

Implementation of anti-doping policies in 2022 - Norway

Implementation of anti-doping policies in 2022 - Questionnaire - Modified 1.0

Objective :

In order to implement the requirements of Article 9 of the Anti-Doping Convention, the annual online questionnaire is ready for data-collection on anti-doping policies in 2022.

In addition to the standard questions, three new ones on doping in recreational sport have been added replacing those on whistleblower protection. Please note that the proposed definitions for these questions are included in the instructions for each question.

For example, Question 1 refers to "gyms/fitness centres users" as individuals with a membership to a gyms/fitness centres. Gyms/fitness centres users may include both men and women at all ages, who partake in any kind of exercise activity offered by the gyms/fitness centres, including, but not limited to, strength training, endurance training, and/or group training (aerobics, spinning, yoga etc). Gym/fitness centre: A health, recreational, and social facility where people go to exercise, for example by lifting weights or using other equipment. It is often a for-profit commercial facility but may also be a community-based or institutionally supported centre.

Instruction :

For general instructions, please select the documentation links at the top of the page.

For specific instructions, please note that each question has additional support tools - previous answers and specific information related to that question.

If you encounter any problems that prevent you from completing the questionnaire, please email us at sport.t-do@coe.int.

Please complete, save and submit your country's 2022 data preferably by 27 April 2023. The final deadline for completing the survey is 1 June 2023.

Questions :

1. Number of athletes

Please estimate the number of athletes in the following categories within your country:

international-level athletes

Min numeric value allowed : 0

[100]

[] Data not available

national-level athletes Min numeric value allowed : 0

[4700]

[] Data not available

gyms/fitness centre users

Min numeric value allowed : 0

[1000000]; comment (optional)Estimated

[] Data not available

other recreational level athletes

Min numeric value allowed : 0

[1782000]; comment (optional)from 2021

[] Data not available

athletes at the last Summer Olympic games

Min numeric value allowed : 0

[94]

[] Data not available

athletes at the last Winter Olympic games

Min numeric value allowed : 0

[81]

[] Data not available

athletes at the last Summer Paralympic games

Min numeric value allowed : 0

[15]

[] Data not available

athletes at the last Winter Paralympic games

Min numeric value allowed : 0

[14]

[] Data not available

2. Doping definition

What is the definition of "doping in sport" used in your country?

- [] Council of Europe Anti-Doping Convention
- [] UNESCO International Convention against doping in sport
- [X] World Anti-Doping Code
- [] Other, please specify (e.g. national law) :

3. Doping list

Which list of banned pharmacological classes of doping agents and doping methods (i.e. Prohibited List) is implemented in your country?

[X] Prohibited List, as adopted by the Executive Committee of WADA

[] List of banned pharmacological classes of doping agents and doping methods, as adopted by the Monitoring Group (T-DO)

[X] Prohibited List, as adopted by the Conference of Parties of the International Convention against Doping in Sport (UNESCO)

[] Other, please specify :

For the purposes of restricting availability of doping substances, are there other lists than those defined in the question 3?

(X) Yes, please specify: List in accordance with the penal code

() No. Comment (optional)

Attachments

E List in penal code : http://lovdata.no/dokument/SF/forskrift/1993-04-30-318?q=doping

5. Anti-doping laws

Are there any anti-doping laws in your country? Please upload the respective texts

[] Anti-doping law (other than ratification of the Convention). Your comment (optional)

[X] Other public law rules, please specify:Civil Penal Code §231, §232, §234, §235; The Medical Act §24.a

[] No.Comment (optional)

Attachments

© The Medical Act : http://lovdata.no/dokument/NL/lov/1992-12-04-132?q=legemiddel

Civil Penal Code : http://lovdata.no/dokument/NL/lov/2005-05-20-28/KAPITTEL_2-8#KAPITTEL_2-8

6. National Anti-Doping Organisation (NADO)

What is the legal status of your national anti-doping organisation? Please upload the statutes, if possible

- () Public authority
- () Non-governmental organisation
- () Private company
- () National Olympic Committee acting as a NADO
- (X) Other, please specify:Independent Foundation
- Attachments
 - Anti-Doping Norway statutes.pdf

7. NADO activities

Which of the activities below are conducted by your national anti-doping organisation? Please upload the organisational chart, if possible

	Yes. Comment(optional)	No, please specify which organisation is in charge
Co-ordination of action by all national stakeholders (NADO, public authorities, sport organisations)	()	(X) In collaboration with the national stakeholders
Co-ordination of the fight against trafficking	()	(X) In collaboration with public authorities
Risk assessment and test distribution planning (TDP)	(X)	()
Registered testing pool and/or whereabouts pools management	(X)	()
Sample collection and transportation of samples to a laboratory	(X)	()

Sample Collection Personnel training, accreditation and re- accreditation	(X)	()
Results management	(X) With the exception of hearing and appeals panels, which are under the NOC	()
Therapeutic Use Exemption (TUE) management	(X)	()
Intelligence management	(X)	()
Investigations	(X)	()
Education of athletes and athlete support personnel	(X)	()
Research	(X)	()

Attachments

1.3. Organizational Chart - English.png

8. Funding of anti-doping programme

What was the annual budget of the NADO for the 2022 calendar year (or other 12-month period, if applicable)? Min numeric value allowed : 0

[4902000] amount in Euro (estimate)

[] Data not available

9. Funding sources

How is the NADO funded? Please select all that apply and indicate an estimate in percentages:

- [] Government93%
- [] National Olympic Committee (NOC) %
- [] Other sports organisations%
- [] Fee for service7%
- [] Private %
- [] Other%

10. Distribution of funding

What percentage of NADO's annual budget is put towards the following core programmes?

[27] Testing (including equipment, transportation, sample collection personnel fees)

[10] Sample analysis (including Technical Document for Sport Specific Analysis, Athlete Passport Management Unit fees, sample retention fees, additional and further analysis)

- [5] Information and intelligence gathering, and investigations
- [3] Results Management/Legal
- [29] Education

[1] Research

[2] Therapeutic Use Exemptions (TUEs)

[23] Other (e.g. remuneration, administration) Administration, operations, international relations,

[] Data not available

11. Sport budget

What amount has been allocated to sport from the national budget through the national ministry responsible for sport for the year 2022 (or other 12-month period if applicable)?

[382417318] amount in Euro (estimate). based on conversion rate 0.086Comment, if applicable

[] Data not available

12. Limiting public funding to organisations

Is public funding withheld from organisations that do not comply with anti-doping regulations and related legal instruments?

(X) Yes, all funding is withheld

() A limited amount of funding is withheld

- () No financial implications
- () Information not available / Comment

13. Limitation of public funding of persons

Is sport-related financial assistance provided by public authorities withheld from banned athletes or athlete support personnel during the period of their suspension?

(X) Yes, all funding is withheld

() A limited amount of funding is withheld

() No

- () Not applicable (no sport-related financial assistance is provided by public authorities to athletes or support personnel)
- () Information not available / Comment

14. Testing programme

Does your country have a national testing programme?

(X) Yes

() No, please explain

15. Quality certificate

Is your NADO or part of its procedures certified according to a quality standard (such as ISO or any other quality assurance system)?

(X) Yes, please specify which standard, its scope and validity ISO90001:2015: Valid until: 22/4-2026

() In progress

() No Attachments TSO-9001-10000350766-MSC-NA-NOR-4-en-US.pdf

16. NADO staff, committee members and other anti-doping specialists

Please outline below how many NADO staff, committees' members and other anti-doping specialists are involved in the coordination and management of your anti-doping programmes (except sample collection personnel)

Min numeric value allowed : 0

[28] staff full time

[61] staff part time

[29] committees' members (including, but not limited to, members of the disciplinary panels, NADO Board, TUE,

[0] other specialists, please describe

[] Data not available

17. Number of DCOs and BCOs

If your NADO acts as a Sample Collection Authority (as per question 7), how many sample collection persons are involved in the sample collection?

Min numeric value allowed : 0

[46] Doping Control Officers

[29] Blood Collection Officers

[9] Chaperones

[0] Not applicable

[] Data not available

18. Use of WADA laboratories

Which WADA-accredited or approved laboratories are used for analysis of samples collected by your NADO as a Testing authority within your national testing programme in the year 2022? Please list all that applies, including the laboratory in your own country

	City or country
List all applicable laboratories	Oslo, Barcelona, Cologne, Ghent, Lausanne, Nairobi, Paris, Roma, Stockholm, Sydney and Utah

[] Data not available

19. Testing statistics

How many samples were collected under your national testing programme in the year 2022?

Urine	Blood (including ABP)

In-competition samples Min numeric value allowed : 0	1029	183
Out-of-competition samples Min numeric value allowed : 0	941	563

20. Testing abroad

Have you tested (directly or by using Delegated Third Parties) athletes under your authority who live or train abroad?

(X)Yes

() Not in 2022, but we have authorisation to do so

() No, we do not have authorisation to do so / Comment

21. Disciplinary system

Please describe the disciplinary process for anti-doping rule violations and application of the T-DO "Recommendation on ensuring the independence of hearing panels (bodies) and promoting fair trial in anti-doping cases" [T-DO/Rec(2017)01] http://rm.coe.int/recommendation-on-ensuring-the-independence-of-hearing-panels-bodies-a/1680735159

			1
	_	_	_
Has your state established centralised panel/body in charge of all hearing proceedings in anti-doping matters (hearing panel)?	A centralized Hearing Panel has been established by the Norwegian Confederation of Sports (whose board also functions as NOC & NPC).	-	-
Is the hearing panel independent, and operationally independent from sport movement (i.a. national federations, National Olympic Committee, National Paralympic Committee)?	The Hearing Panel is operationally independent from the sports movement, and the roster of members of the hearing panel is appointed by the General Assembly of the Norwegian Confederation of Sports	-	-
Is the hearing panel operationally independent from the government?	Yes	-	-
Is the hearing panel operationally independent from the NADO?	Yes	-	-
Is the composition of the hearing panel in line with the requirements outlined in the T-DO recommendation?	Yes	-	-
Are the rights of access to justice ensured in accordance with the T-DO recommendation?	Yes	-	-
Other comments	-	-	-
Suggestions	-	-	-

[] Data not available

Please describe the process for handling anti-doping rule violations appeals

Describe, upload documents or add the link to the relevant content If an athlete has been imposed a sanction from NIF's Independent Adjudication Committee, an appeal shall be directed to NIF's Independent Adjudication Committee. It is the responsibility of NIF's Independent Adjudication Committee to forward the appeal to NIF's Independent Appeal Committee who will decide on the matter.

[] Data not available

23. Appeals panel

What is the legal basis for the appeal panel to be fully 'institutionally independent' from NADO? Please select all that apply:

- [] Legislation or other applicable national law
- [] Anti-doping rules
- [] Procedural rules

[X] Other (free text)It is a separate legal entity

24. Anti-doping rule violations (ADRV)

How many anti-doping rule violations cases were initiated in 2022 and how many of these initiated cases resulted in the imposition of a sanction?

	Initiated cases	Cases that resulted in a sanction	Cases that resulted in no sanction
Presence of a prohibited substance Min numeric value allowed : 0	20	18	0
Use or attempted use	0	0	0
Min numeric value allowed : 0 Evading, refusing or failing to submit to	1	1	0
sample collection Min numeric value allowed : 0			
Whereabouts failures	1	0	1
Min numeric value allowed : 0 Tampering	0	0	0
Min numeric value allowed : 0	0	0	0
Possession Min numeric value allowed : 0			
Trafficking Min numeric value allowed : 0	0	0	0
Administration	0	0	0
Min numeric value allowed : 0 Complicity	0	0	0
Min numeric value allowed : 0	1	0	1
Prohibited association Min numeric value allowed : 0	1		1

Retaliation	0	0	0
Min numeric value allowed : 0 [] Data not available			
25. Co-operation with law enforcement	nt agencies		
-	-		
What measures have been taken to ensu		ADO and law enforcement	nt agencies?
[] Law, please specify			
[X] Agreement, please specify Agreeme	ents with National Police Dire	ectorate and Cutoms	
[X] Ad hoc activities, please specify Me	eetings and information excha	nge	
[] Other, please specify			
[] None; your comment (optional)			
26. Sanctions for doping trafficking			
Are there specific penalties or sanctions novement of medicines and narcotics?	s for illegal circulation of d	oping substances, in addit	ion to those regulating the
[X] Criminal penalties, please specify U	Jp to 2 years imprisonment, or	r up to 6 years imprisonment	t for aggravating circumstances
[X] Financial penalties, please specify I	Fines		
[] Administrative or civil sanctions, pl	ease specify		
[] Professional disciplinary actions, pl	ease specify		
[] None of above, please explain			
[] Not available; your comment (optio	nal)		
27. Statistics on doping trafficking			
Do law enforcement agencies share dat	a on the seizure of doping s	substances with the NADO	D?
() Yes, please specify how many seizu	res have been reported in 202	2	
(X) No. comment (optional)Only upon	request for public access to in	formation in specific cases	
() Other, please specify			
28. Anti-doping education target grou	ps		
Which anti-doping target groups are ed	ucated and by whom?		
	NADO	Other organisatio alone or in coope with NADO; plea list	ration
International-level athletes	[X]	[]	[]
National-level athletes	[X]	[]	[]
Youth athletes	[X]	[]	[]

Youth athletes

Children / School sport	[X]	[]	[]
Recreational athletes	[X]	[]	[]
Athletes returning from a sanction	[X]	[]	[]
Coaches, trainers	[X]	[]	[]
Sports administrators, officials, managers, agents	[X]	[]	[]
Medical / Paramedical professionals	[X]	[]	[]
Team staff/Members of a delegation at a major event	[X]	[]	[]
Parents	[X]	[]	[]
School and university teachers	[X]	[]	[]
University students	[X]	[]	[]
Commercial sponsors	[]	[]	[X]
Media, journalists	[X]	[]	[]

29. Mandatory anti-doping education

Is completion of a national anti-doping education programme (confirmation of in-person training, e-learning certificate or similar) mandatory for any part of your sport structure?

() No, all anti-doping education is voluntary

(X) Yes, it is mandatory for certain groups of athletes and support personnel (e.g. Olympic and Paralympic team); please specifyMost National Federations have made completion of the a National anti-doping education program a requirement for participating in sport at a certain level. ADNO supports and oversees the implementation through the "Clean Sport Federation" program, in which 53 of 54 Federations take part. The level of participation in the education program varies between the Federations: at a minimum the members of the national teams, but as an example some Federations have made it a requirement for the participation in competitions from the age of 15.

- () Other
- 30. Nutritional supplements

What measures have been taken to address the problems related to nutritional supplements in sport?

- [] Restrict availability
- [] Control of production
- [] Provide quality assurance
- [X] Comprehensive labelling
- [X] Limit advertising and promotion
- [X] Educational and informational measures

[X] Other, please specify:Conducted and published studies on the use of supplements and ADRVs related to supplement use. In addition there is a Ministerial Act on Dietary supplements that regulates composition, labeling and marketing.

31. Anti-doping programmes targeting gyms/fitness users

What measures have been taken to address doping among gyms/fitness centres users and employees?

[] None (not targeted in 2022)

[X] Anti-doping education for gyms/fitness centres staff (e.g., personal trainers, fitness instructors); please specifyi) mandatory elearning for staff at fitness centers which are part of ADNOs clean fitness center program, ii) mandatory e-learning as part of vocational and college level personal trainer education, iii) full-day 8h advanced certification course - Anti-Doping Officer - Certification course for fitness centre employees. The course is Ereps approved by EuropeActive.

[X] Anti-doping information/awareness raising for gyms/fitness centres staff; please specifyDigital and printed information material provided to clean fitness centres marketing campaigns an info materials on social media.

[X] Anti-doping education for gyms/fitness centres users; please specifyVoluntary e-learing

[X] Anti-doping certification/quality assurance program for gyms/fitness centres; please specifyThe Clean Fitness Program

- [X] Doping controls (tests) of gyms/fitness centres users; please specifyYes, fee-for-service for certified clean fitness centres
- [X] Other; please specifyAnti-doping hotline. Digital content on www.antidoping.no
- [] No data available

32. Organisation of anti-doping programmes for gyms/fitness centres

Which organisations are involved in implementing anti-doping programmes targeting gyms/fitness centres?

[] None; not targeted in 2022

[X] National anti-doping organisation

[X] National gyms/fitness centres industry organisation; please specifyBoth the national branch organisations (Virke and NHO Geneo) collaborate to promote the Clean fitness centre program and have anti-doping on their agenda.

[X] Gyms/fitness centres chains and/or individual gym/fitness centres

[X] Governmental, regional or municipal authorities; please specifyAs a part of a trilateral collaboration program for at selction of Municipalities between ADNO, the Municipality and the Clean Fitness centres in that Municipality

[] National/local sport organisations; please specify

[X] Education institutions please specifyInstitutions which have implemented either ADNOs e-learning for fitness staff or the full-day advanced course described above.

[] Other organisations; please specify

[] No data available

33. Health consequences of doping

What measures have been taken to prevent possible adverse health consequences of the use doping substances in gyms/fitness centres?

[] None; not targeted in 2022

[X] Anti-doping education/awareness raising for gyms/fitness centres users

[X] Anti-doping education/awareness raising for gyms/fitness centres staff

[X] Legislation, please specifyThe use of certain doping substances (incl. AAS) is prohibited in Norway.

[X] Health care/medical treatment services specifically targeting users of doping substances; please specifyThe Steroid Project at the Oslo University Hospital offers education for health personnel and medical treatment for AAS-users.

[] Needle/syringe programmes; please specify

[X] Help line/counselling for reducing or ceasing the use of doping substances; please specifyADNOs anti-doping hotline targeting doping use outside organized sport as well as other online services are available.

[] Other; please specify

[] No data available

34. Areas of anti-doping research

What are the areas of anti-doping research?

- [X] Doping prevention
- [X] Detection methods
- [X] Social science, including the behavioural and social aspects of doping
- [] Health consequences of doping
- [] Physiological and psychological training programmes

[] Emerging substances or methods

- [X] Alternative testing methods
- [] None
- [] Other; your comment (optional)

35. Anti-doping research

Has any anti-doping research been undertaken or supported?

- (X) Yes; your comment (optional)
- () Yes, to a limited extent; your comment (optional)
- () No; your comment (optional)

36. Publication of anti-doping research

How many articles with the results of this research have been published in peer-reviewed scientific journals? Please upload a summary or share links to resources, if available

[3] in 2022; your comment (optional)

[] Data not available

Attachments

- Dietary Supplements as a Major Cause of Anti-doping Rule Violations : http://https://pubmed.ncbi.nlm.nih.gov/35399596/
- Intelligence-based doping control planning improves testing effectiveness: Perspectives from a national anti-doping organisation : http://https://pubmed.ncbi.nlm.nih.gov/36582051/
- Ten years of collecting hematological athlete biological passport samples-perspectives from a National Anti-doping Organization : http://https://pubmed.ncbi.nlm.nih.gov/35928963/

37. International agreements

Has your country signed any agreements with other Anti-Doping Organisations (ADOs) or agreements on anti-doping with any other organisation or state concerning the following:

	Yes or No; if applicable please explain or upload the document (below)
(a) Sharing of information	Yes
(b) Law enforcement co-operation	Yes
(c) General co-operation	Yes
(d) Other	Reciprocal testing agreement. NADO development agreement - (Mentor - Mentee)

[] Data not available

