



DFD-YD/ETD (2025) 87

Strasbourg, 22 April 2025

## Study Session

“REGENERATE (YOU)TH: CULTIVATING CIRCULAR ECONOMY SOLUTIONS IN YOUTH WORK”

Study session organised within the [Youth for Democracy programme](#) in cooperation with the [AEGEE / European Students' Forum](#).

European Youth Centre, Strasbourg, room 3.2  
5-9 May 2025

## Draft Daily Programme



## **Sunday, 4 May 2025**

- Arrival of the participants
- 19:00 Dinner
- 20:30 Welcome evening
- Team building activity (*to get to know each other*)
- Tour of the EYCS

## **Monday, 5 May 2025**

- 08:15 *Registrations at lobby area of the European Youth Centre*
- 09:00 Opening with Introduction to study session,  
with Stefano DOMINIONI, Executive Director of the European Youth Centre in  
Strasbourg
- Intro of aims & objectives of the study session / Expectations & programme
- 11:00 *Coffee break*
- 11:30 Youth Work in Context  
with Yael OHANA, Programme Manager, Education, Training and Cooperation  
Division, Youth Department
- 13:00 *Lunch*
- 14:30 What makes the world go round? Introduction and Principles of Circular Economy
- 16:00 *Coffee break*
- 16:30 Connecting Circular Economy and Youth Work: Towards a more sustainable Youth  
Work with guest lecturer: Mayri Tiido - Lowmerism
- 18:30 Reflection time
- 19:00 *Dinner*
- 21:30 Social time

## **Tuesday, 6 May 2025**

- 09:30 Youth Projects Management 101
- 11:00 *Coffee break*
- 11:30 Choose your youth project challenge!  
with guest lecturer: Mayri Tiido - Lowmerism
- 13:00 *Lunch*
- 14:30 Explore your challenges  
with guest lecturer: Mayri Tiido - Lowmerism

16:00     *Coffee break*  
16:30     Define pain points and needs for a solution  
18:30     Reflection time  
19:00     *Dinner*  
21:30     Social time

### **Wednesday, 7 May 2025**

09:30     Brainstorming solutions  
11:00     *Coffee-break*  
11:30     Sustainability of youth projects  
            with Olga BALTAG, Project Officer, European Youth Foundation  
            and Vasiliki TSAKLIDOU, Project Officer, European Youth Foundation  
13:00     *Lunch*  
14:30     Select your best solution(s)  
16:00     *Coffee-break*  
16:30     Feedback market  
18:30     Reflection time  
19:00     *Dinner*  
21:30     Social time

### **Thursday, 8 May 2025**

09:30     Free morning  
13:00     *Lunch in the city*  
14:30     How to prototype  
16:00     *Coffee-break*  
16:30     Future-minded: implementation and follow-up  
18:30     Reflection time  
19:00     *Dinner*  
21:30     Social time

### **Friday, 9 May 2025**

09:30     Finishing project work & preparing pitch  
11:00     *Coffee-break*  
11:30     Presentations #1  
13:00     *Lunch*  
14:30     Presentations #2

16:00	<i>Coffee-break</i>
16:30	Project Evaluation
18:00	Free time
19:00	<i>Dinner</i>
21:30	Social time

## **Saturday 10 May 2025**

Departure of participants

### **Aim and objectives of the study session “Regenerate (YOU)th: Cultivating Circular Economy Solutions in Youth Work”**

**Aim:** to foster the quality development of youth work by enhancing youth workers’ competencies in circular economy and project management, integrating both areas to create a sustainable project management model framework for youth organisations.

Through the use of non-formal education and design thinking, we aim to develop a human-centred model that ensures the sustainability of youth work at all levels, supporting the efforts of both youth organisations and youth workers.

#### **Objectives:**

1. Increase 25 youth workers’ understanding of circular economy principles and their application within youth work, using non-formal education methods.
2. Enhance 25 youth workers’ project management skills with an emphasis on sustainability.
3. Equip 25 youth workers with a practical methodology rooted in design thinking that supports the conceptualization, planning and implementation of innovative youth projects that directly respond to societal needs.
4. Develop a sustainable project management framework tailored to the needs and challenges of youth work, integrating circular economy principles and using a design thinking concept.