



**Preventing**  
sexual abuse  
of children

**Prévention**  
des abus sexuels  
à l'encontre  
des enfants

**Prevenir**  
el abuso  
sexual infantil

**Good Practices Circuit**  
**Circuit de Bonnes Pratiques**  
**Circuito de Buenas Prácticas**



# Conference on « Preventing Sexual Abuse of Children » (Madrid, 10-11 December 2013)

## Compilation of the good practices show-cased in the « Good practices circuit »

**Tuesday 10 December 2013**

### 1. Fundacion ANAR (Spain)

*Teléfono ANAR: 19 años de atención y prevención de casos de abuso sexual a niños y adolescentes en España.*

El Teléfono ANAR de Ayuda a Niños y Adolescentes, desde sus diferentes Líneas de Atención Telefónica lleva más de 19 años atendiendo llamadas relacionadas con abuso sexual hacia niños y adolescentes. Las llamadas de abuso sexual suponen el 5,8% del total de las 324.643 llamadas recibidas al Teléfono ANAR en el año 2012 y hemos observado que este porcentaje permanece estable a lo largo de estos años.

En el Informe Específico de Violencia contra la Infancia del año 2012 encontramos que el porcentaje de abuso sexual se eleva al 11,5% del total de las llamadas de violencia.

Nuestro Protocolo de Atención Telefónica es un ejemplo de buenas prácticas en dos situaciones diferentes: 1) Atención directa de casos en los que se está dando un abuso sexual y 2) prevención de posibles casos de abuso sexual en la infancia.

Todas las llamadas son atendidas por un equipo de psicólogos especializados en infancia que van a aportar pautas psicológicas evitando la revictimización del menor. En situaciones graves, contamos con el apoyo de nuestros trabajadores sociales y abogados que van a derivar el caso a recursos externos, facilitando así el apoyo en profesionales del entorno del menor y si fuera necesario, activar el protocolo de colaboración con Fuerzas y Cuerpos de Seguridad para poder intervenir ante situaciones de emergencia.

Informe sobre de Violencia contra la Infancia del Teléfono ANAR: [http://www.anar.org/wp](http://www.anar.org/wp-content/uploads/2013/04/Informe-ANAR-2012-BAJA.pdf)

Benjamín Ballesteros, Director de Programas

[bballesteros@anar.org](mailto:bballesteros@anar.org)

917 262 700

<http://www.anar.org/wp-content/uploads/2013/04/Informe-ANAR-2012-BAJA.pdf>

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*ANAR Helpline: 19 years of care and prevention of cases of child and adolescent sexual abuse in Spain.*

ANAR Helpline for Children and Teens, from its different Telephone Support Lines, has been answering calls related to sexual abuse of children and adolescents for more than 19 years. Sexual abuse calls account for 5,8% of the 324,643 calls received by the ANAR Helpline during 2012 and we have observed that this percentage has remained stable over the years.

In the Specific Report of Violence against children of the year 2012 we found that the percentage of sexual abuse increased to 11,5% of the total calls of violence.

Our protocol of Telephone Support is an example of good practice in two different situations: 1) Direct support to cases of sexual abuse and 2) prevention of possible cases of child sexual abuse.

All calls are answered by a team of psychologists specialized in children that will provide psychological patterns while avoiding the re-victimization of the minor. In severe situations, we have the support of our social works and lawyers who will refer the case to external resources, therefore facilitating the support with professionals in the child's environment and if necessary, activating the protocol of collaboration with the Security Forces in order to intervene in emergency situations.

Benjamin Ballesteros, Program Director

[bballesteros@anar.org](mailto:bballesteros@anar.org)

917 262 700

Internet website: <http://www.anar.org/wp-content/uploads/2013/04/Informe-ANAR-2012-BAJA.pdf>

## 2. Espirales Consultoria de Infancia ("Escuchando mis tripas") (Spain)

El programa "Escuchando mis "tripas" es un programa de prevención primaria del abuso sexual infantil en niños y niñas de tres a seis años. Se ha ido elaborando y consolidando a partir de la experiencia directa en estos años en el trabajo de prevención con familias, con los niños y niñas y con los profesionales y de la colaboración de Espirales CI en la campaña "Uno de cada cinco" del Consejo de Europa. El programa se estructura sobre tres bloques temáticos comunes: 1) afectividad y violencia, 2) ¿cómo hablar a un niño o niña sobre abuso sexual?, y 3) algunos mensajes clave en la prevención (la diferencia entre querer bien y querer mal, la diferencia entre los buenos y malos secretos y aprender a pedir ayuda). Asimismo se desarrollan tres metodologías diferenciadas para el trabajo con los niños y niñas, con sus familias y con los educadores.

El trabajo de prevención, en todos los casos, pero especialmente en la población a la que va destinada este programa, es decir, los niños y niñas de tres a seis años, debe dirigirse a su inteligencia somato-sensorial (que, en el marco del programa, se denomina "tripas"), para dotarles de recursos vivenciales y corporales desde los que percibir la violencia, les llegue ésta de quien les llegue, sea adulto o niño, hombre o mujer, parte de su familia más cercana o no. Los niños y niñas tienen que aprender desde el principio a no justificar la violencia, a nombrarla como tal y a reconocerla en las sensaciones físicas que les genera.

Debemos enseñarles a no permitir que sus "tripas" se retuerzan de miedo o dolor.

F. Javier Apellido Romeo-Biedma

Lenguas que habla Español, inglés, francés, árabe marroquí

E-mail [javier@espiralesci.es](mailto:javier@espiralesci.es)

Teléfono (+34) 657 680 165

[www.espiralesci.es](http://www.espiralesci.es)

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The programme "Listening to my gut" is aimed at the primary prevention of child sexual abuse in children aged three to six years. It has been developed and consolidated from the direct experience of years working on prevention with families, with children and with professionals, as well as from the collaboration of Espirales Childhood Consultancy in the Council of Europe ONE in FIVE Campaign.

The programme is structured in three thematic blocks: 1) affectivity and violence, 2) how to speak to a child about sexual abuse?, and 3) some key messages in prevention (the difference between loving well and loving harmfully; the difference between good and bad secrets; and learning to ask for help).

Additionally, three distinct although related methodologies are developed for working with children, with their families and with educators.

The task of prevention in all cases, but especially in the target population of this programme – that is, children aged three to six years – is to be directed toward the somatosensory intelligence, called "the gut" in the framework of this programme. Children develop experiential and corporal resources that help them to identify what is violence – no matter who perpetrates it, be it an adult or another child; a man or a woman; a member of the family or not. Children need from the beginning not to justify violence, they need to name it and to identify it in the physical sensations it produces in their bodies. Our goal is to teach them not to allow their "gut" to writhe in fear or in pain.

F. Javier Romeo-Biedma

Languages spoken : Spanish, English, French, Moroccan Arabic

E-mail [javier@espiralesci.es](mailto:javier@espiralesci.es)

Tel : (+34) 657 680 165

Internet website: [www.espiralesci.es](http://www.espiralesci.es)

### 3. FAPMI-ECPAT (Spain)

*Una estrategia de ámbito estatal para la prevención de la violencia sexual contra la infancia en España*

La Federación de Asociaciones para la Prevención del Maltrato Infantil representa en España a la Red ECPAT y promueve el Código de Conducta para la Prevención de la Explotación Sexual de la Infancia en el Turismo y los Viajes (The Code) y coordina en España la Campaña “Uno de Cada Cinco” promovida por el Consejo de Europa. Junto a estas actividades, FAPMI-ECPAT España participa en distintos espacios institucionales significativos como son el Observatorio de la Infancia del Ministerio de Sanidad, Servicios Sociales e Igualdad y sus Grupos de Trabajo. A través de este órgano se desarrollan los distintos Planes de ámbito estatal focalizados en la infancia y en distintos aspectos concretos vinculados a la violencia contra niños, niñas y adolescentes. También participa en la Red Española Contra la Trata de Personas. En este marco de colaboración, FAPMI-ECPAT España –junto a las Asociaciones que la forman- desarrolla actividades dirigidas a todo el contexto social, las distintas administraciones públicas (estatales, autonómicas y locales), los profesionales de todos los ámbitos directamente vinculados a la atención a la infancia, involucrando también en esta estrategia a los Medios de Comunicación y el sector privado y apoyando y desarrollando redes de colaboración formales e informales.

Selma FERNÁNDEZ VERGARA

Lenguas que habla: castellano, inglés

E-mail : [fapmi@fapmi.es](mailto:fapmi@fapmi.es)

Teléfono: 616 720 339

[www.fapmi.es](http://www.fapmi.es) / [www.ecpat-spain.org](http://www.ecpat-spain.org)

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*A national strategy for the prevention of sexual violence against children in Spain*

The Federation of Associations for the Prevention of Child Mistreatment is the representative in Spain of the ECPAT Network and promotes the Code of Conduct for the Prevention of Sexual Exploitation of Children in Tourism and Travels (The Code) and is the coordinator in Spain of the Campaign “One in Five” of the Council of Europe. In the other hand, FAPMI-ECPAT Spain takes a part in relevant institutional spaces as –as example- the Childhood Observatory of the Ministry of Health, Social Services and Equality and its Working Groups. This is the Organ in charge of the development of the Estatal Plans of Action related to the violence against children. Simultaneously, FAPMI-ECPAT Spain is member of the Spanish Network Against Trafficking of Human Beings. In this frame of collaboration, FAPMI-ECPAT Spain –with the support and collaboration of the Associations members of the Federation- develop activities directed to the whole social context, to all the public administrations (at national, regional and local level), activities oriented to all the professionals of the ambits directly involved in the attention of children and teenagers and including in this strategy the Media and the private sector and developing and supporting formal and informal networks of collaboration with the aim of to guarantee the childhood protection by means the construction solid of Prevention Policies against sexual abuse of children.

Selma FERNÁNDEZ VERGARA

Languages spoken : Spanish, English

E-mail : [fapmi@fapmi.es](mailto:fapmi@fapmi.es)

Tel.: 616 720 339

Internet website: [www.fapmi.es](http://www.fapmi.es) / [www.ecpat-spain.org](http://www.ecpat-spain.org)

### 4. Programa de Pediatría Social, Hospital Virgen de Valme, Andalucía (Spain)

Estructura funcional interdisciplinar hospitalaria, para la detección precoz y la atención de casos de sospecha de abuso sexual a menores. Una experiencia de prevención secundaria durante 20 años.

Las estimaciones de prevalencia del Abuso Sexual a Menores (“Uno de cada cinco”) están lejos del número de casos notificados, por lo que consideramos fundamental implicar a los profesionales y crear estructuras que faciliten la detección y notificación de casos de sospecha sin generar costes adicionales. En el hospital comarcal se crea el Programa de Pediatría Social (PPS) en el que participan Enfermeras, Trabajadoras Sociales, Pediatras, Médicos de Familia, de Urgencias, Ginecólogas, Dermatólogos, Digestólogos y se facilita el estudio psicológico de los menores cuando procede.

El PPS difunde entre los profesionales los indicadores de sospecha, propone protocolos, coordina la asistencia, facilita la notificación de los casos, realiza una valoración diagnóstica y colabora con otras instituciones. En los últimos 20 años el PPS ha atendido a 440 menores con indicadores de sospecha de padecer abuso sexual. Con el estudio precoz de casos de sospecha el PPS ha contribuido a la prevención secundaria del Abuso Sexual Infantil.

Juan M. Gil Arrones, Pediatra, Coordinador del Programa de Pediatría Social.

E-mail: [juangilarrones@hotmail.com](mailto:juangilarrones@hotmail.com)

Tel.: 629 463 804

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Hospital Interdisciplinary functional structure, for the early detection and treatment of cases of suspected sexual abuse of minors. An experience of secondary prevention during 20 years.

The estimates of prevalence of Child Sexual Abuse ("One in Every Five") are far from the number of reported cases, which is why we consider it fundamental to involve professionals and create structures that facilitate the detection and reporting of suspected cases without generating additional costs. At the district hospital the Social Pediatrics Program was created (PPS) in which Nurses, Social Workers, Pediatricians, Family Physicians, Emergency Doctors, Gynecologists, Dermatologists, and Gastroenterologists participate and the psychological study of minors is made possible when needed.

The PPS disseminates the indicators of suspicion, proposes protocols, coordinates assistance, facilitates the reporting of cases, performs a diagnostic assessment among professionals and collaborates with other institutions. In the last 20 years PPS has treated 440 minors suspected of being victims of sexual abuse. With the early study of suspected cases, PPS has contributed to the secondary prevention of Child Sexual Abuse.

Juan M. Gil Arrones, Pediatra, Coordinador del Programa de Pediatría Social.

E-mail: [juangilarrones@hotmail.com](mailto:juangilarrones@hotmail.com)

Tel.: 629 463 804

## 5. Protégeles (Centro de seguridad en internet para menores) (Spain)

*Centro de Seguridad en Internet para los menores en España.*

La Asociación es una organización de protección del menor profesionalizada, en la que abogados, psicólogos y expertos en seguridad y protección del menor, trabajan ofreciendo "soluciones" a los más jóvenes, a sus familias y a sus centros escolares, y siempre de forma gratuita. Ofrecemos resultados, cifras y conclusiones. La entidad es el Centro de Seguridad en Internet para los menores en España, dependiente del Safer Internet Programme de la Comisión Europea y es miembro permanente del INHOPE (International Association of Internet Hotlines), del INSAFE (European network of Awareness Centres) dependiente de la Comisión Europea, y de eNACSO (European NGO Alliance for Child Safety Online).

Entre 2001 y 2012, Protégeles ha recibido más de 200.000 informaciones sobre pornografía infantil y otros contenidos ilegales, trasladando más de 15.000 denuncias a unidades policiales de todo el mundo. Sus Líneas de Ayuda reciben diariamente peticiones de ayuda en situaciones de acoso escolar en Internet (ciberbullying), acoso sexual a menores (grooming), usurpaciones de identidad y otras, desde toda España. En los últimos 4 años han realizado intervenciones legales y/o psicológicas en más de 3.000 casos.

La Asociación realiza también una importante labor de prevención y formación, realizando talleres sobre seguridad en el uso de internet y las TIC

e-mail: [contacto@protegeles.com](mailto:contacto@protegeles.com)

Tel.: 917 400 019

<http://www.protegeles.com>

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*Internet Safety Center for children in Spain.*

The Association is a professionalized organization for the protection of children in which lawyers, psychologists and experts in security and protection of minors, work by offering “solutions” to children, their families and their schools. The services offered are always free of charge. We offer results, figures and conclusions. The organization is the Internet Safety Center for children in Spain, under the Safer Internet Programme of the European Commission and a permanent member of INHOPE (International Association of Internet Hotlines), of INSAFE (European network of Awareness Centres) dependent of the European Commission, and eNACSO (European NGO Alliance for Child Safety Online).

Between 2001 and 2012, Protégeles has received more than 200,000 reports of child pornography and other illegal content, moving more than 15,000 complaints to police units all over the world. Their Support Lines receive requests for help daily for situations of school harassment in the Internet (cyberbullying), sexual harassment of minors (grooming), impersonations and others, all over Spain. Over the last 4 years legal and/or psychological interventions have been carried out in more than 3,000 cases.

The Association also takes an important role in prevention and training, conducting workshops on internet safety and ICT.

e-mail: [contacto@protegeles.com](mailto:contacto@protegeles.com)

Tel.: 917 400 019

Internet website: <http://www.protegeles.com>

## **6. Child Focus - Foundation for Missing and Sexually Exploited Children (Belgium)**

As the Foundation for Missing and Sexually exploited children, Child Focus fights against and develops awareness raising campaigns on the topic of sexual exploitation of children. In the past few years, we developed a thorough expertise in and range of awareness raising tools concerning the prevention of online sexual exploitation, with prevention spots on sexting and online resources concerning grooming and online sexual behaviour of teenagers. All these tools have been developed in collaboration with young people themselves, since we believe that youth participation is crucial to obtain an effective result. We feel that a positive dialogue and communication on this topic between young people and the adults surrounding them is crucial and therefore we always combine tools to stimulate self-reflection amongst teenagers with initiatives towards parents, like training sessions and selftest-resources. Within this scope, we feel it is very important not to forget those target groups which are not easy to reach, but are often even more vulnerable online, like very young users and children with a disability or living in lower SES. Therefore we have invested a lot of time and energy in developing specific tools for these target groups.

Our main focus lies on videos, such as the one on sexting (<http://www.youtube.com/watch?v=LkJ5qcuebVA>) or a spot targeting very young users / toddlers (<http://www.youtube.com/watch?v=bh20w33ptg0>). We also have a lot of online resources, as can be found via [www.clicksafe.be](http://www.clicksafe.be).

Belinda Noe

Postal address: Houba de Strooperlaan 292 – 1020 Brussels - Belgium

E-mail: [nel.broothaerts@childfocus.org](mailto:nel.broothaerts@childfocus.org) / [belinda.noe@childfocus.org](mailto:belinda.noe@childfocus.org)

Internet website: [www.childfocus.be](http://www.childfocus.be) - [www.clicksafe.be](http://www.clicksafe.be) - [www.stopchildporno.be](http://www.stopchildporno.be)

## **7. Department for Equal Opportunities, Presidency of the Council of Ministers (Italy)**

The “114 Children Emergency Number” is the toll-free emergency number of the Department for Equal Opportunities that can be contacted to report emergency and dangerous situations involving children and adolescents. The service is active 365 days a year, 24 hours a day and free of charge. Since 9 May 2012, a new information and awareness-raising campaign has been on the air to promote the Emergency Number. The Campaign has many purposes: to inform citizens about the number, to make 114 the reference and first contact number to be called in emergency and dangerous situations involving children, to encourage victims to report their condition.

Furthermore, the Campaign is aimed at informing and raising public awareness on daily violence, which is increasing, although we often do not realize and risk to ignore it. Its strategic aim is to lead people to understand the signs of violence, which can be apparently invisible, but are deep and permanent. This direct communication has a concrete

mission: to sensitize and encourage victims or witnesses of violence to ask for help or report the crime. 114, la linea che divide i minori dalla violenza (114, the line separating children from violence) is the campaign slogan.

TV ADVERT: The TV advert features young people belonging to different age groups, so as to explain that 114 service is dedicated to all minors, not just the youngest. Their expressions in the close-ups are flanked by titles illustrating the topics dealt with by the service: paedophilia, domestic violence, exploitation, sexual violence, grooming, self-harm. The spot ends encouraging people to call 114, the line separating children from violence. Only after receiving assistance from the 114 service, the face of the last young character lights up in a reassuring smile.

PRESS CAMPAIGN: The ads show two halves of the face of the same girl or the same teenage boy with opposite expressions: tense on the left part of the image and calm on the right one. In the middle of the image, as a determining factor, the 114 line separates the two sides of the same face.

Tiziana Zannini

Postal address: Largo Chigi, 19, 00187 Rome (Italy)

E-mail: [europa.po@governo.it](mailto:europa.po@governo.it); [t.zannini@governo.it](mailto:t.zannini@governo.it)

Internet website: <http://www.pariopportunita.gov.it/>

## 8. Ministry of Security and Justice (Netherlands)

In the Netherlands, the Ministry of Security and Justice (and partners) has recently launched a multi-year plan against child sex tourism. The main objective of this plan is to take responsibility for Dutch tourists who abuse children abroad. Since child sex tourism is a complicated problem, the plan focusses on a multi stakeholder approach with emphasize on international collaboration. Different components of this approach are (for example):

- a) Liaison officers in source countries of child sex tourism
- b) Revoke the passport of convicted paedophiles with a high risk of relapse
- c) Awareness campaigns on national airports and
- d) Cooperation between police and NGO's.

Lennert Branderhorst

Postal address: Ministry of Security and Justice, Turfmarkt 147, 2511 DP, The Hague, The Netherlands

E-mail: [l.j.brandhorst@minvenj.nl](mailto:l.j.brandhorst@minvenj.nl)

## 9. Flemish Ministry of Culture, Youth, Sports and Media (Belgium)

After the emergence of a substantial number of cases of sexual abuse connected to the Catholic Church in Belgium governments and society realized that there is a need for a cross-sectoral approach to protect the sexual integrity of children and to promote talking with children and young people about sex and unacceptable sexual behaviour. In cooperation with Sensoa, the Flemish expertise centre for sexual health, different instruments were developed. This was also the case for the youth sector. The "Framework Sexuality and policy" helps organizations to implement a policy on sexuality with a focus on quality, prevention and reaction. The Flag System "Nothing wrong?!" (flags green, yellow, red, black) helps youth workers to deal with sexual behaviour of children. Very recently a Flag game is developed for adolescents between 12 and 18 year.

Flag game: [http://www.jeugdseksualiteit.be/m\\_begeleiders/index.php?page=spelen\\_toon&id=24](http://www.jeugdseksualiteit.be/m_begeleiders/index.php?page=spelen_toon&id=24)

Sensoa: <http://www.sensoa.be/sensoa-flemish-expertise-centre-sexual-health>

Framework Sexuality and policy: <http://www.vlaanderen.be/nl/publicaties/detail/raamwerk-seksualiteit-en-beleid-kwaliteit-preventie-en-reactie-in-jouw-organisatie-versie-voor-de-jeugdsector>

<http://www.seksuelevorming.be/materiaal/flag-system>

Joost Van Haelst

Postal address: Arenbergstraat 9 – 1000 Brussel – Belgium

E-mail: [joost.vanhaelst@cjsm.vlaanderen.be](mailto:joost.vanhaelst@cjsm.vlaanderen.be)

Internet website: <http://www.sociaalcultureel.be/>

## 10. The International Centre: Stopping the Sexual Exploitation and Trafficking of Children (UK)

Child sexual exploitation is a form of child sexual abuse. The evidence base surrounding 'what works' in preventing child sexual exploitation is weak due to the lack of rigorous evaluation. Given this, determining and sharing 'good practice' is not straightforward. However, there is a need to share lessons from practice. 'Practice-based evidence' suggests that involving and engaging survivors of sexual abuse and exploitation in the development of awareness raising and information campaigns can (a) be an effective way of preventing other children from experiencing abuse and exploitation and (b) help survivors whilst contributing to tertiary prevention – helping prevent the re-victimisation of those young people involved.

Claire Cody

Postal address: The International Centre: Stopping the Sexual Exploitation and Trafficking of Children, Institute of Applied Social Research, University of Bedfordshire, University Square, Luton, LU1 3JU

E-mail: [claire.cody09@googlemail.com](mailto:claire.cody09@googlemail.com)

Internet website: <http://www.beds.ac.uk/research/iasr/centres/intcent>

## 11. End Child Prostitution, Child Pornography and Trafficking of Children for Sexual Purposes (ECPAT) (Netherlands)

The ECPAT network in Europe is engaged since several years on the following two best practices:

1. On awareness raising on child sex tourism among the general public and among travellers in several European countries of origin of child sex tourists, often in collaboration with multiple stakeholders like ministries, police, tourism industry and civil society organisations in countries like Austria, Belgium, Germany, France, Italy, Netherlands, Spain, Switzerland, Sweden, UK. The campaigns inform travellers about the issue and asks them to report cases of child sex abuse witnessed while on holiday or travelling. The most recent campaign has the title Don't look Away.

2. ECPAT members in Europe partner in the Tourism Child Protection Code. They are Local Code Representatives in this tourism industry driven initiative to protect children from sexual exploitation in the travel and tourism supply chain, from countries of origin until countries of destination in Europe and all over the world. In countries like Austria, Belgium, Germany, France, Italy, Netherlands, Poland, Russia, Spain, Switzerland, Sweden, UK, Ukraine and involving big tourism industry partners such as Accor, Kuoni, Thomas Cook, TUI.

Theo Noten

Postal address: ECPAT, Hooglandse Kerkgracht 17g 2312 HS Leiden, The Netherlands

e-mail: [t.noten@ecpat.nl](mailto:t.noten@ecpat.nl)

Internet websites: [www.ecpat.nl](http://www.ecpat.nl) / <http://www.ecpat-france.fr/> / [www.thecode.org](http://www.thecode.org)

## 12. National Society for the Prevention of Cruelty to Children (NSPCC) (UK)

The last 12 months have been a very significant period in the UK for issues relating to the sexual abuse and exploitation. This has presented significant opportunities as well as challenges. One response by the NSPCC has been the development and launch of Underwear Rule Campaign aimed at encouraging and enabling parents to have conversations with their children about keeping themselves safe from sexual abuse. The intention is that the campaign is part of a developing strategy to prevent child sexual abuse in the UK. The material for this campaign has drawn from the excellent work done by the Council of Europe as part of its 1 in 5 campaign. The UK public uptake and response to the NSPCC campaign has been very positive.

Another important issue dealt with by the NSPCC concerns the challenge of working with known or alleged adult perpetrators of child sexual abuse who are not in the Criminal Justice System (CJS). To date in the UK good work has been done in developing and evaluating work with adult sex offenders in the CJS but this learning has not been transferred to deal with the big issue of historic or alleged offenders. The NSPCC has developed an assessment and treatment guide for these men. It assesses the individual's risk by taking a clear child focus and provides evidence based information to inform child protection decision making. Where appropriate, men can move on to treatment aimed at reducing any assessed risk. This assessment and treatment guidance is currently being evaluated.

Campaign video weblink: <http://www.youtube.com/watch?v=72Sh-wjmdzw>



[http://www.nspcc.org.uk/what-we-do/the-work-we-do/priorities-and-programmes/sexual-abuse/good-practice-for-assessment/assessing-the-risk\\_wda87174.html](http://www.nspcc.org.uk/what-we-do/the-work-we-do/priorities-and-programmes/sexual-abuse/good-practice-for-assessment/assessing-the-risk_wda87174.html)

[http://www.nspcc.org.uk/help-and-advice/for-parents/keeping-your-child-safe/the-underwear-rule/the-underwear-rule\\_wda97016.html](http://www.nspcc.org.uk/help-and-advice/for-parents/keeping-your-child-safe/the-underwear-rule/the-underwear-rule_wda97016.html)

Jon Brown

Postal address: NSPCC, Strategy and Development, Weston House, 42, Curtain Road, London EC2A 3NH

E-mail: [jon.brown@nspcc.org.uk](mailto:jon.brown@nspcc.org.uk)

Internet websites: [www.nspcc.org.uk](http://www.nspcc.org.uk)

## Wednesday 11 December 2013

### 1. IPINFA Guía de los comportamientos sexuales en niños y adolescentes (Spain)

*Guía sobre los comportamientos sexuales en niños y adolescentes. Pautas a seguir por padres y tutores.*

Esta guía, que está publicada en inglés, castellano y catalán, es una herramienta para ayudar a padres, tutores y cuidadores a entender y manejar conductas sexualizadas en los menores. De este modo, pueden ser orientados para reconocer las diferencias entre conducta normal, problemática, y abusiva. La guía se estructura con dos bloques de edad de 0 a 12 años y de 13 a 18 años, y en ellos se sigue el esquema de normal, bandera amarilla y bandera roja, para conductas problemáticas menos y más graves y bandera negra, para conductas claramente abusivas. En la guía se abordan los temas de consentimiento y también se aportan ideas de cómo responder a las conductas inapropiadas. Esta información está basada en la investigación internacional y en la experiencia del autor de más de 25 años en el área específica de abuso sexual con víctimas y agresores menores de edad, en Irlanda y en España. Los contenidos de la guía han sido objeto de cursos de formación a un gran número de profesionales en ambos países. Se utiliza como herramienta de trabajo en la Dirección General de Menores y Familia en el Gobierno Balear y por IPINFA en Valencia.

La guía está disponible de forma gratuita, previa petición, en la página web de IPINFA: [www.ipinfa.es](http://www.ipinfa.es)

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*Guide on sexual behavior in children and teenagers. Guidelines for parents and guardians.*

This guide which is published in English, Castilian and Catalan, is a tool to help parents, guardians and caretakers understand and manage sexualized behaviors in children. Therefore, they can be guided to recognize the differences between normal, problematic and abusive behavior. The guide is structured into two blocks of ages 0-12 and ages 13-18, and within them they follow the normal scheme, yellow flag and red flag for problematic behaviors that are more or less serious and black flag, for clearly abusive behaviors. In the guide issues of consent and ideas of how to respond to inappropriate behaviors are addressed. This information is based on international research and on the experience of the author of more than 25 years in the specific area of sexual abuse with victims or perpetrators that are minors of age, in Ireland and Spain. The content of this guide have been the subject of courses of formation of a large number of professionals in both countries. It is used as a tool of work in the Department of Children and Family within the Balearic Government and by IPINFA in Valencia.

The guide is available free of charge, by request, on the webpage of IPINFA: [www.ipinfa.es](http://www.ipinfa.es)

Kieran McGrath

E-mail: [kmacg@eircom.net](mailto:kmacg@eircom.net) / [programas@ipinfa.es](mailto:programas@ipinfa.es)

Tel.: 636 267 154

## 2. Cuerpo policía municipal ayuntamiento Madrid, Servicio Agente Tutor (Spain)

*Servicio de Agente Tutor de la Policía municipal de Madrid.*

El agente tutor es un agente de la autoridad dedicado especialmente a trabajar en el ámbito de los menores de edad colaborando con los profesionales del entorno familiar, educativo y social; así como con las Instituciones públicas y privadas y las diferentes Instancias judiciales. Son policías comunitarios especializados en la resolución de problemas que afectan a los menores de edad siendo sus características principales la proximidad y la integración en el entorno escolar.

El agente tutor tiene como fin prestar asistencia y apoyo a los menores que hayan sufrido cualquier tipo de agresión, así como a quienes estén dedicados al cuidado de los menores para que traten con sensibilidad a los niños víctimas y testigos de agresiones o delitos. Todo ello considerando que una mejor atención a los menores víctimas y testigos de agresiones y delitos puede hacer que éstos y sus familias estén más dispuestos a comunicar los casos de victimización y prestar mayor apoyo a la actividad policial y al proceso de Justicia.

Desde un planteamiento comunitario y proactivo como forma de trabajo aboga por estar allí donde surge el problema lo que permite anticipar sus acciones pues se apoyan en una actividad policial preventiva. Una de sus herramientas para la resolución de conflictos es la mediación policial comunitaria.

Emilio Monteagudo Parralejo

E-mail: [monteagudope@madrid.es](mailto:monteagudope@madrid.es)

<http://www.rtve.es/alacarta/audios/en-primera-persona/primera-persona-agentes-tutores-imprescindibles-24-08-13/1670312/>

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*Tutor Agent Service of the Municipal Police of Madrid.*

The tutor agent is an agent of authority especially dedicated to working in the field of minors collaborating with the professionals in the family, educational and social environment, as well as with the public and private institutions and the different judicial instances. They are community police officers specialized in the resolution of problems that affect children with the main characteristics being proximity and the integration into the school environment.

The tutor agent aims to assist and help the minors that have suffered some type of aggression, as well as those who are dedicated to the care of the minors so the child victims and witnesses of attacks and crimes are treated with care. All of this is done with the consideration that better support to the minor victims and witnesses of aggressions and crimes can make children and their families more willing to communicate the cases of crimes and to give increased support to police activity and the Justice Process.

From a community and proactive approach as a form of work that advocates to be where the problem arises, allowing the anticipation of their actions are based on preventive police activity. One of its tools for conflict resolution is police community mediation.

Emilio Monteagudo Parralejo

E-mail: [monteagudope@madrid.es](mailto:monteagudope@madrid.es)

Internet website: <http://www.rtve.es/alacarta/audios/en-primera-persona/primera-persona-agentes-tutores-imprescindibles-24-08-13/1670312/>

## 3. Instituto Madrileño del menor y la familia. Trabajo con profesionales de la salud y Sistema unificado de detección y notificación de casos (Spain)

El Instituto Madrileño de la Familia y el Menor desarrolla desde 1998 el Programa de atención al maltrato infantil desde el ámbito sanitario destinado a todo el territorio de la Comunidad de Madrid y todos los ámbitos sanitarios (atención primaria, hospitalaria, salud mental, urgencias,...)

El programa desarrolla actividades de formación continuada. En su fase de difusión dentro de sus actividades formativas celebro 15 cursos con una participación de más de 1.100 profesionales: entre ellos, 4 específicos sobre abuso sexual infantil

El Programa estableció un sistema de notificación. El registro comenzó el 1 de enero de 1999 y se han recibido 6.090 notificaciones hasta diciembre de 2012. La tipología que más se notifica es el maltrato físico (2.585) seguida de negligencia (1.993), abuso sexual (1.447) maltrato emocional (1.310). El 76 % de las notificaciones lo son como casos de sospecha y el 24 % como casos de maltrato. El 49 % es en niños menores de 6 años y la distribución por sexo es en mujeres del 56 % y en varones el 44%.

El abuso sexual infantil dadas sus características es un tema que se aborda desde un programa específico: Atención al abuso sexual infantil.

Un Grupo de Trabajo con participación del ámbito de la justicia (judicatura, policía, fiscalía de menores), servicios sociales y de protección a la infancia, sanitario, asociaciones,...., ha consensuado el procedimiento de atención a los casos de abusos sexuales a menores y estableció criterios de actuación., el marco de actuación, que desde sectores sanitarios, judiciales-legales-policiales, servicios sociales, de protección a la infancia, ..., se estiman como los requisitos mínimos para una atención adecuada al niño.

El Instituto Madrileño de la Familia y el Menor diseñó y puso en marcha el CIASI (Centro Integral de Atención al Abuso Sexual Infantil) en enero de 2006.

Atiende a menores víctimas de abuso sexual y a menores ofensores, así como a sus familias. La intervención que se realiza tiene un enfoque integral y multidisciplinar de carácter psicológico, social y jurídico y está coordinada con dispositivos de atención sanitaria, social, policial, jurídica y educativa. Hasta el momento actual se han atendido más de 2.650 casos.

El Programa desarrolla actividades formativas y de coordinación. En el año 2013 se han organizado y participado en 14 actividades docentes, además de otras de coordinación y seguimiento del Programa entre otros con: Consejo del Poder Judicial, Fiscalía General del Estado, Hospital Infantil Universitario Niño Jesús, Escuela Nacional de Sanidad, Dirección General de la Policía, Ayuntamiento de Madrid, Asociación Madrileña para la Prevención del Maltrato Infantil.

José Antonio Díaz Huertas  
Lenguas que habla: Español, Inglés  
E-mail: [maltratoinfantil@madrid.org](mailto:maltratoinfantil@madrid.org)  
Tel: 917609230 // 606005426

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The Madrid Institute of Family and Children has been developing the Support Program of child mistreatment from the health care field since 1998 targeted at the entire territory of the Community of Madrid and all of the health care areas (primary care, hospital, mental health, emergency care...)

The program develops continuing education activities. During its diffusion stage within its training activities, 15 courses were held with the participation of more than 1,100 professionals: among them, 4 specific ones on child sexual abuse.

The Program established a reporting system. The registration began on January 1st, 1999 and since that date 6,090 reports were received up until December 2012. The type of abuse that was most commonly notified was physical abuse (2,585) followed by neglect (1,993), sexual abuse (1,447), and emotional abuse (1,310). 76% of the reports are cases of suspect and 24% are cases of abuse. 49% of the children are under 6 years old and the distribution by sex is 56% female and 44% male.

Child sexual abuse, given its characteristics, is an issue that is addressed from a specific program: Attention to child sexual abuse.

A Working Group including the participation of the justice field (judiciary, police, prosecution of minors), social services and child protection, health care, associations,...., have agreed upon the procedure of support to cases of sexual abuse of minors and established criteria of action, the framework of action, from the health care field, judicial-legal-police, social services, child protection,...., is valued as the minimum requirement of adequate attention to children.

The Madrid Institute of Family and Children designed and put into action CIASI (Comprehensive Care Center for Child Sexual Abuse) in January 2006.

It serves children that are victims of sexual abuse and juvenile offenders and their families. The intervention has a comprehensive and multidisciplinary approach of psychological, social and legal character and is coordinated with

attention from health, social, police, legal and educational services. As of today more than 2,650 cases have been treated.

The Program develops training and coordination activities. In 2013, 14 educational activities have been organized and participated in, among other coordination and monitoring activities of the Program: Council of Judicial Power, Attorney General of the State, Niño Jesús University Children's Hospital, National School of Health, Directorate General of Police, City Hall of Madrid, Madrid Association for Child Abuse Prevention.

José Antonio Díaz Huertas  
Languages : Spanish, English  
E-mail: [maltratoinfantil@madrid.org](mailto:maltratoinfantil@madrid.org)  
Tel: 917609230 / 606005426

#### 4. Save the Children - De aquí no pasas (prevención riesgos internet) (Spain)

*"De aquí no pasas". Campaña de prevención de riesgos en internet.*

Dentro del programa de prevención del abuso sexual infantil, la campaña "de aquí no pasas" ha desarrollado una web que contiene: un trabajo de investigación con niños y niñas sobre los riesgos que asumen en internet – ver: [http://www.deaquinopasas.org/docs/estudio\\_riesgos\\_internet.pdf](http://www.deaquinopasas.org/docs/estudio_riesgos_internet.pdf) - materiales de prevención dirigidos a niños y niñas: [http://www.deaquinopasas.org/docs/Pautas\\_Internet\\_deaquinopasas.pdf](http://www.deaquinopasas.org/docs/Pautas_Internet_deaquinopasas.pdf) la web contiene un espacio dedicado a con parámetros para delimitar la privacidad en las redes sociales. Se ha realizado trabajo de incidencia política en el tema (ver comparecencia en el Senado: [http://www.deaquinopasas.org/docs/La\\_violencia\\_contra\\_la\\_infancia.pdf](http://www.deaquinopasas.org/docs/La_violencia_contra_la_infancia.pdf)). Se ha realizado intervención directa con niños y niñas en talleres de prevención de riesgos. Se ha promovido la participación infantil y por ello se hicieron talleres de prevención y de video con el objetivo de promover que fuesen ellos y ellas quienes realizaran videos de sensibilización <http://www.savethechildren.es/acoso-escolar/videos.php>

Liliana Orjuela López  
E-mail: [liliana.orjuela@savethechildren.es](mailto:liliana.orjuela@savethechildren.es)  
Tel: 915 130 500  
<http://www.deaquinopasas.org>

\* \* \*

*"From here you can't go further". Internet Risk Prevention Campaign.*

Within the program of child sexual abuse prevention, the campaign "From here you can't go further" has developed a webpage that contains: research with children about the risks that they take on the internet –see: [http://www.deaquinopasas.org/docs/estudio\\_riesgos\\_internet.pdf](http://www.deaquinopasas.org/docs/estudio_riesgos_internet.pdf) - prevention materials for children: [http://www.deaquinopasas.org/docs/Pautas\\_Internet\\_deaquinopasas.pdf](http://www.deaquinopasas.org/docs/Pautas_Internet_deaquinopasas.pdf) the webpage contains a space dedicated to define privacy on social networks. Policy incidence has been done on the subject (see Senate hearing: [http://www.deaquinopasas.org/docs/La\\_violencia\\_contra\\_la\\_infancia.pdf](http://www.deaquinopasas.org/docs/La_violencia_contra_la_infancia.pdf)). Intervention directly with children in workshops to prevent risks have also been carried out. Child participation has been promoted and because of that prevention and video workshops were held with the objective of promoting that they, the children, were the ones who should create awareness videos. <http://www.savethechildren.es/acoso-escolar/videos.php>

Liliana Orjuela López  
E-mail: [liliana.orjuela@savethechildren.es](mailto:liliana.orjuela@savethechildren.es)  
Tel: 915 130 500  
Internet website: <http://www.deaquinopasas.org>

#### 5. Ciudad-Escuela Muchachos (CEMU) (Spain)

Programa de Intervención con Menores en Situación de Riesgo residentes en la Ciudad-Escuela Muchachos.  
Programa de Prevención de abuso sexual sobre chicas adolescentes en situación de vulnerabilidad.  
Programa de Intervención con víctimas.

Nuestra dedicación y trabajo con menores en riesgo social incluye una intervención primaria preventiva en cuanto a la posible violencia ejercida hacia ellos. En ambos casos, chicos y chicas, existe este riesgo, si bien en el caso de las

chicas adolescentes no solo cabe esa posibilidad, sino que, al menos un 15 % de las chicas que acceden a nuestro recurso, acarrean historias de violencia sexual ejercida sobre ellas. Otras han aprendido a mantener relaciones insanas y de riesgo con hombres, con la intención de obtener dinero, drogas u otros favores; o bien, mantienen relaciones sexuales con iguales, de forma irresponsable, promiscua, y dejándose utilizar, moviéndoles el impulso de búsqueda de afecto del que carecen. Muchas de nuestras adolescentes tienen un patrón de conducta con respecto al sexo distorsionado por las vivencias familiares durante su infancia (madres prostitutas, promiscuas, ...), y reproducen las mismas, en un intento quizás de justificar a sus progenitoras.

Maía Ordóñez Gallego  
Lenguas que habla: Español, Inglés  
E-mail: [dptopedagogico@cemu.es](mailto:dptopedagogico@cemu.es)  
Teléfono: 646476634 / 91 6946277  
[www.cemu.es](http://www.cemu.es)

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Our dedication and work with minors at risk includes a primary preventive intervention in terms of possible violence taken towards them. In both cases, girls and boys, this risk exists, and in the case of teenage girls not only is this a possibility, but at least 15% of the girls that access our site, bring stories of sexual violence committed towards them. Others have learned to keep unhealthy and at-risk relationships with men, with the intention of obtaining money, drugs or other favors; or maintaining sexual relations with equals, irresponsibly, promiscuously, letting oneself be used, moving them with the impulse of looking for the affection that they lack. Many of our teenagers have a pattern of behavior with respect to sex distorted by family experiences during their childhood (prostitute mothers, promiscuous...), and reproduce the same thing, maybe in an attempt to justify their parents.

Maía Ordóñez Gallego  
Languages: Spanish, English  
E-mail: [dptopedagogico@cemu.es](mailto:dptopedagogico@cemu.es)  
Teléfono: 646476634 / 91 6946277  
Internet website: [www.cemu.es](http://www.cemu.es)

## 6. Nobody's Children Foundation (Poland)

In 2010 Nobody's Children Foundation (NCF) has launched the "Bad touch" campaign (2nd stage) on the problem of child sexual abuse. The media campaign has been targeted to parents and caregivers to make them aware of prevention tools on the issue. In the frame of campaign activities the e-learning module "Don't give up!" for children has been elaborated. It's addressed to children aged 9-12. The video and exercise book are a part of lesson scenario, that teachers and caregivers can lead. The campaign has been launched also by NCF partner organizations – basing on the same key visual and tools – on Latvia, Lithuania, Bulgaria, Ukraine and Moldova.

Posters of the campaign in 6 countries: <http://fdn.pl/zly-dotyk-6#node-2934>

Moreover, in 2012 NCF together with Ukrainian partner Child Wellbeing Fund have launched an educational campaign on the prevention of child sexual exploitation. The campaign was conducted in the perspective of EURO 2012. The aim of the campaign was to limit the problem by making children and youth more aware of possible threats, increasing knowledge and competences of professionals responsible for child protection and discouraging adults from undertaking commercial sexual contacts with teenagers. It was the first Polish campaign undertaking the problem, additionally using interactive educational tools.

Example of the short movie: <http://www.youtube.com/watch?v=z8p1iKGO8cg>  
Website on the campaign: <http://fdn.pl/en/dont-lose-campaign-against-commercial-sexual-exploitation-children>

Marta Skierkowska  
Postal address: ul. Katowicka 31, 03-932 Warsaw  
E-mail: [marta.skierkowska@fdn.pl](mailto:marta.skierkowska@fdn.pl)  
Internet website: [www.fdn.pl](http://www.fdn.pl)



## 7. Association “Korak po Korak” / “Step by step” (Croatia)

The Association “Korak po korak” (“Step by Step”) from Zagreb has been implementing the CAP programme for years now – the programme for primary abuse prevention empowering children to prevent the assaults by peers, unknown persons (kidnapping) and assaults by adult persons they know. It is the intention of CAP to integrate the best sources of assistance in a community in order to reduce the vulnerability of children and youth with a view to verbal, physical and sexual abuse.

The programme is compatible with a number of international and national strategic documents for the protection of the rights of the child, and a part of the curriculum of CAP programme has been integrated in the Health Education curriculum.

CAP curriculum has several variants aimed at different age groups and suited to the needs of children and the young:

- Preschool CAP (3 to 5 years)
- Kindergarten CAP (5 to 6 years)
- Elementary CAP (1st to 6th grades)
- Teen CAP (Middle and Secondary grades)
- Special Needs CAP (for children with developmental disabilities)

CAP utilizes a three-pronged approach to prevention education:

- Teacher/Staff In-service: training for all school staff
- Parent workshops
- Student workshops, followed by individual counselling with those who want it.

The CAP curriculum is conducted by the CAP facilitators. They are mainly professional assistants, teacher’s tutors and university students from social and humanistic academic programs.

This high quality preventive program is based on several principles:

- Access to prevention of violence to and amongst the children is based on the philosophy of strengthening of and ensuring that all people, and children consequently, have the right to information, skills and strategies by which they gain control over their life.
- As a starting point for understanding violence and abuse the Program uses fundamental human rights, defining them as violation of our right to be safe, strong and free.
- A comprehensive approach to prevention: school staff, parents and children.
- Developmentally appropriate contents, tested through research and practice.
- Introducing children to the system of community support.
- Introduces children to useful and applicable skills which strengthen their self-confidence in problem solving even in critical situations.

CAP motto is: All Children Deserve to be Safe, Strong and Free.

The mission is to improve the quality of life for children by reducing the level of interpersonal violence against them through the use of primary prevention education and specifically the use of the CAP program.

Silvija Stanic

Postal address: Ilica 73, 10000 Zagreb

Tel: (01) 4854 935, 4854 936 / 091 4674 980

Fax: (01) 4854 022

E-mail: [silvija@udrugaroditeljakpk.hr](mailto:silvija@udrugaroditeljakpk.hr)

Internet website: <http://www.korakpokorak.hr/>

## 8. International Center La Strada (Moldova)

Expertise in prevention, identification, legal and psychological assistance of the children victim - witnesses of human trafficking and / or sexual exploitation (VWoHT/SE). Operating the services of Child Interviewing Room (CIR) and supporting governmental agencies in launching CIR and associated services across the country. Annually train and disseminate best practices to average 300 professionals of the multidisciplinary teams on topics such as: prevention and identification of child sexual abuse/ exploitation, interviewing skills used in hearing VWoHT/SE, multidisciplinary approach of the VWoHT/SE cases. Conducting advocacy and lobby activities aimed at improvements of legal

framework, including through the implementation of the provisions of the Lanzarote Convention. Launched first national web portal for the promotion of safety online ([www.SigurOnline.md](http://www.SigurOnline.md)) for children as well as for identification and reporting of any cases of abuse and exploitation (The national toll free hotline operated by “La Strada” and the online application “report abuse” are used as identification tools).

“La Strada” organized an international conference for businesses and a series of trainings for local traveling and hosting agencies targeting awareness raising on the issue of human trafficking and business sector motivation to approach a socially responsible attitude by signing the code of conduct. The campaign logo and distributive material can be visualized at: <http://calatorestecugrija.lastrada.md/eng>

By the end of 2010 La Strada was involved in identification, investigation of the cases and assistance of children exploited by traveling sex offenders. As a result of comprehensive analysis a media campaign was launched, aimed at preventing sexual exploitation of children by traveling child sex offenders. Video can be watched at: [http://www.youtube.com/watch?feature=player\\_embedded&v=a1jkRsaAK8U](http://www.youtube.com/watch?feature=player_embedded&v=a1jkRsaAK8U)

Tatiana Buianina

Postal address: Box 259, Chisinau MD-2012, Republic of Moldova

e-mail: [tbuianina@lastrada.md](mailto:tbuianina@lastrada.md)

Internet website: <http://www.lastrada.md/en.html>

## 9. Milano State University (Italy)

The “Hedgehogs” project addresses children and parents and aims at the creation and development of a European good practice for primary prevention in the field of child sexual abuse. The program has been created in Italy and then realized also in Switzerland, UK, Spain, Netherlands, Slovakia thanks to Local and international fundings (Daphne project). The program aims at:

- providing children with protective factors and skills to be able to recognize and react to potentially risky or disturbing situations in order to avoid being victims of sexual abuse and sexual bullying
- providing children with skills and tools to enhance their body-awareness and emotional competence, by teaching them how to recognise, trust and listen to their own sensations and feeling in any interpersonal context.
- helping children to identify trustworthy adults and turn to them for help or to report their negative or positive experiences without being afraid of being told off or misunderstood
- providing adults (teachers and parents) with educational skills and tools to allow them to discuss sexual abuse prevention issues and sex education topics with their children and students.

There are five educational tools integrated in this model (all in Italian and some of them translated in English):

- a) The Handbook: Le parole non dette (Unspoken words), illustrating a curriculum targeting children in elementary schools and based on five educational sessions (available also in English)
- b) The video: Le parole non dette (Unspoken words), describing how to implement a school prevention project based on the format described in the Handbook (available only in Italian)
- c) The Handbook: Il segreto di Fata Lina (Fata Lina’s Secret) illustrating a curriculum targeting students in 6th grade and based on five educational sessions
- d) The video: Il segreto di Fata Lina (Fata Lina’s Secret) a 30 minutes TV drama illustrating the history of a girl who found herself in an at-risk situation for child sexual abuse and offering a strong prevention message to all viewers
- e) The book: Il bambino è come un re (A child is like a king) providing parents with all the information they need to implement prevention activities in their own family setting
- f) The book: Mamma, what is love? (Mum, what is love?) providing parents with the information they need to implement a valid sex education targeting children in their own family setting
- g) The book: Un’ombra sul cuore (A shadow on the heart) collecting histories of child sexual abuse victims and providing a theoretical and practical framework to start a prevention plan both at the national and local level.

Alberto Pellai

Postal address: Via mameli 46 21019 Somma Lombardo Varese Italy

E-mail: [alberto.pellai@unimi.it](mailto:alberto.pellai@unimi.it)

Internet website: <http://www.porcospiniproject.eu/>

## 10. Charité - Universitätsmedizin Berlin (Germany)

The German Prevention Project Dunkelfeld (PPD) is directed at people seeking therapeutic help because they feel sexually attracted to children and adolescents and/or who use child abusive images. Within the course of therapy, the person concerned is offered support concerning the prevention of child sexual abuse in the form of hands-on contact or 'online abuse' by using or producing child abusive image material. The overall goal of the project is to reduce the frequency of child sexual abuse by a region wide establishment of professionally qualified, preventive outpatient therapy offers, directed at persons with a paedophilic/hebephilic preference in the Dunkelfeld. Furthermore, the project aims at raising the problem-awareness in the users of child abusive images and their relatives and to increase the readiness of accepting therapeutic help. The PPD is supported by the Federal Ministry of Justice, business concerns.

The media campaign was thought to be the most promising approach for attracting attention of the specific target group, namely self-identified paedophiles and hebephiles in the community. The aims of the media campaign and public relations effort were: motivate potential participants to enrol in the treatment program, to openly inform the public of the research project associated with the treatment program and to clearly convey to the community the standpoints of the Prevention Project:

1. against discrimination of any individual for their sexual preference
2. against any sexual contact between adults and children/adolescents and
3. against protecting offenders.

Klaus M. Beier

Postal address: Charité - Universitätsmedizin Berlin, CC01 - Centrum für Human- und Gesundheitswissenschaften  
Institut für Sexualwissenschaft und Sexualmedizin, Luisenstraße 57, 10117 Berlin

E-mail: [klaus.beier@charite.de](mailto:klaus.beier@charite.de)

Internet websites: <https://www.kein-taeter-werden.de/> / <https://www.dont-offend.org/>

## 11. Ministry of Education (Iceland)

The short film, Get a 'yes' (<http://faduja.is/fadu-myndina/>), was aired January 2013 at the same day in all schools in Iceland that includes 15-18 year old students. The film is available with text in six languages on the web [www.faduja.is](http://www.faduja.is). Teacher guide comes with the film and is also available on the web. This is a 20 minutes short film which intends to clarify the distinction between sex and violence, offset the impact of porn, breaking misconceptions and install self-esteem in intimate relationship. Teachers are very satisfied with the film, claiming that it helps young people to know their right and to the consciousness of choosing a healthy sex life.

The aim of the film is: Remember that the only way to ensure that the person you are having sex with also want to do so, is by getting his/her approval. That nobody can read thoughts. Do not guess what the other person wants to do. It is less likely that things go wrong if you two talk about what you want.

Jóna Pálsdóttir

Postal address: Ministry of Education, Science and Culture, Sölvhólgötu 4, 101 Reykjavík, Iceland

E-mail: [jona.palsdottir@mrn.is](mailto:jona.palsdottir@mrn.is)

Internet website: [www.menntamalaraduneyti.is](http://www.menntamalaraduneyti.is)