

## Implementation of anti-doping policies in 2020 - Portugal

### Implementation 2020 - Questionnaire - Modified 1.0

#### Objective :

In order to implement the requirements of the Article 9 of the Anti-Doping Convention, the online annual questionnaire is ready for collection of data regarding anti-doping policies in 2020.

#### Instruction :

For detailed instructions please select the links to documentation at the top of the page.

In case you face any problems which would prevent you from filling in the questionnaire, please report it to us by e-mail [sport.t-do@coe.int](mailto:sport.t-do@coe.int).

You are kindly requested to fill in, save and post your country's data for 2020 before 1 June 2021.

#### Questions :

##### 1. Number of athletes

Please estimate the number of athletes in the following categories within your country:

##### international-level athletes

Min numeric value allowed : 0

[            ] your comment (optional) .....

[ X ] Data not available

##### national-level athletes

Min numeric value allowed : 0

[            ] your comment (optional) .....

[ X ] Data not available

##### other athletes (including recreational athletes)

Min numeric value allowed : 0

[            ] your comment (optional) .....

[ X ] Data not available

##### number of athletes in your national registered testing pool

Min numeric value allowed : 0

[ 128 ] your comment (optional) .....

[ ] Data not available

##### number of athletes at the last Summer Olympic games

Min numeric value allowed : 0

[ 92 ] your comment (optional) .....

[ ] Data not available

##### number of athletes at the last Winter Olympic games

Min numeric value allowed : 0

[ 2 ] your comment (optional) .....

[ ] Data not available

number of athletes at the last Summer Paralympic games

Min numeric value allowed : 0

[ 29 ] your comment (optional) .....

[ ] Data not available

number of athletes at the last Winter Paralympic games

Min numeric value allowed : 0

[ 0 ] your comment (optional) .....

[ ] Data not available

## 2. Doping definition

What is the definition of "doping in sport" used in your country?

[ X ] Council of Europe Anti-Doping Convention. Your comment (optional) .....

[ X ] UNESCO International Convention against doping in sport. Your comment (optional) .....

[ X ] World Anti-Doping Code. Your comment (optional) .....

[ X ] Other, please specify (e.g. national law) : Law n° 38 of August 28,2021 in its current version

## 3. Doping list

Which list of banned pharmacological classes of doping agents and doping methods (i.e. Prohibited List) is implemented in your country?

[ X ] Prohibited List, as adopted by the Executive Committee of WADA. Your comment (optional)


.....

[ ] List of banned pharmacological classes of doping agents and doping methods, as adopted by the Monitoring Group (T-DO). Your comment (optional) .....

[ ] Prohibited List, as adopted by the Conference of Parties of the International Convention against Doping in Sport (UNESCO). Your comment (optional) .....

[ ] Other, please specify : .....

### Attachments

 ADoP 2020 - List of Prohibited Substances and Methods.docx.pdf

 ADoP 2020 - List of Prohibited Substances and methods :

<http://http://www.adop.pt/media/23278/Portaria%20n.%20C2%BA%20306-2020%20-%20%20Lista%20de%20Subst%C3%A2ncias%20Proibidas%202021.pdf>

## 4. Additional doping lists

For the purposes of restricting availability of doping substances, are there other lists than those defined in the question 3?

( ) Yes, please specify: .....

( X ) No. Your comment (optional) .....

## 5. Anti-doping laws


Are there any anti-doping laws in your country?


Anti-doping law (other than ratification of the Convention). Your comment (optional) .....

Other public law rules, please specify: Ordinance 11/2013, of January 11

No. Your comment (optional) .....

Attachments

 ADoP - Ordinance n.º 11-2013, of January 11.pdf

 Ordinance 11/2013, of January 11 : <http://http://www.adop.pt/media/1704/ADoP%20-%20Portaria%20n.%C2%BA%2011-2013,%20de%2011%20de%20janeiro.pdf>

## 6. National Anti-Doping Organisation (NADO)

What is the legal status of your national anti-doping organisation? Please upload the statutes, if possible

Public authority. Your comment (optional) .....


Non-governmental organisation. Your comment (optional) .....

Private company. Your comment (optional) .....

National Olympic Committee acting as a NADO. Your comment (optional) .....

Other, please specify : .....

Attachments

 ADoP website : <http://http://www.adop.pt/>

## 7. NADO activities

Which of the activities below are conducted by your national anti-doping organisation? Please upload the organisational chart, if possible

	Yes. Your comment (optional)	No, please specify which organisation is in charge
Co-ordination of action by public authorities	<input checked="" type="checkbox"/>	<input type="checkbox"/>
Co-ordination of the fight against trafficking	<input checked="" type="checkbox"/>	<input type="checkbox"/>
Testing (doping control)	<input checked="" type="checkbox"/>	<input type="checkbox"/>
Results management	<input checked="" type="checkbox"/>	<input type="checkbox"/>
Disciplinary procedures	<input type="checkbox"/>	<input checked="" type="checkbox"/> Anti-Doping Disciplinary College
Education and/or information	<input checked="" type="checkbox"/>	<input type="checkbox"/>
Research	<input checked="" type="checkbox"/>	<input type="checkbox"/>

## 8. Funding of anti-doping programme

What was the annual budget of the NADO for the 2020 calendar year?

Min numeric value allowed : 0

[ 1225407 ] amounteurosCurrency

Data not available

## 9. Funding sources

How is the NADO funded? Please select all that apply and indicate an estimate in percentages:

- Government 100%
- National Lottery programme ..... %
- National Olympic Committee (NOC) ..... %
- Other sports organisation(s) ..... %
- Fee for service ..... %
- Private ..... %
- Other ..... %

## 10. Distribution of funding

What percentage of NADO's annual budget is put towards the following core programs?

- [ 20.1 ] Testing (including equipment, transportation, sample collection personnel fees)
- [ 18.5 ] Sample analysis
- [ 0.7 ] Investigations
- [ 0.2 ] Education
- [ 0 ] Research
- [ 0 ] Results Management/Legal
- [ 0 ] Therapeutic Use Exemptions (TUEs)
- [ 0 ] Other (e.g. remuneration, administration) .....
- [ X ] Data not available

## 11. Other funding for the anti-doping programme

Are other institutions funding any parts of the national anti-doping programme (e.g. laboratories, research, WADA contribution, Unesco Voluntary Fund)

- ( ) Yes, please describe .....
- ( X ) No

## 12. Sport budget


What amount has been allocated to sport from the State budget through the national ministry responsible for sport for the year 2020?

- [ ] amount ..... currency / other information
- [ X ] Data not available

13. Limiting public funding to organisations 


Is public funding withheld from organisations that do not comply with anti-doping regulations and related legal instruments?

- Yes, all funding is withheld; your comment (optional) .....
- A limited amount of funding is withheld; your comment (optional) .....
- No financial implications; your comment (optional) .....
- Information not available; your comment (optional) .....

14. Limitation of public funding of persons 


Is sport-related financial assistance provided by public authorities withheld from banned athletes or athlete support personnel during the period of their suspension?

- Yes, all funding is withheld; your comment (optional) .....
- A limited amount of funding is withheld; your comment (optional) .....
- No; your comment (optional) .....
- Not applicable (no sport-related financial assistance is provided by public authorities to athletes or support personnel); your comment (optional) .....
- Information not available; your comment (optional) .....

15. Testing programme 


Does your country have a national testing programme?

- Yes
- No, please explain .....

16. Elements of the testing programme 

What elements of the testing program are implemented by the NADO?

- Risk assessment and test distribution planning (TDP)
- Registered testing pool
- Random selection of athletes
- Targeted selection of athletes
- In-competition testing
- Out-of-competition testing
- No-advance notice testing
- Blood testing
- Athlete biological passport (ABP) modules
- Other elements, please specify .....
- If some elements are implemented by another body, please specify which body .....

17. Quality certificate 


Is your NADO or part of its procedures certified according to a quality standard (such as ISO or any other quality assurance system)?

Yes, please specify which standard, its scope and validity NP ISO 9001:2015 and in force until 22 January 2024

In progress, please specify .....

No. Your comment (optional) .....

Attachments

 ADoP NP EN ISO 90012015 certificate.pdf

 International Certification Network.pdf

18. NADO staff, committee members and other anti-doping specialists 

Please outline below how many NADO staff, committees' members and other anti-doping specialists are involved in the coordination and management of your anti-doping programs (except sample collection personnel)

Min numeric value allowed : 0

[ 14 ] staff full time

[ 65 ] staff part time

[ 0 ] committees' members (including, but not limited to, members of the disciplinary panels, NADO Board, TUE, education, whereabouts, scientific, athletes, appeals, ethics and/or other committees)

[ 16 ] other specialists, please describe Committee Members

Data not available

19. Sample collection personnel 

Do you have sample collection personnel (SCP) ?

Yes, within the NADO

Yes, through a service provider (Delegated third party) .....

No, please explain .....

20. Number of DCOs and BCOs 

How many doping control officers (DCOs), blood control officers (BCOs) and chaperones are in your sample collection personnel programme?

Min numeric value allowed : 0

[ 64 ] DCOs; your comment (optional) .....

[ 64 ] BCOs; your comment (optional) .....

[ 0 ] Chaperones; your comment (optional) .....

Data not available

21. Laboratory 

Is there a doping control laboratory in your country?

Yes, accredited or approved by WADA in accordance with the International Standard for Laboratories

No, but a preparatory process is in progress to apply for accreditation or approval by WADA

No

## 22. Use of WADA laboratories

Which WADA-accredited or approved laboratories are used for analysis of samples collected by your NADO as a Testing authority within your national testing program in the year 2020? Please list all that applies, including the laboratory in your own country (if you use it) and indicate the percentage of samples analysed in each laboratory. Enter "0", if you don't use this laboratory

	% of NADO samples (estimate)
ANKARA, TURKEY	0
ATHENS, GREECE	0
BANGKOK, THAILAND	0
BARCELONA, SPAIN	15
BEIJING, CHINA	0
BLOEMFONTEIN, SOUTH AFRICA	0
BUCHAREST, ROMANIA	0
COLOGNE, GERMANY	0
DOHA, QATAR	0
GHENT, BELGIUM	80
HAVANA, CUBA	0
HELSINKI, FINLAND	0
KREISCHA, GERMANY	0
LAUSANNE, SWITZERLAND	0
LONDON, UNITED KINGDOM	0
LOS ANGELES, USA	0
MADRID, SPAIN	4
MONTREAL, CANADA	0
NEW DELHI, INDIA	0

OSLO, NORWAY	0
PARIS, FRANCE	0
RIO DE JANEIRO, BRAZIL	0.7
ROMA, ITALY	0
SALT LAKE CITY, USA	0
SEIBERSDORF, AUSTRIA	0
SEOUL, SOUTH KOREA	0
STOCKHOLM, SWEDEN	0
SYDNEY, AUSTRALIA	0
TOKYO, JAPAN	0
WARSAW, POLAND	0.3

Data not available

### 23. Testing statistics

How many samples were collected under your national testing program in the year 2020?

	Urine	Blood (including ABP)
<b>In-competition samples</b> Min numeric value allowed : 0	1146	87
<b>Out-of-competition samples</b> Min numeric value allowed : 0	290	177

Data not available

### 24. Testing abroad

Did you test athletes under your authority who reside or train abroad (directly or by subcontracting other ADOs or anti-doping service providers)?

- ( ) Yes; your comment (optional) .....
- ( X ) Not in 2020, but we have authorisation to do so; your comment (optional) .....
- ( ) No, we do not have authorisation to do so; your comment (optional) .....

### 25. Disciplinary system

Please describe the disciplinary process for the anti-doping rule violations and application of the T-DO Recommendation on ensuring the independence of hearing panels (bodies) and promoting fair trial in anti-doping cases [T-DO/Rec(2017)01]  
<http://rm.coe.int/recommendation-on-ensuring-the-independence-of-hearing-panels-bodies-a/1680735159>



	–	–	–
Has your State established centralised panel/body in charge of all hearing proceedings in anti-doping matters (hearing panel)?	Yes	No	No
Is the hearing panel independent, and operationally independent from sport movement (i.a. national federations, National Olympic Committee, National Paralympic Committee)?	Yes	No	no
Is the hearing panel operationally independent from the government?	Yes	No	No
Is the hearing panel operationally independent from the NADO?	Yes	No	No
Are you aware of T-DO/Rec(2017)01?	Yes	No	No
Is the composition of the hearing panel in line with the requirements outlined in T-DO/Rec(2017)01?	Yes	No	No
Are the rights of access to justice ensured in accordance with T-DO/Rec(2017)01?	Yes	No	No
Other comments	No	No	No

[ ] Data not available

## 26. Appeals system

Please describe the process for handling anti-doping rule violations appeals

Describe, upload documents or add the link to the relevant content The athletes or other person can appeal to the Arbitration Court of Sports, within ten days from the decision of the hearing panel. They can present in court any proof they want and can also and can raise any question they want, even if the proof or question wasn't raised or presented before the hearing panel.

The athlete or the other person has the right to a fair and expedited trail and has to be represented by a lawyer.

[ ] Data not available

## 27. Anti-doping rule violations (ADRV)

How many anti-doping rule violations cases were initiated in 2020 and how many of these initiated cases resulted in the imposition of a sanction?

Initiated cases	Cases that resulted in a sanction	Cases that resulted in no sanction
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Presence of a prohibited substance or its metabolites or markers in an athlete's sample Min numeric value allowed : 0	9	1	4
Use or attempted use by an athlete of a prohibited substance or a prohibited method Min numeric value allowed : 0	0	0	0
Evading, refusing or failing to submit to sample collection Min numeric value allowed : 0	0	0	0
Whereabouts failures Min numeric value allowed : 0	0	0	0
Tampering or attempted tampering with any part of doping control Min numeric value allowed : 0	0	0	0
Possession of prohibited substances and prohibited methods Min numeric value allowed : 0	0	0	0
Trafficking or attempted trafficking in any prohibited substance or prohibited method Min numeric value allowed : 0	0	0	0
Administration or attempted administration to any athlete of any prohibited method or prohibited substance Min numeric value allowed : 0	0	0	0
Complicity Min numeric value allowed : 0	0	0	0
Prohibited association Min numeric value allowed : 0	0	0	0

Data not available

## 28. Whereabouts failures

How many of the following whereabouts failures have you registered in 2020?

One missed test or filing failure

Any combination of two missed tests and/or filing failures

Data not available

## 29. Co-operation with law enforcement agencies


What measures have been taken to ensure co-operation between NADO and law enforcement agencies in limiting illegal availability of doping substances?

Law, please specify Art.20° Law n° 38/2012, of August 28, in its current version, establish the legal framework for the fight against doping in sport ensuring compliance with the new version of the code.

Agreement, please specify .....


Ad hoc activities, please specify .....

- Other, please specify .....
- None; your comment (optional) .....

30. Sanctions for doping trafficking 

Are there specific penalties or sanctions for illegal circulation of doping substances, in addition to those regulating the movement of medicines and narcotics?

- Criminal penalties, please specify .....
- Financial penalties, please specify .....
- Administrative or civil sanctions, please specify .....
- Professional disciplinary actions, please specify .....
- None of above, please explain .....
- Not available; your comment (optional) .....

31. Statistics on doping trafficking 

Do law enforcement agencies share data on the seizure of doping substances with the NADO?

- Yes, please specify how many seizures have been reported in 2020 .....
- No. Your comment (optional) .....
- Other, please specify .....

32. Whistleblowers 


Is your NADO implementing a whistleblower policy/programme?

- Yes; any comment .....
- No, but a preparatory process is in progress to develop a whistleblower policy/programme; any comment .....
- No; any comment .....

33. Legal background for Whistleblower policy 

If your NADO implements a Whistleblower policy/programme, please describe the legal framework for this programme

- National legislation
- NADO Rules
- Direct application of WADA Whistleblowing programme/policy and procedure for reporting misconduct
- Direct application of the rules of one or more international sports organisations, if yes, please list them .....
- Other. Please describe .....
- Not applicable

34. Organisation of anti-doping education 

## Which organisations are involved in implementing anti-doping education programs?


- National anti-doping organisation
- Ministry responsible for sport
- Ministry responsible for education
- Ministry responsible for health
- Other governmental body .....
- National sport federations
- Regional/municipal sport organisations
- Universities
- Schools
- Sport clubs
- Other bodies .....

## 35. Anti-doping education themes

## What types of anti-doping message are provided for different target groups?

	elite athletes	young athletes	recreational athletes	sports officials	coaches	medical personnel	school pupils	media	general public	other
National and International anti-doping rules	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Harm of doping to the spirit of sport	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Athletes and athlete support personnel's rights and responsibilities	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Consequences of doping, including sanctions, health and social consequences	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Substances and methods on the Prohibited List	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Doping control procedures	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Therapeutic use exemptions (TUEs)	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

Applicable whereabouts requirements	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
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36. Nutritional supplements 


What measures have been taken to address the problems related to nutritional supplements in sport?

- Restrict availability
- Control of production
- Provide quality assurance
- Comprehensive labelling
- Limit advertising and promotion
- Educational and informational measures
- Other, please specify: .....

37. Anti-doping research 


Has any anti-doping research been undertaken or supported?

- Yes; your comment (optional) .....
- Yes, to a limited extent; your comment (optional) .....
- No; your comment (optional) .....

38. Areas of anti-doping research 

What are the areas of anti-doping research?

- Doping prevention
- Detection methods
- Behavioural and social aspects of doping
- Health consequences of doping
- Physiological and psychological training programmes
- Emerging substances or methods
- Alternative testing methods
- None
- Other; your comment (optional) .....

39. Publication of anti-doping research 

How many articles with the results of this research have been published in peer-reviewed scientific journals? Please upload a summary or share links to resources, if available

- 0 in 2020; your comment (optional) .....
- Data not available

## 40. International agreements



Has your country signed any agreements with other Anti-Doping Organisations (ADOs) or agreements on anti-doping with any other organisation or State concerning the following:

	Yes or No; if applicable please explain or upload the document (below)
(a) Sharing of information	Yes, with WADA, International Federations through ADAMS
(b) Law enforcement co-operation	Yes with iNADO
(c) General co-operation	In addition to the agreements previously celebrated, ADoP in 2020 signed a an agreement with the Paralympic Committee of Portugal
(d) Other	No

Data not available