



RIGA CONFERENCE  
PROMOTING  
**AUTONOMY** IN  
MENTAL HEALTHCARE  
14 NOVEMBER 2023

## PROGRAMME (tentative)

### 9:00-9:30 | **Opening**

*Statements by:*

- ▶ Representative of the Government of Latvia
- ▶ Daniele Cangemi, Head of Department -Human Rights, Justice and Legal Cooperation Standard-Setting activities, Council of Europe
- ▶ Juris Jansons, Ombudsman of the Republic of Latvia
- ▶ Professor Indriķis Muižnieks, Rector of the University of Latvia

### 9:30-10:00 | **Setting the scene: Human rights and mental healthcare**

- ▶ Brief overview of the case law of the European Court of Human Rights
- ▶ Observations of the European Committee for the Prevention of Torture and Inhuman and Degrading Treatments (CPT)
- ▶ Statement by the Commissioner for Human Rights, Council of Europe

## | **Supporting patient autonomy in mental healthcare: selected good practices**

### 10:30-11.30 **Good practices in community-based services**

- ▶ Open Dialogues model (in several countries) – Rafaella Pocobello
- ▶ Advance Planning- ACP Spain – Maria Isabel Tamayo Velazquez
- ▶ TANDEM+ (Belgium) - Patrick Janssens
- ▶ Support person services – Zelta (Latvia) - Ieva Leimane-Veldmeijere
- ▶ Hearing Voices Network – Hagarafll (Iceland) - Auður Axelsdóttir, Málfríður Hrund Einarsdóttir

### 11:30-12.30 **Good practices in hospital settings**

- ▶ Open door policy in hospital wards (Germany - Charite Berlin and other German hospitals) – Undine Lang, Andreas Heinz

- ▶ Open Dialogues model in a high security unit - Akershus Hospital (Norway) - Tiril Østefjells, Ritva Kyrrø Jacobsen, Jorunn Sjørgård
- ▶ Basal exposure therapy combined with Complementary External Control (Norway) - Didrik Heggdal, Magnus Kristoffer Karlsen

12:30-14:00 | Lunch break

14:00-14:30 **Combined approaches**

- ▶ The example of the Établissement Public de Santé Mentale Lille-Métropole (France). Laurent Defromont, Nicolas Daumerie + a patient peer mediator.

14:30-15:00 **Exchange of views**

15:00-16:00 | **Training and Education**

- ▶ Training for medical students (law and ethics) – Solvita Olsena, University of Latvia.
- ▶ Training of professionals (speaker to be confirmed)
- ▶ Training of peers (speaker to be confirmed)
- ▶ Mental health education for high-school and junior college students - Hungarafi - Auður Axelsdóttir

16:15-17:00 | **Awareness raising and monitoring**

- ▶ The role of Human Rights Defenders - Representative of the European Network of National Human Rights Institutions (ENNHRI) and Representative from the National Preventive Mechanism of Latvia.
- ▶ Awareness-raising activities

17:00-17:30 | **Closing session**

*Final remarks by:*

- ▶ Ambassador of Latvia (or Other Representative of Latvia)
- ▶ Chair of the CDBIO