

Implementation of anti-doping policies in 2022 - Portugal

Implementation of anti-doping policies in 2022 - Questionnaire - Modified 1.0

Objective :

In order to implement the requirements of Article 9 of the Anti-Doping Convention, the annual online questionnaire is ready for data-collection on anti-doping policies in 2022.

In addition to the standard questions, three new ones on doping in recreational sport have been added replacing those on whistleblower protection. Please note that the proposed definitions for these questions are included in the instructions for each question.

For example, Question 1 refers to "gyms/fitness centres users" as individuals with a membership to a gyms/fitness centres. Gyms/fitness centres users may include both men and women at all ages, who partake in any kind of exercise activity offered by the gyms/fitness centres, including, but not limited to, strength training, endurance training, and/or group training (aerobics, spinning, yoga etc). Gym/fitness centre: A health, recreational, and social facility where people go to exercise, for example by lifting weights or using other equipment. It is often a for-profit commercial facility but may also be a community-based or institutionally supported centre.

Instruction :

For general instructions, please select the documentation links at the top of the page.

For specific instructions, please note that each question has additional support tools - previous answers and specific information related to that question.

If you encounter any problems that prevent you from completing the questionnaire, please email us at sport.t-do@coe.int.

Please complete, save and submit your country's 2022 data preferably by 27 April 2023. The final deadline for completing the survey is 1 June 2023.

Questions :

1. Number of athletes

Please estimate the number of athletes in the following categories within your country:

international-level athletes

Min numeric value allowed : 0

[554]

[] Data not available

national-level athletes

Min numeric value allowed : 0

[481594]

[] Data not available

gyms/fitness centre users

Min numeric value allowed : 0

[60000] ; comment (optional)

Data not available

other recreational level athletes

Min numeric value allowed : 0

[491355] ; comment (optional)

Data not available

athletes at the last Summer Olympic games

Min numeric value allowed : 0

[92]

Data not available

athletes at the last Winter Olympic games

Min numeric value allowed : 0

[3]

Data not available

athletes at the last Summer Paralympic games

Min numeric value allowed : 0

[33]

Data not available

athletes at the last Winter Paralympic games

Min numeric value allowed : 0

[0]

Data not available

2. Doping definition

What is the definition of "doping in sport" used in your country?


Council of Europe Anti-Doping Convention

UNESCO International Convention against doping in sport

World Anti-Doping Code

Other, please specify (e.g. national law) : Law n° 81/2021, from November 30

Attachments

 Law 81-2021 de 30 de novembro.pdf

3. Doping list

Which list of banned pharmacological classes of doping agents and doping methods (i.e. Prohibited List) is implemented in your country?

Prohibited List, as adopted by the Executive Committee of WADA

List of banned pharmacological classes of doping agents and doping methods, as adopted by the Monitoring Group (T-DO)

Prohibited List, as adopted by the Conference of Parties of the International Convention against Doping in Sport (UNESCO)

Other, please specify :

Attachments

 ADoP 2022 - List of Prohibited Substances and Methods.pdf

4. Additional doping lists

For the purposes of restricting availability of doping substances, are there other lists than those defined in the question 3?


- () Yes, please specify:
- (X) No. Comment (optional)

5. Anti-doping laws

Are there any anti-doping laws in your country? Please upload the respective texts

- [X] Anti-doping law (other than ratification of the Convention). Your comment (optional)
- [X] Other public law rules, please specify: Ordinance n° 436/2022, from April 01
- [] No. Comment (optional)

Attachments

 ADoP - Ordinance n.° 436-2022, of April 01.pdf


6. National Anti-Doping Organisation (NADO)

What is the legal status of your national anti-doping organisation? Please upload the statutes, if possible

- (X) Public authority
- () Non-governmental organisation
- () Private company
- () National Olympic Committee acting as a NADO
- () Other, please specify:

Attachments

 ADoP : <http://https://adop.pt/a-adop/>

 ADoP : <http://adop.pt/a-adop/>


7. NADO activities


Which of the activities below are conducted by your national anti-doping organisation? Please upload the organisational chart, if possible

	Yes. Comment(optional)	No, please specify which organisation is in charge
Co-ordination of action by all national stakeholders (NADO, public authorities, sport organisations)	(X)	()
Co-ordination of the fight against trafficking	(X)	()
Risk assessment and test distribution planning (TDP)	(X)	()
Registered testing pool and/or whereabouts pools management	(X)	()

Sample collection and transportation of samples to a laboratory	(X)	()
Sample Collection Personnel training, accreditation and re-accreditation	(X)	()
Results management	(X)	()
Therapeutic Use Exemption (TUE) management	(X)	()
Intelligence management	(X)	()
Investigations	(X)	()
Education of athletes and athlete support personnel	(X)	()
Research	(X)	()

Attachments

 ADoP's Organization Structure and governing board background.pdf


8. Funding of anti-doping programme 

What was the annual budget of the NADO for the 2022 calendar year (or other 12-month period, if applicable)?

Min numeric value allowed : 0

[1765416] amount in Euro (estimate)

[] Data not available

9. Funding sources 

How is the NADO funded? Please select all that apply and indicate an estimate in percentages:

[X] Government 100%

[] National Olympic Committee (NOC) %

[] Other sports organisations %

[] Fee for service %

[] Private %

[] Other %

10. Distribution of funding 

What percentage of NADO's annual budget is put towards the following core programmes?

[13] Testing (including equipment, transportation, sample collection personnel fees)

[36] Sample analysis (including Technical Document for Sport Specific Analysis, Athlete Passport Management Unit fees, sample retention fees, additional and further analysis)

[1] Information and intelligence gathering, and investigations

[3] Results Management/Legal

Education

Research

Therapeutic Use Exemptions (TUEs)

Other (e.g. remuneration, administration) Remunerations and Operating expenses

Data not available

11. Sport budget

What amount has been allocated to sport from the national budget through the national ministry responsible for sport for the year 2022 (or other 12-month period if applicable)?

amount in Euro (estimate). Comment, if applicable

Data not available

12. Limiting public funding to organisations

Is public funding withheld from organisations that do not comply with anti-doping regulations and related legal instruments?

Yes, all funding is withheld

A limited amount of funding is withheld

No financial implications

Information not available / Comment

13. Limitation of public funding of persons

Is sport-related financial assistance provided by public authorities withheld from banned athletes or athlete support personnel during the period of their suspension?

Yes, all funding is withheld

A limited amount of funding is withheld

No

Not applicable (no sport-related financial assistance is provided by public authorities to athletes or support personnel)

Information not available / Comment

14. Testing programme

Does your country have a national testing programme?

Yes

No, please explain

15. Quality certificate

Is your NADO or part of its procedures certified according to a quality standard (such as ISO or any other quality assurance system)?

Yes, please specify which standard, its scope and validity NP ISO9001:2015 and in force until 22 January 2024

In progress No

Attachments

-  ADoP NP EN ISO 90012015 certificate.pdf
-  International Certification Network.pdf
-  ADoP NP EN ISO 90012015 certificate.pdf
-  ADoP : <http://adop.pt/espado/>

16. NADO staff, committee members and other anti-doping specialists 

Please outline below how many NADO staff, committees' members and other anti-doping specialists are involved in the coordination and management of your anti-doping programmes (except sample collection personnel)

Min numeric value allowed : 0

 [11] staff full time [1] staff part time [11] committees' members (including, but not limited to, members of the disciplinary panels, NADO Board, TUE, [17] other specialists, please describe 16 Advisory Board and 1 APMU [] Data not available17. Number of DCOs and BCOs 


If your NADO acts as a Sample Collection Authority (as per question 7), how many sample collection persons are involved in the sample collection?

Min numeric value allowed : 0

 [33] Doping Control Officers [33] Blood Collection Officers [0] Chaperones [0] Not applicable [] Data not available18. Use of WADA laboratories 

Which WADA-accredited or approved laboratories are used for analysis of samples collected by your NADO as a Testing authority within your national testing programme in the year 2022? Please list all that applies, including the laboratory in your own country

	City or country
List all applicable laboratories	Lab Barcelona - ESP - IMIM, Universiteit Gent - DoCoLab and LAD - Laboratório de Análises Dopagem

 [] Data not available19. Testing statistics 

How many samples were collected under your national testing programme in the year 2022?

	Urine	Blood (including ABP)
In-competition samples Min numeric value allowed : 0	1150	27
Out-of-competition samples Min numeric value allowed : 0	365	118

20. Testing abroad

Have you tested (directly or by using Delegated Third Parties) athletes under your authority who live or train abroad?

() Yes

(X) Not in 2022, but we have authorisation to do so

() No, we do not have authorisation to do so / Comment

21. Disciplinary system

Please describe the disciplinary process for anti-doping rule violations and application of the T-DO "Recommendation on ensuring the independence of hearing panels (bodies) and promoting fair trial in anti-doping cases" [T-DO/Rec(2017)01] <http://rm.coe.int/recommendation-on-ensuring-the-independence-of-hearing-panels-bodies-a/1680735159>

	–	–	–
Has your state established centralised panel/body in charge of all hearing proceedings in anti-doping matters (hearing panel)?	Yes	na	na
Is the hearing panel independent, and operationally independent from sport movement (i.a. national federations, National Olympic Committee, National Paralympic Committee)?	Yes	na	na
Is the hearing panel operationally independent from the government?	Yes	na	na
Is the hearing panel operationally independent from the NADO?	Yes	na	na
Is the composition of the hearing panel in line with the requirements outlined in the T-DO recommendation?	Yes	na	na
Are the rights of access to justice ensured in accordance with the T-DO recommendation?	Yes	na	na
Other comments	Yes	na	na
Suggestions	Yes	na	na

[] Data not available

22. Appeals system



Please describe the process for handling anti-doping rule violations appeals

Describe, upload documents or add the link to the relevant content The athletes or other person can appeal to the Arbitration Court of Sport within 10 days from the decision of the hearing panel. They can present in court any proof they want and can also raise any questions they want, even if the prof of question was not raised or presented before the hearing panel.

The athlete or other person has the right to a fair and expedited trail and has to be presented by a lawyer.

[] Data not available

23. Appeals panel



What is the legal basis for the appeal panel to be fully ‘institutionally independent’ from NADO? Please select all that apply:

- Legislation or other applicable national law
- Anti-doping rules
- Procedural rules
- Other (free text)

24. Anti-doping rule violations (ADRV)




How many anti-doping rule violations cases were initiated in 2022 and how many of these initiated cases resulted in the imposition of a sanction?

	Initiated cases	Cases that resulted in a sanction	Cases that resulted in no sanction
Presence of a prohibited substance Min numeric value allowed : 0			
Use or attempted use Min numeric value allowed : 0			
Evading, refusing or failing to submit to sample collection Min numeric value allowed : 0			
Whereabouts failures Min numeric value allowed : 0			
Tampering Min numeric value allowed : 0			
Possession Min numeric value allowed : 0			
Trafficking Min numeric value allowed : 0			
Administration Min numeric value allowed : 0			

Complicity Min numeric value allowed : 0			
Prohibited association Min numeric value allowed : 0			
Retaliation Min numeric value allowed : 0			

Data not available

25. Co-operation with law enforcement agencies 

What measures have been taken to ensure co-operation between NADO and law enforcement agencies?


Law, please specify Article 22 of Law 81/2021, of November 30, which establishes the legal framework for the fight against doping in sport ensuring compliance with the new version of the code.

Agreement, please specify

Ad hoc activities, please specify

Other, please specify

None; your comment (optional)

26. Sanctions for doping trafficking 

Are there specific penalties or sanctions for illegal circulation of doping substances, in addition to those regulating the movement of medicines and narcotics?

Criminal penalties, please specify


Financial penalties, please specify

Administrative or civil sanctions, please specify

Professional disciplinary actions, please specify

None of above, please explain

Not available; your comment (optional)


27. Statistics on doping trafficking 

Do law enforcement agencies share data on the seizure of doping substances with the NADO?

Yes, please specify how many seizures have been reported in 2022

No. comment (optional)

Other, please specify

28. Anti-doping education target groups 

Which anti-doping target groups are educated and by whom?

NADO	Other organisations alone or in cooperation with NADO; please list	Not targeted in 2022
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International-level athletes	[X]	[X]	[]
National-level athletes	[X]	[X]	[]
Youth athletes	[X]	[X]	[]
Children / School sport	[]	[]	[X]
Recreational athletes	[]	[]	[X]
Athletes returning from a sanction	[X]	[]	[]
Coaches, trainers	[X]	[]	[]
Sports administrators, officials, managers, agents	[X]	[]	[]
Medical / Paramedical professionals	[X]	[]	[]
Team staff/Members of a delegation at a major event	[X]	[X]	[]
Parents	[X]	[X]	[]
School and university teachers	[X]	[]	[]
University students	[X]	[]	[]
Commercial sponsors	[]	[]	[X]
Media, journalists	[X]	[X]	[]

29. Mandatory anti-doping education

Is completion of a national anti-doping education programme (confirmation of in-person training, e-learning certificate or similar) mandatory for any part of your sport structure?

() No, all anti-doping education is voluntary

(X) Yes, it is mandatory for certain groups of athletes and support personnel (e.g. Olympic and Paralympic team); please specify RTP athletes, Olympic and Paralympic Teams, support personnel, and others

() Other

30. Nutritional supplements

What measures have been taken to address the problems related to nutritional supplements in sport?

[] Restrict availability

[] Control of production

[] Provide quality assurance

[] Comprehensive labelling

- Limit advertising and promotion
- Educational and informational measures
- Other, please specify:

31. Anti-doping programmes targeting gyms/fitness users

What measures have been taken to address doping among gyms/fitness centres users and employees?

- None (not targeted in 2022)
- Anti-doping education for gyms/fitness centres staff (e.g., personal trainers, fitness instructors); please specify

.....

Anti-doping information/awareness raising for gyms/fitness centres staff; please specify 301 / 5 000 Resultados da tradução
 Resultado de tradução Signing of a collaboration protocol between the Anti-Doping Authority of Portugal and the Organization for the regulation of Gyms and Academies throughout the Portuguese territory. Training and education actions focused on Technical Directors, Physical Exercise Technicians and Users of Gyms and Academies.

- Anti-doping education for gyms/fitness centres users; please specify
- Anti-doping certification/quality assurance program for gyms/fitness centres; please specify
- Doping controls (tests) of gyms/fitness centres users; please specify
- Other; please specify
- No data available

32. Organisation of anti-doping programmes for gyms/fitness centres

Which organisations are involved in implementing anti-doping programmes targeting gyms/fitness centres?

- None; not targeted in 2022
- National anti-doping organisation
- National gyms/fitness centres industry organisation; please specify
- Gyms/fitness centres chains and/or individual gym/fitness centres
- Governmental, regional or municipal authorities; please specify
- National/local sport organisations; please specify
- Education institutions please specify
- Other organisations; please specify
- No data available

33. Health consequences of doping

What measures have been taken to prevent possible adverse health consequences of the use doping substances in gyms/fitness centres?

- None; not targeted in 2022
- Anti-doping education/awareness raising for gyms/fitness centres users
- Anti-doping education/awareness raising for gyms/fitness centres staff
- Legislation, please specify


Health care/medical treatment services specifically targeting users of doping substances; please specify

Needle/syringe programmes; please specify

Help line/counselling for reducing or ceasing the use of doping substances; please specify

Other; please specify

No data available

34. Areas of anti-doping research 

What are the areas of anti-doping research?

Doping prevention

Detection methods

Social science, including the behavioural and social aspects of doping

Health consequences of doping

Physiological and psychological training programmes

Emerging substances or methods

Alternative testing methods

None

Other; your comment (optional)


35. Anti-doping research 

Has any anti-doping research been undertaken or supported?

Yes; your comment (optional)

Yes, to a limited extent; your comment (optional)


No; your comment (optional)

36. Publication of anti-doping research 

How many articles with the results of this research have been published in peer-reviewed scientific journals? Please upload a summary or share links to resources, if available

0 in 2022; your comment (optional)

Data not available

37. International agreements 

Has your country signed any agreements with other Anti-Doping Organisations (ADOs) or agreements on anti-doping with any other organisation or state concerning the following:

	Yes or No; if applicable please explain or upload the document (below)
(a) Sharing of information	Yes, with WADA, International Federations through ADAMS

(b) Law enforcement co-operation	Yes, with iNADO
(c) General co-operation	In addition to the agreements previously celebrated, ADoP in 2022, signed an cooperation agreement with Cape Verde
(d) Other	n.a

[] Data not available
