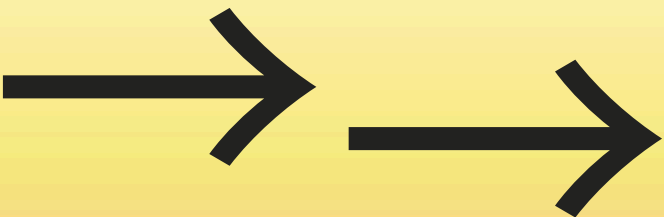
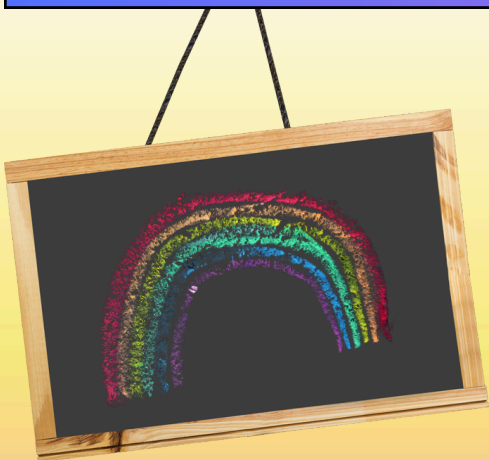


#QueerThePlayingField



7 Tips for Schools & Unis to Improve their Sports Environments for LGBTQI Pupils & Students



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7 Tips for Schools & Universities to Improve their Sports Environments for LGBTQI Pupils & Students

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Integrate LGBTQI youth inclusion throughout PE curricula and school sport guidelines

| ... from language use to team organisation and non-gendered activities



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② Adopt inclusive participation policies

... that allow freedom of uniform choice, flexible grouping and open access for trans, non-binary and intersex youth



Promising Practices: Tools to Build More Inclusive Sport Spaces



Out in Slovenia introduced a rulebook that all participants must sign before joining activities. The document clearly states that discrimination will not be tolerated and ensures that everyone respects the same guidelines.

In Scotland, LEAP Sports co-created the Manifesto for Inclusive Physical Education together with secondary school pupils in Glasgow, which sets out six commitments for inclusive physical education, covering areas such as language and behaviour, reducing gender segregation and creating welcoming environments.



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For intersex people, it can be super traumatic... When you see a 'girl' door, a 'boy' door, and a 'disabled' door, you don't recognise yourself.

Participant (30, France),
self-identifying as a man, intersex & bisexual



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③ Require inclusive infrastructure

... (e.g. gender-neutral changing rooms and toilets) in all new or renovated school facilities



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In the locker room, they treated me like a predator, as if I was there to watch or harass them, not just to change like everyone else.

Participant (22, Türkiye),
self-identifying as a trans man, bisexual & queer



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④ Ensure accountability

... through safe, confidential reporting mechanisms for discrimination or harassment



7 Tips for Schools & Universities to Improve their Sports Environments for LGBTQI Pupils & Students

⑤ Provide mandatory teacher training

| ... on SOGIESC diversity and inclusive pedagogy to prevent exclusion



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Professors and teachers,
even if they want to help,
they don't have the
language or the skills to help.

Participant (23, Croatia),
self-identifying as male adjacent, queer, gay



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⑥ Incorporate anti-bullying and anti-discrimination modules in PE

... explicitly addressing homophobia, biphobia, transphobia, intersexphobia, racism and ableism



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⑦ Run awareness-raising workshops and campaigns with students

... on diversity and inclusion in sport
(e.g. peer-led initiatives or campaigns during Pride Month)



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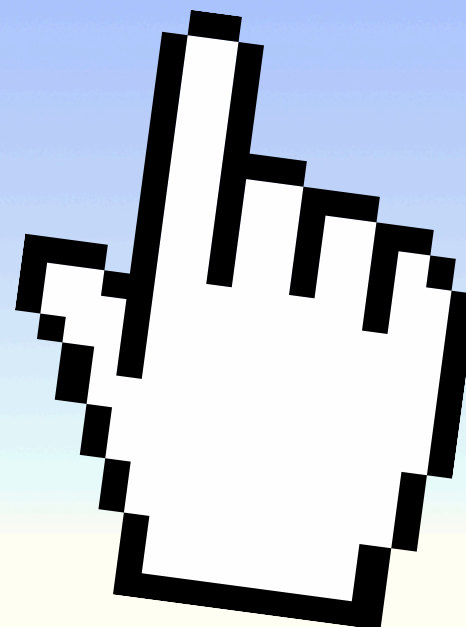
It's important to have references and role models in schools. Not necessarily famous people, even older students who can share their experiences and confidence.

Participant (26, Spain),
self-identifying as a cis man & gay





iglyo.org/sports



Find More Stories
& Recommendations
in our IGLYO Publication
“From the Sidelines to the
Playing Field: LGBTQI Youth
Perspectives on Inclusion in
School and Community Sport”



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