

Implementation of anti-doping policies in 2022 - Estonia

Implementation of anti-doping policies in 2022 - Questionnaire - Modified 1.0

Objective :

In order to implement the requirements of Article 9 of the Anti-Doping Convention, the annual online questionnaire is ready for data-collection on anti-doping policies in 2022.

In addition to the standard questions, three new ones on doping in recreational sport have been added replacing those on whistleblower protection. Please note that the proposed definitions for these questions are included in the instructions for each question.

For example, Question 1 refers to "gyms/fitness centres users" as individuals with a membership to a gyms/fitness centres. Gyms/fitness centres users may include both men and women at all ages, who partake in any kind of exercise activity offered by the gyms/fitness centres, including, but not limited to, strength training, endurance training, and/or group training (aerobics, spinning, yoga etc). Gym/fitness centre: A health, recreational, and social facility where people go to exercise, for example by lifting weights or using other equipment. It is often a for-profit commercial facility but may also be a community-based or institutionally supported centre.

Instruction :

For general instructions, please select the documentation links at the top of the page.

For specific instructions, please note that each question has additional support tools - previous answers and specific information related to that question.

If you encounter any problems that prevent you from completing the questionnaire, please email us at sport.t-do@coe.int.

Please complete, save and submit your country's 2022 data preferably by 27 April 2023. The final deadline for completing the survey is 1 June 2023.

Questions :

1. Number of athletes

Please estimate the number of athletes in the following categories within your country:

international-level athletes

Min numeric value allowed : 0

[200]

[] Data not available

national-level athletes

Min numeric value allowed : 0

[5000]

[] Data not available

gyms/fitness centre users

Min numeric value allowed : 0

[177898] ; comment (optional)By statistics of sport clubs. Unfortunately most of Gyms that have not defined themselves as sports clubs are not required to provide sports statistics. Apparently, the numbers are therefore higher by ca-30%

Data not available

other recreational level athletes

Min numeric value allowed : 0

[193274] ; comment (optional)By last official statistics of sport clubs and sport schools, including international and national level athletes

Data not available

athletes at the last Summer Olympic games

Min numeric value allowed : 0

[34]

Data not available

athletes at the last Winter Olympic games

Min numeric value allowed : 0

[26]

Data not available

athletes at the last Summer Paralympic games

Min numeric value allowed : 0

[5]

Data not available

athletes at the last Winter Paralympic games

Min numeric value allowed : 0

[5]

Data not available

2. Doping definition

What is the definition of "doping in sport" used in your country?


Council of Europe Anti-Doping Convention

UNESCO International Convention against doping in sport

World Anti-Doping Code

Other, please specify (e.g. national law) :

Attachments

 Estonian-ADR-2021-08-April-2021-final.pdf

3. Doping list

Which list of banned pharmacological classes of doping agents and doping methods (i.e. Prohibited List) is implemented in your country?


Prohibited List, as adopted by the Executive Committee of WADA


List of banned pharmacological classes of doping agents and doping methods, as adopted by the Monitoring Group (T-DO)

Prohibited List, as adopted by the Conference of Parties of the International Convention against Doping in Sport (UNESCO)

Other, please specify :

Attachments

 wada_2022_english_prohibited_list_ET.pdf

 WADA Prohibited List in Estonian : <http://https://eadse.ee/antidoping/keelatud-ainete-ja-meetodite-nimekiri/>


4. Additional doping lists

For the purposes of restricting availability of doping substances, are there other lists than those defined in the question 3?

Yes, please specify: There is an agreement between ESTCIS (former EADA) and the Tax and Customs Board and the Police Board that the latter will receive possible information about prohibited drugs, incl. trafficking and trading of anabolic steroids and their derivatives, growth hormones, EPO. This contract was signed over 5 years ago, and due to a change in CEO and her broken hard drive, we don't have it to submit. However, the Tax and Custom Board last sent encrypted data on doping agents traffic on 27.10.2023. I am forwarding an e-mail exchange in Estonian about the continued validity of the our contract

No. Comment (optional)

Attachments

 Vs_ Väärteomenetluste andmete edastamine.msg

5. Anti-doping laws

Are there any anti-doping laws in your country? Please upload the respective texts


Anti-doping law (other than ratification of the Convention). Your comment (optional)


Other public law rules, please specify: Sport Act, Penal Code §195 Doping Offence and Estonian Sport Act § 11. Compliance with anti-doping rules

No. Comment (optional)

Attachments

 Estonian Sport Act (in Estonian) : <http://https://www.riigiteataja.ee/akt/1013701?leiaKehtiv>

 Sport Act_30.05.2023.pdf

 Penal_code_Estonia.pdf

6. National Anti-Doping Organisation (NADO)

What is the legal status of your national anti-doping organisation? Please upload the statutes, if possible

Public authority


Non-governmental organisation


Private company

National Olympic Committee acting as a NADO

Other, please specify: 22.09.2021 ESTCS merge previous Estonian Anti-Doping Agency, see added court order

Attachments

 EADSE_statutes_06.09.2019_EN.pdf

 ESTCIS-EADSE_E-Business_Register_05.01.2021.pdf

 maarus_9002471874.pdf


7. NADO activities

Which of the activities below are conducted by your national anti-doping organisation? Please upload the organisational chart, if possible

	Yes. Comment(optional)	No, please specify which organisation is in charge
Co-ordination of action by all national stakeholders (NADO, public authorities, sport organisations)	(X) in Cooperation with Ministry of Culture Sports department and Estonian Olympic Committee	()
Co-ordination of the fight against trafficking	(X) in cooperation with police and the tax office	()
Risk assessment and test distribution planning (TDP)	(X)	()
Registered testing pool and/or whereabouts pools management	(X)	()
Sample collection and transportation of samples to a laboratory	(X)	()
Sample Collection Personnel training, accreditation and re-accreditation	(X)	()
Results management	(X)	()
Therapeutic Use Exemption (TUE) management	(X)	()
Intelligence management	(X)	()
Investigations	(X) In cooperation with police if possible	()
Education of athletes and athlete support personnel	(X)	()
Research	() In cooperation with universities	(X) Ministry of Culture

Attachments

 ESTONIAN CENTER FOR INTEGRITY IN SPORTS.docx


8. Funding of anti-doping programme 

What was the annual budget of the NADO for the 2022 calendar year (or other 12-month period, if applicable)?

Min numeric value allowed : 0

[457000] amount in Euro (estimate)

[] Data not available

9. Funding sources 

How is the NADO funded? Please select all that apply and indicate an estimate in percentages:

[] Government 52%

[] National Olympic Committee (NOC) 29%

[] Other sports organisations %

[] Fee for service 11%

[] Private %

[] Other 8%

10. Distribution of funding

What percentage of NADO's annual budget is put towards the following core programmes?

[18] Testing (including equipment, transportation, sample collection personnel fees)

[20] Sample analysis (including Technical Document for Sport Specific Analysis, Athlete Passport Management Unit fees, sample retention fees, additional and further analysis)

[7] Information and intelligence gathering, and investigations

[12] Results Management/Legal

[5] Education

[1] Research

[1] Therapeutic Use Exemptions (TUEs)

[36] Other (e.g. remuneration, administration) matchfixing, safeguarding, other sport ethics issues, ERASMUS+ projects etc

[] Data not available

11. Sport budget

What amount has been allocated to sport from the national budget through the national ministry responsible for sport for the year 2022 (or other 12-month period if applicable)?

[47900000] amount in Euro (estimate). by information of Ministry of Culture Comment, if applicable

[] Data not available

12. Limiting public funding to organisations

Is public funding withheld from organisations that do not comply with anti-doping regulations and related legal instruments?

(X) Yes, all funding is withheld

() A limited amount of funding is withheld

() No financial implications

() Information not available / Comment: According to Section 11 (2) of the Sports Act, only the athlete must pay back public funding in case of violation of AD-Rules. There is no explicit provision in the sport act regarding the sports federation. However, according to our information, there is such an obligation in the agreements between the Estonian Olympic Committee (EOC) and the sports federation. Public funding is distributed in Estonia through the EOC see - <https://www.riigiteataja.ee/en/eli/511032020002/consolidate> <https://www.riigiteataja.ee/akt/121092022014?leiaKehtiv> §16

13. Limitation of public funding of persons

Is sport-related financial assistance provided by public authorities withheld from banned athletes or athlete support personnel during the period of their suspension?

(X) Yes, all funding is withheld

() A limited amount of funding is withheld

No

Not applicable (no sport-related financial assistance is provided by public authorities to athletes or support personnel)

Information not available / Comment Estonian Sport Act § 11. Compliance with anti-doping rules (1) Athletes and coaches are required to be familiar and comply with anti-doping rules which are provided for in the World Anti-doping Code and which are adopted pursuant to the Code. (2) An athlete concerning whom the use of doping has been established or who has refused to take a doping test shall, therefore, lose the right to receive state sports scholarships and awards granted to him or her by the sports federation or the international sports federation for the period of suspension. (3) For the performance of anti-doping operations, the national anti-doping organisation and sports organisations shall have the right to process personal data, including the health data of a person. - <https://www.riigiteataja.ee/en/eli/511032020002/consolide>

14. Testing programme

Does your country have a national testing programme?

Yes

No, please explain

15. Quality certificate

Is your NADO or part of its procedures certified according to a quality standard (such as ISO or any other quality assurance system)?

Yes, please specify which standard, its scope and validity ESTCIS is compliant with the recent WADA's and iNADO's compliance criteria. The process for joining the ISO standard has been initiated

In progress

No

16. NADO staff, committee members and other anti-doping specialists

Please outline below how many NADO staff, committees' members and other anti-doping specialists are involved in the coordination and management of your anti-doping programmes (except sample collection personnel)

Min numeric value allowed : 0

[5] staff full time

[1] staff part time

[20] committees' members (including, but not limited to, members of the disciplinary panels, NADO Board, TUE,

[1] other specialists, please describe Pharmacist

[] Data not available

17. Number of DCOs and BCOs

If your NADO acts as a Sample Collection Authority (as per question 7), how many sample collection persons are involved in the sample collection?

Min numeric value allowed : 0

[10] Doping Control Officers

[4] Blood Collection Officers

[30] Chaperones

[0] Not applicable


[] Data not available

18. Use of WADA laboratories 

Which WADA-accredited or approved laboratories are used for analysis of samples collected by your NADO as a Testing authority within your national testing programme in the year 2022? Please list all that applies, including the laboratory in your own country


	City or country
List all applicable laboratories	SWE/Karolinska; also we have ordered OOC tests for Estonian athletes in Denmark, Norway, Finland, Holland, USA, Austria, Italy, Spain, Portugal.

[] Data not available


19. Testing statistics 

How many samples were collected under your national testing programme in the year 2022?

	Urine	Blood (including ABP)
In-competition samples Min numeric value allowed : 0	320	3
Out-of-competition samples Min numeric value allowed : 0	94	93

20. Testing abroad 

Have you tested (directly or by using Delegated Third Parties) athletes under your authority who live or train abroad?

 Yes Not in 2022, but we have authorisation to do so No, we do not have authorisation to do so / Comment21. Disciplinary system 


Please describe the disciplinary process for anti-doping rule violations and application of the T-DO "Recommendation on ensuring the independence of hearing panels (bodies) and promoting fair trial in anti-doping cases" [T-DO/Rec(2017)01] <http://rm.coe.int/recommendation-on-ensuring-the-independence-of-hearing-panels-bodies-a/1680735159>

	–	–	–
Has your state established centralised panel/body in charge of all hearing proceedings in anti-doping matters (hearing panel)?	yes	no	no

Is the hearing panel independent, and operationally independent from sport movement (i.a. national federations, National Olympic Committee, National Paralympic Committee)?	yes	no	no
Is the hearing panel operationally independent from the government?	yes	no	no
Is the hearing panel operationally independent from the NADO?	yes	no	no
Is the composition of the hearing panel in line with the requirements outlined in the T-DO recommendation?	yes	no	no
Are the rights of access to justice ensured in accordance with the T-DO recommendation?	yes	no	no
Other comments	no	no	no
Suggestions	no	no	no

Data not available

Attachments

 Estonian-ADR-2021-08-April-2021-final.pdf


22. Appeals system

Please describe the process for handling anti-doping rule violations appeals

Describe, upload documents or add the link to the relevant content Estonian Antidoping Rules 2021 - Article 13

Data not available

Attachments

 Estonian-ADR-2021-08-April-2021-final.pdf

23. Appeals panel

What is the legal basis for the appeal panel to be fully 'institutionally independent' from NADO? Please select all that apply:

Legislation or other applicable national law

Anti-doping rules

Procedural rules

Other (free text) Established on the basis of Estonian Olympic Committee Statute

24. Anti-doping rule violations (ADRV)


How many anti-doping rule violations cases were initiated in 2022 and how many of these initiated cases resulted in the

imposition of a sanction?

	Initiated cases	Cases that resulted in a sanction	Cases that resulted in no sanction
Presence of a prohibited substance Min numeric value allowed : 0	2	0	2
Use or attempted use Min numeric value allowed : 0	0	0	0
Evading, refusing or failing to submit to sample collection Min numeric value allowed : 0	0	0	0
Whereabouts failures Min numeric value allowed : 0	0	0	0
Tampering Min numeric value allowed : 0	0	0	0
Possession Min numeric value allowed : 0	0	0	0
Trafficking Min numeric value allowed : 0	0	0	0
Administration Min numeric value allowed : 0	0	0	0
Complicity Min numeric value allowed : 0	0	0	0
Prohibited association Min numeric value allowed : 0	0	0	0
Retaliation Min numeric value allowed : 0	0	0	0

Data not available

Attachments

 Sanctions : http://https://eadse.ee/wp-content/uploads/2023/05/VOISTLUSKEELUD_05.2023-1.pdf

25. Co-operation with law enforcement agencies

What measures have been taken to ensure co-operation between NADO and law enforcement agencies?

Law, please specify

Agreement, please specify There are no official agreements, but cooperation takes place with the Tax and Customs Board and the Police in connection with the traffic of doping substances

Ad hoc activities, please specify

Other, please specify NADO hired from February 2022 chief investigative officer with 0,75 time and 0,25 time still in police

None; your comment (optional)


26. Sanctions for doping trafficking

Are there specific penalties or sanctions for illegal circulation of doping substances, in addition to those regulating the movement of medicines and narcotics?

Criminal penalties, please specify Yes in Penal Code §195 Dopig Offense

- Financial penalties, please specify
- Administrative or civil sanctions, please specify
- Professional disciplinary actions, please specify
- None of above, please explain
- Not available; your comment (optional)

Attachments

 Penal_code_Estonia.pdf

27. Statistics on doping trafficking

Do law enforcement agencies share data on the seizure of doping substances with the NADO?

- Yes, please specify how many seizures have been reported in 20220
- No. comment (optional)
- Other, please specify We only receive information about penalties with decisions that have entered into force

28. Anti-doping education target groups

Which anti-doping target groups are educated and by whom?

	NADO	Other organisations alone or in cooperation with NADO; please list	Not targeted in 2022
International-level athletes	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/> Estonian Athletic Assotiation	<input type="checkbox"/>
National-level athletes	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/> Estonian Athletic Assotiation	<input type="checkbox"/>
Youth athletes	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/> Estonian Athletic Assotiation	<input type="checkbox"/>
Children / School sport	<input type="checkbox"/>	<input checked="" type="checkbox"/> Estonian Olympic Academy	<input type="checkbox"/>
Recreational athletes	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Athletes returning from a sanction	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Coaches, trainers	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Sports administrators, officials, managers, agents	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Medical / Paramedical professionals	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Team staff/Members of a delegation at a major event	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/> Estonian Olympic Committee	<input type="checkbox"/>
Parents	<input type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>
School and university teachers	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

University students	<input type="checkbox"/>	<input checked="" type="checkbox"/> Universities of Tallinn and Tartu	<input type="checkbox"/>
Commercial sponsors	<input type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>
Media, journalists	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

29. Mandatory anti-doping education

Is completion of a national anti-doping education programme (confirmation of in-person training, e-learning certificate or similar) mandatory for any part of your sport structure?

No, all anti-doping education is voluntary

Yes, it is mandatory for certain groups of athletes and support personnel (e.g. Olympic and Paralympic team); please specify All Olympic and Paralympic and also European games team members, incl support personnel - or ADeL or Estonian ADO e-learning (Triagonal) course

Other

Attachments

 Online anti-doping course in Estonian : <http://eadse.triagonal.net/online/login/index.php>

30. Nutritional supplements

What measures have been taken to address the problems related to nutritional supplements in sport?

Restrict availability

Control of production

Provide quality assurance

Comprehensive labelling

Limit advertising and promotion

Educational and informational measures

Other, please specify:

31. Anti-doping programmes targeting gyms/fitness users

What measures have been taken to address doping among gyms/fitness centres users and employees?

None (not targeted in 2022)

Anti-doping education for gyms/fitness centres staff (e.g., personal trainers, fitness instructors); please specify Printed posters, booklets

Anti-doping information/awareness raising for gyms/fitness centres staff; please specify Printed posters/booklets

Anti-doping education for gyms/fitness centres users; please specify Mindful Muscles ERASMUS+ program


Anti-doping certification/quality assurance program for gyms/fitness centres; please specify


Doping controls (tests) of gyms/fitness centres users; please specify

Other; please specify Mindful Muscles ERASMUS+ program activities

No data available

Attachments

 Mis-on-doping_850x2050_rp.pdf

 Mindful Muscles ERASMUS+ Program : <http://https://eadse.ee/koolitus/antidoping/treeni-teadlikult-erasmus-projekt/>

32. Organisation of anti-doping programmes for gyms/fitness centres

Which organisations are involved in implementing anti-doping programmes targeting gyms/fitness centres?

- None; not targeted in 2022
- National anti-doping organisation
- National gyms/fitness centres industry organisation; please specify
- Gyms/fitness centres chains and/or individual gym/fitness centres
- Governmental, regional or municipal authorities; please specify
- National/local sport organisations; please specify Partly Estonian Bodybuilding and Fitness Association
- Education institutions please specify
- Other organisations; please specify
- No data available

33. Health consequences of doping

What measures have been taken to prevent possible adverse health consequences of the use doping substances in gyms/fitness centres?

- None; not targeted in 2022
- Anti-doping education/awareness raising for gyms/fitness centres users
- Anti-doping education/awareness raising for gyms/fitness centres staff
- Legislation, please specify
- Health care/medical treatment services specifically targeting users of doping substances; please specify
- Needle/syringe programmes; please specify
- Help line/counselling for reducing or ceasing the use of doping substances; please specify
- Other; please specify In cooperation with EST, LAT and LTU NADOs and FIN Dopinglinkki we agreed to prepare request ERASMUS+ project in field of public health and doping use
- No data available

34. Areas of anti-doping research

What are the areas of anti-doping research?

- Doping prevention
- Detection methods
- Social science, including the behavioural and social aspects of doping
- Health consequences of doping
- Physiological and psychological training programmes
- Emerging substances or methods


Alternative testing methods

None

Other; your comment (optional) 1) AD education methodology - Master thesis of Marit Jukk (in Estonian but Summary in English)

2) Ministry of Culture in cooperation with ESTCIS a procurement document for the study of the spread of doping was prepared, the study is planned for 2023

Attachments

 Jukk.M.2022.Eesti tippsportlaste soovitud dopinguvastase koolitustegevuse korraldusele ja sisule eesmärgiga.pdf

35. Anti-doping research ●

Has any anti-doping research been undertaken or supported?

Yes; your comment (optional)

Yes, to a limited extent; your comment (optional) 1) cooperation with the Ministry of Culture for the preparation of a anti doping study 2) supervision of one student study in field of antidoping among swimming

No; your comment (optional)

36. Publication of anti-doping research ●

How many articles with the results of this research have been published in peer-reviewed scientific journals? Please upload a summary or share links to resources, if available

0 in 2022; your comment (optional) There is no specialized scientists in antidoping field

Data not available


37. International agreements ●

Has your country signed any agreements with other Anti-Doping Organisations (ADOs) or agreements on anti-doping with any other organisation or state concerning the following:

	Yes or No; if applicable please explain or upload the document (below)
(a) Sharing of information	yes, EST-LAT-LTU and FIN
(b) Law enforcement co-operation	yes, FIN/FINCIS
(c) General co-operation	yes, EST-LATLTU Memorandum
(d) Other	yes, discussions with Moldova about common projects and (sharing of information)

Data not available

Attachments

 Baltic NADO symposium 2022_fin.pdf