

DFD-YD/ETD (2025) 95

Budapest, 06 May 2025

YOUTH ACTIONS AGAINST DISCRIMINATIONS

Study session organised within the [Youth for Democracy](#) programme
in cooperation with [Erasmus Student Network](#) (ESN)

**European Youth Centre Budapest
room A**

19 – 24 May 2025

DRAFT PROGRAMME

Sunday, 18 May 2025

Arrival of participants

19:00 Dinner

21:00 Welcome evening

Monday, 19 May 2025

09:30 Opening of the study session with welcoming words by Balint Molnar, Executive Director of European Youth Centre Budapest

11:00 Break

11:30 Getting to know each other

13:00 Lunch

14:30 Team building activity

16:00 Break

16:30 Speaking about identities: Who are I?

18:00 Reflection group

19:00 Dinner

21:00 Games night

Tuesday, 20 May 2025

09:30 Simulation: Through their eyes

11:00 Break

11:30 Spot the difference: unpacking discrimination

13:00 Lunch

14:30 Talking about discrimination: Acquiring the intersectional lenses

16:00 Break

16:30 Working on identities: Intersecting worlds, intersecting selves

18:00 Reflection group

19:00 Dinner

21:00 Improv night

Wednesday, 21 May 2025

09:30 "Through real life experience", input by Firuza Rasmukhamedova, UN Youth Advisory Board, Uzbekistan

11:00 Break

11:30 "Saying it worse", input by Balint Josa, Youth Policy and Advocacy specialist, Hungary

13:00 Lunch

14:30 Human rights education, input by Anja Jokic, Member of Advisory Council on Youth (CCJ) and Nelli Gishyan, the educational advisor of the study session

16:00 Break

16:30 Advocacy toolbox: Flower multiplier power

18:00 Reflection group

19:00 Dinner

21:00 Karaoke night

Thursday, 22 May 2025

09:30 Simulation: Being a decision maker for a day

11:00 Break

11:30 Debriefing: Connecting the dots

13:00 Lunch

14:30 Free afternoon

19:00 Dinner out

Friday, 23 May 2025

09:30 Creative space: Raise your voice!

11:00 Break

11:30 Deliverables (1)

13:00 Lunch

14:30 Deliverables (2)

16:00 Break

16:30 Deliverables (3)

18:00 Reflection group

19:00 Dinner

21:00 Evening activity decided by participants

Saturday 24 May 2025

09:30 Deliverables presentation: Show me what you got!

11:00 Break

11:30 Actions for young by young

13:00 Lunch

14:30 Carrying it forward

16:00 Break

16:30 Closing & evaluation

19:00 Dinner

21:00 Party

Sunday 25 May 2025

Departure of participants

AIM AND OBJECTIVES OF THE STUDY SESSION YOUTH ACTIONS AGAINST DISCRIMINATIONS

AIM: This activity aims at increasing participants' capacity to actively engage their local communities to foster peaceful and inclusive societies, by carrying out actions to recognise intersectionality and fight multiple forms of discrimination.

OBJECTIVES:

- To raise awareness among participants about the concept of intersectionality and its role in addressing multiple forms of discrimination within local communities;
- To empower participants with the knowledge and skills necessary to recognize and challenge various forms of discrimination, including those based on race, gender, sexual orientation, gender identity, and disability;
- To facilitate the development of practical strategies and initiatives aimed at promoting inclusivity, respect for diversity, and peaceful coexistence within local communities;
- To guide participants to effectively engage with and mobilize their local communities in efforts to combat discrimination and create environments that are welcoming and inclusive for all individuals.