



# MED S&C Path Model

Linear Cultural Routes and Sustainability

1st Cultural Routes Academic Workshop—9th December 2021

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## Introduction



### Best MED project

BEST MED (Beyond Sustainable Tourism) is an ongoing strategic Interreg Med project coordinated by **El Legado Andalusí** (Cultural Route of the Council of Europe). Its main aim is to enhance Mediterranean Governance, being the main challenges to **tackle seasonality** and the **lack of effective cooperation among tourism stakeholders**.



### Med S&C Path model

In this framework, CAST research team as external expert for Lazio Region has developed a **theoretical** model to improve the management of cultural routes and walking paths by assessing their sustainability level using a set of criteria and indicators. A chapter dedicated to the model will be included in the upcoming Handbook of Research on Cultural Tourism and Sustainability edited by Prof. Claudia Ribeiro de Almeida et al. (IGI Global - April, 2022).































# Objectives of the Model



### Achieve integrated planning and management

of cultural routes and other physical / thematic paths in Mediterranean destinations by following sustainability principles based on a self-assessment.



### Contribute to better governance

of routes and paths, achieving greater levels of cooperation between local and regional authorities, managers of cultural routes / paths and other key stakeholders.





# Concrete needs of Monitoring Social and Economic Impacts of CR



Data

"Most routes are not gathering the data needed to measure the economic impact of their activities"\*



#### Level

"Data need to be captured at a much lower level villages) if the impact of Cultural Routes is to be measured"\*





#### Economy





#### Governance

Lack of coordination or dialogue between institutions" (Policy brief on CR, 2019)





#### Resources

"Lack of resources, technical expertise and different approaches to data collection across the network was an issue highlighted by several routes"\*

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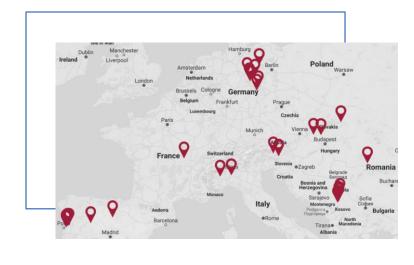




# Different types of Cultural Routes/Paths







### Linear pattern

Mostly through a path (e.g. Santiago de Compostela Pilgrim Routes).

#### Territorial pattern

Involving territories that present one common theme or character (e.g. Routes of El legado andalusí).

### Reticular pattern

Or *archipelago* pattern. With geographically separated elements (e.g. **Transromanica**).





# Pilot Areas: 2 key requirements

		Route	Itinerary type	Linear stretch	Management structure
4	Croatia	Iter Vitis	CR of CoE – Territorial	<	<
4	Spain	La Ruta de las Alpujarras	CR of CoE – Territorial	<	<
4	Portugal	Estrada Nacional 2 (N2)	National route	<	<
4	Slovenia	Iter Vitis – European Cemeteries – St. Martin of Tours	CR of CoE - Territorial	<	<
4	Calabria	Cycle Route of the Parks	Regional path	<	<
4	Lazio	Via Francigena del Sud	CR of CoE – Linear	<	<
4	Greece	The Routes of the Olive Tree	CR of CoE - Territorial	<	<
4	Montenegro	The Illyricum Trail	CR of CoE - Territorial	<	<





# Target audience of the model

- 1. The management structure of the cultural routes (association/ legal entity in charge of managing and promoting the route).
- 2. The **Regional Public sector**: Policy makers at regional level where the section of the cultural route/ path belongs







# Methodology to define the Model

**Literature Review:** Sustainable tourism models, International sustainable tourism standards, Cultural Routes of CoE, pilgrimage and other paths.

Sustainable Tourism	Cultural Routes and Itineraries
Mitomed Plus: M&C Tourism Management Model, Green Beach Model	Green Pilgrimage Project
Destimed, Co Evolve, Emblematic, MedCycleTour	Criteria for Cultural Routes certification
Sustainable Tourism Programme at World Heritage Sites	Routes4U project
Global Sustainable Tourism Council Criteria	UNESCO Culture for Development Indicators (CDIS) tool
Green Destinations	Impact of European Cultural Routes on SME's innovation and competitiveness report
INSTO Network	CERTESS project
European Tourism Indicator System (ETIS)	CULT-RING Project
European Charter for Sustainable Tourism in Protected Areas	University of Perugia Report on Italian Paths
	Policy brief on Cultural Routes of Europe





# Methodology to define the Model

01

#### **Initiatives Review:**

- Sustainable tourism models
- International sustainable tourism standards
- Cultural Routes, pilgrimage and other paths initiatives

02

#### **Comparative Analysis:**

Focusing on commonalities, gaps and relevant aspects for MED S&C Path model

03

#### **Criteria and Toolbox Design:**

- Selection of main criteria and indicators for MED S&C Path model
- Design of toolbox with implementation framework and tools

04

#### Validation:

Refinement of model through feedback from BEST MED partners and Policy Learning Seminars





## Fine-tuning of the Model through Policy Learning Seminars

A final step in the development of the model was a series of **Policy Learning Seminars at the local level** in each of the **eight pilot areas**, to validate the model theoretically defined during the Study phase (WP3), before the Testing phase (WP4).

- A gap analysis between the needs of the pilot area and the criteria included in the MED S&C Path model revealed that 65% of the needs were covered, 22% were implicit in the criteria and 13% were not covered.
- The step-by-step implementation framework through a multi-stakeholder participatory approach was confirmed as suitable to divide the responsibility for data collection and improve governance.
- The suggestions relevant to the majority of pilot areas were incorporated to enhance the MED S&C Path model and its tools.







## Criteria for MED S&C Path

1. Sustainable Management	2. Economic Sustainability	3. Socio-Cultural Sustainability	4. Environmental Sustainability
1.1 Cultural Route Planning & Management	2.1 Economic contribution to local economy	3.1 Preservation of Cultural Heritage	4.1 Resource Management
1.2 Quality of Infrastructure	2.2 Seasonality	3.2 Accessibility	4.2 Sustainable mobility
1.3 Health & Safety		3.3 Residents engagement & feedback	4.3 Landscape & Biodiversity protection
1.4 Information & Promotion		3.4 Gender equality	





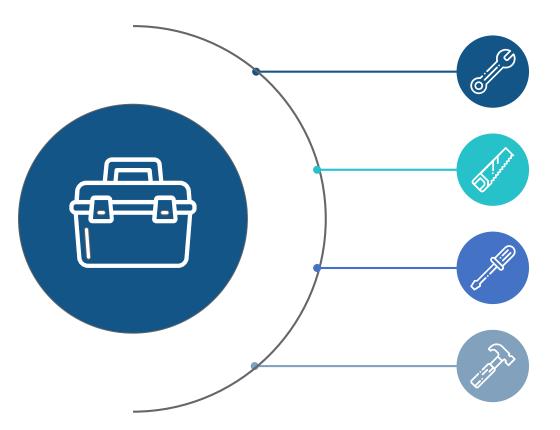
Section	Category	Reference Number			Criteria	Yes / No
		1.1.1	Management structure	1.1.1.1	The route has a legal entity, group or committee responsible for managing the route	*
	1.1 Cultural Route / Path Planning & Management	1.1.2	Stakeholders involvement	1.1.2.1	The management structure involves stakeholders from the public and private sector and civil society, enabling participation in the planning and management of the route	
		1.1.3	Funding	1.1.3.1	The management structure is appropriately funded to carry out its duties	*
			Trained staff		The staff working in the management structure is adequately trained in:	*
		1.1.4		1.1.4.1	Sustainability	*
				1.1.4.2	Tourism	*
				1.1.4.3	Heritage	~
		1.1.5	Route's strategic plan	1.1.5.1	The route/ path has a strategic, multi-stakeholder, up to date plan in place to manage all aspects of the route, including tourism and sustainability, with performance indicators to monitor implementation results	*
		1.1.6	Region's sustainable tourism strategy	1.1.6.1	The region where the stretch of the route is located has a sustainable tourism strategy and the cultural route/path operation is compatible with it	*
		1.1.7	Visitors management	1.1.7.1	Tools are implemented along the route to count the number of visitors on territories crossed	
				1.1.7.2	Visitors satisfaction with the quality and sustainability of the route is regularly monitored	-
_		1.2.1	Infrastructure condition	1.2.1.1	The infrastructure along the route is well maintained and provides all the services visitors might need, comprising:	-
Sustainable Management	1.2 Quality of Infrastructure			1.2.1.2	Physical paths/ treks	*
em				1.2.1.3	Viewpoints	*
Jag				1.2.1.4	Rest areas	¥
Лаг				1.2.1.5	Litter bins	¥
<u>e</u> <u>P</u>				1.2.1.8	Water fountains	*
ab				1.2.1.7	Toilets	¥
ain				1.2.1.8	Information boards	*
ust				1.2.1.9	Sheds or other type of shelter	v
S.				1.2.1.10	Bicycle racks	*
7				1.2.1.11	Vehicle parking bays	*
				1.2.1.12	Signposting system indicating the sites/paths/buildings that are part of the cultural route	*
	1.3 Health & Safety	1.3.1	Safety information	1.3.1.1	A safe use of the route is guaranteed by safety information: the provision of permanent, all-weather, environment-friendly, clear signposting and other markings associated to a trail are available wherever necessary	*
		1.3.2	Emergency protocols	1.3.2.1	Emergency protocols are established to respond to natural or man-made disasters as well as health issues from visitors	





Project co-financed by the European Regional Development Fund

## MED S&C Toolbox



#### Self-Assessment Audit Sheet

Criteria → Qualitative evaluation

### Set of Indicators and Online platform

Benchmarking method (after the testing phase)

### C.R. Managers and Visitors Questionnaires

To gather key data, define profile and level of satisfaction

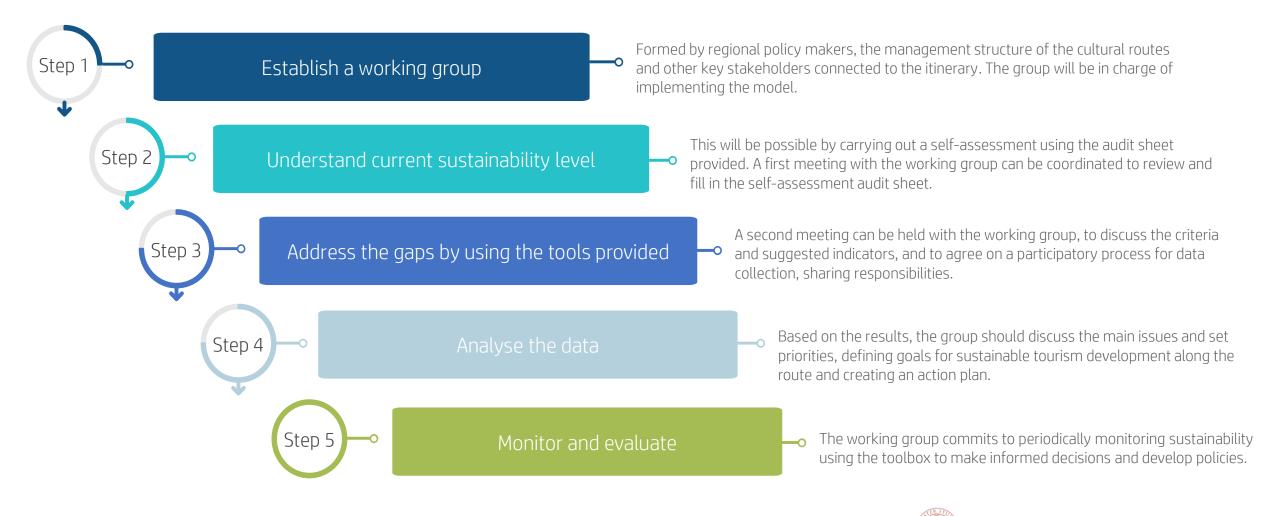
### Best practices and Recommendations

Identified in Best Med and other EU funded projects





# Step-by-step implementation methodology



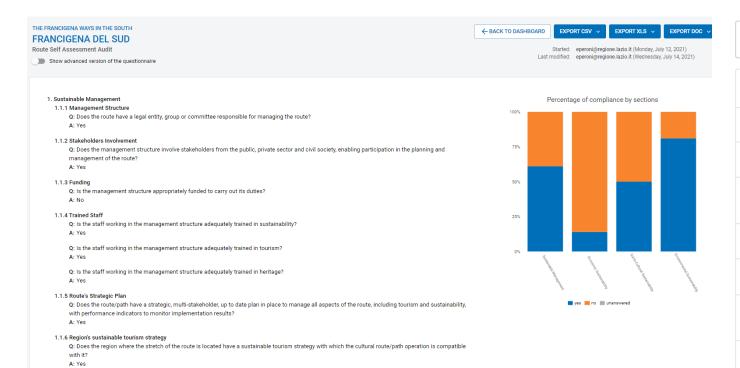
## Best MED Online Platform

- Developed by University
   of Maribor, the platform
   incorporates date from
   MITOMED Plus, EUROSTAT
   and the Self Assessment
   Audit sheet compiled by
   cultural routes.
- It allows to measure compliance with the Med S&C Path model's criteria and perform benchmark among different cultural routes.



## Best MED Online Platform

1.1.7 Visitors Management



INDICATORS VALUES

BENCHMARKING



ID	Indicator name	Group	Period
1a	Percentage of stakeholders' representation from public in the route's management structure	Management	
1b	Percentage of stakeholders' representation from private sector in the route's management structure	Management	
1c	Percentage of stakeholders' representation from each community/sector in the route's management structure	Management	
2	Percentage of staff and volunteer adequately trained in tourism, heritage and sustainability	Management	
3	Percentage environmental, social, cultural actions recommended in plan which have been implemented	Management	
4	Percentage of the destination with a sustainable tourism strategy/plan with agreed monitoring, development control and evaluation arrangement	Management	
-	Number of tourists on a trail, at one time, in a given time period or season. per vear. For example. by	14	





# Scalability and Transferability of the Model



routes/ paths addressing the need for monitoring tools to assess the actual and potential impacts routes have, particularly in rural and less known areas



Common implementation methodology, set of common criteria but flexible selection of suitable indicators



The model and tools can become an instrument for Cultural Routes of the Council of Europe to comply with their 3-year evaluation.









### Thank you!

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