Monday, 25 November 2019
9:15  Introduction to the participants
  Official opening of the training course with:
  Rui Gomes, Education and Training, Youth Department of the Council of Europe
  Olena Lytvynenko, Deputy Head of the Council of Europe Office in Ukraine
  Oleksandr Yarema, Deputy Minister, Ministry of Culture, Youth and Sport of Ukraine

10:15  Introduction to the Long-term training course
  Programme of the initial seminar
Participants expectations and contributions to the seminar

11:00 Break

11:30 Presentation of the participants' expectations from the seminar
   Group discussion on the expectation
   Group building activities

13:00 Lunch

14:30 The Council of Europe’s Youth Policy, input and exchange with Rui Gomes, Youth Department of the Council of Europe
   The development of Youth Policy and Youth Work in Ukraine, input and exchange with Irina Belyaeva, Ministry of Culture, Youth and Sport of Ukraine

16:00 Break

16:30 Youth policy, youth work and youth research triangle
   Role and Tasks of a trainer in the Ukrainian youth policy context

18:00 Reflection groups

19:00 Dinner

20:30 Evening programme – Sharing cultures

**Tuesday, 26 November 2019**

9:15 Opening of the day

9:30 Introduction to Human Rights
   Human Rights in Europe today

11:00 Break

11:30 Building a common ground
   Human Rights and Democracy – issues and dilemmas

13:00 Lunch

14:30 Learning and Non-Formal Learning
   Definitions, main characteristics and features of Non-Formal Learning

16:30 Break

17:00 Learning and Competences
   Introduction to the competence framework
   Trainers competences

19:00 Dinner

20:30 Evening programme proposed by participants

**Wednesday, 27 November 2019**

9:15 Opening of the Day

9:30 Human Rights Trainers
   Competences, values and standards
11:00  Break
11:30  Training essentials - Design of educational activities
       Setting smart learning objectives of an educational activity based on learning needs, the Needs-Aim-Objectives-Methods-Implementation-Evaluation (NAOMIE) of an activity
13:00  Lunch
14:30  Training essentials - workshops
       Group dynamics
       Debriefing
       Facilitation skills
       Feedback
       Break included
18:00  Reflection groups
19:00  Dinner
20:30  Organisational Expo

Thursday, 28 November 2019
9:15   Opening of the Day
9:30   Introduction to Human Rights Education
       The about, through and for Human Rights
11:00  Break
11:30  Using Compass, Manual for Human Rights Education with young people
12:45  Mid-term evaluation
13:00  Lunch
Free afternoon

Friday, 29 November 2019
9:15   Opening of the Day
9:30   Self-assessment of trainers
       Defining personal learning needs
11:00  Break
11:30  Mentors and mentoring
       Developing of individual learning plans
13:00  Lunch break
14:30  Learning reflection – finalising the learning plans
16:30  Thematic Workshops based on identified learning needs
       The European Youth Foundation and its support for learning projects, input by Celine Guth, European Youth Foundation
18:15 Mentor groups
19:00 Dinner

Saturday, 30 November 2019
9:15 Opening of the Day
09:30 Role of the practice project within the LTTC
    Criteria for practice projects
11:30 Crash course on project design and management
13:00 Lunch
14:30 Development of the practice projects
    Parallel workshops to support defining a project, development of the project and project management
16:00 Break
16:30 Projects presentations by the participants
    Initial feedback and possibilities for networking
18:00 Mentor groups
19:00 Dinner
21:00 Human Rights café

Sunday, 1 December 2019
9:15 Opening of the Day
9:30 Support and Resources available for the practice projects
    Programmes and support by the Ministry of Culture, Youth and Sports
    The European Youth Foundation
    Other resources in Ukraine
11:00 Break
11:30 Preparing for the future:
    - Exploring the e-learning units
    - Peer-support and space for networking
13:00 Lunch
14:30 Preparing for the future:
    - Mentoring
    - Communication between participants
    - Calendar of the LTTC
    - Commitments and availabilities
16:00 Break
16:30 Evaluation of the Initial seminar
17:30 Final mentor groups
19:00 Dinner
20:30 Keep in touch party
Aim and Objectives of the course:

The overall aim of the LTTC is to support the implementation and development of youth policy and youth work in Ukraine through quality non-formal education activities using a human rights-based approach and quality standards of the Council of Europe.

It has the following objectives:

1. To develop the capacity of a group of 30 trainers from all regions in Ukraine and enabling them to apply key approaches, concepts and practices of education for democratic citizenship and human rights education (EDC/HRE) in non-formal education projects and activities for and with young people across Ukraine.

2. To support the implementation of youth policy projects, especially dealing with civic engagement and citizenship education, at national, regional and local level, according to qualitative standards of the Council of Europe and the requirements of youth-policy related instruments in Ukraine.

3. To foster co-operation between public authorities, especially at regional and local level, and youth organisations in Ukraine for the benefit of meaningful forms of youth participation along the principles of the Revised European Charter on the Participation of Young People in Local and Regional Life by targeted interventions and pilot activities.

4. To further disseminate and apply Council of Europe standards on human rights education with young people in Ukraine within youth organisations and in projects of public authorities.

5. To promote the quality and sustainability of non-formal education and training activities with young people in Ukraine.

6. To contribute to the development of networks of trainers and communities of practice using human rights-based approaches in non-formal education with young people, thus improving the quality and outreach of youth work in Ukraine.

7. To strengthen participants understanding and competences to use and adapt human rights-based approach in non-formal education activities on local and national level in Ukraine.

8. To support the development of needs and competence-based approaches to training activities with young people.

9. To initiate and support pilot activities with young people in Ukraine based on non-formal learning and human rights education with a view to develop criteria and indicators for similar future projects.

10. To further associate the participants and their (youth) organisations with the priorities of the Youth Department of the Council of Europe and the various policies and programmes of the Ministry of Culture, Youth and Sport of Ukraine.

11. To support the capacity and outreach of youth organisations in Ukraine, especially at local and regional level.

The course should also contribute to the creation or development of a pool of trainers competent in non-formal education and youth work in Ukraine.