



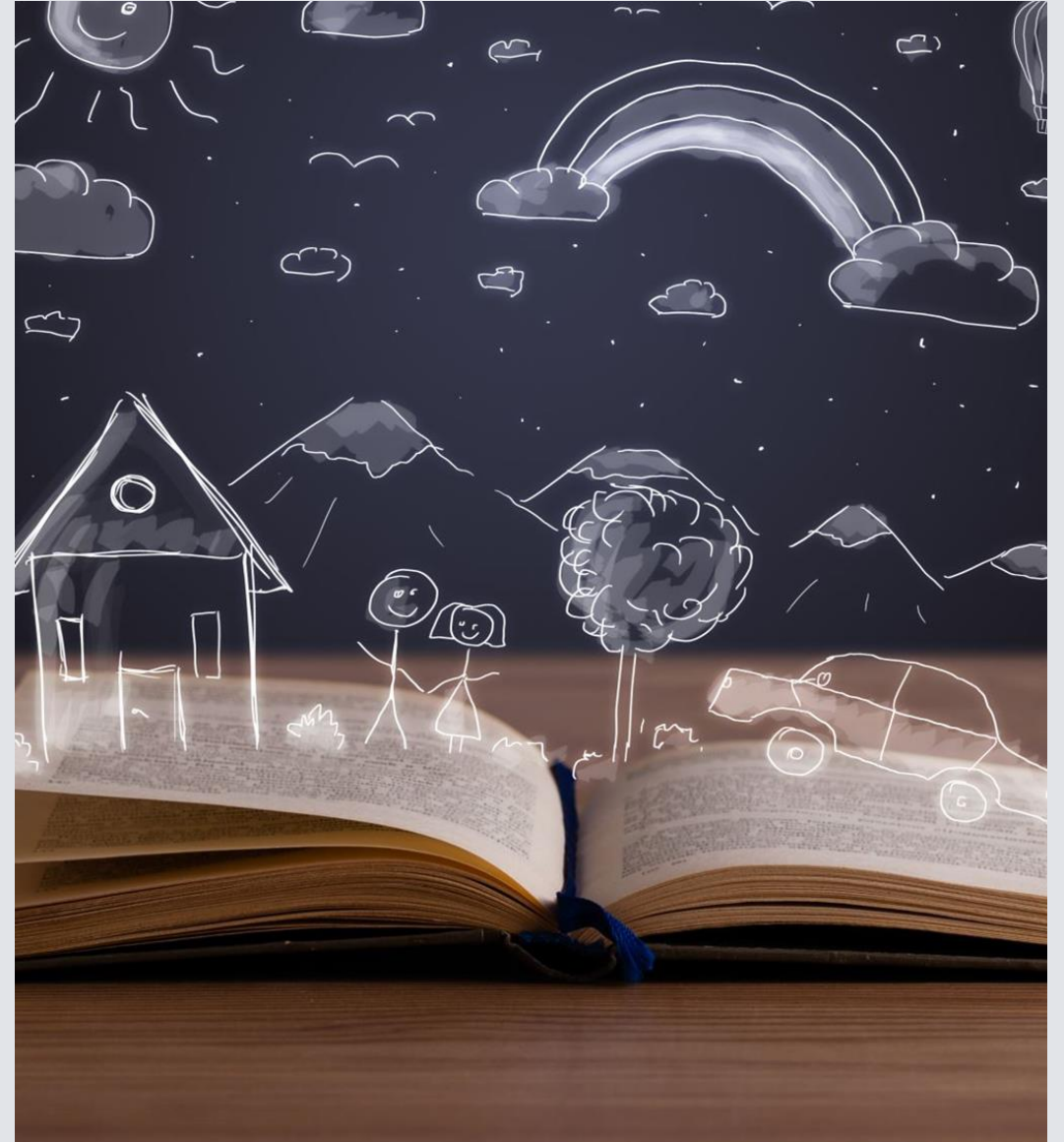
Which concepts have proven successful for promoting values-based physical education teaching and sport training?

Ana Žnidarec Čučković

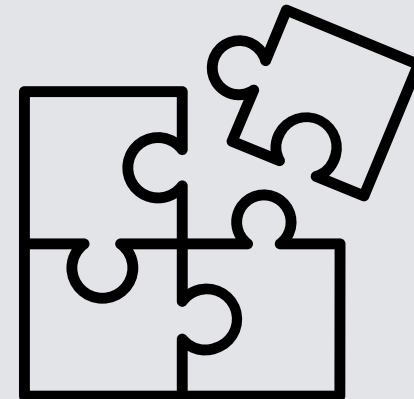
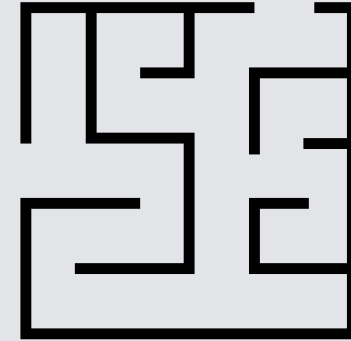
EPAS webinar on Physical education (PE) and school sports:
a creative approach to human rights and democracy

Who does the Pestalozzi programme cater for?

- Education professionals from the 50 countries of the European Cultural Convention.
- It also offers places for education professionals from neighboring regions.
- Education professionals are all those who have an active part to play in the day-to-day practice of education. They are the ones who make a difference in day-to-day practice in the classrooms and all other spaces of learning.



Possible ways to do it



Questions:

Are we doing
the right things?

How do we know we
are doing the right
things right?

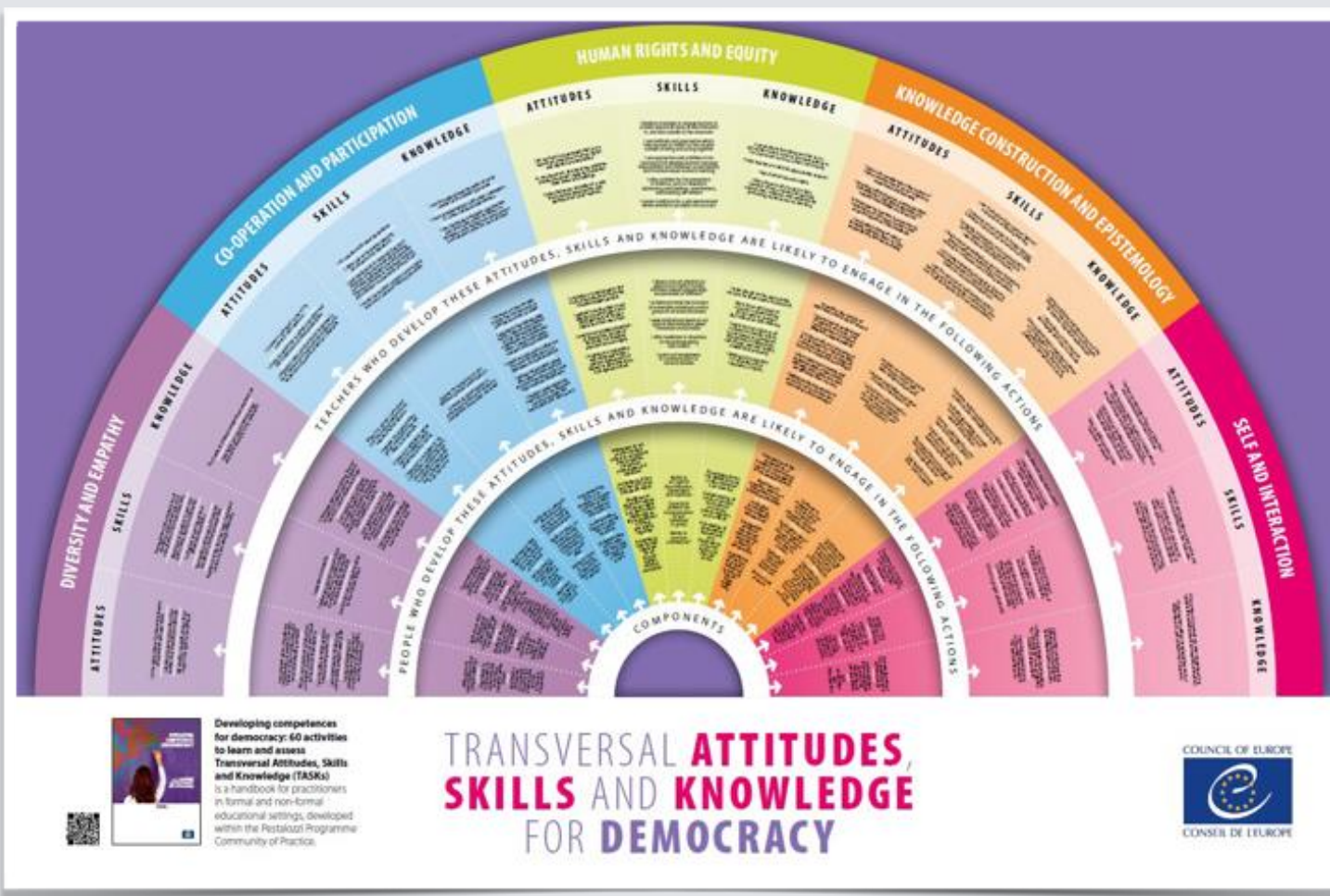
Are we doing
things right?

Are we prepared
to do the right
things right?

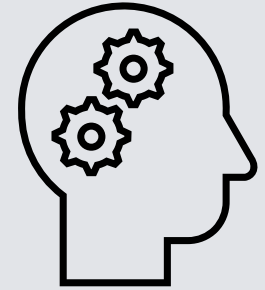
TASKs for Democracy - Transversal Attitudes, Skills and Knowledge

COMPETENCES FOR DEMOCRATIC CULTURE

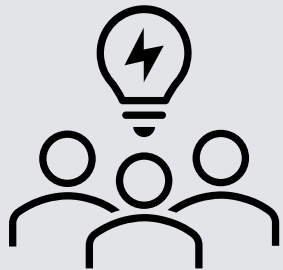
Living together as equals in culturally diverse democratic societies



Physical education and Sport for Democracy and Human rights (SPORT)



This is a trainer training course organized by the Pestalozzi programme of the Council of Europe in cooperation with the Enlarged Partial Agreement on Sport (EPAS) of the Council of Europe (2 modules).



- We worked with tools and methods that empower education professionals and improve their transversal attitude skills and knowledge in the field of Physical education.
- We worked for more than 18 months.
- We created 21 Training Units

Our training activities seek to develop transversal attitudes, skills and knowledge to maintain and develop democratic societies that develop the following competences of educators:

· critical observation from different perspectives;

· actions based on respect for human rights and dignity;

· the ability to act democratically and to co-operate;

· understanding of diversity and the ability to live in diversity;

· understanding of the past and the present, and the ability to project oneself into the future;

· the ability to communicate across all kinds and types of borders;

· critical, responsible and beneficial use of the media environment;

· the ability and readiness to continue to learn throughout one's life;

principles of tolerance in any form and situation.

**With building empathy -
We can:**

Explore identity

Establish fairness

Raise awareness of stereotypes

Develop tolerance, respect, acceptance

Cultivate curiosity

Challenge prejudice

Inspire action and social change

Listen hard and be vulnerable with an open-mind

What is values-based approach?



Aims:



respect



compassion



integrity



honesty

Outcome:

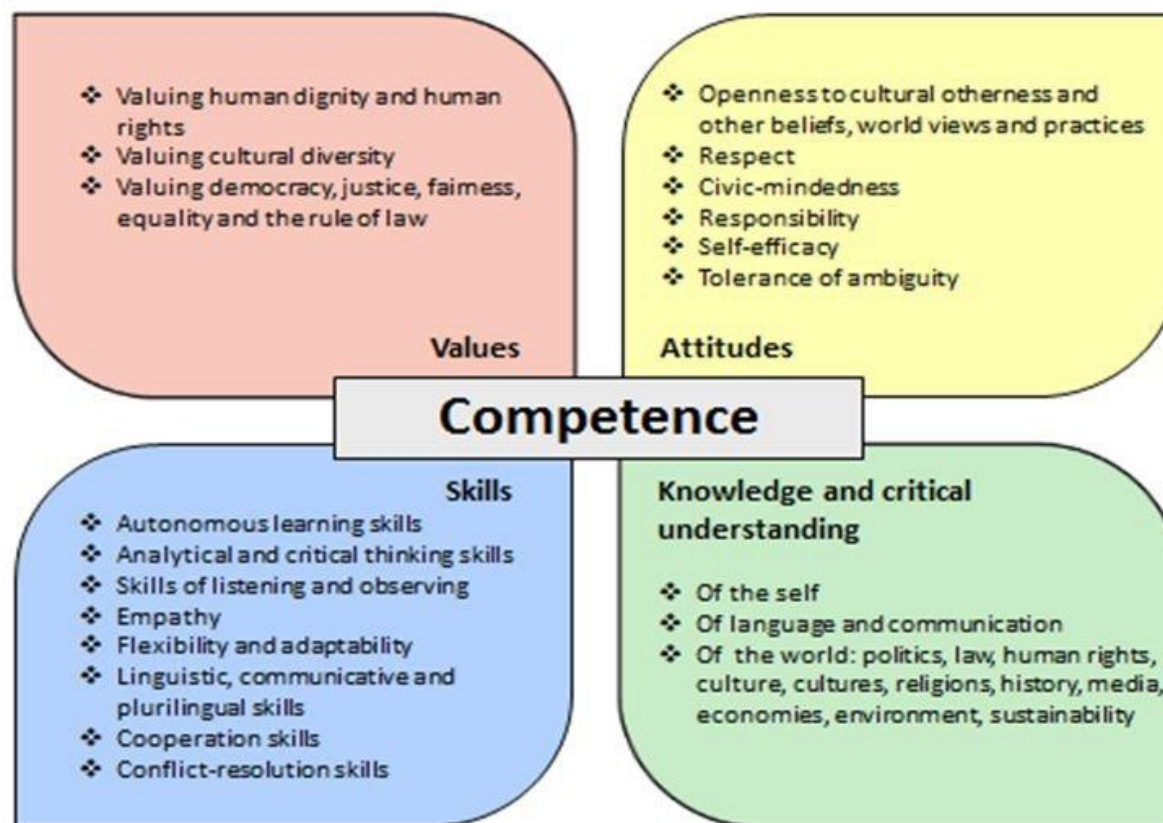
..is self-leadership, which enables each individual to take the lid off their potential

..is celebration of individual and collective contributions and achievements



How?

Competences for Democratic Culture



‘Competences for Democratic Culture’ (CDC)

- This is the title of a **new project** which the **Council of Europe** is currently working on
- The key aim of the project is to assist **national education systems** to enhance the **intercultural and democratic competences** of young people across Europe
- To achieve this goal, the project is developing a new **European framework of reference** of the competences which young people need to acquire in order to participate effectively in **democratic culture and intercultural dialogue**
- The project is going to use the framework to formulate detailed **recommendations and guidelines** on the development of **new curricula, new pedagogical methods** and **new assessment methods** for use in citizenship education and intercultural education

Research shows:

improved relationships

improved self-discipline and altruistic behavior

improved quality of education

improved climate for education: fearless teaching

improved individual empowerment - taking responsibility

improved emotional climate for learning

improved child-centered pedagogy

improved educational standards

EPAS Handbook of inclusive and innovative approaches to PE teaching and sports training



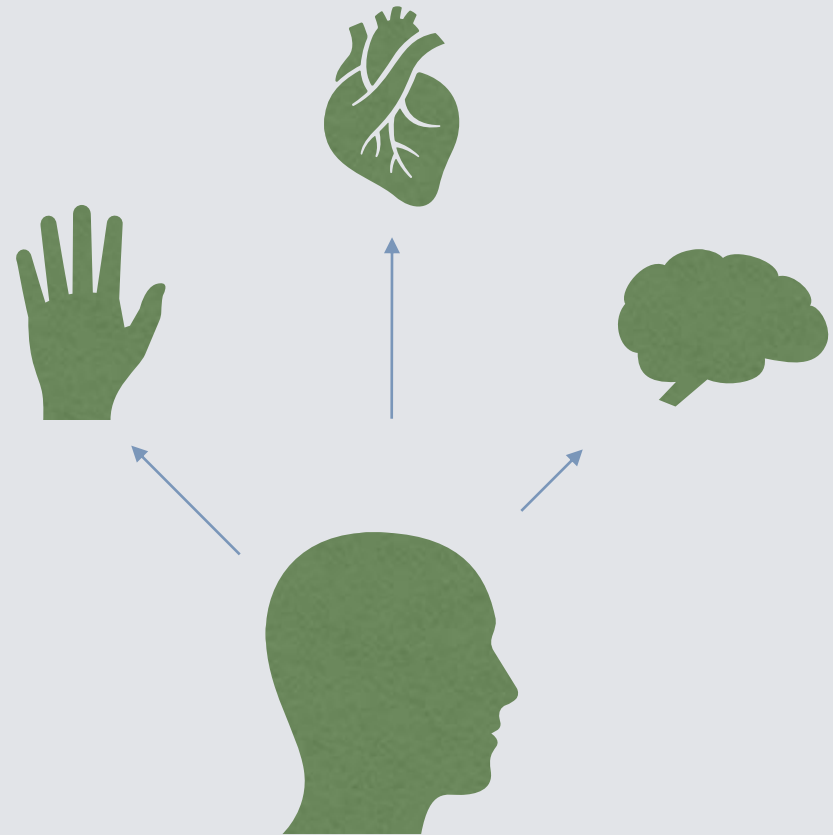
Good practice handbook,
No. 8

Enlarged Partial Agreement on Sport
epas
Accord partiel élargi sur le sport



EPAS Handbook of inclusive and innovative approaches to PE teaching and sport training

- Rationale and context
- What is needed?
- How can it be done?
- Conclusion



Important to grasp!



With methods and elements for designing/planning/delivering/monitoring



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- ❖ we build on learning opportunities that allow ethical reflections, interconnectedness, critical thinking, imagination, critical consciousness and self-driven learning, cooperation, role models...
 - ❖ we create connections between theory and practice with values-based reflection



Thank you!

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