# Anti-Doping Questionnaire

# Implementation of anti-doping policies in 2022 - Poland

# Implementation of anti-doping policies in 2022 - Questionnaire - Modified 1.0

# Objective:

In order to implement the requirements of Article 9 of the Anti-Doping Convention, the annual online questionnaire is ready for data-collection on anti-doping policies in 2022.

In addition to the standard questions, three new ones on doping in recreational sport have been added replacing those on whistleblower protection. Please note that the proposed definitions for these questions are included in the instructions for each question.

For example, Question 1 refers to "gyms/fitness centres users" as individuals with a membership to a gyms/fitness centres. Gyms/fitness centres users may include both men and women at all ages, who partake in any kind of exercise activity offered by the gyms/fitness centres, including, but not limited to, strength training, endurance training, and/or group training (aerobics, spinning, yoga etc). Gym/fitness centre: A health, recreational, and social facility where people go to exercise, for example by lifting weights or using other equipment. It is often a for-profit commercial facility but may also be a community-based or institutionally supported centre.

#### Instruction:

For general instructions, please select the documentation links at the top of the page.

For specific instructions, please note that each question has additional support tools - previous answers and specific information related to that question.

If you encounter any problems that prevent you from completing the questionnaire, please email us at sport.t-do@coe.int.

Please complete, save and submit your country's 2022 data preferably by 27 April 2023. The final deadline for completing the survey is 1 June 2023.

#### Questions:

#### 1. Number of athletes

Please estimate the number of athletes in the following categories within your country:

#### international-level athletes

Min numeric value allowed: 0

[ ]

[ X ] Data not available

#### national-level athletes

Min numeric value allowed : 0

.

[X] Data not available

#### gyms/fitness centre users

Min numeric value allowed: 0

[ [ X ] Dat	] ; comment (optional)
	creational level athletes
Min num	neric value allowed: 0
[	]; comment (optional)
[ X ] Dat	a not available
	at the last Summer Olympic games heric value allowed: 0
[ 211 ]	
[ ] Data	not available
	at the last Winter Olympic games  neric value allowed: 0
[ 57 ]	
[ ] Data	not available
	at the last Summer Paralympic games  neric value allowed: 0
[ 90 ]	
[ ] Data	not available
	at the last Winter Paralympic games  neric value allowed: 0
[ <b>11 ]</b> [ ] Data	not available
2. Doping	g definition O
What is the	e definition of "doping in sport" used in your country?
[ ] Cou	ncil of Europe Anti-Doping Convention
[ ] UNE	ESCO International Convention against doping in sport
[ X ] Wo	rld Anti-Doping Code
[ X ] Oth	er, please specify (e.g. national law): Act on the fight against doping in sport
Attachm	
) Ac	t on the fight against doping in sport.pdf
3. Doping	g list
Which list your count	of banned pharmacological classes of doping agents and doping methods (i.e. Prohibited List) is implemented in ry?
[ ] Proh	nibited List, as adopted by the Executive Committee of WADA
[ ] List	of banned pharmacological classes of doping agents and doping methods, as adopted by the Monitoring Group (T-DO)
[ X ] Prol	hibited List, as adopted by the Conference of Parties of the International Convention against Doping in Sport (UNESCO)
[ ] Othe	er, please specify:

6 Journal of laws: http://isap.sejm.gov.pl/isap.nsf/DocDetails.xsp?id=WDU20220000732

4. Additional doping lists		•
For the purposes of restricting availability of doping subs	tances, are there other lists than t	those defined in the question 3?
( ) Yes, please specify:		
( X ) No. Comment (optional) For the purposes of the crimin List is used (S1, S2 and S4 group)	alisation of doping (trafficking and	administration) only a short Prohibited
5. Anti-doping laws		•
Are there any anti-doping laws in your country? Please up	pload the respective texts	
[X] Anti-doping law (other than ratification of the Conventi	ion). Your comment (optional)Act of	on the fight against doping in sport
[ ] Other public law rules, please specify:		
[ ] No.Comment (optional)		
Attachments		
Act on the fight against doping in sport.pdf		
6. National Anti-Doping Organisation (NADO)		•
What is the legal status of your national anti-doping organ	nisation? Please upload the statut	tes, if possible
(X) Public authority		
( ) Non-governmental organisation		
( ) Private company		
( ) National Olympic Committee acting as a NADO		
( ) Other, please specify:		
Attachments		
Act on the fight against doping in sport.pdf  Act on the fight against doping in sport.pdf		
7. NADO activities		•
Which of the activities below are conducted by your national chart, if possible	onal anti-doping organisation? Pl	ease upload the organisational
	Yes. Comment(optional)	No, please specify which organisation is in charge
Co-ordination of action by all national stakeholders (NADO, public authorities, sport organisations)	(X)	( )
Co-ordination of the fight against trafficking	( )	(X) This task falls within competence of the Police, the Customs and the Border Guards. Under the Act on the fight against doping in sport those against doping in sport. Above mentioned organisations are obligated to share data and

information about traficking with the Polish NADO

Risk assessment and test distribution planning (TDP)	(X)	( )
Registered testing pool and/or whereabouts pools management	(X)	( )
Sample collection and transportation of samples to a laboratory	(X)	( )
Sample Collection Personnel training, accreditation and reaccreditation	(X)	( )
Results management	(X)	( )
Therapeutic Use Exemption (TUE) management	(X)	( )
Intelligence management	(X)	( )
Investigations	(X)	( )
Education of athletes and athlete support personnel	(X)	( )
Research	(X)	( )
8. Funding of anti-doping programme What was the annual budget of the NADO for the 2022 calend Min numeric value allowed: 0  [ 1763000 ] amount in Euro (estimate)  [ ] Data not available	lar year (or other 1	2-month period, if applicable)?
9. Funding sources		
How is the NADO funded? Please select all that apply and inc [X] Government99%	licate an estimate i	n percentages:
[ ] National Olympic Committee (NOC)	%	
[ ] Other sports organisations	%	
[ X ] Fee for service1%		
[ ] Private %		
[ ] Other%		
10. Distribution of funding  What percentage of NADO's annual budget is put towards the	e following core pr	ogrammes?

[ 25 ] Testing (including equipment, transportation, sample collection personnel fees)

[45] Sample analysis (including Technical Document for Sport Specific Analysis, Athlete Passport Management Unit fees, sample

retention fees, additional and further analysis)
[ 3 ] Information and intelligence gathering, and investigations
[ 2 ] Results Management/Legal
[ 4 ] Education
[5] Research
[ 2 ] Therapeutic Use Exemptions (TUEs)
[ 14 ] Other (e.g. remuneration, administration) 10- renumeration, 4 - administration [ ] Data not available
11. Sport budget
What amount has been allocated to sport from the national budget through the national ministry responsible for sport for the year 2022 (or other 12-month period if applicable)?
[ 496364514 ] amount in Euro (estimate). The figures indicated are for state budget expenditures, expenditures under the physical culture development fund and the student sports activities fund. Comment, if applicable  [ ] Data not available
12. Limiting public funding to organisations
Is public funding withheld from organisations that do not comply with anti-doping regulations and related legal instruments
( ) Yes, all funding is withheld
(X) A limited amount of funding is withheld
( ) No financial implications
( ) Information not available / Comment
13. Limitation of public funding of persons
Is sport-related financial assistance provided by public authorities withheld from banned athletes or athlete support personne during the period of their suspension?
(X) Yes, all funding is withheld
( ) A limited amount of funding is withheld
( ) No
( ) Not applicable (no sport-related financial assistance is provided by public authorities to athletes or support personnel)
( ) Information not available / Comment
14. Testing programme
Does your country have a national testing programme?
(X) Yes
( ) No please explain

15. Quality certificate	•
Is your NADO or part of its procedures certified according to a quality st system)?	andard (such as ISO or any other quality assurance
( X ) Yes, please specify which standard, its scope and validityISO 9001:2015	5
( ) In progress	
( ) No	
16. NADO staff, committee members and other anti-doping specialists	•
Please outline below how many NADO staff, committees' members and coordination and management of your anti-doping programmes (except some Min numeric value allowed: 0	
[ 14 ] staff full time	
[ 1 ] staff part time	
[ 35 ] committees' members (including, but not limited to, members of the dis	sciplinary panels, NADO Board, TUE,
[4] other specialists, please describeLayer, Media officer, Project Manager, [3] Data not available	Scientific Officer
17. Number of DCOs and BCOs	•
If your NADO acts as a Sample Collection Authority (as per question 7), in the sample collection?  Min numeric value allowed: 0	how many sample collection persons are involved
[ 48 ] Doping Control Officers	
[ 6 ] Blood Collection Officers	
[ 0 ] Chaperones	
[ 0 ] Not applicable [ ] Data not available	
18. Use of WADA laboratories	
Which WADA-accredited or approved laboratories are used for analysis authority within your national testing programme in the year 2022? Pleas your own country	
	City or country
List all applicable laboratories	Warsaw
[ ] Data not available	

## 19. Testing statistics

How many samples were collected under your national testing programme in the year 2022?

	Urine	Blood (including ABP)
In-competition samples Min numeric value allowed: 0	1186	0
Out-of-competition samples Min numeric value allowed: 0	1017	245

#### 20. Testing abroad

Have you tested (directly or by using Delegated Third Parties) athletes under your authority who live or train abroad?

- (X) Yes
- ( ) Not in 2022, but we have authorisation to do so
- ( ) No, we do not have authorisation to do so / Comment .....

#### 21. Disciplinary system

Please describe the disciplinary process for anti-doping rule violations and application of the T-DO "Recommendation on ensuring the independence of hearing panels (bodies) and promoting fair trial in anti-doping cases" [T-DO/Rec(2017)01] http://rm.coe.int/recommendation-on-ensuring-the-independence-of-hearing-panels-bodies-a/1680735159

	_	_	-
Has your state established centralised panel/body in charge of all hearing proceedings in anti-doping matters (hearing panel)?	Yes	-	-
Is the hearing panel independent, and operationally independent from sport movement (i.a. national federations, National Olympic Committee, National Paralympic Committee)?	Yes	-	-
Is the hearing panel operationally independent from the government?	Yes	-	-
Is the hearing panel operationally independent from the NADO?	Yes	-	-
Is the composition of the hearing panel in line with the requirements outlined in the T-DO recommendation?	Yes	-	-
Are the rights of access to justice ensured in accordance with the T-DO recommendation?	Yes	-	-
Other comments	no	no	no

Suggestions	no	no	no
[ ] Data not available	,		
Attachments			
Website of Poli	sh Disciplinary Panel: http:	//paneldyscyplinarny.pl	
22. Appeals system			•

Please describe the process for handling anti-doping rule violations appeals

Describe, upload documents or add the link to the relevant content For national level athletes all appeals are recognized by independent Disciplinary Panel of Second Instance can be appeal only by WADA, IOC, IPC and relevant international sport federation to CAS. For international level athletes all appeals are recognized by CAS.

[ ] Data not available

#### 23. Appeals panel

What is the legal basis for the appeal panel to be fully 'institutionally independent' from NADO? Please select all that apply:

[X] Legislation or other applicable national law

[ ] Anti-doping rules

[ ] Procedural rules

[ ] Other (free text) .....

## 24. Anti-doping rule violations (ADRV)

How many anti-doping rule violations cases were initiated in 2022 and how many of these initiated cases resulted in the imposition of a sanction?

	Initiated cases	Cases that resulted in a sanction	Cases that resulted in no sanction
Presence of a prohibited substance Min numeric value allowed: 0	21	21	0
Use or attempted use Min numeric value allowed: 0	0	0	0
Evading, refusing or failing to submit to sample collection  Min numeric value allowed: 0	1	1	0
Whereabouts failures Min numeric value allowed: 0	1	1	0
Tampering Min numeric value allowed: 0	0	0	0
Possession Min numeric value allowed: 0	0	0	0

	Implementation of a	anti-doping policies in 2022	
Trafficking Min numeric value allowed: 0	0	0	0
Administration Min numeric value allowed: 0	0	0	0
Complicity Min numeric value allowed: 0	0	0	0
Prohibited association Min numeric value allowed: 0	0	0	0
Retaliation Min numeric value allowed: 0	0	0	0
[ ] Data not available	,	,	
25. Co-operation with law enforceme	ent agencies		•
What measures have been taken to ens	ure co-operation betwee	en NADO and law enfor	cement agencies?
[ X ] Law, please specify According to to ax Service, the MP and prosecutors are obor any information that is at the discposal of	ligated to cooperate with	POLADA ex officio. The F	
[X] Agreement, please specify Mou wi	th Central Bureau of Inve	stigation of the Polisce, the	Ministry of National Defence
[X] Ad hoc activities, please specify D	aily cooperation with law	enforcement, WADA, other	er NADOs
[ ] Other, please specify			
[ ] None; your comment (optional)			
26. Sanctions for doping trafficking			•
Are there specific penalties or sanction movement of medicines and narcotics?	_	of doping substances, in	addition to those regulating the
[ X ] Criminal penalties, please specify and or imprisonment of the structure of the struct	1, S2 and S4 of the Prohib	ited List, whithout the nece	ng or storing with intention to trafficking essary permisson in prohibited and result
[ ] Financial penalties, please specify			
[X] Administrative or civil sanctions, p	please specify depending of	on case	
[ X ] Professional disciplinary actions, p	lease specify Polish Anti-	Doping Rules	
[ ] None of above, please explain			
[ ] Trone of above, pieuse explain		••••••	
[ ] Not available; your comment (option			
			•
[ ] Not available; your comment (option	onal)		NADO?
[ ] Not available; your comment (option 27. Statistics on doping trafficking	onal)ta on the seizure of dop	ing substances with the l	NADO?
[ ] Not available; your comment (option 27. Statistics on doping trafficking Do law enforcement agencies share date.	ta on the seizure of dop	ing substances with the I	NADO?

## 28. Anti-doping education target groups

Which anti-doping target groups are educated and by whom?

	NADO	Other organisations alone or in cooperation with NADO; please list	Not targeted in 2022
International-level athletes	[ X ]	[ ]	[ ]
National-level athletes	[X]	[ ]	[ ]
Youth athletes	[X]	[ ]	[ ]
Children / School sport	[X]	[ ]	[ ]
Recreational athletes	[X]	[ ]	[ ]
Athletes returning from a sanction	[X]	[ ]	[ ]
Coaches, trainers	[X]	[ ]	[ ]
Sports administrators, officials, managers, agents	[X]	[ ]	[ ]
Medical / Paramedical professionals	[ X ]	[ ]	[ ]
Team staff/Members of a delegation at a major event	[X]	[ ]	[ ]
Parents	[ ]	[ ]	[X]
School and university teachers	[X]	[ ]	[ ]
University students	[X]	[ ]	[ ]
Commercial sponsors	[X]	[ ]	[ ]
Media, journalists	[ X ]	[ ]	[ ]

## 29. Mandatory anti-doping education

Is completion of a national anti-doping education programme (confirmation of in-person training, e-learning certificate or similar) mandatory for any part of your sport structure?

- ( ) No, all anti-doping education is voluntary
- ( X ) Yes, it is mandatory for certain groups of athletes and support personnel (e.g. Olympic and Paralympic team); please specifyOlympic and Paralympic team, World Championships team, European Championships team

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(	1 Ulther			

# 30. Nutritional supplements

What measures have been taken to address the problems related to nutritional supplements in sport?		
[ X ] Restrict availability		
[ X ] Control of production		
[ ] Provide quality assurance		
[ ] Comprehensive labelling		
[ ] Limit advertising and promotion		
[ X ] Educational and informational measures		
[ ] Other, please specify:		
31. Anti-doping programmes targeting gyms/fitness users		
What measures have been taken to address doping among gyms/fitness centres users and employees?		
[ X ] None (not targeted in 2022)		
[ ] Anti-doping education for gyms/fitness centres staff (e.g., personal trainers, fitness instructors); please specify		
[ ] Anti-doping information/awareness raising for gyms/fitness centres staff; please specify		
[ ] Anti-doping education for gyms/fitness centres users; please specify		
[ ] Anti-doping certification/quality assurance program for gyms/fitness centres; please specify		
[ ] Doping controls (tests) of gyms/fitness centres users; please specify		
[ ] Other; please specify		
[ ] No data available		
32. Organisation of anti-doping programmes for gyms/fitness centres		
Which organisations are involved in implementing anti-doping programmes targeting gyms/fitness centres?		
[ X ] None; not targeted in 2022		
[ ] National anti-doping organisation		
[ ] National gyms/fitness centres industry organisation; please specify		
[ ] Gyms/fitness centres chains and/or individual gym/fitness centres		
[ ] Governmental, regional or municipal authorities; please specify		
[ ] National/local sport organisations; please specify		
[ ] Education institutions please specify		
[ ] Other organisations; please specify		
[ ] No data available		
33. Health consequences of doping		

What measures have been taken to prevent possible adverse health consequences of the use doping substances in gyms/fitness centres?

[X] None; not targeted in 2022

[	] Anti-doping education/awareness raising for gyms/fitness centres users
[	] Anti-doping education/awareness raising for gyms/fitness centres staff
[	] Legislation, please specify
[	] Health care/medical treatment services specifically targeting users of doping substances; please specify
[	] Needle/syringe programmes; please specify
[	] Help line/counselling for reducing or ceasing the use of doping substances; please specify
[	] Other; please specify
[	] No data available
34	. Areas of anti-doping research
Wha	at are the areas of anti-doping research?
	X ] Doping prevention
[ ]	X ] Detection methods
[ ]	X ] Social science, including the behavioural and social aspects of doping
[ ]	X ] Health consequences of doping
[	] Physiological and psychological training programmes
[	] Emerging substances or methods
[	] Alternative testing methods
[	] None
[	] Other; your comment (optional)
35	. Anti-doping research
Has	any anti-doping research been undertaken or supported?
( )	X) Yes; your comment (optional)
(	) Yes, to a limited extent; your comment (optional)
(	) No; your comment (optional)
36	. Publication of anti-doping research
	w many articles with the results of this research have been published in peer-reviewed scientific journals? Please upload mary or share links to resources, if available
[	5] in 2022; your comment (optional)
	] Data not available
A	ttachments
	Publikacje 2022.docx
37	. International agreements

Has your country signed any agreements with other Anti-Doping Organisations (ADOs) or agreements on anti-doping with

a

# any other organisation or state concerning the following:

	Yes or No; if applicable please explain or upload the document (below)
(a) Sharing of information	Yes, NADO has signed a MoU with other NADOs: i.e. Azerbaijan, Moldova, Ukraine, Albania
(b) Law enforcement co-operation	Yes, NADO has signed a MoU with other NADOs: i.e. Azerbaijan, Moldova, Ukraine, Albania
(c) General co-operation	Yes, NADO has signed a MoU with other NADOs: i.e. Azerbaijan, Moldova, Ukraine, Albania
(d) Other	Yes, NADO has signed a MoU with other NADOs: i.e. Azerbaijan, Moldova, Ukraine, Albania

<sup>[ ]</sup> Data not available