

### SPoD's LGBTI+ Helpline as a peer support system

Cem Öztürk (they/them)
LGBTI+ Helpline Coordinator, SPoD
cem@spod.org.tr



#### Social Policy, Gender Identity and Sexual Orientation Studies Association



Founded in 2011



**Social policies** 



**Service models** 



### Mental wellbeing

Minority stress
Sense of belonging



#### Peer support

**Empowerment Social connectedness** 

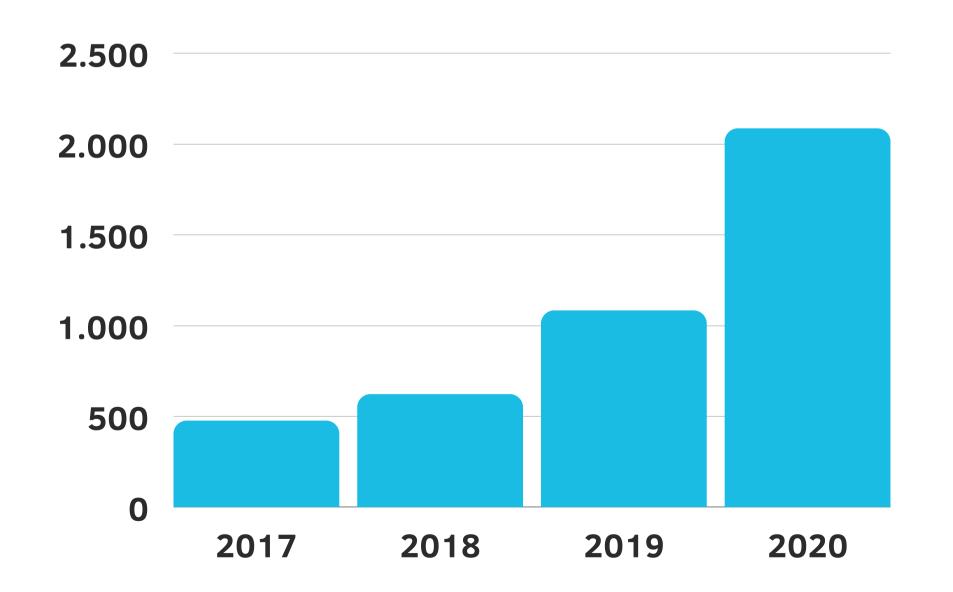


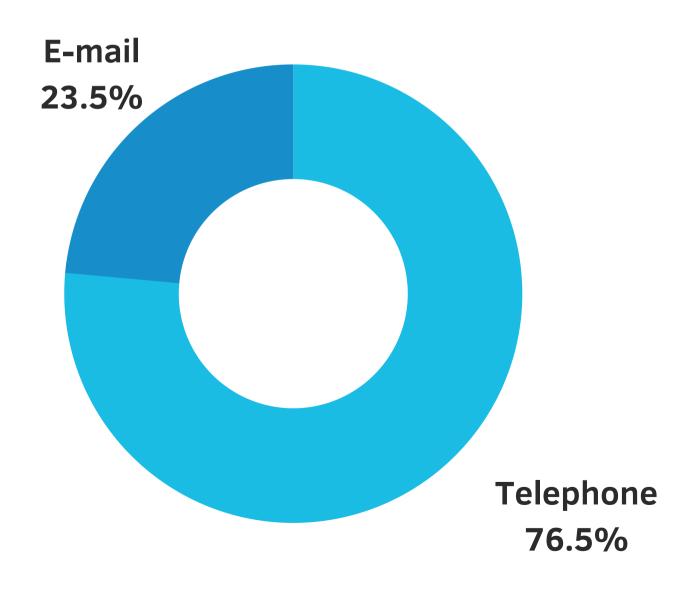
#### Support system

Peer counselling Referral to professional services

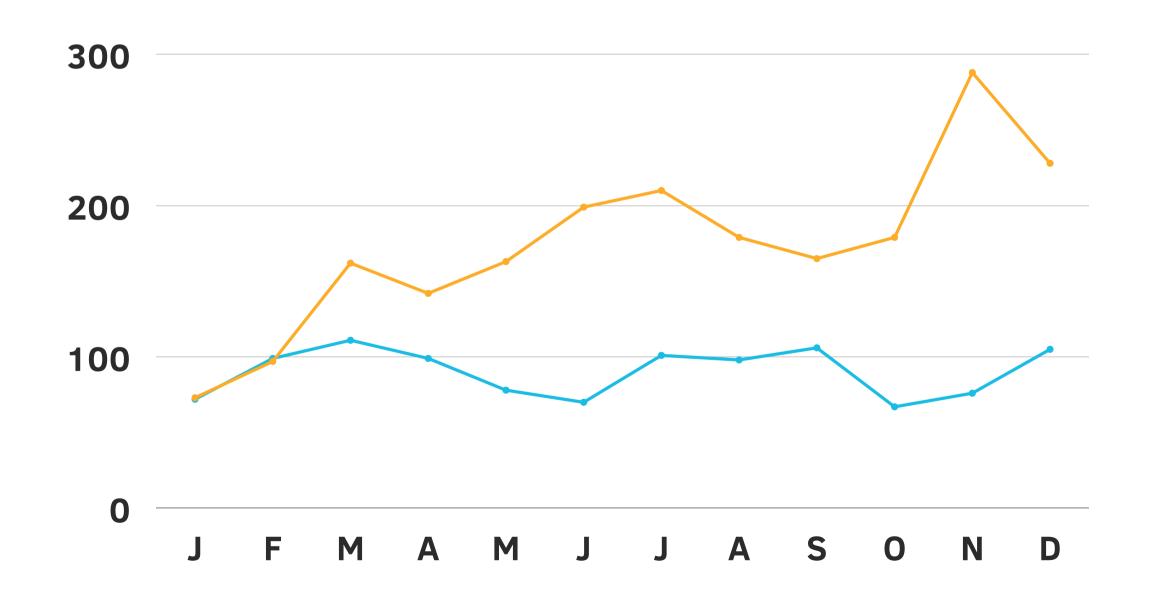
## Number of application per year

### Means of application in 2020





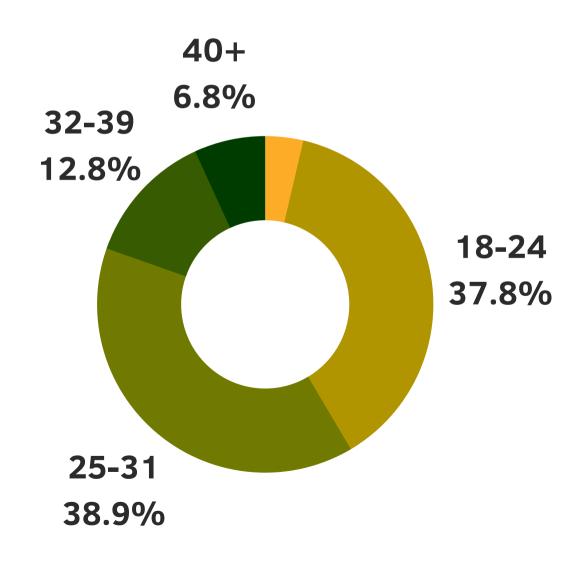
### Number of applications per month in 2019 and 2020

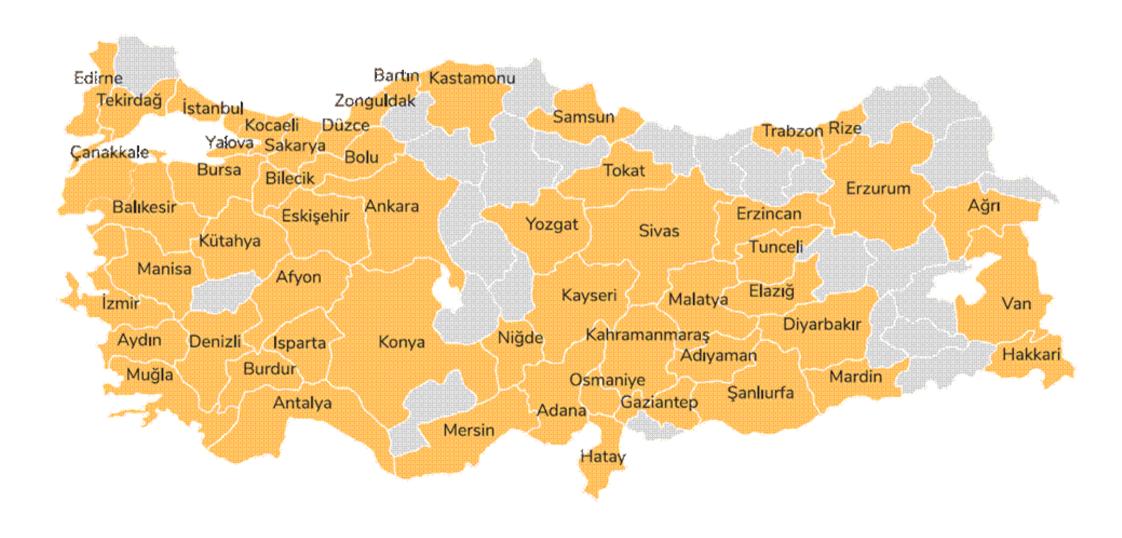


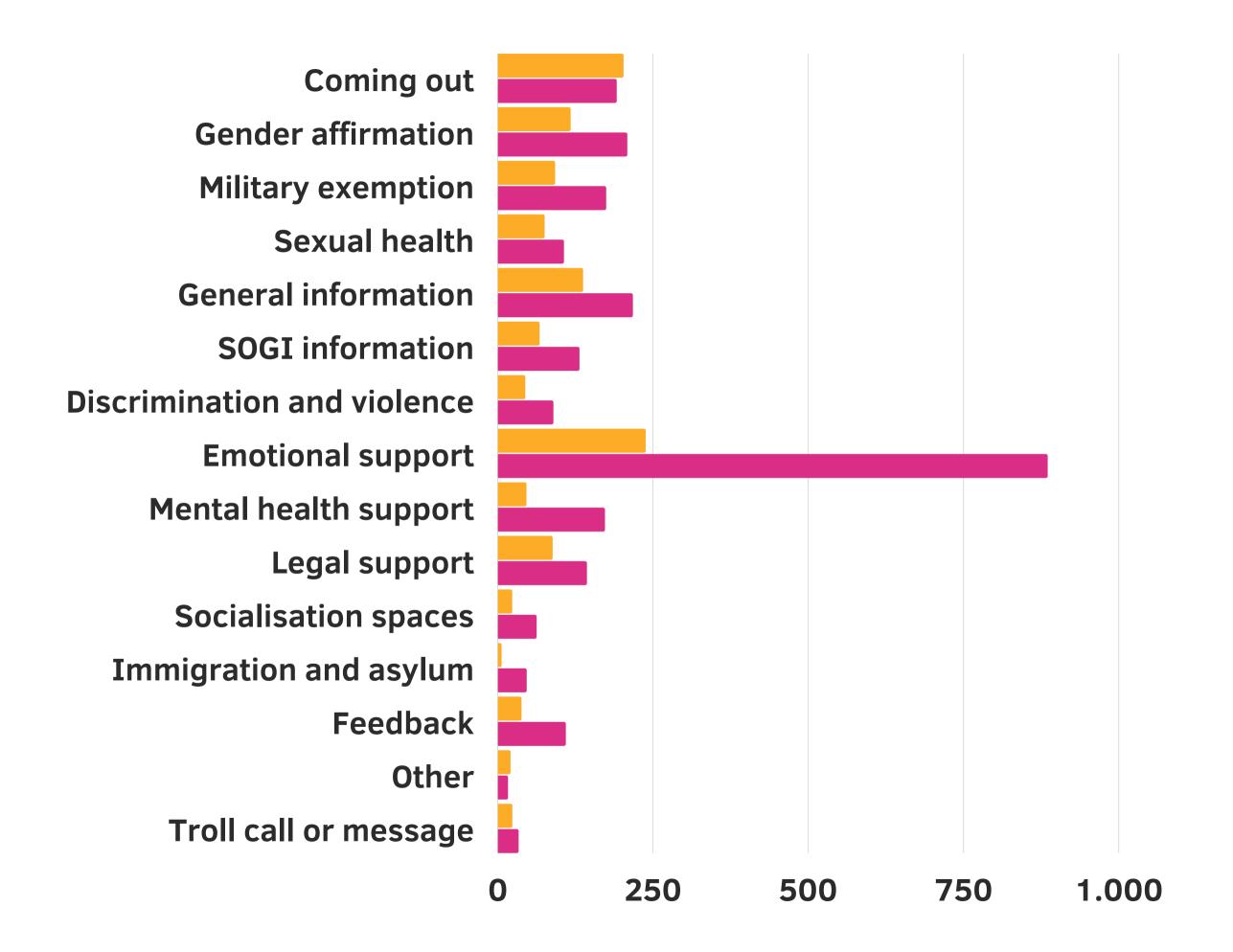


### Distribution of age groups

### Distribution of cities of counselees



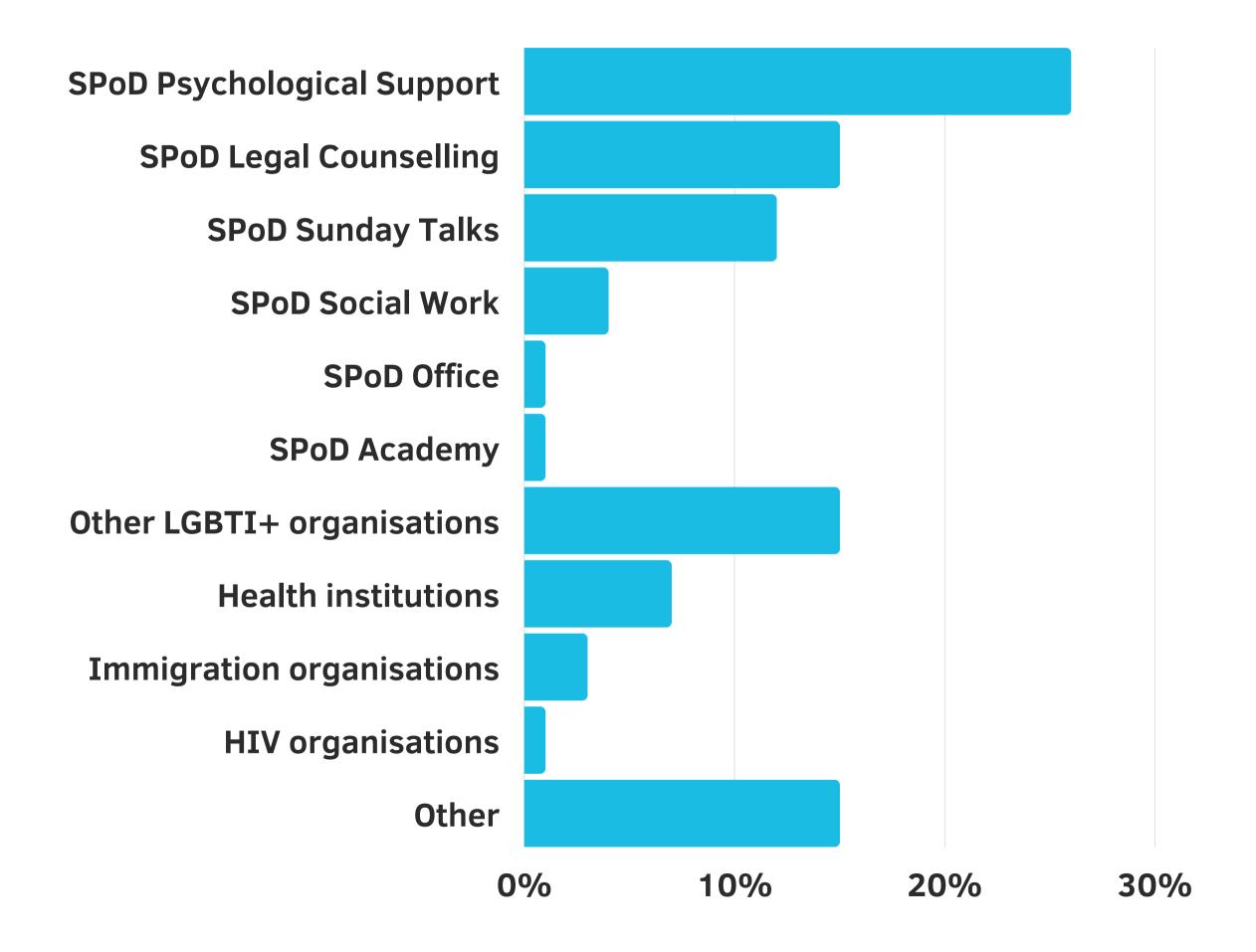




Distribution of application topics in 2019 and 2020

2.7

times increase in emotional support



# Distribution of referrals in 2020





### What happened in 2020?

Violations of fundamental rights
Inequalities in accessing services
Hate speech in media and politics
Domectic violence and economic hardship



#### 24 April: Hate sermon

100% increase in applications for discrimination and violence in the following 45 days

#### A very difficult year

No rights-based approach in public sector LGBTI+ community left unprotected Solidarity and wellbeing despite isolation

