

## Implementation of anti-doping policies in 2020 - Estonia

### Implementation 2020 - Questionnaire - Modified 1.0

#### Objective :

In order to implement the requirements of the Article 9 of the Anti-Doping Convention, the online annual questionnaire is ready for collection of data regarding anti-doping policies in 2020.

#### Instruction :

For detailed instructions please select the links to documentation at the top of the page.

In case you face any problems which would prevent you from filling in the questionnaire, please report it to us by e-mail [sport.t-do@coe.int](mailto:sport.t-do@coe.int).

You are kindly requested to fill in, save and post your country's data for 2020 before 1 June 2021.

#### Questions :

##### 1. Number of athletes

Please estimate the number of athletes in the following categories within your country:

##### international-level athletes

Min numeric value allowed : 0

[ 200 ] your comment (optional)Member of TEAM ESTONIA, supported by NOC/Government Funding

[ ] Data not available

##### national-level athletes

Min numeric value allowed : 0

[ 5000 ] your comment (optional)there is about 20000 single participation by adult and about 35000 by youth and junior participation in EST Championships

[ ] Data not available

##### other athletes (including recreational athletes)

Min numeric value allowed : 0

[ 192114 ] your comment (optional)in organised sports

[ ] Data not available

##### number of athletes in your national registered testing pool

Min numeric value allowed : 0

[ 54 ] your comment (optional) .....

[ ] Data not available

##### number of athletes at the last Summer Olympic games

Min numeric value allowed : 0

[ 47 ] your comment (optional)in 13 sports

[ ] Data not available

##### number of athletes at the last Winter Olympic games

Min numeric value allowed : 0

[ 22 ] your comment (optional)in 6 sports

[ ] Data not available

number of athletes at the last Summer Paralympic games

Min numeric value allowed : 0

[ 6 ] your comment (optional) .....

[ ] Data not available

number of athletes at the last Winter Paralympic games

Min numeric value allowed : 0

[ 0 ] your comment (optional) .....

[ ] Data not available

## 2. Doping definition

What is the definition of "doping in sport" used in your country?

[ ] Council of Europe Anti-Doping Convention. Your comment (optional) .....

[ ] UNESCO International Convention against doping in sport. Your comment (optional) .....

[ X ] World Anti-Doping Code. Your comment (optional) On the basis of WADAC 2021 we have own National AD-Rules, incl. in Estonian

[ ] Other, please specify (e.g. national law) : .....

## 3. Doping list

Which list of banned pharmacological classes of doping agents and doping methods (i.e. Prohibited List) is implemented in your country?

[ X ] Prohibited List, as adopted by the Executive Committee of WADA. Your comment (optional) As NADO we follow WADA Guidelines and Rules

[ ] List of banned pharmacological classes of doping agents and doping methods, as adopted by the Monitoring Group (T-DO). Your comment (optional) .....

[ ] Prohibited List, as adopted by the Conference of Parties of the International Convention against Doping in Sport (UNESCO). Your comment (optional) .....

[ ] Other, please specify : .....

## 4. Additional doping lists

For the purposes of restricting availability of doping substances, are there other lists than those defined in the question 3?

( X ) Yes, please specify: Agreement is valid between ESTCIS and Estonian Tax Custom Office and Police Forces that the latter would possible information about prohibited medicine, incl. trafficking and trading of anabolic steroids and its derivatives, growth hormones, EPO.

( ) No. Your comment (optional) .....

## 5. Anti-doping laws

Are there any anti-doping laws in your country?

- Anti-doping law (other than ratification of the Convention). Your comment (optional) .....
- Other public law rules, please specify: Sports Act, Penal Code Art. 195
- No. Your comment (optional) .....

## 6. National Anti-Doping Organisation (NADO)

What is the legal status of your national anti-doping organisation? Please upload the statutes, if possible

- Public authority. Your comment (optional) .....
- Non-governmental organisation. Your comment (optional) ESTCIS - Estonian Center for Integrity in Sports, bounded by NOC September 2019
- Private company. Your comment (optional) .....
- National Olympic Committee acting as a NADO. Your comment (optional) .....
- Other, please specify : .....

## 7. NADO activities

Which of the activities below are conducted by your national anti-doping organisation? Please upload the organisational chart, if possible

	Yes. Your comment (optional)	No, please specify which organisation is in charge
Co-ordination of action by public authorities	<input checked="" type="checkbox"/> Mostly Ministry of Culture of Estonia	<input type="checkbox"/>
Co-ordination of the fight against trafficking	<input checked="" type="checkbox"/> Cooperation with Police Forces and Tax Custom Boars	<input type="checkbox"/>
Testing (doping control)	<input checked="" type="checkbox"/> Testing is one of main activities of ESTCIS	<input type="checkbox"/>
Results management	<input checked="" type="checkbox"/> In cooperation with law firm	<input type="checkbox"/>
Disciplinary procedures	<input checked="" type="checkbox"/> There is separate from ESTCIS independent Disciplinary Board, nopinated by NOC for 4 years	<input type="checkbox"/>
Education and/or information	<input checked="" type="checkbox"/> One of main activities of ESTCIS	<input type="checkbox"/>
Research	<input checked="" type="checkbox"/> Some applied research in collaboration with ESTCIS and partners	<input type="checkbox"/>

## 8. Funding of anti-doping programme

What was the annual budget of the NADO for the 2020 calendar year?

Min numeric value allowed : 0

[ 443000 ] amountEURCurrency

Data not available

## 9. Funding sources

How is the NADO funded? Please select all that apply and indicate an estimate in percentages:

- Government 48%
- National Lottery programme 1%
- National Olympic Committee (NOC) 41%
- Other sports organisation(s) ..... %
- Fee for service 10%
- Private ..... %
- Other ..... %

10. Distribution of funding 

What percentage of NADO's annual budget is put towards the following core programs?

- 24 ] Testing (including equipment, transportation, sample collection personnel fees)
- 26 ] Sample analysis
- 1 ] Investigations
- 2 ] Education
- 1 ] Research
- 2 ] Results Management/Legal
- 0 ] Therapeutic Use Exemptions (TUEs)
- 44 ] Other (e.g. remuneration, administration) Office, salaries, etc
- ] Data not available

11. Other funding for the anti-doping programme 

Are other institutions funding any parts of the national anti-doping programme (e.g. laboratories, research, WADA contribution, Unesco Voluntary Fund)

- Yes, please describe .....
- No

12. Sport budget 

What amount has been allocated to sport from the State budget through the national ministry responsible for sport for the year 2020?

- 48200000 ] amount EUR currency / other information
- ] Data not available

13. Limiting public funding to organisations 

Is public funding withheld from organisations that do not comply with anti-doping regulations and related legal instruments?

- Yes, all funding is withheld; your comment (optional) .....

A limited amount of funding is withheld; your comment (optional) .....

No financial implications; your comment (optional) Only Olympic sports organizations that recognize anti-doping rules are publicly funded

Information not available; your comment (optional) .....

#### 14. Limitation of public funding of persons

Is sport-related financial assistance provided by public authorities withheld from banned athletes or athlete support personnel during the period of their suspension?

Yes, all funding is withheld; your comment (optional) .....

A limited amount of funding is withheld; your comment (optional) Suspended in time of Provisional Suspension and in time of Ineligibility. No recover have been applied

No; your comment (optional) .....

Not applicable (no sport-related financial assistance is provided by public authorities to athletes or support personnel); your comment (optional) .....

Information not available; your comment (optional) .....

#### 15. Testing programme

Does your country have a national testing programme?

Yes

No, please explain .....

#### 16. Elements of the testing programme

What elements of the testing program are implemented by the NADO?

Risk assessment and test distribution planning (TDP)

Registered testing pool

Random selection of athletes

Targeted selection of athletes

In-competition testing

Out-of-competition testing

No-advance notice testing

Blood testing

Athlete biological passport (ABP) modules

Other elements, please specify .....

If some elements are implemented by another body, please specify which body ESTCIS has cooperation agreement with NAPMU for the analysis of athletes blood and hormone passports

#### 17. Quality certificate

Is your NADO or part of its procedures certified according to a quality standard (such as ISO or any other quality assurance

system)?

Yes, please specify which standard, its scope and validity ESTCIS is compliant with the recent WADA's and INADO's compliance criterias

In progress, please specify .....

No. Your comment (optional) .....

18. NADO staff, committee members and other anti-doping specialists 

Please outline below how many NADO staff, committees' members and other anti-doping specialists are involved in the coordination and management of your anti-doping programs (except sample collection personnel)

Min numeric value allowed : 0

5 ] staff full time

15 ] staff part time

30 ] committees' members (including, but not limited to, members of the disciplinary panels, NADO Board, TUE, education, whereabouts, scientific, athletes, appeals, ethics and/or other committees)

21 ] other specialists, please describe Board, Disciplinary Board, Appellation Board, TUE Commission,

Data not available

19. Sample collection personnel 

Do you have sample collection personnel (SCP) ?

Yes, within the NADO

Yes, through a service provider (Delegated third party) .....

No, please explain .....

20. Number of DCOs and BCOs 

How many doping control officers (DCOs), blood control officers (BCOs) and chaperones are in your sample collection personnel programme?

Min numeric value allowed : 0

13 ] DCOs; your comment (optional) Under an agency agreement

3 ] BCOs; your comment (optional) Among DCO's

30 ] Chaperones; your comment (optional) The involvement of chaperones depends on the need, often NFs provide their volunteers

Data not available

21. Laboratory 

Is there a doping control laboratory in your country?

Yes, accredited or approved by WADA in accordance with the International Standard for Laboratories

No, but a preparatory process is in progress to apply for accreditation or approval by WADA

No

## 22. Use of WADA laboratories



Which WADA-accredited or approved laboratories are used for analysis of samples collected by your NADO as a Testing authority within your national testing program in the year 2020? Please list all that applies, including the laboratory in your own country (if you use it) and indicate the percentage of samples analysed in each laboratory. Enter "0", if you don't use this laboratory

	% of NADO samples (estimate)
ANKARA, TURKEY	0
ATHENS, GREECE	0
BANGKOK, THAILAND	0
BARCELONA, SPAIN	0
BEIJING, CHINA	0
BLOEMFONTEIN, SOUTH AFRICA	0
BUCHAREST, ROMANIA	0
COLOGNE, GERMANY	0
DOHA, QATAR	0
GHENT, BELGIUM	0
HAVANA, CUBA	0
HELSINKI, FINLAND	0
KREISCHA, GERMANY	99
LAUSANNE, SWITZERLAND	0
LONDON, UNITED KINGDOM	0
LOS ANGELES, USA	0
MADRID, SPAIN	0
MONTREAL, CANADA	0
NEW DELHI, INDIA	0
OSLO, NORWAY	0

PARIS, FRANCE	0
RIO DE JANEIRO, BRAZIL	0
ROMA, ITALY	0
SALT LAKE CITY, USA	0
SEIBERSDORF, AUSTRIA	0
SEOUL, SOUTH KOREA	0
STOCKHOLM, SWEDEN	1
SYDNEY, AUSTRALIA	0
TOKYO, JAPAN	0
WARSAW, POLAND	0

Data not available

### 23. Testing statistics

How many samples were collected under your national testing program in the year 2020?

	Urine	Blood (including ABP)
<b>In-competition samples</b> <small>Min numeric value allowed : 0</small>	139	0
<b>Out-of-competition samples</b> <small>Min numeric value allowed : 0</small>	118	59

Data not available

### 24. Testing abroad

Did you test athletes under your authority who reside or train abroad (directly or by subcontracting other ADOs or anti-doping service providers)?

Yes; your comment (optional) Kenya

Not in 2020, but we have authorisation to do so; your comment (optional) .....

No, we do not have authorisation to do so; your comment (optional) .....

### 25. Disciplinary system

Please describe the disciplinary process for the anti-doping rule violations and application of the T-DO Recommendation on ensuring the independence of hearing panels (bodies) and promoting fair trial in anti-doping cases [T-DO/Rec(2017)01]  
<http://rm.coe.int/recommendation-on-ensuring-the-independence-of-hearing-panels-bodies-a/1680735159>

	–	–	–
Has your State established centralised panel/body in charge of all hearing proceedings in anti-doping matters (hearing panel)?	yes	no	no
Is the hearing panel independent, and operationally independent from sport movement (i.a. national federations, National Olympic Committee, National Paralympic Committee)?	yes	no	no
Is the hearing panel operationally independent from the government?	yes	no	no
Is the hearing panel operationally independent from the NADO?	yes	no	no
Are you aware of T-DO/Rec(2017)01?	yes	no	no
Is the composition of the hearing panel in line with the requirements outlined in T-DO/Rec(2017)01?	yes	no	no
Are the rights of access to justice ensured in accordance with T-DO/Rec(2017)01?	yes	no	no
Other comments	no	no	no

[ ] Data not available

## 26. Appeals system

Please describe the process for handling anti-doping rule violations appeals

Describe, upload documents or add the link to the relevant content see 13.APPEAL PROCEEDINGSp.56

[ ] Data not available

### Attachments

 Antidoping\_et-en\_13050\_Eesti dopinguvastased reeglid 22 10 2014\_en\_ok\_ED\_C(JdeP).docx

## 27. Anti-doping rule violations (ADRV)

How many anti-doping rule violations cases were initiated in 2020 and how many of these initiated cases resulted in the imposition of a sanction?

Initiated cases	Cases that resulted in a sanction	Cases that resulted in no sanction
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Presence of a prohibited substance or its metabolites or markers in an athlete's sample Min numeric value allowed : 0	2	1	1
Use or attempted use by an athlete of a prohibited substance or a prohibited method Min numeric value allowed : 0	0	0	0
Evading, refusing or failing to submit to sample collection Min numeric value allowed : 0	1	1	0
Whereabouts failures Min numeric value allowed : 0	0	0	0
Tampering or attempted tampering with any part of doping control Min numeric value allowed : 0	0	0	0
Possession of prohibited substances and prohibited methods Min numeric value allowed : 0	0	0	0
Trafficking or attempted trafficking in any prohibited substance or prohibited method Min numeric value allowed : 0	0	0	0
Administration or attempted administration to any athlete of any prohibited method or prohibited substance Min numeric value allowed : 0	0	0	0
Complicity Min numeric value allowed : 0	1	0	1
Prohibited association Min numeric value allowed : 0	0	0	0

Data not available

## 28. Whereabouts failures

How many of the following whereabouts failures have you registered in 2020?

One missed test or filing failure

Any combination of two missed tests and/or filing failures

Data not available

## 29. Co-operation with law enforcement agencies

What measures have been taken to ensure co-operation between NADO and law enforcement agencies in limiting illegal availability of doping substances?

Law, please specify On March 1, 2020, an amendment to the Penal Code entered into force, where section 195 established the composition of the doping offense

Agreement, please specify ESTCIS hired with agency agreement a senior inspector from the Police Corruption Crime Bureau as a consultant

Ad hoc activities, please specify Ministry of Culture, Ministry of Justice, Prosecutor's Office, Olympic Committee and ESTCIS Round Table on Criminalization of Doping

- Other, please specify .....
- None; your comment (optional) .....

### 30. Sanctions for doping trafficking ●

Are there specific penalties or sanctions for illegal circulation of doping substances, in addition to those regulating the movement of medicines and narcotics?

- Criminal penalties, please specify Penal Code Section 195 see - <https://www.riigiteataja.ee/en/eli/509032021001/consolide>
- Financial penalties, please specify Penal Code Section 195 - see <https://www.riigiteataja.ee/en/eli/509032021001/consolide>
- Administrative or civil sanctions, please specify The Medicinal Products Act regulates the cross-border import and export of medicines (including doping substances) - see <https://www.riigiteataja.ee/en/eli/ee/Riigikogu/act/505052021001/consolide>
- Professional disciplinary actions, please specify .....
- None of above, please explain .....
- Not available; your comment (optional) .....

### 31. Statistics on doping trafficking ●

Do law enforcement agencies share data on the seizure of doping substances with the NADO?

- Yes, please specify how many seizures have been reported in 2020 .....
- No. Your comment (optional) Yes but only valid court decisions on the basis of a ESTCIS request. This information may be then half a year old
- Other, please specify .....

### 32. Whistleblowers ●

Is your NADO implementing a whistleblower policy/programme?

- Yes; any comment It is possible to report a violation both anonymously and in person. The current Speak Up module on the ESTCIS website is being updated. No special whistleblower protection activities are yet implemented
- No, but a preparatory process is in progress to develop a whistleblower policy/programme; any comment .....
- No; any comment .....

### 33. Legal background for Whistleblower policy ●

If your NADO implements a Whistleblower policy/programme, please describe the legal framework for this programme

- National legislation
- NADO Rules
- Direct application of WADA Whistleblowing programme/policy and procedure for reporting misconduct
- Direct application of the rules of one or more international sports organisations, if yes, please list them .....

Other. Please describe Estonia will soon enforce the European whistleblowers protection directive. In negotiations with the Ministry of Justice, it is also planned to take under protect whistleblowers about sports corruption and doping violations in Estonia.

Not applicable

#### 34. Organisation of anti-doping education

Which organisations are involved in implementing anti-doping education programs?

National anti-doping organisation

Ministry responsible for sport

Ministry responsible for education

Ministry responsible for health

Other governmental body .....

National sport federations

Regional/municipal sport organisations

Universities

Schools

Sport clubs

Other bodies .....

#### 35. Anti-doping education themes

What types of anti-doping message are provided for different target groups?

	elite athletes	young athletes	recreational athletes	sports officials	coaches	medical personnel	school pupils	media	general public	other
National and International anti-doping rules	<input checked="" type="checkbox"/>	<input type="checkbox"/>								
Harm of doping to the spirit of sport	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>				
Athletes and athlete support personnel's rights and responsibilities	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Consequences of doping, including sanctions, health and social consequences	<input checked="" type="checkbox"/>	<input type="checkbox"/>								
Substances and methods on the Prohibited List	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>					

Doping control procedures	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Therapeutic use exemptions (TUEs)	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>					
Applicable whereabouts requirements	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

### 36. Nutritional supplements

What measures have been taken to address the problems related to nutritional supplements in sport?

- Restrict availability
- Control of production
- Provide quality assurance
- Comprehensive labelling
- Limit advertising and promotion
- Educational and informational measures
- Other, please specify: .....

### 37. Anti-doping research

Has any anti-doping research been undertaken or supported?

- Yes; your comment (optional) .....
- Yes, to a limited extent; your comment (optional)Some university undergraduate theses, one applied research
- No; your comment (optional) .....

### 38. Areas of anti-doping research

What are the areas of anti-doping research?

- Doping prevention
- Detection methods
- Behavioural and social aspects of doping
- Health consequences of doping
- Physiological and psychological training programmes
- Emerging substances or methods
- Alternative testing methods
- None
- Other; your comment (optional)Aanti-doping education needs study in different target groups

### 39. Publication of anti-doping research

How many articles with the results of this research have been published in peer-reviewed scientific journals? Please upload a summary or share links to resources, if available

[ 1 ] in 2020; your comment (optional)ESTCIS Pharmacist Janne Sepp: Abstract World Anti-Doping Agency (WADA) Prohibited List is an international standard that provides the information about substances and methods prohibited and/or limited for use in sports. As this standard is in essence a declarative document, it is complicated to understand all the information there, especially without medical background. Many countries have therefore conducted their own online drug search systems to provide easier access to information about prohibited substances and methods. But these systems are focused specifically on a certain country in two important aspects – language and selection of medicines. As for Estonia, where the prior drug search of Estonian Anti-Doping had finished operating, there was a need for a new up-to-date search system that would provide athletes and support personnel with information about the prohibited status of medications. Therefore, Estonian Center for Integrity in Sports (ESTCIS) in collaboration with Estonian Foundation of Sport Education and Information developed the Estonian medicine search. For development, first a database with the information of all prohibited substances was conducted. The Prohibited List, the listings of Estonian Register of Medicinal Products and World Health Organization ATC index were used to ensure its reliability. Secondly, the data about medicines was provided by Estonian State Agency of Medicines via X-tee, the data exchange layer for information systems, enabling a secure Internet-based data exchange between information systems. Then, the previously described data were harmonized and connected. Finally, by using infotechnological solutions, the online Estonian medicine search for athletes and support personnel was developed. The Estonian medicine search provides information about the prohibited status of all medicinal products marketed in Estonia, as well as direct access to their online package leaflets. Both, the substances and medicinal products, can be searched. We hope that quick access to relevant information about the prohibited status of medications is a valuable tool that can reduce unintentional use of prohibited substances and violation of anti-doping rules. All in all, the developed Estonian medicine search is useful for the whole population, especially for amateur athletes. KEY WORDS: prohibited substance, medicine, medicine search, effective substance

[ ] Data not available

#### 40. International agreements

Has your country signed any agreements with other Anti-Doping Organisations (ADOs) or agreements on anti-doping with any other organisation or State concerning the following:

	Yes or No; if applicable please explain or upload the document (below)
(a) Sharing of information	No
(b) Law enforcement co-operation	No
(c) General co-operation	Yes: Moldova NADO/Yes - FINCIS/Finland - continuous active cooperation in training of DCOs and conducting testing programs
(d) Other	Estonia- Latvia-- Lithuania NADOs Coordinated testing at Baltic sports competitions. EST-LAT MoU is signed plus two annexes and there is active cooperation. EST-LAT-LTU MoU is approved, waiting for signing due to corona problems

[ ] Data not available

#### Attachments

-  05.08.20\_Annex No 2-MoU-LAT-EST\_fin.docx
-  Annex No 1-MoU-LAT-EST\_06.03.2020.docx
-  MLD-EST\_Agreement\_13.03.2020.pdf
-  MOU-EAD-LAB-sad\_Final\_31.10.19\_ar\_fonu[1] (3)\_PRINT\_priekš LTU -vertimas.docx