

Key Info

COUNTRY: United Kingdom | **YEAR(S) ACTIVE:** 2018 - 2023

ORGANISER(S): Together an Active Future (TaAF) | Active Lancashire

COLLABORATORS: Let Me Move | Family Hubs | Participating Schools and Madrassahs

TARGET AUDIENCE: Children and Young People

Summary

Together an Active Future (TaAF) covers the footprint of Pennine Lancashire, delivering two projects promoting physical activity among children and young people in partnership with Active Lancashire: 'Active Schools' and 'Active Madrassah'. TaAF supports participating schools through best practice guidance and learning events to promote physical activity during and after the school day. Active Madrassah directly targets the young Muslim population.

Active Schools

Objectives:

1. **Embed physical activity** and movement within the school day
2. **Empower future leaders** to lead physical activity change

Best Practices:

- ♦ **Practical workshops** to support schools to make policy changes
- ♦ **Host connecting events** to share best practices and initiatives

Insights:

- ♦ **56 schools**, 19 making policy changes
- ♦ 57 middle leaders impacting **12,000 young people**

Active Madrassah

Objectives:

1. **Embed physical activity** into Madrassah settings
2. **Improve wellbeing** of children and **provide training** courses

Best Practices:

- ♦ **Collaborate** with local and national governing bodies to upskill staff
- ♦ **Provide kit bag** with flexible resources designed to spark creativity

Insights:

- ♦ **92%** of children **attend Madrassah**
- ♦ Upskilled **64 staff** delivering to over **800 children** weekly

