

## A train-the-trainer workshop for empowerment against inequality

### Across Europe

#### DESCRIPTION

The Erasmus Project #getinvolved developed a comprehensive guide for a two-day train-the-trainer workshop that focuses on the **empowerment of VET learners who experience inequality, discrimination and a feeling of powerlessness in schools, companies and society**. The workshop aims to enhance **CDC within VET** by **equipping teachers and instructors with the tools and methods to promote citizenship awareness, inclusiveness and anti-discrimination practices**. It seeks to empower educators to address these issues effectively. By deepening their knowledge, improving self-reflection and developing practical strategies, **educators can better support their learners to overcome powerlessness and contribute to a more democratic and inclusive society both within VET and beyond**. The guidelines are available in **English, German, Italian and Polish**. Similar approaches could be integrated into initial teacher training.