

## Implementation of anti-doping policies in 2021 - Estonia

### Implementation of anti-doping policies in 2021 - Questionnaire 0.1

#### Objective :

In order to implement the requirements of the Article 9 of the Anti-Doping Convention, the online annual questionnaire is ready for collection of data regarding anti-doping policies in 2021.

#### Instruction :

For detailed instructions please select the links to documentation at the top of the page.

In case you face any problems which would prevent you from filling in the questionnaire, please report it to us by e-mail: sport.t-do@coe.int.

You are kindly requested to fill in, save and post your country's data for 2021 before 1 May 2022.

#### Questions :

##### 1. Number of athletes

Please estimate the number of athletes in the following categories within your country:

##### international-level athletes

Min numeric value allowed : 0

[ 200 ]

[ ] Data not available

##### national-level athletes

Min numeric value allowed : 0

[ 5000 ]

[ ] Data not available

##### recreational level athletes

Min numeric value allowed : 0

[ 190000 ] ; comment (optional) .....

[ ] Data not available

##### athletes at the last Summer Olympic games

Min numeric value allowed : 0

[ 34 ]

[ ] Data not available

##### athletes at the last Winter Olympic games

Min numeric value allowed : 0

[ 26 ]

[ ] Data not available

##### athletes at the last Summer Paralympic games

Min numeric value allowed : 0

[ 5 ]

[ ] Data not available

athletes at the last Winter Paralympic games

Min numeric value allowed : 0

[ 5 ]

[ ] Data not available

## 2. Doping definition

What is the definition of "doping in sport" used in your country?


[ ] Council of Europe Anti-Doping Convention

[ ] UNESCO International Convention against doping in sport

[ X ] World Anti-Doping Code

[ ] Other, please specify (e.g. national law) : .....

Attachments

 Estonian-ADR-2021-08-April-2021-finalized.pdf

## 3. Doping list

Which list of banned pharmacological classes of doping agents and doping methods (i.e. Prohibited List) is implemented in your country?


[ X ] Prohibited List, as adopted by the Executive Committee of WADA

[ ] List of banned pharmacological classes of doping agents and doping methods, as adopted by the Monitoring Group (T-DO)

[ ] Prohibited List, as adopted by the Conference of Parties of the International Convention against Doping in Sport (UNESCO)

[ ] Other, please specify : .....

Attachments

 wada\_2022\_english\_prohibited\_list\_ET.pdf

## 4. Additional doping lists

For the purposes of restricting availability of doping substances, are there other lists than those defined in the question 3?

( X ) Yes, please specify: Agreement is valid between ESTCIS and Estonian Tax Custom Office and Police Forces that the latter would possible information about prohibited medicine, incl. trafficking and trading of anabolic steroids and its derivatives, growth hormones, EPO.

( ) No. Comment (optional) .....

## 5. Anti-doping laws


Are there any anti-doping laws in your country? Please upload the respective texts

[ ] Anti-doping law (other than ratification of the Convention). Your comment (optional) .....

[ X ] Other public law rules, please specify: Sports Act, Penal Code Art. 195

[ ] No. Comment (optional) .....

Attachments


 Penal\_code\_Estonia.pdf

## 6. National Anti-Doping Organisation (NADO)

What is the legal status of your national anti-doping organisation? Please upload the statutes, if possible

- ( ) Public authority
- ( X ) Non-governmental organisation
- ( ) Private company
- ( ) National Olympic Committee acting as a NADO
- ( ) Other, please specify: .....

Attachments

 EADSE\_statutes\_06.09.2019\_EN.pdf

## 7. NADO activities

Which of the activities below are conducted by your national anti-doping organisation? Please upload the organisational chart, if possible

	Yes. Comment(optional)	No, please specify which organisation is in charge
Co-ordination of action by all national stakeholders (NADO, public authorities, sport organisations)	( X ) In cooperation with Ministry of Culture and Estonian Olympic Committee	( )
Co-ordination of the fight against trafficking	( X ) ESTCIS in cooperation with Estonian Police Forces	( )
Risk assessment and test distribution planning (TDP)	( X ) By Estonian Center for Integrity in Sports - ESTCIS	( )
Registered testing pool and/or whereabouts pools management	( X ) By ESTCIS	( )
Sample collection and transportation of samples to a laboratory	( X ) By ESTCIS	( )
Sample Collection Personnel training, accreditation and re-accreditation	( X ) By ESTCIS	( )
Results management	( X ) By ESTCIS	( )
Therapeutic Use Exemption (TUE) management	( X ) By ESTCIS	( )
Intelligence management	( X ) By ESTCIS	( )
Investigations	( X ) By ESTCIS	( )
Education of athletes and athlete support personnel	( X ) By ESTCIS	( )
Research	( X ) By ESTCIS in cooperation with universities	( )

## 8. Funding of anti-doping programme

What was the annual budget of the NADO for the 2021 calendar year?

Min numeric value allowed : 0

[ 738735 ] amountEURCurrency

[ ] Data not available

## 9. Funding sources

How is the NADO funded? Please select all that apply and indicate an estimate in percentages:

- [ ] Government48%
- [ ] National Olympic Committee (NOC)41%
- [ ] Other sports organisations0%
- [ ] Fee for service11%
- [ ] Private ..... %
- [ ] Other ..... %

## 10. Distribution of funding

What percentage of NADO's annual budget is put towards the following core programs?

- [ 18 ] Testing (including equipment, transportation, sample collection personnel fees)
- [ 20 ] Sample analysis (including Technical Document for Sport Specific Analysis, Athlete Passport Management Unit fees, sample retention fees, additional and further analysis)
- [ 1 ] Information and intelligence gathering, and investigations
- [ 12 ] Results Management/Legal
- [ 2 ] Education
- [ 1 ] Research
- [ 0 ] Therapeutic Use Exemptions (TUEs)
- [ 46 ] Other (e.g. remuneration, administration) Including prevention activities of matchfixing and children and youth safeguarding
- [ ] Data not available

## 11. Other funding for the anti-doping programme

Are other institutions funding any parts of the national anti-doping programme (e.g. laboratories, research, WADA contribution, Unesco Voluntary Fund)

- ( X ) Yes, please describeERASMUS+ Program Mindful Muscles
- ( ) No

## 12. Sport budget

What amount has been allocated to sport from the State budget through the national ministry responsible for sport for the year 2021?

[ 55000000 ] amountEUR; From the 2021 budget of the Ministry of Culture a total of 55.5 million was allocated to sport of which EUR 33 million for sports organizations operating and project grants, 17 million for investment in sports facilities and € 5.5 million for crisis aid. Never previously not from the budget of the Ministry of Culture sports so much in one year supported.currency / other information

[ ] Data not available

13. Limiting public funding to organisations

Is public funding withheld from organisations that do not comply with anti-doping regulations and related legal instruments?

- Yes, all funding is withheld
- A limited amount of funding is withheld
- No financial implications
- Information not available / Comment .....

14. Limitation of public funding of persons

Is sport-related financial assistance provided by public authorities withheld from banned athletes or athlete support personnel during the period of their suspension?

- Yes, all funding is withheld
- A limited amount of funding is withheld
- No
- Not applicable (no sport-related financial assistance is provided by public authorities to athletes or support personnel)
- Information not available / Comment .....

15. Testing programme

Does your country have a national testing programme?

- Yes
- No, please explain .....

16. Quality certificate

Is your NADO or part of its procedures certified according to a quality standard (such as ISO or any other quality assurance system)?

- Yes, please specify which standard, its scope and validityvalidityESTCIS is compliant with the recent WADA's and iNADO's compliance criterias
- In progress
- No

17. NADO staff, committee members and other anti-doping specialists

Please outline below how many NADO staff, committees' members and other anti-doping specialists are involved in the coordination and management of your anti-doping programs (except sample collection personnel)

Min numeric value allowed : 0

[ 4 ] staff full time [ 3 ] staff part time [ 20 ] committees' members (including, but not limited to, members of the disciplinary panels, NADO Board, TUE, [ 10 ] other specialists, please describe DCO-s, BDCO-s [ ] Data not available18. Number of DCOs and BCOs 

If your NADO acts as a Sample Collection Authority (as per question 7), how many sample collection persons are involved in the sample collection?

Min numeric value allowed : 0

 [ 13 ] Doping Control Officers [ 3 ] Blood Collection Officers [ 30 ] Chaperones [ 0 ] Not applicable [ ] Data not available19. Use of WADA laboratories 

Which WADA-accredited or approved laboratories are used for analysis of samples collected by your NADO as a Testing authority within your national testing program in the year 2021? Please list all that applies, including the laboratory in your own country (if you use it) and indicate the percentage of samples analysed in each laboratory. Enter "0", if you don't use this laboratory

	% of NADO samples (estimate)
ANKARA, TURKEY	0
ATHENS, GREECE	0
BANGKOK, THAILAND	0
BARCELONA, SPAIN	0
BEIJING, CHINA	0
BLOEMFONTEIN, SOUTH AFRICA	0
BUCHAREST, ROMANIA	0
COLOGNE, GERMANY	0
DOHA, QATAR	0
GHENT, BELGIUM	0

HAVANA, CUBA	0
HELSINKI, FINLAND	0
KREISCHA, GERMANY	30
LAUSANNE, SWITZERLAND	0
LONDON, UNITED KINGDOM	0
LOS ANGELES, USA	0
MADRID, SPAIN	0
MONTREAL, CANADA	0
NEW DELHI, INDIA	0
OSLO, NORWAY	0
PARIS, FRANCE	0
RIO DE JANEIRO, BRAZIL	0
ROMA, ITALY	0
SALT LAKE CITY, USA	0
SEIBERSDORF, AUSTRIA	0
SEOUL, SOUTH KOREA	0
STOCKHOLM, SWEDEN	70
SYDNEY, AUSTRALIA	0
TOKYO, JAPAN	0
WARSAW, POLAND	0
Other	0

[ ] Data not available

## 20. Testing statistics

How many samples were collected under your national testing program in the year 2021?

Urine	Blood (including ABP)
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In-competition samples Min numeric value allowed : 0	161	0
Out-of-competition samples Min numeric value allowed : 0	108	44

[ ] Data not available

## 21. Testing abroad

Did you test athletes under your authority who reside or train abroad (directly or by using Delegated Third Parties)?

Yes

Not in 2021, but we have authorisation to do so

No, we do not have authorisation to do so / Comment .....

## 22. Disciplinary system

Please describe the disciplinary process for the anti-doping rule violations and application of the T-DO Recommendation on ensuring the independence of hearing panels (bodies) and promoting fair trial in anti-doping cases [T-DO/Rec(2017)01]

<http://rm.coe.int/recommendation-on-ensuring-the-independence-of-hearing-panels-bodies-a/1680735159>

	–	–	–
Has your State established centralised panel/body in charge of all hearing proceedings in anti-doping matters (hearing panel)?	yes	no	no
Is the hearing panel independent, and operationally independent from sport movement (i.a. national federations, National Olympic Committee, National Paralympic Committee)?	yes	no	no
Is the hearing panel operationally independent from the government?	yes	no	no
Is the hearing panel operationally independent from the NADO?	yes	no	no
Is the composition of the hearing panel in line with the requirements outlined in the T-DO recommendation?	yes	no	no
Are the rights of access to justice ensured in accordance with the T-DO recommendation?	yes	no	no
Other comments	no	no	no
Suggestions	no	no	no

[ ] Data not available




## 23. Appeals system

Please describe the process for handling anti-roping rule violations appeals

Describe, upload documents or add the link to the relevant content Estonian Antidoping Rules 2021 - Article 13

Data not available

## Attachments

 Estonian-ADR-2021-08-April-2021-finalized.pdf

## 24. Appeals panel

What is the legal basis for the appeal panel to be fully 'institutionally independent' from NADO? Please select all that apply:

Legislation or other applicable national law

Anti-doping rules

Procedural rules

Other (free text)Established on the basis of Estonian Olympic Committee Statute


## 25. Anti-doping rule violations (ADRV)

How many anti-doping rule violations cases were initiated in 2021 and how many of these initiated cases resulted in the imposition of a sanction?

	Initiated cases	Cases that resulted in a sanction	Cases that resulted in no sanction
Presence of a prohibited substance or its metabolites or markers in an athlete's sample Min numeric value allowed : 0	2	2	0
Use or attempted use by an athlete of a prohibited substance or a prohibited method Min numeric value allowed : 0	0	0	0
Evading, refusing or failing to submit to sample collection Min numeric value allowed : 0	0	0	0
Whereabouts failures Min numeric value allowed : 0	0	0	0
Tampering or attempted tampering with any part of doping control Min numeric value allowed : 0	0	0	0
Possession of prohibited substances and prohibited methods Min numeric value allowed : 0	0	0	0
Trafficking or attempted trafficking in any prohibited substance or prohibited method Min numeric value allowed : 0	0	0	0

Administration or attempted administration to any athlete of any prohibited method or prohibited substance Min numeric value allowed : 0	0	0	0
Complicity Min numeric value allowed : 0	0	0	0
Prohibited association Min numeric value allowed : 0	0	0	0
Retaliation Min numeric value allowed : 0	0	0	0

Data not available


26. Whereabouts failures 

How many recorded whereabouts failures did you have in 2021:

10 Recorded missed tests

1 Recorded filing failures

Data not available

27. Co-operation with law enforcement agencies 

What measures have been taken to ensure co-operation between NADO and law enforcement agencies?


Law, please specify no need, because on March 1, 2020, an amendment to the Penal Code entered into force, where section 195 established the composition of the doping offense

Agreement, please specify ESTCIS hired with agency agreement a senior inspector from the Police Corruption Crime Bureau as a consultant Presence of a prohibited substance or its metabolites or markers in an athlete's sample Min numeric value allowed : 0 2 1 1 Use or attempted use by an athlete of a prohibited substance or a prohibited method Min numeric value allowed : 0 0 0 0 Evading, refusing or failing to submit to sample collection Min numeric value allowed : 0 1 1 0 Whereabouts failures Min numeric value allowed : 0 0 0 0 Tampering or attempted tampering with any part of doping control Min numeric value allowed : 0 0 0 0 Possession of prohibited substances and prohibited methods Min numeric value allowed : 0 0 0 0 Trafficking or attempted trafficking in any prohibited substance or prohibited method Min numeric value allowed : 0 0 0 0 Administration or attempted administration to any athlete of any prohibited method or prohibited substance Min numeric value allowed : 0 0 0 0 Complicity Min numeric value allowed : 0 1 0 1 Prohibited association Min numeric value allowed : 0 0 0 0 28. Whereabouts failures 29. Co-operation with law enforcement agencies Implementation of anti-doping policies in 2021

Ad hoc activities, please specify Due the COVID-19 there was no activities

Other, please specify .....

None; your comment (optional) .....

28. Sanctions for doping trafficking 


Are there specific penalties or sanctions for illegal circulation of doping substances, in addition to those regulating the movement of medicines and narcotics?

Criminal penalties, please specify Former World Bodybuilding Champion Dmitry Uiba sentenced to 2.5 years in prison for traffic in doping substances

- Financial penalties, please specify .....
- Administrative or civil sanctions, please specify .....
- Professional disciplinary actions, please specify .....
- None of above, please explain .....
- Not available; your comment (optional) .....

Attachments

 1-21-6358 Dmitri Uiba.pdf

29. Statistics on doping trafficking 

Do law enforcement agencies share data on the seizure of doping substances with the NADO?

- Yes, please specify how many seizures have been reported in 2021. Indirectly, if expertise for doping substances is needed for the court 2. By name only after the judgment has entered into force - together one case - Dmitri Uiba
- No. comment (optional) .....
- Other, please specify .....

30. Whistleblowers 

Is your NADO implementing a whistleblower policy/programme?

- Yes; NADO has its own programme. Please explain the legal frameworkany commentIt is possible to report a violation both anonymously and in person. The current Speak Up module on the ESTCIS website is being updated. No special whistleblower protection activities are yet implemented
- Yes; NADO applies WADA Whistleblowing programme/policy and procedure for reporting misconduct
- Yes, NADO applies the rules of the following organisations .....
- No, but NADO is developing own whistleblower policy/programme; please explain the legal framework
- No, NADO hasn't planned it for the time being

31. Whistleblower protection 

If your NADO implements a Whistleblower policy/programme, do you ensure that the following Whistleblower rights are ensured:

- Right to provide information
- Right to confidentiality
- Right to secured and reliable reporting channels
- Right to be informed on the status of proceedings and overall guidance
- Right to be notified of information sharing with third parties
- Right to withdraw reporting or any disclosure
- Right to assistance
- Right to protection from retaliation
- Not applicable

## 32. Organisation of anti-doping education

Which organisations are involved in implementing anti-doping education programs?

- National anti-doping organisation
- Ministry responsible for sport
- Ministry responsible for education
- Ministry responsible for health
- Other governmental body .....
- National sport federations
- Regional/municipal sport organisations
- Universities
- Schools
- Sport clubs
- Other bodies .....

## 33. Anti-doping education target groups

Which anti-doping target groups are educated and by whom?

	NADO	Other organisations alone or in cooperation with NADO	Not targeted in 2021
International-level athletes	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>
National-level athletes	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>
Youth athletes	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>
Children / School sport	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>
Recreational athletes	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>
Gym/Fitness athletes	<input type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>
Athletes returning from a sanction	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Coaches, trainers	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>
Sports administrators, officials, managers, agents	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>
Medical / Paramedical professionals	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Team staff/Members of a delegation at a major event	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Parents	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>

School and university teachers	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>
University students	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>
Commercial sponsors	<input type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>
Media, journalists	<input type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>

#### 34. Nutritional supplements

What measures have been taken to address the problems related to nutritional supplements in sport?

- Restrict availability
- Control of production
- Provide quality assurance
- Comprehensive labelling
- Limit advertising and promotion
- Educational and informational measures
- Other, please specify: .....

#### 35. Anti-doping research

Has any anti-doping research been undertaken or supported?

- Yes; your comment (optional) .....
- Yes, to a limited extent; your comment (optional) One applied science research by ESTCIS,
- No; your comment (optional) .....

#### 36. Areas of anti-doping research

What are the areas of anti-doping research?

- Doping prevention
- Detection methods
- Social science, including behavioural and social aspects of doping
- Health consequences of doping
- Physiological and psychological training programmes
- Emerging substances or methods
- Alternative testing methods
- None
- Other; your comment (optional) Anti - doping training methodology

#### 37. Publication of anti-doping research

How many articles with the results of this research have been published in peer-reviewed scientific journals? Please upload a

summary or share links to resources, if available

in 2021; your comment (optional)no specialized scientists in antidoping field

Data not available

### 38. International agreements

Has your country signed any agreements with other Anti-Doping Organisations (ADOs) or agreements on anti-doping with any other organisation or State concerning the following:

	Yes or No; if applicable please explain or upload the document (below)
(a) Sharing of information	yes Latvia, Lithuania
(b) Law enforcement co-operation	no
(c) General co-operation	Yes, Moldova 2020
(d) Other	Latvia, Lithuania - joint testing at joint Baltic competitions

Data not available