

Strasbourg, 15 February 2022

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Enlarged Partial Agreement on Sport (EPAS)

“Physical education (PE) and school sports: a creative approach to human rights and democracy”

Webinar organised by EPAS

Monday, 21 February 2022
3.00pm-5.00pm

Venue:
Online via BlueJeans
<https://primetime.bluejeans.com/a2m/live-event/pagxxbdd>

Concept note

Background

School sports and physical education (PE) are important means to raise future generations in the spirit of the core values promoted by the Council of Europe – human rights, democracy and the rule of law. Fair play in sport means learning to respect the rules and providing everyone with an equal chance of taking part in sporting activities. At its best sport can encompass and promote the principles of friendship, fair play, fairness and respectful sporting behaviour.

Participation per se in physical education and school sports does not necessarily facilitate ethical development in children and youth. Physical educators and sport coaches need to organize young people's experiences of games and activities in such a way as to make the ethical dimensions of sport explicit. In co-operation with the [Council of Europe's Pestalozzi programme 20 training resources](#) were developed to promote the Council of Europe values in sport and physical education.

As a follow-up to these training resources, EPAS organised its annual conference in 2015 on the subject of "[Tolerance and Diversity through Physical Education and Sport](#)", which was held in Bled, Slovenia, on 19-20 November 2015.

In 2016, EPAS commissioned a good practice handbook on [inclusive and innovative approaches to physical education and sports training](#), which summarised the work done following the [Pestalozzi training units](#) and provided recommendations as to how teaching physical education can help transfer skills learned to everyday life, as part of civic activities that can lead to social change. The handbook on [inclusive and innovative approaches to physical education and sports training](#) was published mid-2018.

In this context, school sports is understood as an extracurricular activity, practised by pupils recognized or sanctioned by an educational establishment, most often in the premises of schools which are organized outside the required regular programme or the regular curriculum and do not include class credit but can complement or compliment it. They include, but are not limited to athletics, student groups or organizations, and community activities.

Physical education is understood as instruction in physical exercise and games, especially in schools.

Objectives

The aim of this webinar is to discuss the relevance of school sports and physical education as a tool for promoting human rights and democracy.

In addition, the webinar shall discuss how PE teachers and coaches can implement a values-based physical education and sports training approach.

Thematic scope

The forthcoming CC webinar on 21 February 2022 will explore the following questions:

- What is the uniqueness of sport as a tool to promote human rights and democracy?
- Which good practices exist to promote positive values and inclusion in sport for youth?

- In which settings do socially engaged or community-based sport projects take place?
- What is the role of PE teachers in the implementation of innovative teaching tools?
- Which requirements and tools are necessary for values-based PE lessons and sports training sessions?
- How can PE teachers and sport coaches plan and implement values-based PE lessons and sports training sessions?
- What are key success factors for PE and sports training projects promoting human rights and democratic values?

Speakers

The webinar will be moderated by Louis Moustakas, Member of the EPAS Consultative Committee Bureau and Secretary General of the European Network of Sport Education (ENSE).

Speakers include representatives and experts from the Council of Europe, national institutions, organised sport and academia.

Registration, structure and practical arrangements of the webinar

Click here to register for the webinar:

<https://forms.office.com/Pages/ResponsePage.aspx?id=grBJPtViSUilsIbtUZKH0kq8b1G5iUFAo5UiDaJhWidUQzIJWVVPMLdRT0tKQkZIMURGNTZVMDg4Ry4u&wdLOR=c6796BE01-E966-4908-8863-8CD5200A8900>

Click here for further information on the webinar:

<https://www.coe.int/en/web/sport/webinar-physical-education-and-school-sports-a-creative-approach-to-human-rights-and-democracy->

The webinar is scheduled to last 120 minutes with 80 minutes reserved for speakers' interventions, followed by 30 minutes reserved for questions, discussions and conclusions. As a public webinar, participants will be invited to ask questions through the chat function of the BlueJeans online platform which will be used for the webinar and presented to the speakers by the moderator of the webinar.

Those following the webinar remotely will be asked to login by filling in their name and organisation in the field name (e.g. John Smith/ Organisation) as well as their email address at the following website: <https://primetime.bluejeans.com/a2m/live-event/pagxxbdd>

The working language of the webinar will be English.

EPAS CONSULTATIVE COMMITTEE VIRTUAL WEBINAR

“Physical education (PE) and school sports: a creative approach to human rights and democracy”

Monday 21 February 2022 – 3.00pm-5.00pm
Blue Jeans Events, Video Conference – Remote access

PROGRAMME

- 3.00-3.05pm Opening by **Kolë Gjelošhaj** (Chair)
Chair of the EPAS Consultative Committee and Deputy Secretary General of International School Sport Federation (ISF)
- 3.05-3.10pm Welcome address by **Sophie Kwasny**
Head of the Sport Division, Council of Europe
- 3.10-3.15pm Introduction by the moderator, **Louis Moustakas**
CC member, European Network of Sport Education (ENSE)
- 3.15-3.25pm The European Sports Charter as the focal point for values-based physical education teaching and sports training?
Presentation by **Michael Trinker**
Senior Project Manager, Council of Europe
- 3.25-3.35pm Opportunities and challenges of school sport in promoting the human rights: an international perspective
Presentation by **Hrvoje Custonja**
Secretary General of the International School Sport Federation (ISF)
- 3.35-3.45pm Which concepts have proven successful for promoting values-based physical education teaching and sport training?
Presentation by **Ana Žnidarec** (followed by questions)
Member of the national team for psychological crisis and trauma intervention and assistant professor
- 3.45-3.55pm Moving is a must and the right to do sport/play is crucial for holistic child development: From neuroscience to multisectoral active play promotion
Presentation by **Caterina Pesce** (followed by questions)
Associate professor, Foro Italico University of Rome
- 3.55-4.10pm Good practice example: Sports & the values and principles of the CoE
Presentation by **Rose-Marie Repond** and **Martin Holzweg** (followed by questions)
European Physical Education Association (EUPEA)
- 4.10-4.20 Good practice example: Start to Talk – a new approach to combat abuse and harassment in sport
Presentation by **Elena Casero** (followed by questions)
Project officer, Council of Europe
- 4.20-4.45pm *Questions*
- 4.45-5.00pm *Closing remarks by Louis Moustakas*

The Council of Europe (CoE) is strongly committed to promoting values-based physical education teaching and sports training through its [legal frameworks, policies and recommendations and most notably through the revised European Sports Charter](#). In the field of values-based physical education teaching and sports training, the CoE's Enlarged Partial Agreement on Sport (EPAS) offers tools such as its [handbook on inclusive and innovative approaches to physical education and sports training](#) and [training modules on sports & the values & principles of the CoE](#).

Through conferences and seminars, EPAS offers the opportunity for stakeholders to discuss topical and specific issues regarding a values-based sport approach in physical education teaching and sports training. It provides a platform to exchange information and share good practice.

The webinar's focus on a values-based sport approach is also a priority topic for the EPAS Consultative Committee (CC) which is currently made up of [29 sport NGOs](#). The CC was and is pivotal in providing input to EPAS on these topical issues.