



TRAINING COURSE

“COMPASS FOLLOWERS”

Training course organised by *AIFED - Asociación de Innovación Formación y Empleo para el Desarrollo Sostenible* <http://www.aifed.es/en/inicio-english/>
in cooperation with the Youth Department of the Council of Europe
within the [Youth for Democracy programme](#)

Youth Council of Granada
6-10 November 2023

Programme

Monday, 6 November 2023

- 09:00 Arrival of participants
Registration
- 09:20 Welcome and presentation of AIFED
Welcome from the director of the Youth Council (Jesús Sánchez)
Presentation of the trainers of the course
What are the “Compass National and Regional training courses in Human Rights Education?”
- 9:40 Round of introduction of participants
Icebreaker Activity: Find your opposite image
Introduction to the course and program
-objectives
Expectations of participants (Wall of post-it)
- 10:30 Introduction to the Council of Europe (*Youth Department of the Council of Europe, Differences with the Council of the European Union, Values*)

11:15 *Coffee break*

11:45 Introduction to the Compass Manual

12:00 COMPASS Activity: FLOWER POWER

13:00 Reflection on Human Rights
Presentation: General Human Rights

13:30 Reflections

Tuesday, 7 November 2023

09:00 Reflection on Human Rights - Poem reading (Compass Manual)

09:10 Workshop explanation: group division

09:10 Compass activities: "Take a step forward"; "Heroines and heroes"

11:15 *Coffee break*

11:45 Change of groups

13:30 Reflections

Wednesday, 8 November 2023

09:00 Performance with Isabel León "Human Rights Performance Art"

11:15 *Coffee Break*

11:45 Performance with Isabel León "Human Rights Performance Art"

13:30 Reflections

Thursday, 9 November 2023

09:00 Playing with pictures (Universal Declaration of HR) – Compass Activity adapted to the Digital format

10:00 Workshop: 1 Compass Activity "Dosta" + workshop on "Digital Compass"

11:15 *Coffee break*

11:45 Change of the groups

13:30 Reflections

20:00 Flamenco Museum "Peña Flamenca la Platería"

21:00 Flamenco show

Friday, 10 November 2023

09:00 Reflection of the previous day (flamenco show) in the framework of HR

09:40 Fishbowl

11:30 *Coffee break*

12:00 Follow-up: How participants are going to multiply the course

13:30 Final reflection + evaluation

14:00 Lunch

16:00 Jusaima Moaid-Azm Peregrina Conference: *Agenda Juventud – Paz y seguridad: Fortalecer el rol de los jóvenes en la resolución de conflictos* (Universidad de Granada)

Aim and objectives of the training course

Aim: This training course aims to introduce Compass through different non-formal activities with youth leaders and volunteers in Granada and Andalusia.

Objectives:

- To educate young people to understand human rights through Compass and through the use of creativity and personal knowledge in an environment where they learn even better to work and cooperate with other people;
- To develop participants awareness about human rights violations and the ability to analyse from a human rights perspective and learn about interculturality, diversity, and acceptance;
- To explore culture intangible heritage as means to pursue the achievement of the SDGs and a culture of human rights;
- To develop the competences (knowledge, skills, attitudes, values) of key multipliers for human rights education through non-formal education and different activities.