

Workshop V: Mental Health in Prisons and Probation Services

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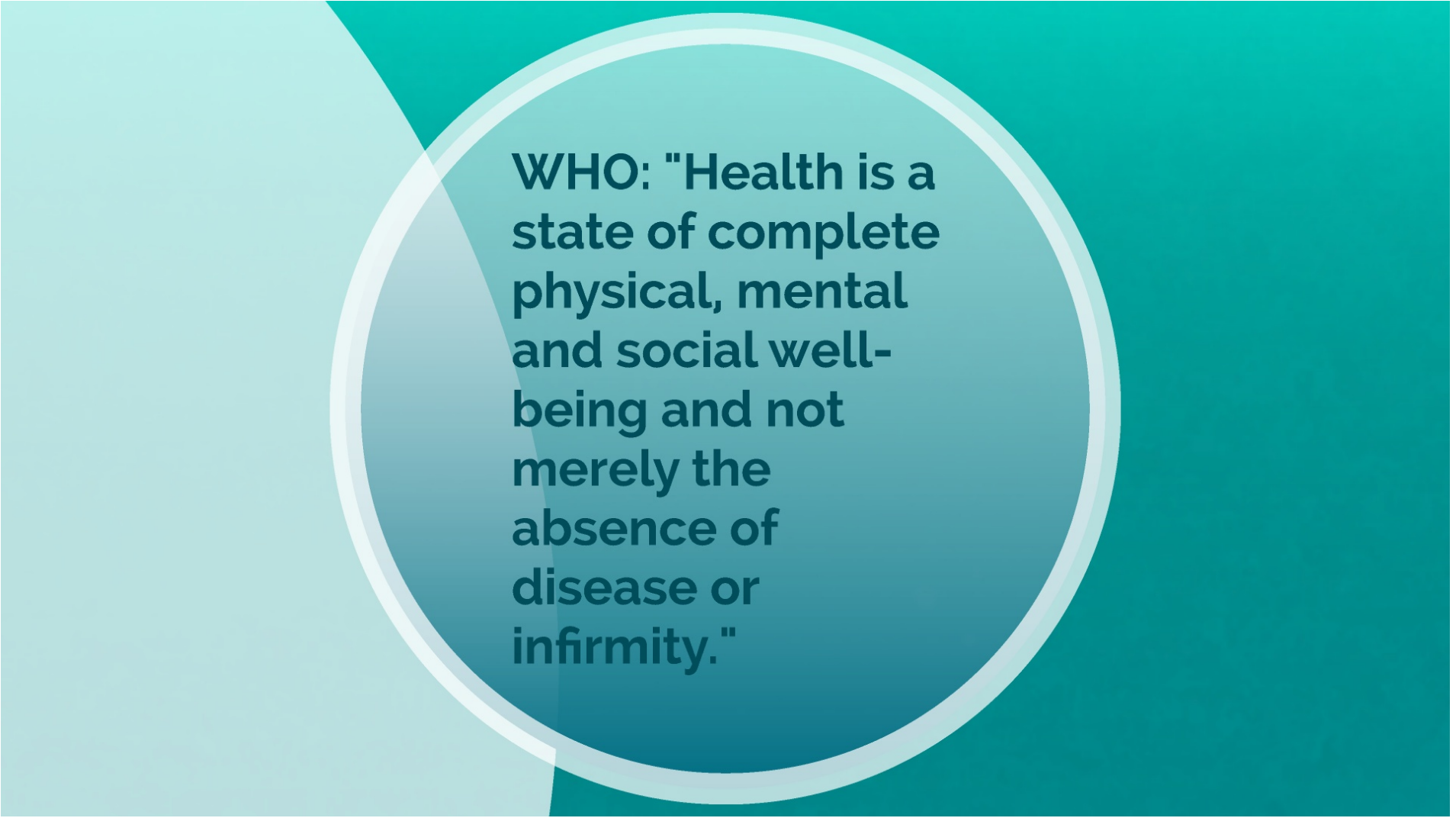
Council of Europe Conference
Directors of Prison and
Probation Services
Sevilla, 21 -22 June 2022

Health




WHO

Nietzsche



WHO: "Health is a state of complete physical, mental and social well-being and not merely the absence of disease or infirmity."



**Nietzsche:
"Health is the
level of illness
that still allows
me to pursue
my essential
occupations".**

Illness (Disease)



Definition

"Illness is a broad term that defines the poor state of mind, body, and, to a certain extent, spirit. It is the general feeling of being sick or unwell (outside the person's belief of good health).

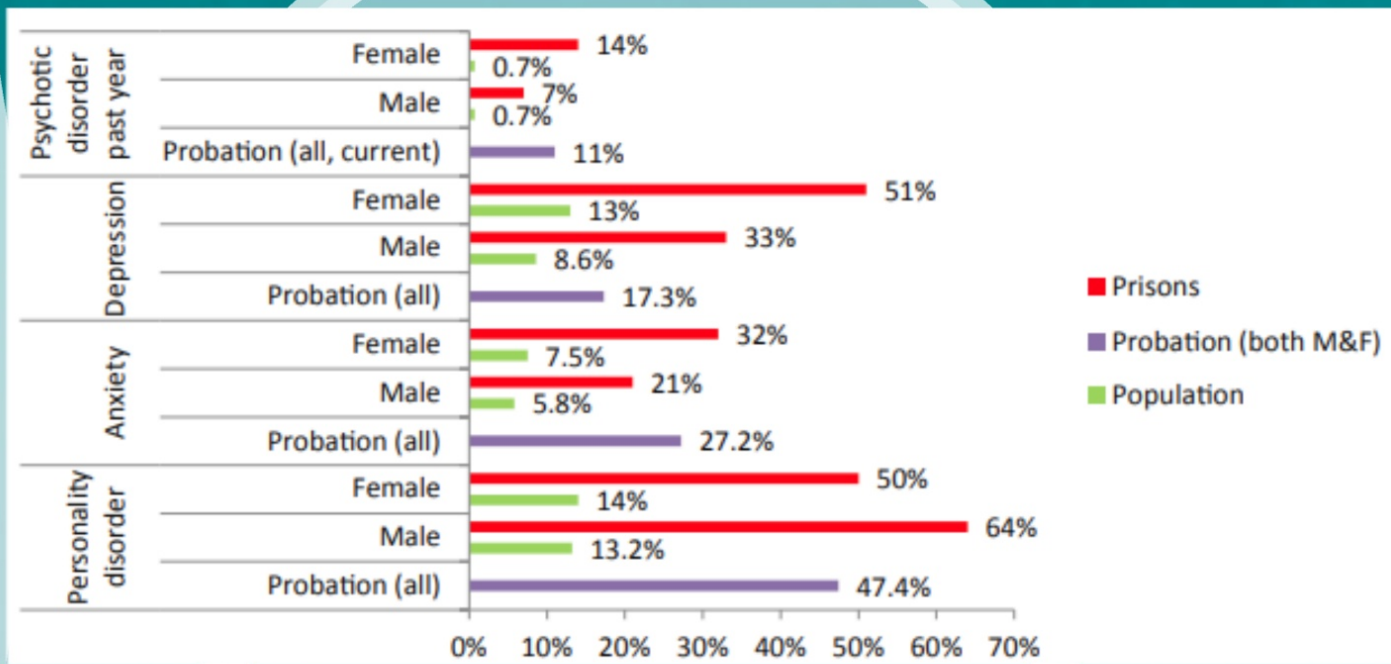
Many people tend to use disease and illness in the same breath, but there are very subtle distinctions."

**Mental
Illness**

Questions

- Is everybody with a psychiatric diagnosis automatically ill?
- Maybe easy for a severe illness as schizophrenia etc.
- What about Personality Disorders?

Graph



<https://publications.parliament.uk/pa/cm201719/cmselect/cmhealth/963/96306.htm>

Diagnosis



Definition

"The process of determining the nature of a disease or disorder and distinguishing it from other possible conditions. The term comes from the Greek "gnosis", meaning knowledge."

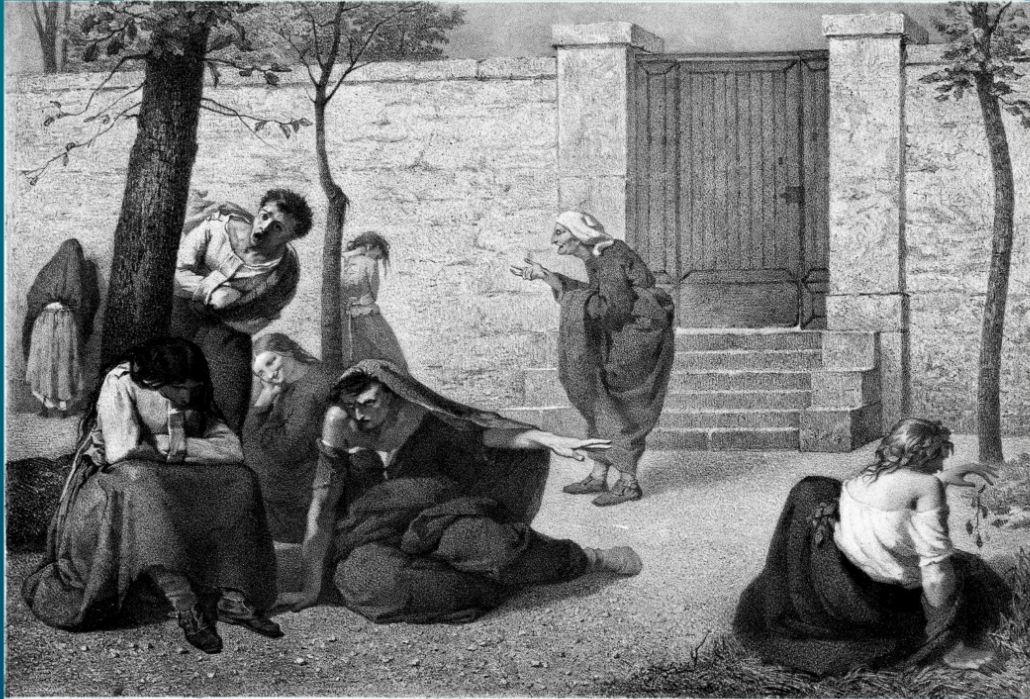
**Mental
Health/
Illness**




[https://
screening.mhanational.org/
screening-tools/](https://screening.mhanational.org/screening-tools/)

Mad(ness)

Definition




- 
- **the term is outdated**
 - **reserved for health disorders, especially for psychotic states**
 - **tendency for a moral category**
 - **sometimes useful for explanation for laypersons**



Bad/Evil/Dangerous



Definition

- 
- **moral concept**
 - **cannot be scientifically defined**
 - **its origins and connotations are linked to religion and mythology**
 - **stigmatization of mental illness, diminishing the credibility of forensic psychiatry, and corrupt forensic treatment efforts.**

Risk/Danger

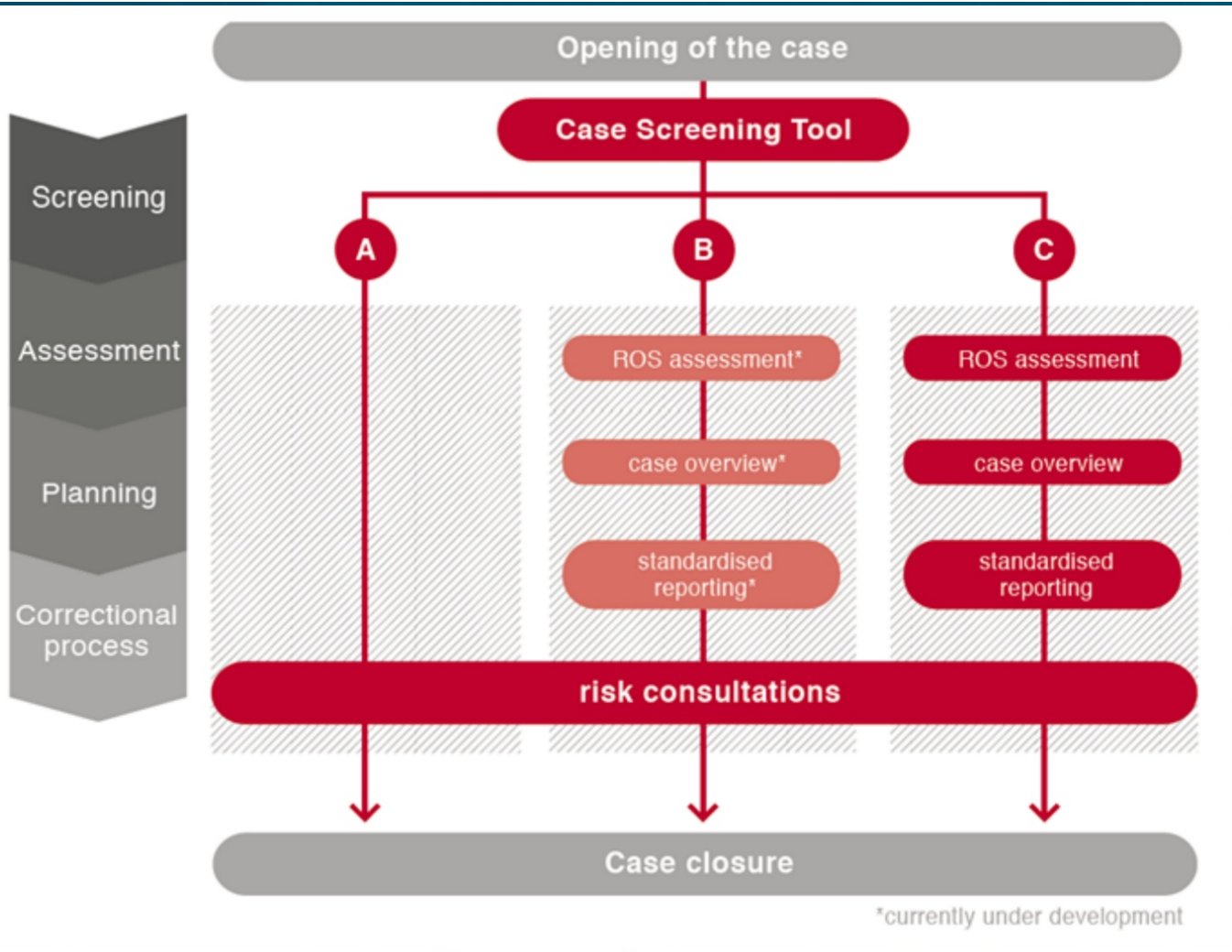


Handling

Risk assessment:

- Expertise
- [https://
www.rosnet.ch/](https://www.rosnet.ch/)

ROS



Treatment



Topics

- **Important to know:
WHAT do we want to
treat?**
- **Distinction between
basic psychiatric/
psychological care**
- **Specific treatment of
certain disorders**
- **Risk-oriented forensic
treatment**

Conclusions

- Complexity
- Different aspects
- Different access
- Different treatment
- Definition of standards
- Care, Cure, Monitoring Risk

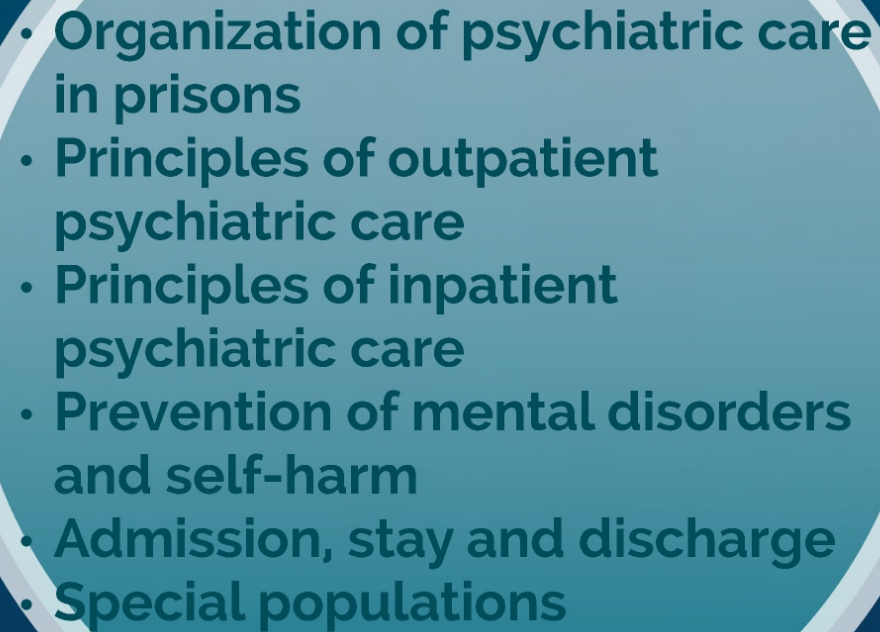
Final words

Standards

**Swiss Centre of Expertise in
Prison and Probation (SCEPP)**

**HANDBOOK
ON PSYCHIATRIC CARE
IN PRISONS**

**Table of
Contents**

- 
- Organization of psychiatric care in prisons
 - Principles of outpatient psychiatric care
 - Principles of inpatient psychiatric care
 - Prevention of mental disorders and self-harm
 - Admission, stay and discharge
 - Special populations

Don't think there are no crocodiles
just because the water is calm

- Malaysian Proverb



