

Implementation of anti-doping policies in 2023 - Estonia

Implementation of anti-doping policies in 2023 - Questionnaire 0.1

Objective :

In order to comply with the requirements of Article 9 of the Anti-Doping Convention, States Parties are invited to submit information to the Council of Europe through an annual online anti-doping policy questionnaire for the year 2023.

Instruction :

For general instructions, please select the documentation links at the top of the page.

For specific instructions, please note that each question has additional support tools - previous answers and specific information related to that question.

If you encounter any problems that prevent you from completing the questionnaire, please email us at sport.t-do@coe.int. Please complete, save and submit your country's 2023 data by 1 June 2024.

Questions :

1. Number of athletes



Please estimate the number of athletes in the following categories within your country:

international-level athletes

Min numeric value allowed : 0

[200]

[] Data not available

national-level athletes

Min numeric value allowed : 0

[5000]

[] Data not available

recreational level athletes

Min numeric value allowed : 0

[225848]

[] Data not available

athletes at the last Summer Olympic games

Min numeric value allowed : 0

[34]

[] Data not available

athletes at the last Winter Olympic games

Min numeric value allowed : 0

[26]

[] Data not available

athletes at the last Summer Paralympic games

Min numeric value allowed : 0

[5]

[] Data not available

athletes at the last Winter Paralympic games

Min numeric value allowed : 0

[5]

[] Data not available

athletes in your NADO's Registered Testing Pool (RTP)

[50]

[] Data not available

2. Doping definition

What is the definition of "doping in sport" used in your country?


[X] Council of Europe Anti-Doping Convention


[X] UNESCO International Convention against doping in sport

[X] World Anti-Doping Code

[] Other, please specify (e.g. national law):

Attachments

 EDR 2021 eng_3.docx

 Estonian-ADR-2021-08-April-2021.pdf

3. Doping list

Which list of banned pharmacological classes of doping agents and doping methods (i.e. Prohibited List) is implemented in your country?


[X] Prohibited List, as adopted by the Executive Committee of WADA

[X] List of banned pharmacological classes of doping agents and doping methods, as adopted by the Monitoring Group (T-DO)

[X] Prohibited List, as adopted by the Conference of Parties of the International Convention against Doping in Sport (UNESCO)

[] Other, please specify :

Attachments

 WADA keelatud ainete ja keelatud meetodite nimekiri 2023_ET.pdf

4. Additional doping lists

For the purposes of restricting availability of doping substances, are there other lists than those defined in the question 3?

(X) Yes, please specify: Agreement is valid between ESTCIS and Estonian Tax Custom Office and Police Forces that the latter would possible information about prohibited medicine, incl. trafficking and trading of anabolic steroids and its derivatives, growth hormones,

() No

5. Anti-doping laws


Does your country have an anti-doping legislation?


[] Anti-doping law (other than ratification of the Convention).

☒ Other types of national or regional norms including article(s) in a "Sports law" or Decree, please specify: Sport Act, Penal Code §195 Doping Offence

☐ No

Attachments

 Estonian Sport Act : <https://www.riigiteataja.ee/en/eli/511032020002/consolide>

 Estonian Penal Code : <https://www.riigiteataja.ee/en/eli/508042024002/consolide>

6. National Anti-Doping Organisation (NADO)

What is the legal status of your national anti-doping organisation? Please upload the statutes, if possible

☐ Public authority

☒ Non-governmental organisation


☐ Private company


☐ National Olympic Committee acting as a NADO

☐ Other, please specify: 22.09.2021 ESTCS merge previous Estonian Anti-Doping Agency, see added court order Attachments

Attachments

 maarus_9002471874.pdf

 ESTCIS-EADSE_E-Business_Register_05.01.2021.pdf

 EADSE_statutes_06.09.2019_EN.pdf

7. Funding of anti-doping programme

What was the annual budget of the NADO for the 2023 calendar year (or other 12-month period, if applicable)?

Min numeric value allowed : 0

[746000] amount in Euro (estimate)

☐ Data not available

8. Funding sources

How is the NADO funded? Please select all that apply and indicate an estimate in percentages:

☒ Government 50%

☒ National Olympic Committee (NOC) 34%

☐ Other sports organisations %

☒ Fee for service 14%

☐ Private %

☒ Other 2%

9. Distribution of funding

What percentage of NADO's annual budget is put towards the following core programmes?

[18] Testing (including equipment, transportation, sample collection personnel fees)

[20] Sample analysis (including Technical Document for Sport Specific Analysis, Athlete Passport Management Unit fees, sample retention fees, additional and further analysis)

☐ [7] Information and intelligence gathering, and investigations

☐ [12] Results Management/Legal

☐ [5] Education

☐ [1] Research

☐ [1] Therapeutic Use Exemptions (TUEs)

☐ [36] Other (e.g. remuneration, administration) matchfixing, safeguarding, other sport ethics issues, ERASMUS+ projects etc

☐ [] Data not available

10. Sport budget

What amount has been allocated to sport from the national budget through the national ministry responsible for sport for the year 2023 (or other 12-month period if applicable)?

☐ [51000000] amount in Euro (estimate). The Ministry of Culture allocated a total of 51 million euros to the field of sports from the 2023 budget, of which 42 million euros were allocated to sports organizations for activity and project subsidies and 9 million euros for investments in sports facilities. Never before have so many operational and project grants been allocated to sports organizations from the budget of the Ministry of Culture in one year. Comment, if applicable

☐ [] Data not available

11. Limiting public funding to organisations

Is public funding withheld from organisations that do not comply with anti-doping regulations and related legal instruments?

☒ (X) Yes, all funding is withheld

☐ () A limited amount of funding is withheld

☐ () No financial implications

☐ () Information not available / Comment In practice, this has not happened, although the legal basis exists in the Sports Act

12. Limitation of public funding of persons

Is sport-related financial assistance provided by public authorities withheld from banned athletes or athlete support personnel during the period of their suspension?

☒ (X) Yes, all funding is withheld

☐ () A limited amount of funding is withheld

☐ () No

☐ () Not applicable (no sport-related financial assistance is provided by public authorities to athletes or support personnel)

☐ () Information not available / Comment In practice, this has not happened, although the legal basis exists in the Sports Act

13. NADO activities

Do you outsource any part of your anti-doping program to a delegated third party (e.g. Service Providers, another NADO)?

☒ (X) Yes, please specify: Only the testing of Estonian athletes during their stay abroad is carried out by ordering ESTCIS from the local NADOs, approx 10-15 samples per year

() No

14. Quality certificate

Is your NADO or part of its procedures certified according to a quality standard (such as ISO or any other quality assurance system)?

(X) Yes, please specify which standard, its scope and validity ESTCIS is compliant with the recent WADA's and iNADO's compliance criteria. The process for joining the ISO standard has been initiated

() In progress

() No

15. NADO staff, committee members and other anti-doping specialists

Please outline below how many NADO staff, committees' members and other anti-doping specialists are involved in the coordination and management of your anti-doping programmes (except sample collection personnel)

Min numeric value allowed : 0

[5] staff full time

[1] staff part time

[20] committees' members (including, but not limited to, members of the disciplinary panels, NADO Board, TUE, education, scientific, athletes, appeals commissions, ethics and/or other)

[1] other specialists, please describe Pharmacist

[] Data not available

16. Number of DCOs and BCOs

If your NADO acts as a Sample Collection Authority, how many sample collection persons are involved in the sample collection?

Min numeric value allowed : 0

[8] Doping Control Officers

[5] Blood Collection Officers

[30] Chaperones

[] Data not available

17. Use of WADA laboratories

Which WADA-accredited or approved laboratories are used for analysis of samples collected by your NADO as a Testing authority within your national testing programme in the year 2023? Please list all that applies, including the laboratory in your own country

	City or country
List all applicable laboratories	Stockholm, Kreisch, , Lausanne, Oslo

[] Data not available

18. Testing statistics

How many samples were collected under your national testing programme in the year 2023?

	Urine	Blood (including ABP and DBS)
In-competition samples Min numeric value allowed : 0	162	0
Out-of-competition samples Min numeric value allowed : 0	152	66

19. Testing abroad

Have you tested (directly or by using Delegated Third Parties) athletes under your authority who live or train abroad?

☒ Yes

☐ Not in 2023, but we have authorisation to do so

☐ No, we do not have authorisation to do so / Comment

20. Disciplinary system

To what extent your country implemented the recommendation on general principles of fair procedure applicable to anti-doping proceedings in sport (please check the Information Tab above)

☒ Fully implemented

☐ Partially implemented

☐ Not implemented

21. Hearing process

Please provide additional information about the hearing process:

Is the Hearing panel independent and impartial?

☒ Yes

☐ No

Is right to an effective defense ensured, i.e. presumption of innocence, to be advised, to have adequate time to prepare the defense, to be assisted by an interpreter, to request witnesses or experts

☒ Yes

☐ No

Which party bears the costs of the proceedings? E.g. the sanctioned athlete or other person, the NADO, as decided by the Panel, a third party

☒ Please describe In general, the parties bear their own procedural costs, there has been no other practice so far

Is free legal aid mechanism available (possibly under certain conditions)?

☐ Yes

☒ No

22. Public hearing



How is a principle of public hearing implemented in your country ?

- () Public hearing is granted by default without limitation
- () Public hearing is granted by default , but can be turned to in camera by decision of the panel
- (X) Hearings are held in camera, but athletes/accused persons can request a public hearing
- () Hearings are held in camera only

23. Appeals system




Please describe the process for handling anti-doping rule violations. If there were no changes since 2022, you can copy the text from the previous year (see the button on the top right corner of the window)

Describe, upload documents or add the link to the relevant content. We have not received any appeals to the Estonian Anti-Doping Appeal Panel in the past five years. The procedures can be found in the Estonian AD-Rules document

[] Data not available

Attachments

 Estonian-ADR-2021-08-April-2021.pdf

24. Anti-doping rule violations (ADRV)



How many anti-doping rule violations cases were initiated in 2023 and how many of these initiated cases resulted in the imposition of a sanction?

	Initiated cases	Cases that resulted in a sanction	Cases that resulted in no sanction
Presence of a prohibited substance Min numeric value allowed : 0	0	0	0
Use or attempted use Min numeric value allowed : 0	0	0	0
Evading, refusing or failing to submit to sample collection Min numeric value allowed : 0	0	0	0
Whereabouts failures Min numeric value allowed : 0	0	0	0
Tampering Min numeric value allowed : 0	0	0	0
Possession Min numeric value allowed : 0	0	0	0
Trafficking Min numeric value allowed : 0	0	0	0
Administration Min numeric value allowed : 0	0	0	0

Complicity Min numeric value allowed : 0	0	0	0
Prohibited association Min numeric value allowed : 0	0	0	0
Retaliation Min numeric value allowed : 0	0	0	0

☐ Data not available

25. Co-operation with law enforcement agencies

What measures have been taken to ensure co-operation between NADO and law enforcement agencies?

☒ Law, please specify Providing input to the Ministry of Culture to supplement the Sports Act, including AD-issues

☐ Agreement, please specify

☒ Ad hoc activities, please specify Meetings with Ministry of Culture about Sport Act changes

☒ Other, please specify ESTCIS hired from February 2022 chief investigative officer with 0,75 time and 0,25 time still in police

☐ None

26. Sanctions for doping trafficking

Are there specific penalties or sanctions for illegal circulation of doping substances, in addition to those regulating the movement of medicines and narcotics?

☒ Criminal penalties, please specify Yes in Penal Code §195 Dopig Offense

☐ Financial penalties, please specify

☐ Administrative or civil sanctions, please specify

☐ Professional disciplinary actions, please specify

☐ Other

☐ Information not available

Attachments

 Penal Code : <https://www.riigiteataja.ee/en/eli/508042024002/consolide>

27. Statistics on doping trafficking


Do law enforcement agencies share data on the seizure of doping substances with the NADO?


☒ Yes, please specify how many seizures have been reported in 20233


☐ No. comment (optional)

☐ Other, please specify

Attachments

 pdf_1.pdf

 pdf_2.pdf

 pdf_3.pdf

 Menetlused EAD-le 2022-23_2.xlsx

28. Anti-doping education target groups

Which anti-doping target groups are educated and by whom?

	NADO	Other organisations; please list	Not targeted in 2023
International-level athletes	[X]	[X] Estonian Athletic Assotiation	[]
National-level athletes	[X]	[X] Estonian Athletic Assotiation	[]
Youth athletes	[X]	[X] Estonian Athletic Assotiation	[]
Children / School sport	[]	[X] Estonian Athletic Assotiation	[]
Recreational athletes	[X]	[]	[]
Athletes returning from a sanction	[X]	[]	[]
Coaches, trainers	[X]	[X] Estonian Athletic Assotiation	[]
Sports administrators, officials, managers, agents	[X]	[X] Estonian Athletic Assotiation	[]
Medical / Paramedical professionals	[X]	[]	[]
Team staff/Members of a delegation at a major event	[X]	[X] Estonian Olympic Committee	[]
Parents	[]	[]	[X]
School and university teachers	[X]	[]	[]
University students	[]	[X] Universities of Tartu and Tallinn	[]
Commercial sponsors	[]	[]	[X]
Media, journalists	[X]	[]	[]

29. Mandatory anti-doping education

Is completion of a national anti-doping education programme (confirmation of in-person training, e-learning certificate or similar) mandatory for any part of your sport structure?

() No, all anti-doping education is voluntary

(X) Yes, it is mandatory for certain groups of athletes and support personnel (e.g. Olympic and Paralympic team); please specify Yes, it is mandatory for certain groups of athletes and support personnel (e.g. Olympic and Paralympic team); please specify All Olympic and Paralympic and also European games team members, incl support personell - or ADeL or Estonian ADO e-learning

() Other

Attachments

 Antidoping online-course TRIAGONAL : <https://eadse.ee/koolitus/antidoping/>

30. Nutritional supplements

What measures have been taken to address the problems related to nutritional supplements in sport?

- ☐ Restrict availability
- ☐ Control of production
- ☐ Provide quality assurance
- ☐ Comprehensive labelling
- ☐ Limit advertising and promotion
- ☒ Educational and informational measures

☒ Other, please specify: We have submitted an application for funding as a partner of the ERASMUS+ IRIS project. The project focuses on the topics of nutritional supplements and anti-doping




31. Areas of anti-doping research

What are the areas of anti-doping research?

- ☒ Doping prevention
- ☐ Detection methods
- ☒ Social science, including the behavioural and social aspects of doping
- ☐ Health consequences of doping
- ☐ Physiological and psychological training programmes
- ☐ Emerging substances or methods
- ☐ Alternative testing methods
- ☐ None

☒ Other: The Ministry of Culture, in cooperation with ESTCIS, carried out a study of the spread of doping in elite sports

Attachments

-  news about research : <https://www.kul.ee/uudised/varske-uuringuga-voeti-luubi-alla-dopingu-kasutamise-levik-eesti-spordis>
-  Research 2023 : <https://www.kul.ee/sites/default/files/documents/2023-12/Doping%20kasutamise%20leviku%20uuring.pdf>
-  Infographic : <https://www.kul.ee/sites/default/files/documents/2023-12/Infograafik.pdf>

32. Anti-doping research

Has any anti-doping research been undertaken or supported?

() Yes; your comment (optional)

(X) Yes, to a limited extent; your comment (optional) Doping prevalence study conducted by the Ministry of Culture in cooperation with ESTCIS in 2023

() No; your comment (optional)

33. Publication of anti-doping research

How many articles with the results of this research have been published in peer-reviewed scientific journals? Please upload a summary or share links to resources, if available

[0] in 2023

[] Data not available

34. International agreements






Has your country signed any new agreements in 2023 with other Anti-Doping Organisations (ADOs) or agreements on anti-doping with any other organisation or state?

(X) Yes, please explain or upload the document or provide a link In the period 2022-2023, ESTCIS carried out the ERASMUS+ job shadowing program, during which the ESTCIS office visited the NADOs of Finland, Denmark, Norway and Latvia and concluded relevant agreements. The project was very fruitful and inspiring

() No

Attachments

-  2022-KA122ADU-08 Leping Eesti Antidopingu ja Spordieetika.pdf
-  2022-KA122ADU-08 Addendum 01 Eesti Antidopingu ja Spordieetika.pdf
-  2022-KA122ADU-08 Lisa II Eesti Antidopingu ja Spordieetika.pdf