

Individuals with hearing or speech disabilities can make video calls through the ALO 183 Hotline. Video calls can be made on weekdays from 08.00 to 00.00 and on Saturdays from 08.00 to 17.00 via the number 0 549 381 0 183.

The ALO 183 Hotline is available 24/7 via WhatsApp at the number 0 501 183 0 183.

“You are not alone”

As ASAM, we collaborate with relevant institutions to carry out rights-based work aimed at preventing all forms of violence, strengthening access to existing social services and protection mechanisms for individuals with special needs, establishing safe spaces for women and children at risk, and providing psychosocial support to these individuals.



ASAM Counseling Line

(Arabic, Farsi, Turkish, English)



+90 312 212 60 12

Available on Monday - Friday
from 09.00 to 17.30

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Violence against Women

Any act or attitude that is directed against women, solely because they are women, which causes gender-based discrimination that affects women as well as a violation of women’s rights, and results in, or is likely to result in, physical, sexual, psychological or economic harm.



Physical violence: Any behavior that can cause harm to a person's body, such as slapping, kicking, punching, shaking, choking, injuring, hair-pulling, throwing objects, using sharp or blunt objects to cause bodily harm, or torture.

Psychological (emotional) violence: Any word or action that targets a person's mental health and well-being, such as yelling, intimidating, using offensive language, threatening, belittling, restricting communication with others, interfering with clothing choices, or engaging in demeaning behaviors.

Economic violence: Any attitude and behavior that leads to the use of financial resources and opportunities, which are necessary for sustaining one's life, as a means of pressure, threat and control, such as restricting a person's ability to work, pursue a profession, complete education or training, intentionally failing to meet their basic needs despite sufficient resources, seizing control of their income and savings, or subjecting them to forced labor or debt.

Sexual violence: Acts involving the use of sexuality as a means of coercion, including using sex as a tool of threat in any setting, engaging in sexual acts without the consent of the person, forcing the person into sexual intercourse, sexual harassment, pressuring the person to become pregnant, to give birth or not to give birth to a child, exhibitionism, or forcing someone to watch pornographic materials. Any sexual act involving a person under the age of 18 is considered sexual violence.

Digital violence: Any attitude and behavior such as threatening persons, pointing them as a target, violating their privacy, and persistent stalking, blackmailing or harassment of people in order to cause psychological, sexual and even economic harm by using digital communication tools such as e-mails, text messages, or social media messaging.

Domestic violence: Any form of physical, psychological, economic, sexual, and digital violence between individuals who share the same living space, or who are family members or considered to be family members, even if they do not reside in the same household. Harmful practices such as female genital mutilation, honor killings, polygamous marriages, and forced marriages contribute to violence against women.

Law No. 6284 on Protection of Family and Prevention of Violence against Women aims to protect and prevent violence against individuals who are victims of or at risk of violence, including women, children, family members, and individuals subjected to persistent stalking.

All forms of violence violate our constitutional rights and human rights. All types of violence are punishable under the Turkish Penal Code.

What Institutions Can You Reach Out to In Case You Experience or Witness Violence?

- **112 for All Emergency Calls, Including Reports to the Police and Gendarmerie**
- **ALO 183 Hotline for Combating Violence**
(24/7 - Turkish, Kurdish, and Arabic language support)
- **157 Hotline for Foreigners Communication Center (YİMER)**
(24/7 - Turkish, English, German, Russian, Arabic, Farsi, and Pashto language support)
- **KADES (Women's Emergency Support Application)**
(Available for download from Google Play Store or Apple Store)
- **Federation of Women's Associations of Türkiye Domestic Violence Emergency Support Hotline**
0212 656 96 96
0549 656 96 96
- **Provincial Directorates of Family and Social Services**
- **Violence Prevention and Monitoring Centers (ŞÖNİM)**
- **Social Service Centers**
(Contact Points for Combating Violence)
- **Healthcare Institutions**
- **Judicial Institutions**
(Chief Public Prosecutors' Offices and Family Courts)
- **Governorships/District Governorships**
- **Bar Associations**
- **Municipalities**
- **ASAM Counseling Line +90 (312) 212 6012**
(Available on weekdays from 09.00 to 17.00. Counselling is available in Arabic, Farsi, Turkish, and English.)