

EPAS webinar on physical education and school sport

The European Sports Charter as the focal point for values-based physical education teaching and sports training

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Enlarged Partial Agreement on Sport



Accord Partiel Élargi sur le Sport

European Sports Charter - highlights

- Promotion of sport for all / grassroots sports
- Integrity of people, organisations, competitions (article 8)
- Right to sport (article 10) = equal access to sport / inclusion in and through sport
- Support and follow-up to the implementation of the Charter (article 20)

Implementation of the European Sports Charter

- Evaluation of the ESC
- Policy- and implementation guidelines
- Tools to promote the positive values highlighted in the ESC:
 - Handbook on inclusive and innovative approaches to physical education and sports training (2018)
 - CoE Pestalozzi/EPAS training modules on promoting values in and through sport
 - Start to Talk / CSiS

The European Sports Charter and values-based sport

- The aim of the Charter is to [...] promote the values of human rights, democracy and the rule of law (Article 1)
- Governments should [...] protect and develop values-based sport (Article 1.2)

Values-based Sport

Article 6 – Human rights

- Respect human rights and fundamental freedoms
- Human rights due diligence approach

Values-based Sport

Article 7 – Education in values through sport ethics

- Definition of ethics: It is a way of thinking, not just a way of acting. It is based on integrity, equality, honesty, excellence, commitment, courage, team spirit, respect, tolerance and solidarity. Human rights and sustainability must also be taken into account
- Education: Empowering people so that they are able to choose the ethical course

Physical education

Article 11.1: All appropriate steps should be taken to develop physical literacy and physical fitness among young people [...] by ensuring that all students have access to sports, recreation and physical education programmes and facilities

Conclusions on the European Sports Charter and values-based PE teaching and sports coaching

- The ESC promotes sport for all / grassroots sport and a values-based sport approach (right to sport, human rights, education in values through sport ethics, integrity, sustainability)
- Education, notably PE teaching and sports training, is key in developing a values-based sport approach



Thank you for your attention.

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