



GENDER MATTERS

A manual on addressing
gender-based violence
affecting young people



COUNCIL OF EUROPE



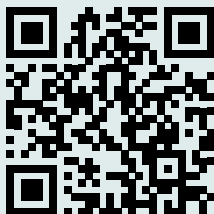
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Gender based violence refers to any type of harm that is perpetrated against a person or group of people because of their sex, gender, sexual orientation and/or gender identity. Gender based violence can be sexual, physical, verbal, psychological or socio-economic and it can take many forms, ranging from verbal violence and hate speech to rape or murder. Statistics show that gender-based violence disproportionately affects women.

Gender based violence affects millions of women and men, young people and children, regardless of their social status, cultural or religious background, sexual orientation or gender identity. Preventing, addressing and combating gender-based violence are essential components of human rights education, youth work and non-formal learning activities which support young people on their path to autonomy as active citizens.

GENDER MATTERS is a manual designed to help address gender-based violence with young people. It provides insights into gender and gender-based violence, background information to key social, political and legal issues and, especially, educational activities and methods for education and training activities with young people. While this manual alone cannot eradicate gender-based violence, it represents an important and urgent step towards promoting dignity, equality, and human rights for all.

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GENDER MATTERS is published by the youth sector of the Council of Europe, which is the continent's leading human rights organisation. It comprises 46 member states, including all members of the European Union. All Council of Europe member states have signed up to the European Convention on Human Rights, a treaty designed to protect human rights, democracy and the rule of law. The European Court of Human Rights oversees the implementation of the Convention in the member states.