

Implementation of anti-doping policies in 2024 - Portugal

Implementation of anti-doping policies in 2024 - Questionnaire - Modified - Modified

0.3

Objective :

In order to implement the requirements of Article 9 of the Anti-Doping Convention, State Parties are invited to submit information on anti-doping policies through the annual online questionnaire of 2024.

Instruction :

For general instructions, please select the documentation links at the top of the page.

For specific instructions, please note that each question has additional support tools - previous answers and specific information related to that question.

If you encounter any problems that prevent you from completing the questionnaire, please email us at sport.t-do@coe.int.

Questions :

1. Number of athletes

Please estimate the number of athletes in the following categories within your country:

athletes at the last Summer Olympic games

Min numeric value allowed : 0

[73]

[] Data not available

athletes at the last Winter Olympic games

Min numeric value allowed : 0

[0]

[] Data not available

athletes at the last Summer Paralympic games

Min numeric value allowed : 0

[27]

[] Data not available

athletes at the last Winter Paralympic games

Min numeric value allowed : 0

[0]

[] Data not available

athletes in your NADO's Registered Testing Pool (RTP)

[126]

[] Data not available

2. Additional doping lists

For the purpose of restricting the availability of doping, are there any other officially adopted lists of substances in addition to the Prohibited List adopted by WADA?

() Yes, please specify:

(X) No

3. Anti-doping laws

Does your country have an anti-doping legislation, other than ratification of the Anti-Doping Convention?

[X] Anti-doping law Law 81-2021 , from November 30

[X] Other types of national or regional norms including article(s) in a "Sports law" or Decree, please specify: Ordinance 436/2022, from April 01

[] No

Attachments

 ADoP - Ordinance n.º 436-2022, of April 01.pdf

 Law 81-2021 de 30 de novembro.pdf

4. National Anti-Doping Organisation (NADO)

What is the legal status of your national anti-doping organisation? Please upload the statutes, if possible

(X) Public authority

() Non-governmental organisation

() Legal entity of private law

() National Olympic Committee acting as a NADO

() Foundation

() Other, please specify:

Attachments

 ADoP : [https://https://adop.pt/](https://adop.pt/)

5. Funding of anti-doping programme

What was the annual budget of your NADO for the 2024 calendar year (or other 12-month period, if applicable)?

Min numeric value allowed : 0

[1797648] amount in Euro (estimate)

[] Data not available

6. Funding sources

How is your NADO funded? Please select all that apply and indicate an estimate in percentages:

[X] Government 100%

[] National Olympic Committee (NOC) %

[] Other sports organisations %

[] Fee for service %

[] Private %

[] Other %

7. Distribution of funding

What percentage of your NADO's annual budget is put towards the following core programmes?

[32] Staff costs (excluding sample collection personnel fees)

[14] Testing (including equipment, transportation, sample collection personnel fees)

[35] Sample analysis (including Technical Document for Sport Specific Analysis, Athlete Passport Management Unit fees, sample retention fees, additional and further analysis)

[3] Information and intelligence gathering, and investigations

[3] Results Management/Legal

[5] Education

[1] Research

[2] Therapeutic Use Exemptions (TUEs)

[5] Other (e.g. administration, maintenance)

[] Data not available

8. Sport budget

What amount has been allocated to sport from the national budget through the national ministry responsible for sport for the year 2024 (or other 12-month period if applicable)?

[] amount in Euro (estimate). Comment, if applicable

[X] Data not available

9. Limiting public funding to organisations

Can public funding be withheld from organisations that do not comply with anti-doping regulations and related legal instruments?

(X) Yes, all funding is withheld

() A limited amount of funding is withheld

() No financial implications

() Information not available / Comment

10. Limitation of public funding of persons

Can sport-related financial assistance provided by public authorities be withheld from suspended athletes or athlete support personnel during the period of their sanction?

(X) Yes, all funding is withheld

() A limited amount of funding is withheld

() No

☐ Not applicable (no sport-related financial assistance is provided by public authorities to athletes or support personnel)

☐ Information not available / Comment

11. NADO activities



Do you outsource any part of your anti-doping program to a delegated third party (e.g. Service Providers, Sample collection authorities, another NADO)?

☐ Yes, please specify:

☒ No

12. Quality certificate



Is your NADO or part of its procedures certified according to a quality standard (such as ISO or any other quality assurance system)?

☒ Yes, please specify which standard, its scope and validity ISO:9001:2015, in force until 22/01/2027

☐ In progress

☐ No

Attachments

International Certification Network.pdf

ADoP NP EN ISO 90012015 certificate.pdf

13. NADO staff, committee members and other anti-doping specialists



Please outline below how many NADO staff, committees' members and other anti-doping specialists are involved in the coordination and management of your anti-doping programmes (excluding sample collection personnel)

Min numeric value allowed : 0

[15] staff full time

[1] staff part time

[10] committees' members (including, but not limited to, members of the disciplinary panels, NADO Board, TUE, education, scientific, athletes, appeals commissions, ethics and/or other)

[17] other specialists, please describe 16 Advisory Board and APMU 1

[] Data not available

14. Sample Collection Personnel



If your NADO acts as a Sample Collection Authority, how many persons are involved in the sample collection? If an individual can complete multiple roles, please include them under each applicable role. If you outsource your sample collection, please indicate this under "not applicable".

Min numeric value allowed : 0

[34] Doping Control Officers

[34] Blood Collection Officers

[0] Chaperones

☐ [0] Not applicable (e.g. testing is outsourced)

☐ [] Data not available

15. Use of WADA laboratories

Which WADA-accredited or approved laboratories are used for analysis of samples collected by your NADO as a Testing authority within your national testing programme in the year 2024? Please list all that apply, including the laboratory in your own country

	City or country
List all applicable laboratories	LAB-Lisbon-POR; LAB-Barcelona-ESP-IMIM; LAB-Paris-FRA-LADF and LAB-Roma-ITA-FMSI

☐ [] Data not available

16. Testing statistics

How many samples were collected under your national testing programme in the year 2024?

	Urine	Blood (including ABP and DBS)
In-competition samples Min numeric value allowed : 0	1460	61
Out-of-competition samples Min numeric value allowed : 0	770	258

17. Testing minors

Of the total number of tests mentioned in the Q16, how many were conducted on children (persons under 18)

☐ [40] Number of urine samples of minors

☐ [1] Number of blood samples of minors

☐ [0] Comment

☐ [] Data not available

18. Testing abroad

Have you tested (directly or by outsourcing to Delegated Third Parties) athletes under your authority who live or train abroad?

☒ (X) Yes

☐ () Not in 2024, but we have authorisation to do so

☐ () No, we do not have authorisation to do so / comment

19. Disciplinary system

To what extent has your country implemented the Recommendation on general principles of fair procedure applicable to anti-doping proceedings in sport (please check the Information Tab above)

- (X) Fully implemented
- () Partially implemented
- () Not implemented

20. Hearing process



Please provide additional information about the hearing process:

Is the Hearing panel independent and impartial?

- (X) Yes
- () No

Is the right to an effective defense ensured, i.e. presumption of innocence, to be advised, to have adequate time to prepare the defense, to be assisted by an interpreter, to request witnesses or experts

- (X) Yes
- () No

Which party bears the costs of the proceedings? E.g. the sanctioned athlete or other person, the NADO, as decided by the Panel, or a third party

- (X) Please describe Portuguese State

Is a free legal aid mechanism available (possibly under certain conditions)?

- (X) Yes
- () No

21. Public hearing



How is the principle of public hearing implemented in your country ?

- () Public hearing is granted by default without limitation
- (X) Public hearing is granted by default , but can be turned to in camera by decision of the panel
- () Hearings are held in camera, but athletes/accused persons can request a public hearing
- () Hearings are held in camera only

22. ADRV managment



Please describe the process for handling anti-doping rule violations ADRVs, including appeals process. If there were no changes since 2023, you can copy the text from the previous year (see the button on the top right corner of the window)

Describe, upload documents or add the link to the relevant content. The athletes or other person can appeal to the Arbitration Court of Sport within 10 days from the decision of the hearing panel. They can present in court any proof they want and can also raise any questions they want, even if the prof of question was not raised or presented before the hearing panel.

The athlete or other person has the right to a fair and expedited trail and has to be presented by a lawyer.

[] Data not available



23. Anti-doping rule violations (ADRV)

How many individual anti-doping rule violations cases were initiated in 2024 and how many of these initiated cases resulted in the imposition of a sanction?

	Cases initiated in 2024	how many resulted in a sanction	how many resulted in no sanction	how many are pending
Presence of a prohibited substance Min numeric value allowed : 0	15	0	2	13
Use or attempted use Min numeric value allowed : 0	0	0	0	0
Evading, refusing or failing to submit to sample collection Min numeric value allowed : 0	0	0	0	0
Whereabouts failures Min numeric value allowed : 0	0	0	0	0
Tampering Min numeric value allowed : 0	0	0	0	0
Possession Min numeric value allowed : 0	0	0	0	0
Trafficking Min numeric value allowed : 0	0	0	0	0
Administration Min numeric value allowed : 0	0	0	0	0
Complicity Min numeric value allowed : 0	0	0	0	0
Prohibited association Min numeric value allowed : 0	0	0	0	0
Retaliation Min numeric value allowed : 0	0	0	0	0
Participation during ineligibility or provisional suspension	0	0	0	0

[] Data not available

Attachments

 ADoP : <https://adop.pt/sancoes-disciplinares/>

24. Sanctioned persons



Against how many individuals were the anti-doping rule violation cases initiated in 2024? The total number could differ from the total number in column 1 of the table in question 23, for example if an individual was sanctioned for more than one violation

[15] Number of initiated cases (idem Q23 column 1)

[14] Number of persons

[0] Of the above number of persons, how many are children (under 18 at the time of the ADRV)?

[] Data not available

25. Co-operation with law enforcement agencies



What measures have been taken to ensure co-operation between your NADO and law enforcement agencies?

☒ Law, please specify Article 22 of Law 81/2021, of November 30, which establishes the legal framework for the fight against doping in sport ensuring compliance with the new version of the code

☐ Agreement, please specify

☐ Ad hoc activities, please specify

☐ Other, please specify

☐ None

26. Sanctions for doping trafficking



Are there specific penalties or sanctions for the illegal circulation of doping substances, in addition to those regulating the movement of medicines and narcotics?

☒ Criminal penalties, please specify

☒ Financial penalties, please specify

☒ Administrative or civil sanctions, please specify

☒ Professional disciplinary actions, please specify

☐ Other

☐ Information not available

27. Statistics on doping trafficking



Do law enforcement agencies share data on the seizure of doping substances with your NADO?

☐ Yes, please specify how many seizures have been reported in 2024

☒ No. comment (optional)

☐ Other, please specify

28. Anti-doping education target groups



Which anti-doping target groups are educated and by whom?

	NADO	Other organisations; please list	Not targeted in 2024
International-level athletes	☒	☒	☐
National-level athletes	☒	☒	☐
Youth athletes	☒	☒	☐
Children / School sport	☒	☐	☐
Recreational athletes	☐	☐	☒

Athletes returning from a sanction	☒	☐	☐
Coaches, trainers	☒	☐	☐
Sports administrators, officials, managers, agents	☒	☐	☐
Medical / Paramedical professionals	☒	☐	☐
Team staff/Members of a delegation at a major event	☐	☒	☐
Parents	☒	☒	☐
School and university teachers	☒	☐	☐
University students	☒	☐	☐
Commercial sponsors	☐	☐	☒
Media, journalists	☒	☒	☐

29. Mandatory anti-doping education



Is completion of a national anti-doping education programme (confirmation of in-person training, e-learning certificate or similar) mandatory for any part of your sport structure?

() No, all anti-doping education is voluntary

(X) Yes, it is mandatory for certain groups of athletes and support personnel (e.g. Olympic and Paralympic team); please specify: RTP athletes, Olympic and Paralympic teams, support personnel

() Other

30. Nutritional supplements



What measures have been taken to address the problems related to nutritional supplements in sport?

☐ Restrict availability

☐ Control of production

☐ Provide quality assurance

☐ Comprehensive labelling

☐ Limit advertising and promotion

☒ Educational and informational measures

☐ Other, please specify:

31. Anti-doping research



Has any anti-doping research been undertaken or supported?

(X) Yes; your comment (optional)

(☒) Yes, to a limited extent; your comment (optional)

(☐) No; your comment (optional)

32. Areas of anti-doping research

If applicable - what are the areas of anti-doping research?

[☒] Doping prevention

[☐] Detection methods

[☒] Social science, including the behavioural and social aspects of doping

[☒] Health consequences of doping

[☐] Physiological and psychological training programmes

[☐] Emerging substances or methods

[☐] Alternative testing methods

[☐] None

[☐] Other

33. Publication of anti-doping research

If applicable - how many articles with the results of this research have been published in peer-reviewed scientific journals?

Please upload a summary or share links to resources, if available

[0] in 2024

[☐] Data not available

34. International agreements

Has your country signed any new co-operation agreements in 2024 with other Anti-Doping Organisations (ADOs) or agreements on anti-doping with any other organisation or state?

(☒) Yes, please explain or upload the document or provide a link ADoP in 2024, signed an cooperation agreement with BUL-NADO and NADA Austria

(☐) No

Attachments

 ADoP : <https://adop.pt/noticias/page/27/>