

Implementation of anti-doping policies in 2022 - Finland

Implementation of anti-doping policies in 2022 - Questionnaire - Modified 1.0

Objective :

In order to implement the requirements of Article 9 of the Anti-Doping Convention, the annual online questionnaire is ready for data-collection on anti-doping policies in 2022.

In addition to the standard questions, three new ones on doping in recreational sport have been added replacing those on whistleblower protection. Please note that the proposed definitions for these questions are included in the instructions for each question.

For example, Question 1 refers to "gyms/fitness centres users" as individuals with a membership to a gyms/fitness centres. Gyms/fitness centres users may include both men and women at all ages, who partake in any kind of exercise activity offered by the gyms/fitness centres, including, but not limited to, strength training, endurance training, and/or group training (aerobics, spinning, yoga etc). Gym/fitness centre: A health, recreational, and social facility where people go to exercise, for example by lifting weights or using other equipment. It is often a for-profit commercial facility but may also be a community-based or institutionally supported centre.

Instruction :

For general instructions, please select the documentation links at the top of the page.

For specific instructions, please note that each question has additional support tools - previous answers and specific information related to that question.

If you encounter any problems that prevent you from completing the questionnaire, please email us at sport.t-do@coe.int.

Please complete, save and submit your country's 2022 data preferably by 27 April 2023. The final deadline for completing the survey is 1 June 2023.

Questions :

1. Number of athletes

Please estimate the number of athletes in the following categories within your country:

international-level athletes

Min numeric value allowed : 0

[300]

[] Data not available

national-level athletes

Min numeric value allowed : 0

[30000]

[] Data not available

gyms/fitness centre users

Min numeric value allowed : 0

[] ; comment (optional)

Data not available

other recreational level athletes

Min numeric value allowed : 0

[] ; comment (optional)

Data not available

athletes at the last Summer Olympic games

Min numeric value allowed : 0

[47]

Data not available

athletes at the last Winter Olympic games

Min numeric value allowed : 0

[95]

Data not available

athletes at the last Summer Paralympic games

Min numeric value allowed : 0

[16]

Data not available

athletes at the last Winter Paralympic games

Min numeric value allowed : 0

[6]

Data not available

2. Doping definition

What is the definition of "doping in sport" used in your country?

Council of Europe Anti-Doping Convention

UNESCO International Convention against doping in sport

World Anti-Doping Code

Other, please specify (e.g. national law) :

3. Doping list

Which list of banned pharmacological classes of doping agents and doping methods (i.e. Prohibited List) is implemented in your country?

Prohibited List, as adopted by the Executive Committee of WADA

List of banned pharmacological classes of doping agents and doping methods, as adopted by the Monitoring Group (T-DO)

Prohibited List, as adopted by the Conference of Parties of the International Convention against Doping in Sport (UNESCO)

Other, please specify :

4. Additional doping lists

For the purposes of restricting availability of doping substances, are there other lists than those defined in the question 3?

Yes, please specify: The Penal Code: Doping agents according to the code are: •synthetic anabolic steroids and their derivatives •testosterone and its derivatives •growth hormones and •chemical substances that increase the production of testosterone, its derivatives or growth hormone in the human body. The Finnish Criminal Code prohibits the illegal manufacturing, import and distribution of doping agents and their possession with the purpose of dissemination

No. Comment (optional)

Attachments

 The Penal Code of Finland : http://https://www.finlex.fi/en/laki/kaannokset/1889/en18890039_20210433.pdf

5. Anti-doping laws

Are there any anti-doping laws in your country? Please upload the respective texts

Anti-doping law (other than ratification of the Convention). Your comment (optional) Import and dissemination of doping agents is regulated by Chapter 44 of the Finnish Criminal Code. The use of doping agents is also subject to the Medicines Act and the regulations of the Criminal Code on smuggling, unlawful dealing in imported goods and narcotic agents.

Other public law rules, please specify:

No. Comment (optional)

Attachments

 The Penal Code of Finland : http://https://www.finlex.fi/en/laki/kaannokset/1889/en18890039_20210433.pdf

6. National Anti-Doping Organisation (NADO)

What is the legal status of your national anti-doping organisation? Please upload the statutes, if possible

Public authority

Non-governmental organisation

Private company

National Olympic Committee acting as a NADO

Other, please specify:

Attachments

 Suomen-urheilun-eettinen-keskus-SUEK-ryn-saannot-2022.pdf


7. NADO activities


Which of the activities below are conducted by your national anti-doping organisation? Please upload the organisational chart, if possible

	Yes. Comment(optional)	No, please specify which organisation is in charge
Co-ordination of action by all national stakeholders (NADO, public authorities, sport organisations)	<input type="checkbox"/>	<input checked="" type="checkbox"/> Ministry of education and culture
Co-ordination of the fight against trafficking	<input type="checkbox"/>	<input checked="" type="checkbox"/> Customs
Risk assessment and test distribution planning (TDP)	<input checked="" type="checkbox"/>	<input type="checkbox"/>

Registered testing pool and/or whereabouts pools management	(X)	()
Sample collection and transportation of samples to a laboratory	(X)	()
Sample Collection Personnel training, accreditation and re-accreditation	(X)	()
Results management	(X)	()
Therapeutic Use Exemption (TUE) management	(X)	()
Intelligence management	(X)	()
Investigations	(X)	()
Education of athletes and athlete support personnel	(X)	()
Research	()	(X) Universities

Attachments

 organization chart.pdf


8. Funding of anti-doping programme 

What was the annual budget of the NADO for the 2022 calendar year (or other 12-month period, if applicable)?

Min numeric value allowed : 0

[3369576] amount in Euro (estimate)

[] Data not available

9. Funding sources 

How is the NADO funded? Please select all that apply and indicate an estimate in percentages:

[X] Government 96%


[] National Olympic Committee (NOC) %

[] Other sports organisations %

[X] Fee for service 4%

[] Private %

[] Other %

10. Distribution of funding 

What percentage of NADO's annual budget is put towards the following core programmes?

[49] Testing (including equipment, transportation, sample collection personnel fees)

[1] Sample analysis (including Technical Document for Sport Specific Analysis, Athlete Passport Management Unit fees, sample retention fees, additional and further analysis)

- [3] Information and intelligence gathering, and investigations
- [1] Results Management/Legal
- [5] Education
- [0] Research
- [1] Therapeutic Use Exemptions (TUEs)
- [40] Other (e.g. remuneration, administration) salaries, administration, ICT
- [] Data not available

11. Sport budget

What amount has been allocated to sport from the national budget through the national ministry responsible for sport for the year 2022 (or other 12-month period if applicable)?

- [153182000] amount in Euro (estimate). Comment, if applicable
- [] Data not available

12. Limiting public funding to organisations

Is public funding withheld from organisations that do not comply with anti-doping regulations and related legal instruments?

- Yes, all funding is withheld
- A limited amount of funding is withheld
- No financial implications
- Information not available / Comment

13. Limitation of public funding of persons

Is sport-related financial assistance provided by public authorities withheld from banned athletes or athlete support personnel during the period of their suspension?

- Yes, all funding is withheld
- A limited amount of funding is withheld
- No
- Not applicable (no sport-related financial assistance is provided by public authorities to athletes or support personnel)
- Information not available / Comment

14. Testing programme

Does your country have a national testing programme?

- Yes
- No, please explain

15. Quality certificate


Is your NADO or part of its procedures certified according to a quality standard (such as ISO or any other quality assurance system)?

Yes, please specify which standard, its scope and validity 9001:2015, Scope: Doping control, therapeutic use exemptions and antidoping education, Valid: 3 October 2021 – 12 October 2024

In progress

No

Attachments

 ISO-9001 certificate_FINCIS.pdf

16. NADO staff, committee members and other anti-doping specialists

Please outline below how many NADO staff, committees' members and other anti-doping specialists are involved in the coordination and management of your anti-doping programmes (except sample collection personnel)

Min numeric value allowed : 0

[6] staff full time

[4] staff part time

[18] committees' members (including, but not limited to, members of the disciplinary panels, NADO Board, TUE,

[0] other specialists, please describe

[] Data not available

17. Number of DCOs and BCOs

If your NADO acts as a Sample Collection Authority (as per question 7), how many sample collection persons are involved in the sample collection?

Min numeric value allowed : 0

[26] Doping Control Officers

[21] Blood Collection Officers

[116] Chaperones

[0] Not applicable

[] Data not available

18. Use of WADA laboratories

Which WADA-accredited or approved laboratories are used for analysis of samples collected by your NADO as a Testing authority within your national testing programme in the year 2022? Please list all that applies, including the laboratory in your own country

City or country

List all applicable laboratories	LAB-Montreal-CAN-INRS, LAB-Madrid-ESP, LAB-Doha-QAT, LAB-Ghent-BEL, LAB-Barcelona-ESP, LAB-Cologne-GER, LAB-Stockholm-SWE, LAB-UTAH-USA, LAB-Sydney-AUS-ASDTL, LAB-Seibersdorf-AUT, LAB-London-GBR-KCL
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[] Data not available

19. Testing statistics

How many samples were collected under your national testing programme in the year 2022?

	Urine	Blood (including ABP)
In-competition samples Min numeric value allowed : 0	1094	41
Out-of-competition samples Min numeric value allowed : 0	1360	492

20. Testing abroad

Have you tested (directly or by using Delegated Third Parties) athletes under your authority who live or train abroad?

Yes

Not in 2022, but we have authorisation to do so

No, we do not have authorisation to do so / Comment

21. Disciplinary system

Please describe the disciplinary process for anti-doping rule violations and application of the T-DO "Recommendation on ensuring the independence of hearing panels (bodies) and promoting fair trial in anti-doping cases" [T-DO/Rec(2017)01] <http://rm.coe.int/recommendation-on-ensuring-the-independence-of-hearing-panels-bodies-a/1680735159>

	-	-	-
Has your state established centralised panel/body in charge of all hearing proceedings in anti-doping matters (hearing panel)?	-	-	x
Is the hearing panel independent, and operationally independent from sport movement (i.a. national federations, National Olympic Committee, National Paralympic Committee)?	x	-	-
Is the hearing panel operationally independent from the government?	x	-	-
Is the hearing panel operationally independent from the NADO?	x	-	-

Is the composition of the hearing panel in line with the requirements outlined in the T-DO recommendation?	x	-	-
Are the rights of access to justice ensured in accordance with the T-DO recommendation?	x	-	-
Other comments	-	-	x
Suggestions	-	-	x

Data not available

22. Appeals system

Please describe the process for handling anti-doping rule violations appeals

Describe, upload documents or add the link to the relevant content The sports arbitration board of Finland is the first instance to appeal and CAS is the final instance. In cases arising from participation in an International Event or in cases involving International-Level Athletes, the decision may be appealed exclusively to CAS.

Data not available

23. Appeals panel

What is the legal basis for the appeal panel to be fully 'institutionally independent' from NADO? Please select all that apply:

- Legislation or other applicable national law
- Anti-doping rules
- Procedural rules
- Other (free text)

24. Anti-doping rule violations (ADRV)

How many anti-doping rule violations cases were initiated in 2022 and how many of these initiated cases resulted in the imposition of a sanction?

	Initiated cases	Cases that resulted in a sanction	Cases that resulted in no sanction
Presence of a prohibited substance Min numeric value allowed : 0	5	4	0
Use or attempted use Min numeric value allowed : 0	0	0	0
Evading, refusing or failing to submit to sample collection Min numeric value allowed : 0	0	0	0

Whereabouts failures Min numeric value allowed : 0	0	0	0
Tampering Min numeric value allowed : 0	0	0	0
Possession Min numeric value allowed : 0	0	0	0
Trafficking Min numeric value allowed : 0	0	0	0
Administration Min numeric value allowed : 0	0	0	0
Complicity Min numeric value allowed : 0	0	0	0
Prohibited association Min numeric value allowed : 0	0	0	0
Retaliation Min numeric value allowed : 0	0	0	0

Data not available

25. Co-operation with law enforcement agencies

What measures have been taken to ensure co-operation between NADO and law enforcement agencies?

Law, please specify Criminal Code, chapter 44

Agreement, please specify MOUs with the Police and Customs

Ad hoc activities, please specify

Other, please specify Unofficial meetings with law enforcement, NADO, ministries, Dopinglinkki organised by the Ministry of Education and Culture

None; your comment (optional)

26. Sanctions for doping trafficking

Are there specific penalties or sanctions for illegal circulation of doping substances, in addition to those regulating the movement of medicines and narcotics?

Criminal penalties, please specify Imprisonment up to 4 years

Financial penalties, please specify

Administrative or civil sanctions, please specify

Professional disciplinary actions, please specify

None of above, please explain

Not available; your comment (optional)

27. Statistics on doping trafficking

Do law enforcement agencies share data on the seizure of doping substances with the NADO?

Yes, please specify how many seizures have been reported in 2022 24868 tbl/amp

() No. comment (optional)

() Other, please specify

28. Anti-doping education target groups

Which anti-doping target groups are educated and by whom?

	NADO	Other organisations alone or in cooperation with NADO; please list	Not targeted in 2022
International-level athletes	[X]	[X] NF:s	[]
National-level athletes	[X]	[X] NFs	[]
Youth athletes	[X]	[X] NFs, sports institutes, sports academies	[]
Children / School sport	[]	[X] sports institutes, sports academies	[]
Recreational athletes	[]	[]	[X]
Athletes returning from a sanction	[X]	[]	[]
Coaches, trainers	[X]	[X] sports institutes, NFs	[]
Sports administrators, officials, managers, agents	[X]	[X] NF:s	[]
Medical / Paramedical professionals	[X]	[X] university	[]
Team staff/Members of a delegation at a major event	[X]	[X] NOC, NPC	[]
Parents	[]	[X] NF:s	[]
School and university teachers	[]	[X] university	[]
University students	[X]	[X] University	[]
Commercial sponsors	[]	[X] NF:s	[]
Media, journalists	[X]	[X] NF:s	[]

29. Mandatory anti-doping education

Is completion of a national anti-doping education programme (confirmation of in-person training, e-learning certificate or similar) mandatory for any part of your sport structure?

() No, all anti-doping education is voluntary

(X) Yes, it is mandatory for certain groups of athletes and support personnel (e.g. Olympic and Paralympic team); please specify Anti-doping education is mandatory for athletes in registered testing pool (in-person training and e-learning), athletes returning from a sanction

(e-learning), Olympic and Paralympic team (e-learning). Many national sports federations have defined that FINCIS's e-learning courses are mandatory for e.g national teams (athletes and asp) and their own employees.

Other

30. Nutritional supplements

What measures have been taken to address the problems related to nutritional supplements in sport?

- Restrict availability
- Control of production
- Provide quality assurance
- Comprehensive labelling
- Limit advertising and promotion
- Educational and informational measures
- Other, please specify:

31. Anti-doping programmes targeting gyms/fitness users

What measures have been taken to address doping among gyms/fitness centres users and employees?

- None (not targeted in 2022)
- Anti-doping education for gyms/fitness centres staff (e.g., personal trainers, fitness instructors); please specify <https://dopinglinkki.fi/en/> Dopinglinkki-service has a programme with education and label/certification for gyms willing to join the network "Puhtaan liikunnan puolesta" (For clean sport). The commitment includes education and awareness raising to staff and users.
- Anti-doping information/awareness raising for gyms/fitness centres staff; please specify All education and awareness raising mentioned in recreational doping and gyms is taken care by Dopinglinkki.fi. Unfortunately the material and education sites are only in Finnish, so please check Finnish sites (koulutus = education) <https://dopinglinkki.fi/>
- Anti-doping education for gyms/fitness centres users; please specify <https://dopinglinkki.fi/>
- Anti-doping certification/quality assurance program for gyms/fitness centres; please specify <https://dopinglinkki.fi/>
- Doping controls (tests) of gyms/fitness centres users; please specify
- Other; please specify
- No data available

32. Organisation of anti-doping programmes for gyms/fitness centres


Which organisations are involved in implementing anti-doping programmes targeting gyms/fitness centres?


- None; not targeted in 2022
- National anti-doping organisation
- National gyms/fitness centres industry organisation; please specify
- Gyms/fitness centres chains and/or individual gym/fitness centres
- Governmental, regional or municipal authorities; please specify A-Clinic Foundation
- National/local sport organisations; please specify
- Education institutions please specify

Other organisations; please specify Dopinglinkki -service (in A-Clinic Foundation)

No data available

Attachments

 A-Clinic Foundation : <http://https://a-klinikksaatio.fi/plp-toimijat/>

 Dopinglinkki : <http://https://a-klinikksaatio.fi/plp-toimijat/>

33. Health consequences of doping

What measures have been taken to prevent possible adverse health consequences of the use doping substances in gyms/fitness centres?

None; not targeted in 2022

Anti-doping education/awareness raising for gyms/fitness centres users

Anti-doping education/awareness raising for gyms/fitness centres staff

Legislation, please specify

Health care/medical treatment services specifically targeting users of doping substances; please specify

Needle/syringe programmes; please specify

Help line/counselling for reducing or ceasing the use of doping substances; please specify <https://dopinglinkki.fi/>

Other; please specify

No data available

34. Areas of anti-doping research

What are the areas of anti-doping research?

Doping prevention

Detection methods

Social science, including the behavioural and social aspects of doping

Health consequences of doping

Physiological and psychological training programmes

Emerging substances or methods

Alternative testing methods

None

Other; your comment (optional)

35. Anti-doping research

Has any anti-doping research been undertaken or supported?

Yes; your comment (optional)

Yes, to a limited extent; your comment (optional)

No; your comment (optional)




36. Publication of anti-doping research

How many articles with the results of this research have been published in peer-reviewed scientific journals? Please upload a summary or share links to resources, if available

1 in 2022; your comment (optional) This is partly unknown as we do not have thorough information.

Data not available

Attachments

 Female doping : http://https://link.springer.com/epdf/10.1186/s12905-023-02399-9?sharing_token=I9JgWDM9SdrYbqDgxeeZfm_BpE1tBhCbnbw3BuzI2ROKpVxyVCNLgqYvtt1Gnzw_TrAZTsu6s1-kCheBHIsc7IK0_z_FfvMShcIabFHSAxLGVmoYXbDZD7EN0PW4ZLqO4E4sWWLpWwV0rr1lqG7dNN-_A5COo6srMsw1Ar_T7I=

37. International agreements



Has your country signed any agreements with other Anti-Doping Organisations (ADOs) or agreements on anti-doping with any other organisation or state concerning the following:

	Yes or No; if applicable please explain or upload the document (below)
(a) Sharing of information	yes
(b) Law enforcement co-operation	no
(c) General co-operation	yes
(d) Other	yes, Finnish Government works actively in the intergovernmental cooperation on anti-doping in several fora, Council of Europe, UNESCO, IADA and our NADO is active in iNADO.

Data not available