KIKO AND THE HAND



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This is Kiko.
And next to Kiko you can see Kiko's friend: the hand.
"But what good is a single hand for a friend?" asks Kiko.
"You will soon find out!" replies the hand.

"Hellodeedo hand! I want to fly but I don't have any wings," Kiko says.





"Okeydokey, Kiko," says the hand.
"I will be your plane. You can board now,
I'm leaving straight away."

WHOOOOOSH, goes the plane.

"Hellodeedo hand! My legs want to dance
but I don't have any music," Kiko says.

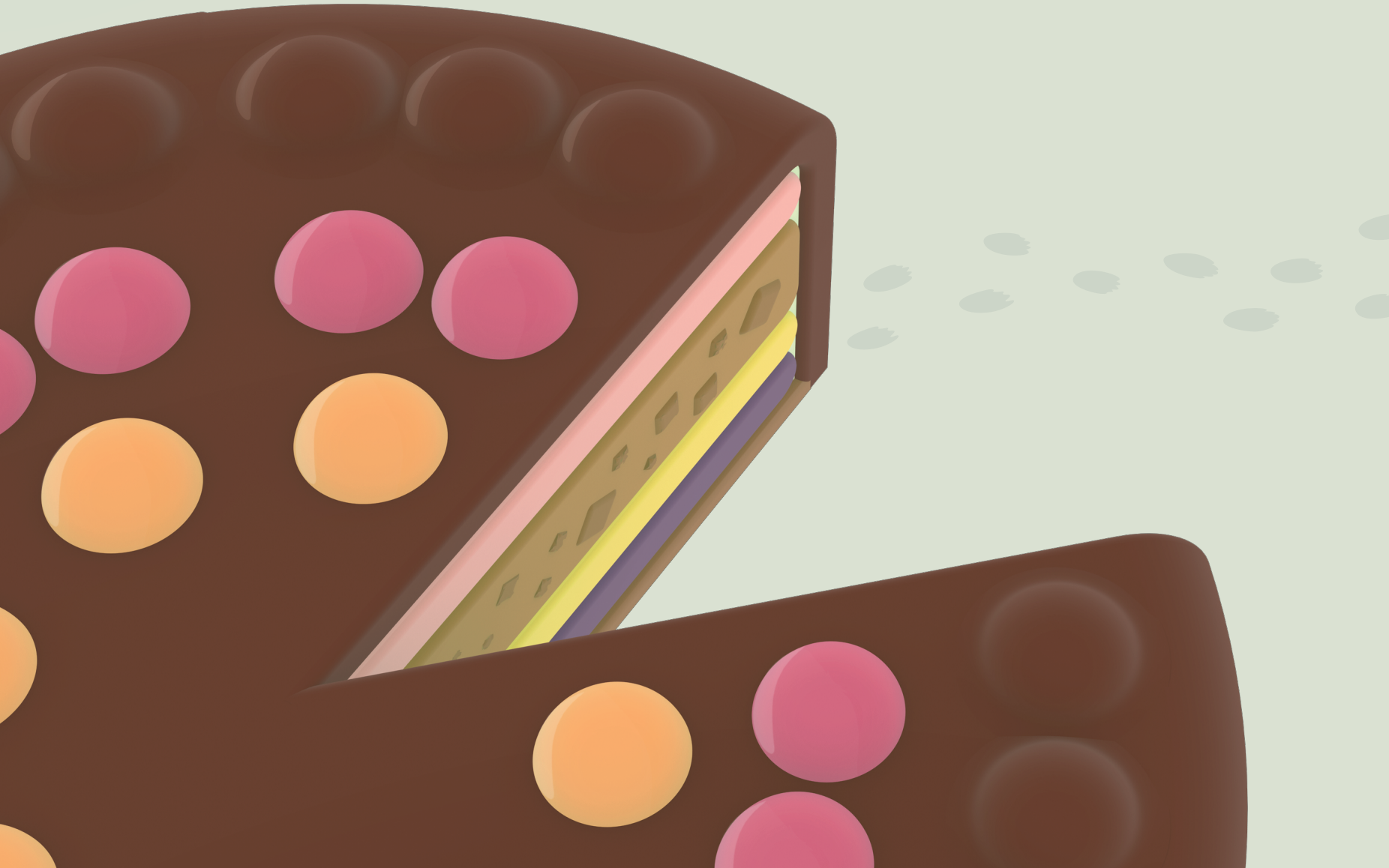
"Okeydokey, Kiko," says the hand.
"I will be your musician. I've got a piano and my
fingers know how to make the keys sing."

PLING, PLONG, PLING, the piano goes.





"Hellodeedo hand! I want to eat something yummy
but I don't know what," Kiko says.





"Okeydokey, Kiko. I'll be your little baker," says the hand. "Would you like an apple cake or a chocolate cake or a liquorice cake or a banana cake?"

"I want an apple chocolate liquorice banana cake!" Kiko shouts.

"YUM, YUM, YUM."



"Hellodeedo hand! I want to play tag but I can't on my own!" Kiko says.

"Okeydokey, Kiko. I'll be your playmate," says the hand.

"Can I touch your hair?" the hand asks.

"Yes, of course you can," Kiko says.



"Can I touch your nose?" the hand asks.

"Yes, you can," Kiko says.

"Can I touch your hand?" the hand asks.

"Yes, you can," Kiko says.



"And can I touch you inside your underwear?" the hand asks.

"NO!" Kiko shouts. "YOU CAN'T!"



"Very good Kiko," the hand says.
"No one is allowed to touch you inside
your underwear. That's The Underwear Rule.
And if somebody does, tell someone about it.
But don't keep it a secret."



"Hellodeedo hand! I want to travel to dreamland
but I don't know how to get there," Kiko says.

"Okeydokey, Kiko. I will show you the way," says the hand.
"Just lie in your little bed, close your eyes
and you will get there all on your own."



ZZZZZZZZZ, goes Kiko.

About one in five children is a victim of sexual violence, including sexual abuse.
This book has been produced by the Council of Europe within
its ONE in FIVE Campaign to Stop Sexual Violence Against Children.

Council of Europe campaign
to stop sexual violence
against children



one in **five**
un sur **cinq**

Campagne du **Conseil de l'Europe**
contre la violence sexuelle
à l'égard des enfants

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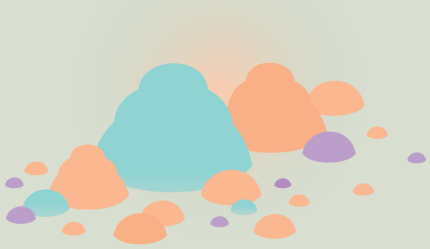
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This bedtime book explains The Underwear Rule to children. You can read it to your children so they can learn the difference between touching that is okay and touching that is not okay.
If you want to know more on the subject please go to www.underwearrule.net



TEACH YOUR CHILD THE UNDERWEAR RULE
www.underwearrule.net