COUNCIL OF EUROPE
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ADQ
Anti-Doping Questionnaire

Implementation of anti-doping policies in 2023 - Portugal

Implementation of anti-doping policies in 2023 - Questionnaire 0.1

Objective :

In order to comply with the requirements of Article 9 of the Anti-Doping Convention, States Parties are invited to submit information to the Council of Europe through an annual online anti-doping policy questionnaire for the year 2023.

Instruction :

For general instructions, please select the documentation links at the top of the page.
For specific instructions, please note that each question has additional support tools - previous answers and specific information related to that question.
If you encounter any problems that prevent you from completing the questionnaire, please email us at sport.t-do@coe.int.
Please complete, save and submit your country's 2023 data by 1 June 2024.

Questions :

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1. Number of athletes

Please estimate the number of athletes in the following categories within your country:

international-level athletes
Min numeric value allowed : 0

[554]

[ ] Data not available

national-level athletes
Min numeric value allowed : 0

[481594]

[ ] Data not available

recreational level athletes
Min numeric value allowed : 0

[491355]

[ ] Data not available

athletes at the last Summer Olympic games
Min numeric value allowed : 0

[92]

[ ] Data not available

athletes at the last Winter Olympic games
Min numeric value allowed : 0

[3]

[ ] Data not available

athletes at the last Summer Paralympic games
Min numeric value allowed : 0

[33]

[ ] Data not available

athletes at the last Winter Paralympic games

Min numeric value allowed : 0

[0]

[ ] Data not available

athletes in your NADO's Registered Testing Pool (RTP)

[90]

[ ] Data not available

2. Doping definition

What is the definition of "doping in sport" used in your country?

[X] Council of Europe Anti-Doping Convention

[X] UNESCO International Convention against doping in sport

[X] World Anti-Doping Code

[X] Other, please specify (e.g. national law):Law 81/2021, from November30

Attachments

Law 81-2021 de 30 de novembro.pdf

3. Doping list

Which list of banned pharmacological classes of doping agents and doping methods (i.e. Prohibited List) is implemented in your country?

[X] Prohibited List, as adopted by the Executive Committee of WADA

[ ] List of banned pharmacological classes of doping agents and doping methods, as adopted by the Monitoring Group (T-DO)

[ ] Prohibited List, as adopted by the Conference of Parties of the International Convention against Doping in Sport (UNESCO)

[ ] Other, please specify : .....

Attachments

ADoP 2023 - List of Prohibited Substances and Methods.pdf

4. Additional doping lists

For the purposes of restricting availability of doping substances, are there other lists than those defined in the question 3?

( ) Yes, please specify: .....

(X) No .....

5. Anti-doping laws

Does your country have an anti-doping legislation?

[X] Anti-doping law (other than ratification of the Convention). .....

[X] Other types of national or regional norms including article(s) in a "Sports law" or Decree, please specify:ADoP Ordinance 436/2022, from April 01

[ ] No .....

Attachments

ADoP - Ordinance n.º 436-2022, of April 01.pdf

6. National Anti-Doping Organisation (NADO)

What is the legal status of your national anti-doping organisation? Please upload the statutes, if possible

(X) Public authority

( ) Non-governmental organisation

( ) Private company

( ) National Olympic Committee acting as a NADO

( ) Other, please specify: .....

Attachments

ADoP : https://https://adop.pt/a-adop/

7. Funding of anti-doping programme

What was the annual budget of the NADO for the 2023 calendar year (or other 12-month period, if applicable)?

Min numeric value allowed : 0

[1721240] amount in Euro (estimate)

[ ] Data not available

8. Funding sources

How is the NADO funded? Please select all that apply and indicate an estimate in percentages:

[X] Government100%

[ ] National Olympic Committee (NOC) ..... %

[ ] Other sports organisations ..... %

[ ] Fee for service ..... %

[ ] Private ..... %

[ ] Other ..... %

9. Distribution of funding

What percentage of NADO's annual budget is put towards the following core programmes?

[14] Testing (including equipment, transportation, sample collection personnel fees)

[35] Sample analysis (including Technical Document for Sport Specific Analysis, Athlete Passport Management Unit fees, sample retention fees, additional and further analysis)

[3] Information and intelligence gathering, and investigations

[3] Results Management/Legal

[5] Education

[1] Research

[2] Therapeutic Use Exemptions (TUEs)

[37] Other (e.g. remuneration, administration) ADoP's general functioning - remuneration and other expenses such as WADA, iNADO fees, car expenses,etc.

[ ] Data not available

10. Sport budget

What amount has been allocated to sport from the national budget through the national ministry responsible for sport for the year 2023 (or other 12-month period if applicable)?

[ ] amount in Euro (estimate). ..... Comment, if applicable

[X] Data not available

11. Limiting public funding to organisations

Is public funding withheld from organisations that do not comply with anti-doping regulations and related legal instruments?

(X) Yes, all funding is withheld

( ) A limited amount of funding is withheld

( ) No financial implications

( ) Information not available / Comment .....

12. Limitation of public funding of persons

Is sport-related financial assistance provided by public authorities withheld from banned athletes or athlete support personnel during the period of their suspension?

(X) Yes, all funding is withheld

( ) A limited amount of funding is withheld

( ) No

( ) Not applicable (no sport-related financial assistance is provided by public authorities to athletes or support personnel)

( ) Information not available / Comment .....

13. NADO activities

Do you outsource any part of your anti-doping program to a delegated third party (e.g. Service Providers, another NADO)?

( ) Yes, please specify: .....

(X) No

14. Quality certificate

Is your NADO or part of its procedures certified according to a quality standard (such as ISO or any other quality assurance system)?

(X) Yes, please specify which standard, its scope and validityISO 9001:2015, in force until 22/01/2027

( ) In progress

( ) No

Attachments

ADoP NP EN ISO 90012015 certificate.pdf

International Certification Network.pdf

15. NADO staff, committee members and other anti-doping specialists

Please outline below how many NADO staff, committees' members and other anti-doping specialists are involved in the coordination and management of your anti-doping programmes (except sample collection personnel)

Min numeric value allowed : 0

[13] staff full time

[1] staff part time

[10] committees' members (including, but not limited to, members of the disciplinary panels, NADO Board, TUE, education, scientific, athletes, appeals commissions, ethics and/or other)

[17] other specialists, please describeAdvisory Board (16) and APMU 1

[ ] Data not available

16. Number of DCOs and BCOs

If your NADO acts as a Sample Collection Authority, how many sample collection persons are involved in the sample collection?

Min numeric value allowed : 0

[34] Doping Control Officers

[34] Blood Collection Officers

[0] Chaperones

[ ] Data not available

17. Use of WADA laboratories

Which WADA-accredited or approved laboratories are used for analysis of samples collected by your NADO as a Testing authority within your national testing programme in the year 2023? Please list all that applies, including the laboratory in your own country

	City or country
List all applicable laboratories	LAB-Lisbon PORT

[ ] Data not available

18. Testing statistics

How many samples were collected under your national testing programme in the year 2023?

	Urine	Blood (including ABP and DBS)
In-competition samples Min numeric value allowed : 0	1923	479
Out-of-competition samples Min numeric value allowed : 0	357	242

19. Testing abroad

Have you tested (directly or by using Delegated Third Parties) athletes under your authority who live or train abroad?

(X) Yes

( ) Not in 2023, but we have authorisation to do so

( ) No, we do not have authorisation to do so / Comment .....

20. Disciplinary system

To what extent your country implemented the recommendation on general principles of fair procedure applicable to anti-doping proceedings in sport (please check the Information Tab above)

(X) Fully implemented

( ) Partially implemented .....

( ) Not implemented .....

21. Hearing process

Please provide additional information about the hearing process:

Is the Hearing panel independent and impartial?

(X) Yes

( ) No .....

Is right to an effective defense ensured, i.e. presumption of innocence, to be advised, to have adequate time to prepare the defense, to be assisted by an interpreter, to request witnesses or experts

(X) Yes

( ) No .....

Which party bears the costs of the proceedings? E.g. the sanctioned athlete or other person, the NADO, as decided by the Panel, a third party

(X) Please describexx

Is free legal aid mechanism available (possibly under certain conditions)?

(X) Yes .....

( ) No

22. Public hearing

How is a principle of public hearing implemented in your country ?

( ) Public hearing is granted by default without limitation

(X) Public hearing is granted by default , but can be turned to in camera by decision of the panel

( ) Hearings are held in camera, but athletes/accused persons can request a public hearing

( ) Hearings are held in camera only

23. Appeals system

Please describe the process for handling anti-doping rule violations. If there were no changes since 2022, you can copy the text from the previous year (see the button on the top right corner of the window)

Describe, upload documents or add the link to the relevant content. The athletes or other person can appeal to the Arbitration Court of Sport within 10 days from the decision of the hearing panel. They can present in court any proof they want and can also raise any questions they want, even if the prof of question was not raised or presented before the hearing panel.
The athlete or other person has the right to a fair and expedited trail and has to be presented by a lawyer.

[ ] Data not available

24. Anti-doping rule violations (ADRV)

How many anti-doping rule violations cases were initiated in 2023 and how many of these initiated cases resulted in the imposition of a sanction?

	Initiated cases	Cases that resulted in a sanction	Cases that resulted in no sanction
Presence of a prohibited substance Min numeric value allowed : 0	8	3	0
Use or attempted use Min numeric value allowed : 0	0	0	0
Evading, refusing or failing to submit to sample collection Min numeric value allowed : 0	0	0	0
Whereabouts failures Min numeric value allowed : 0	0	0	0
Tampering Min numeric value allowed : 0	0	0	0
Possession Min numeric value allowed : 0	0	0	0
Trafficking Min numeric value allowed : 0	0	0	0
Administration Min numeric value allowed : 0	0	0	0
Complicity Min numeric value allowed : 0	0	0	0
Prohibited association Min numeric value allowed : 0	0	0	0

Retaliation Min numeric value allowed : 0	0	0	0

[ ] Data not available

Attachments

Sancoes Disciplinares : https://https://adop.pt/sancoes-disciplinares/

25. Co-operation with law enforcement agencies

What measures have been taken to ensure co-operation between NADO and law enforcement agencies?

[X] Law, please specify Article 22 of Law 81/2021, of November 30, which estlablishs the legal framework for the fight against doping in sport ensuring compliance with the new version of the code

[ ] Agreement, please specify .....

[ ] Ad hoc activities, please specify .....

[ ] Other, please specify .....

[ ] None .....

26. Sanctions for doping trafficking

Are there specific penalties or sanctions for illegal circulation of doping substances, in addition to those regulating the movement of medicines and narcotics?

[X] Criminal penalties, please specify preventive sanctions such as preventive measures, prison sentences or fines

[X] Financial penalties, please specify preventive sanctions such as preventive measures, prison sentences or fines

[X] Administrative or civil sanctions, please specify such as fines or suspension sanctions

[X] Professional disciplinary actions, please specify .....

[ ] Other .....

[ ] Information not available

27. Statistics on doping trafficking

Do law enforcement agencies share data on the seizure of doping substances with the NADO?

( ) Yes, please specify how many seizures have been reported in 2023 .....

(X) No. comment (optional) .....

( ) Other, please specify .....

28. Anti-doping education target groups

Which anti-doping target groups are educated and by whom?

	NADO	Other organisations; please list	Not targeted in 2023
International-level athletes	[X]	[X] National Federations, Universities	[ ]
National-level athletes	[X]	[X] National Federations, Universities	[ ]

Youth athletes	[X]	[X] National Federations, Universities	[ ]
Children / School sport	[ ]	[ ]	[X]
Recreational athletes	[ ]	[ ]	[X]
Athletes returning from a sanction	[X]	[ ]	[ ]
Coaches, trainers	[X]	[ ]	[ ]
Sports administrators, officials, managers, agents	[X]	[ ]	[ ]
Medical / Paramedical professionals	[X]	[ ]	[ ]
Team staff/Members of a delegation at a major event	[ ]	[X] National Federations, Universities	[ ]
Parents	[X]	[X] National Federations, Universities	[ ]
School and university teachers	[X]	[ ]	[ ]
University students	[X]	[ ]	[ ]
Commercial sponsors	[ ]	[ ]	[X]
Media, journalists	[X]	[X] National Federations, Universities	[ ]

29. Mandatory anti-doping education

Is completion of a national anti-doping education programme (confirmation of in-person training, e-learning certificate or similar) mandatory for any part of your sport structure?

( ) No, all anti-doping education is voluntary

(X) Yes, it is mandatory for certain groups of athletes and support personnel (e.g. Olympic and Paralympic team); please specifyRTP athletes, Olympic and Paralympic teams, support personnel

( ) Other .....

30. Nutritional supplements

What measures have been taken to address the problems related to nutritional supplements in sport?

[ ] Restrict availability

[ ] Control of production

[ ] Provide quality assurance

[ ] Comprehensive labelling

[ ] Limit advertising and promotion

[X] Educational and informational measures

[ ] Other, please specify: .....

31. Areas of anti-doping research

What are the areas of anti-doping research?

[X] Doping prevention

[ ] Detection methods

[X] Social science, including the behavioural and social aspects of doping

[X] Health consequences of doping

[ ] Physiological and psychological training programmes

[ ] Emerging substances or methods

[ ] Alternative testing methods

[ ] None

[ ] Other .....

32. Anti-doping research

Has any anti-doping research been undertaken or supported?

(X) Yes; your comment (optional) .....

( ) Yes, to a limited extent; your comment (optional) .....

( ) No; your comment (optional) .....

33. Publication of anti-doping research

How many articles with the results of this research have been published in peer-reviewed scientific journals? Please upload a summary or share links to resources, if available

[0] in 2023

[ ] Data not available

34. International agreements

Has your country signed any new agreements in 2023 with other Anti-Doping Organisations (ADOs) or agreements on anti-doping with any other organisation or state?

(X) Yes, please explain or upload the document or provide a linkIn addition to the agreements previously celebrated, ADoP in 2023, signed an cooperation agreement with CELAD, AFLD and with the Portuguese Cycling Federation

( ) No