



DFD-YD/ETD (2025) 29

Strasbourg, 25 February 2026

Study session

“Nordic Change Makers: Crafting a Hate-Free Future”

Study session organised within the [Youth for Democracy programme](#)
in cooperation with the No Hate Nordic.

European Youth Centre, Strasbourg

room 0.1

9-13 March 2026

**Draft Daily
Programme**

Sunday, 8 March 2026

07:30 Breakfast opens
Arrival of participants
18:30 Dinner
20:00 Welcome evening

Monday, 9 March 2026

07:30 Breakfast opens
08:00 Registration
10:00 Opening and introductions to the Study Session with **Stefano DOMINIONI**, Executive Director, European Youth Centre Strasbourg.
Intro of aims & objectives of the Study Session and Social contract regarding safe space, check-in on expectations.
11:00 Break
11:30 Defining hate speech and “saying it worse”-workshop. Introduction and discussion about different perspectives.
13:00 Lunch
14:30 Sharing experiences and creative creating session
16:00 Break
16:30 Sharing experiences and creative creating session continues
18:00 Reflection of the day in groups
18:30 Dinner
19:30 Free time

Tuesday, 10 March 2026

07:30 Breakfast
09:30 Social media bonanza, workshop session
11:00 Break
11:30 Social media and political polarisation
13:00 Lunch
14:30 Deep dive in hate speech law, status report from each country
16:00 Break
16:30 Social activities: Make your own meme
18:00 Reflection of the day
18:30 Dinner
20:00 Culture evening – bring candies and snacks from your country to share

Wednesday, 11 March 2026

- 07:30 Breakfast
- 09:00 Meet in the lobby for a walk to meeting point for visit Council of Europe
- 10:00 Council of Europe work and hate speech with **Menno ETTEMA and Stefan MANEVSKI** from Hate Speech, Hate Crime and AI Unit of the Anti-discrimination Department of the Council of Europe.
Visit of the Council of Europe with guided tour, group photo.
- 13:00 Lunch
- 14:30 Free time
- 16:00 Break
- 16:30 Free time
- 18:30 Self organised dinner in town (20 EUR cash budget)
- 20:00 Free evening

Thursday, 12 March 2026

- 07:30 Breakfast
- 09:30 Parallel workshop sessions with experts - first round
Sascha SVARRER from Talerskolen Røst - *Get your rhetorical toolbox on how to combat hate speech* and
Sandra HÄGGSTRÖM - *Practice civil courage in everyday life, role playing session on non-violence civil courage.*
- 11:00 Break
- 11:30 Parallel workshop sessions with experts - second round
- 13:00 Lunch
- 14:30 Create and develop a Nordic Info Pack with tools and creative methods to counter hate speech
- 16:00 Break
- 16:30 Nordic Info Pack session continues
- 18:00 Reflection of the day in groups
- 18:30 Dinner
- 20:00 Games and art night. Choose between board and social games and creating something artsy together or individually (Participation is voluntary)

Friday, 13 March 2026

- 07:30 Breakfast
- 09:30 Workshop on activism, build your own campaign
- 11:00 Break
- 11:30 Make an impact on the society locally, nationally and internationally
- 13:00 Lunch

14:30 Evaluation of the study session
16:00 Break
16:30 Talent show - share a song, a poem or contribute in your own way
18:00 Reflection and good bye
18:30 Dinner
20:00 Movie evening (Participation in this activity is voluntary)

Saturday 14 March 2026

07:30 Breakfast
Departure of participants

Aim and objectives for the study session ***“Nordic Change Makers: Crafting a Hate-Free Future”***

Aim: To provide young people with a safe space to share experiences and develop the knowledge, tools and resources we need to counter hate speech and participate in society and strengthen the No Hate Nordic as a sustainable youth network.

Objectives:

- **Establish a sustainable Nordic youth network** with a shared info pack and strong social media presence to ensure long-term collaboration and visibility.
- **Train Nordic youth ambassadors** to combat hate speech through cultural exchange, human rights, legal understanding and challenge different opinions.
- **Start creating a digital info and inspo pack** with practical tools. Like equip young people with practical tools, real stories about hate speech, creative tools to understand, and prevent hate speech, enabling informed action at community and societal levels.
- **To introduce human rights standards** related to hate speech by building on the Council of Europe’s expertise, including its educational manuals, standards, and tools.