in Portugal was submitted to EWL in order to inform EWL's final report to the Council of Europe.

### Webinars and roundtables | Awareness-raising initiatives in partnership with ACM

December 3<sup>rd</sup> and 4<sup>th</sup>: two online awareness raising actions promoted by the Portuguese Platform for Women's Rights (PpDM), in partnership with the High Commission for Migrations (ACM). The actions counted with the participation of 25 professionals from the ACM, from Porto and Lisbon.

### The project replicated by member organizations of the PMDM | Graal



December 2<sup>nd</sup>: Graal facilitated a debate on sexism with 24 youngsters from various regions of Portugal inspired by the Mobilize Against Sexism Campaign within the scope of the (n)amor2 and and NAMORArte+ projects.

### European Partnership meeting | EWL and 9 countries

December 9<sup>th</sup>: Final meeting of the project with the EWL coordinating team

### EWL report to the Council of Europe

December 14<sup>th</sup>: EWL [report](#) submitted to the Council of Europe



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## Project team meeting | Portugal

December 16<sup>th</sup>: Project team meeting.

The communication materials of the Sexism Campaign: See it, Name it, Stop it!

### On Social Media

The campaign on social media was actively shared by at least 51 entities across the country. In just 2 months, 8279 shares, "likes" and comments were left on the materials shared on PpDM's social networks: Instagram, Facebook and Twitter.





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List of entities that have disseminated the campaign materials on the Internet and social media (by December 2020):

**Central public administration bodies:**

Commission for Citizenship and Gender Equality (CIG)

Regulatory Authority for the Media - ERC

Portuguese Institute for Sports and Youth (IPDJ)

Regional Directorate of Culture of Alentejo

**Local public administration bodies:**

Câmara Municipal de Lisboa

Câmara Municipal de Barcelos

Câmara Municipal da Amadora

Câmara Municipal da Moita

Câmara Municipal de Faro

Câmara Municipal de Odivelas

Câmara Municipal do Seixal

Câmara Municipal de Almada

Câmara Municipal de Beja

Câmara Municipal de Serpa

Câmara Municipal de Vila Verde

Câmara Municipal de Amarante

Câmara Municipal de Santa Cruz

Câmara Municipal de Vinhais

Município de Alfândega da Fé

Conselho Local de Ação Social de Ovar (CLAS)

Município de Coruche

Câmara Municipal de Mangualde



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Câmara Municipal de Ovar

Município de Lagoa

Município de Terras de Bouro

Município de São Pedro do Sul

Câmara Municipal de Pampilhosa da Serra

Câmara Municipal Póvoa do Varzim

Câmara Municipal de Grândola

Câmara Municipal da Golegã

#### Teaching and Educational Institutions:

Instituto Politécnico de Viana do Castelo

Instituto Politécnico de Portalegre

Instituto Politécnico de Setúbal

Escola Secundária Prof. Reynaldo Santos

Escola Superior de Educação de Lisboa

#### Sports Organizations:

Comité Olímpico Português

Federação Portuguesa de Basquetebol

#### Civil Society Organizations:

ANIMAR

Associação de Mulheres contra a Violência

Associação Mulheres sem Fronteiras

Associação Ser Mulher

CooLabora

Federação A Minha Terra

Fundação Cuidar o Futuro

Global Women in Tourism



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Graal

Mén Non - Associação das Mulheres de S. Tomé e Príncipe em Portugal

Projeto Wo(Men)

Rede de Jovens para a Igualdade

SEIES - Cooperativa de estudos e intervenção em engenharia social

## Media

Articles published in the media about the project Mobilize Against Sexism! and the campaign Sexism: See it. Name it. Stop it!

### In Portugal:

1. Público: <https://www.publico.pt/2020/10/09/p3/noticia/mobilizate-sexismo-apela-nova-campanha-europeia-1934586>
2. Jornal de Notícias: <https://www.jn.pt/nacional/dia-internacional-da-rapariga-assinalado-na-europa-com-campanha-contr-o-sexismo-12903885.html>
3. RTP Notícias: [https://www.rtp.pt/noticias/pais/plataforma-para-os-direitos-das-mulheres-apresenta-campanha-de-prevencao-e-combate-ao-sexismo\\_n1265596](https://www.rtp.pt/noticias/pais/plataforma-para-os-direitos-das-mulheres-apresenta-campanha-de-prevencao-e-combate-ao-sexismo_n1265596)
4. Delas: <https://www.delas.pt/esta-e-uma-campanha-que-quer-acabar-com-o-sexismo/atualidade/908459/>
5. Porto Canal: [http://portocanal.sapo.pt/noticia/238521?fbclid=IwAR1zrfHx49wXZh3J7FQImQiV0diUzo\\_rCYLb0ISRApVExisGHWr5NwptCRU](http://portocanal.sapo.pt/noticia/238521?fbclid=IwAR1zrfHx49wXZh3J7FQImQiV0diUzo_rCYLb0ISRApVExisGHWr5NwptCRU)
6. Destak: <http://www.destak.pt/artigo/451145-plataforma-para-os-direitos-das-mulheres-apresenta-campanha-de-prevencao-e-combate-ao-sexismo>
7. Descla: <https://descla.pt/municipio-de-povoa-de-varzim-associa-se-a-projeto-europeu-mobiliza-te-contr-o-sexismo>
8. M Magazine: [https://mulheres.com.pt/wp/2020/10/16/sexismo-repare-nele-fale-dele-acabe-com-ele/?fbclid=IwAR1CCdJzc\\_-7pCadTuUtosdWu0qoEPQxqXnbGwKL-oDzUTLVIXIOSRT1fUQ](https://mulheres.com.pt/wp/2020/10/16/sexismo-repare-nele-fale-dele-acabe-com-ele/?fbclid=IwAR1CCdJzc_-7pCadTuUtosdWu0qoEPQxqXnbGwKL-oDzUTLVIXIOSRT1fUQ)
9. Diário Campanário: <https://www.radiocampanario.com/ultimas/regional/universidade-de-evora-cria-gabinete-para-a-igualdade-de-genero>
10. Diário Campanário: <https://www.radiocampanario.com/ultimas/regional/municipios-de-reguengos-e-viana-do-alentejo-sensibilizam-para-o-sexismo-no-alentejo>
11. Distrito: <https://www.districtonline.pt/politenico-de-setubal-associa-se-a-campanha-mobiliza-te-contr-o-sexismo/>
12. Notícias do Nordeste: <https://noticiasdonordeste.pt/alfandega-da-fe-associa-se-ao-projeto-europeu-mobiliza-te-contr-a-sexismo/>



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13. Tâmega TV: <https://tamega.tv/2020/11/11/amarante-associa-se-ao-projeto-europeu-mobiliza-te-contr-o-sexismo/?fbclid=IwAR0OfqC9-IT-jtxoslZrUfcOTmKjwufWK8p2c6lRGqQqwnVCB9bUDOsuybw>
14. A Voz da Póvoa: <https://www.vozdapovoa.com/noticias/geral/mobiliza-te-contr-o-sexismo>
15. A Verdade: <https://averdade.com/tamega-e-sousa/amarante/2020-11-13-Mobiliza-te-Contra-o-Sexismo-e-o-mote-do-Municipio-de-Amarante>
16. Mais Algarve: [https://maisalgarve.pt/noticias/nacionais/23312-politenico-de-setubal-associa-se-a-campanha-mobiliza-te-contr-o-sexismo?fbclid=IwAR0FO4JP\\_QnScM0tfctVtdOAKmbxnhhneLOD4r5fhyCpvEpADSzyhmq-Uj8#.X7UvsOIBYlw.facebook](https://maisalgarve.pt/noticias/nacionais/23312-politenico-de-setubal-associa-se-a-campanha-mobiliza-te-contr-o-sexismo?fbclid=IwAR0FO4JP_QnScM0tfctVtdOAKmbxnhhneLOD4r5fhyCpvEpADSzyhmq-Uj8#.X7UvsOIBYlw.facebook)
17. E2: <https://www.youtube.com/watch?v=ZZhOH-noFEY>

#### In Europe:

1. Euronews inglesa: <https://rss24.news/should-sexism-become-a-hate-crime-in-europe/>
2. Euronews espanhola: <https://es.euronews.com/2020/10/05/el-sexismo-deberia-castigarse-como-un-crimen-de-odio>
3. Euronews italiana: <https://it.euronews.com/2020/10/06/sexismo-e-misoginia-potrebbero-diventare-crimini-d-odio-anche-in-italia>
4. Fundação das Mulheres do Euro-Mediterrâneo : [https://www.euromedwomen.foundation/pg/fr/news/view/9318/la-plateforme-portugaise-pour-droits-femmes-ppdm-presente-initiative-conseil-europe-pour-prevenir-combattre-sexisme?fbclid=IwAR30rbx9q2CbB5n0YP\\_YxexMUOz0awSgiVs9WzdlZV5MHcrBbq1uo7G-ddo](https://www.euromedwomen.foundation/pg/fr/news/view/9318/la-plateforme-portugaise-pour-droits-femmes-ppdm-presente-initiative-conseil-europe-pour-prevenir-combattre-sexisme?fbclid=IwAR30rbx9q2CbB5n0YP_YxexMUOz0awSgiVs9WzdlZV5MHcrBbq1uo7G-ddo)

#### Printed materials and their distribution

During the months of November and December, dissemination materials were developed in paper format, namely posters (A2 and A3), single sheets and leaflets.

The materials became available at the end of December, and this information was shared with all entities and individuals involved in the project so that they could request it.

So far (17.02.2021), materials have been requested by 49 entities, including city councils, higher education institutions, school groupings, public bodies and various civil society organizations. 31 entities have already received the materials, including the Secretary of State for Citizenship and Equality and the Commission for Citizenship and Gender Equality (CIG).



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**Achas que o sexismo é inofensivo?**  
**Eu não.**

**“O sexismo é qualquer atitude, gesto, representação visual, prática ou comportamento baseado no pressuposto de que uma pessoa ou grupo de pessoas é inferior em razão do sexo, que ocorre na esfera pública ou privada, por via eletrónica ou não”**  
CNEH (2019). *Prevenir e combater o sexismo*

O sexismo é sempre negativo. Distingue, pratica afirmativa e cria um ambiente discriminatório, hostil e humilhante. O sexismo reforça os estereótipos sobre as mulheres e sobre os homens. As mulheres são vistas como mais frágeis e incapazes de liderança, são objectificadas e secundarizadas. Os homens são considerados incapazes de cuidar e desencorajados de expressarem as suas emoções.

A Recomendação do Conselho da Europa sobre prevenção e combate ao sexismo (CM/Rac (2019) teve a primeira definição jurídica internacional de sexismo, apresentando propostas de acção política destinadas aos Estados, entre os quais Portugal.

O sexismo manifesta-se no quotidiano e na comunicação e nos media, na Internet e nas redes sociais, no desporto e na cultura, na educação e na justiça, na família e no local de trabalho. Reproduz-se e experencia-se nas relações interpessoais, nas práticas institucionais e nos padrões culturais e de comportamento da sociedade. Por isso, indivíduos, instituições e sociedades devem aliar-se, reparar, falar e acabar com o sexismo!

**Sabias que?**

- 59% das mulheres em Amesterdão sofreram alguma forma de assédio na rua.
- 42% das mulheres jornalistas já foram vítimas de abuso verbal.
- 80% das mulheres já foram alvo de “mansplicing” ou “manterrupting” no local de trabalho.
- Os homens representam 75% das fontes e dos temas de notícias na Europa.

**Em Portugal, nos últimos cinco anos, foram insurados cerca de 400 processos no âmbito de crime de importunação sexual, mas apenas 11,5% resultaram em acusações.**  
Fontes: Conselho da Europa e Ministério Público

Saber mais em:  
[www.coe.int/t/t09/Women/rights/Liberty09.asp#text](https://www.coe.int/t/t09/Women/rights/Liberty09.asp#text)  
[www.plataformadireitosmulheres.org.pt](https://www.plataformadireitosmulheres.org.pt)  
[@plataformadireitosmulheres](#)  
 Plataforma Portuguesa para os Direitos das Mulheres  
[@PPlataformas](#)

Mobiliza-te Contra o Sexismo! Um projeto em cooperação com o Lobby Europeu das Mulheres e financiado pelo Conselho da Europa.

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CIG  
LGL  
ISJ  
MULHERES EM MOVIMENTO

#AcabaComOSexismo #StopSexism

**O discurso de ódio sexista ou misógino continua a ser aceite e tolerado.**

Nas redes sociais, multiplica-se e agrava-se.

O sexismo incita à violência contra as mulheres.

A violência não é natural.

Se testemunhares uma atitude sexista, **não fiques indiferente!**

#AcabaComOSexismo #StopSexism

**O sexismo está em toda a parte.**

Afeta todas as pessoas, sobretudo as mulheres e as raparigas.

Se testemunhares uma atitude sexista, **não fiques indiferente!**

Mobiliza-te Contra o Sexismo! Um projeto em cooperação com o Lobby Europeu das Mulheres e financiado pelo Conselho da Europa.

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MULHERES EM MOVIMENTO

#AcabaComOSexismo #StopSexism

## Recommendations | Implementation of the CoE Recommendation at national and European level

Contributions for the implementation of the CoE Recommendation at a national level were collected from the entities that participated in the project. The Higher Education institutions that integrate the Coeducation Network, as well as the Women and Sport Commission of the Portuguese Olympic Committee (COP) have sent contributions. Other entities are expected to send contributions until March 12, 2021.

These contributions will be integrated in the recommendations for the implementation at European level of the above mentioned Recommendation. Subsequently, this joint reflection will be disseminated to members of the Government and the Portuguese Parliament. These contributions arise in the context the work developed closely with the different entities involved, and therefore constitute a strong tool for a concerted, multidisciplinary and responsive future action in the prevention and combat against sexism, across sectors.