

Active and Equal: Women's Health in Sport across Generations

Country Profile: Austria

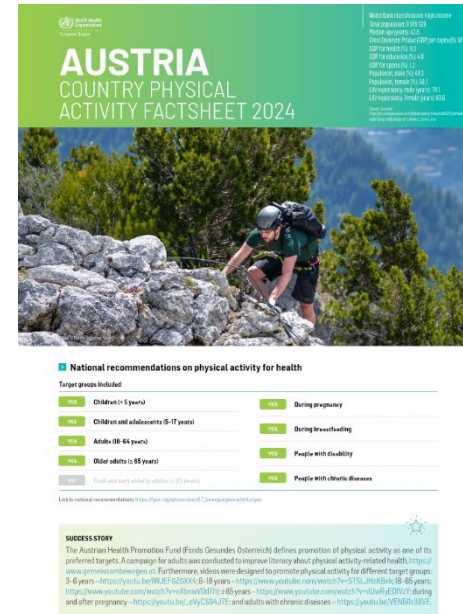
Sportbericht – Sport Report

- Published yearly since 2020
- Includes all activities, projects and fundings of the Sports Unit
- <https://www.bmwkms.gv.at/themen/sport/publikationen.html>



Health and Physical Activity

- **Nationaler Aktionsplan Bewegung – National Action Plan on Physical Activity**
- **Health Enhancing Physical Activity (HEPA)**
 - Monitoring every three years
 - Data from the Ministries for Education, Health, Environment, Transport and Sport
 - **Country Factsheets and Report 2024**



Initiatives by the Ministry for Health

- *Frauengesundheitsbericht 2022 – Report on Women and Health 2022*
- *Menstruationsbericht 2024 – Report on Menstruation 2024*
- Launch of a new *Women and Health Strategy* in 2026



Funding Programs of the Sport Unit

- *Dream Teams*
 - Top Women's Leagues
- *Gender Trainee Program*
 - 4 year program to become a sports coach, a sports manager or a talent coach
- *Football for Girls – TWOgether Schools and Clubs*



Female Athlete

- The project was founded in 2021 by four female sports scientists from Vorarlberg and is supported by the ÖOC and IOC Solidarity.
- The aim is to provide female athletes with more information on all topics related to women in competitive sports and to raise awareness of the unique aspects of female physiology.
- <https://www.femaleathlete.at/>



Thanks for your attention!

Federal Ministry for Housing, Arts, Culture, Media and Sport

Department II/2 – EU and International Sport Affairs

Julia Schreiner

Tel.: +43 1 71 606 665250

Mobil: +43 664 88316404

Radetzkystraße 2, 1030 Wien

julia.schreiner@bmwkms.gv.at

www.bmwkms.gv.at