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Budapest, 6 September 2024

# Right to a Healthy Environment: a young activist perspective

Report of the study session held by  
**Youth and Environment Europe and Yeghvard Ecological NGO**

in co-operation with the  
European Youth Centre of the Council of Europe

European Youth Centre Budapest  
27 May - 01 June 2024



This report gives an account of various aspects of the study session . It has been produced by and is the responsibility of the educational team of the study session . It does not represent the official point of view of the Council of Europe.

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## **List of Abbreviations**

CDDH-ENV - DRAFTING GROUP ON HUMAN RIGHTS AND ENVIRONMENT

CoE – Council of Europe

ECHR – European Court of Human Rights

EYCB – European Youth Centre Budapest

RtHE – Right to a Healthy Environment

## 1. Executive Summary

The Study session “Right to a Healthy Environment, a young activist perspective” was organised by Youth and Environment Europe and Yeghvard Ecological NGO from 27 May to 2 June 2024 at the European Youth Centre in Budapest, in cooperation with the Youth Department of the Council of Europe.

The primary aim of the study session was to increase the capacities of environmental activity session, youth workers and NGO representatives to improve the access to environmental rights of young people and the implementation of the CM/REC (2022)20 at European and local level.

The study session was implemented by a series of integrated workshops to boost the youth perspective and influence within the Council of Europe, whilst focusing on the Recommendation (2022)20 on human rights and the protection of the environment. Through discussions on youth participation, human rights, and environmental protection for a week, we discussed together on the role that the voices of young people play in shaping environmental policy recommendations. We also created an atmosphere where youth insights and contributions can drive tangible change, and foster a global community dedicated to environmental advocacy.

As for the outcomes, participants got deeper knowledge and understanding of environmental rights, with a special focus on CM/REC (2022)20 on human rights and the protection of the environment. Moreover, participants developed skills and knowledge to mobilise youth for the legal recognition of the right to a clean, healthy, and sustainable environment by the Council of Europe through advocacy, education, and policy initiatives.

On the last two days, we drafted “the Right to a Healthy Environment: a youth-led toolkit. Designed by young people, for young people”. As the main output of the study session, and as a document drafted by young people from all over Europe, the toolkit empowers and further enables individuals and youth workers to advocate for the legal protection of the right to a clean, healthy and sustainable environment by the Council of Europe.

The toolkit also contains basic information to build capacity on young people not yet familiar with the right to a healthy environment to get the knowledge and join the existing youth advocacy efforts.

## 2. Introduction

This report presents the main conclusions, learning outcomes, and recommendations from the Study session “Right to a Healthy Environment: a young activist perspective”, conducted by Youth and Environment Europe (YEE) and Yeghvard Ecological NGO, in cooperation with the Youth Department of the Council of Europe.

The purpose of this report is to collect all information about the study session , including the aim and objectives, the implemented program and the resulting outcomes and outputs.

### Background

The idea of the Study session came from the work plan that has been implemented by YEE in 2023. The main training of trainers happened in Aghveran, Armenia. We had the opportunity to discuss with our member organisations on the need to provide them with the knowledge on the recommendations that are being accepted by the Council of Europe. During the sessions we were discussing the right to a healthy environment and there was a suggestion from the participants to have a study session that will cover the topic of the Recommendation of the Council of Europe on the topic of the right to healthy environment. Our member organisation Yeghvard NGO have approached with the support in developing the project and we started to develop the idea.

The idea of the Study session has been discussed more during several zoom meetings few months after the completion of the YEL work plan, to which the two organisations have decided to apply and implement the project in the European Youth Centre in Budapest.

Besides, the partner organisations wanted to update YEE member organisations about the involvement of the network in the Civil Society Organisations *Healthy Environment Europe* campaign, which is calling for the adoption of an additional protocol to the ECHR on the right to a clean, healthy, and sustainable environment. The Study session therefore was created also to empower member organisations with knowledge and tools to join the advocacy efforts of the network.

### Aim and Objectives

The aim of this study session was to increase the capacities of environmental activity session , youth workers and NGO representatives to improve the access to environmental rights of young people and the implementation of the CM/REC (2022)20 at European and local level.

The objectives of this study session were:

1. To deepen the knowledge and understanding of young people on environmental rights and map ways of addressing environmental rights challenges in different realities.
2. To introduce CM/REC (2022)20 Recommendation (in relation to human rights and the protection of the environment) by reflecting on the nature, content and implications of the right to a clean, healthy and sustainable environment.
3. To map what is already being done, what needs to be improved, what needs to be started in relation to Recommendation in different realities.
4. To develop the skills and knowledge of participants in mobilising youth for the recognition of the right to a clean, healthy and sustainable environment through advocacy, educational and policy frameworks.
5. To create tools for young people and civil societies to understand and foster the recognition of the right to a clean, healthy and sustainable environment as a human right.

## The Organisers

**Youth and Environment Europe (YEE)** is an independent, non-profit pan-European network of local, regional or national non-governmental youth organisations concerned with youth empowerment on environmental issues and the current triple planetary crisis. Its activities aim to empower young people by providing them with skills, resources, and opportunities to participate actively and responsibly in society. Among others, YEE has been working proactively on issues pertaining to environmental law. Three years ago they noticed that there was a lack of legal action amongst youth environment NGOs, the majority of the advocacy being made on the policy framework. However, law is the primary instrument for the protection of youth advocacy activities and, when ambitious, the primary driver towards a more sustainable world. Therefore, with the ongoing “Legal Seeds” project, they focus on educating young people to make use of legal tools and on making legal frameworks accessible to young people.



“**Yeghvard**” is a youth-ecological NGO based in Armenia. They aim to empower and unite the youth to take action locally, nationally, and internationally by promoting environmental awareness and appreciation. Yeghvard has been working in the youth-environmental field for 14 years and they have big experience in working with local authorities and governmental bodies. They are implementing local and international projects about youth meaningful participation, participation in decision/policy making processes. In this project they have made great contributions with their experience and work done at the local and international level.

Both organisers have a long standing partnership with the Council of Europe and its Youth Department, in particular in building the intersection between youth rights and the environment.

The project team was formed by Youth and Environmental Europe and “Yeghvard” Youth Ecological NGO

## The Participants

The Study session was addressed to representatives of youth environmental organisations and youth activists between the ages of 18-35 who were interested in increasing their capacities to work on the access to environmental rights of young people and the implementation of the CM/REC (2022)20 Recommendation at European and local level. While the Study session was prioritising the participation of representatives from YEE member organisations, we finally had a mix of member organisations, external organisations and unaffiliated youth that contributed to a varied discussion and exchange of views.

The group of participants was composed of 25 young people originating from countries including Albania, Armenia, Azerbaijan, Egypt, England, Georgia, Greece, Ireland, Kosovo, Poland, Portugal, Scotland, Spain, and Wales.

The organising team was composed of:

- Sirarpi Manyan, Course Director, Yeghvard
- Sara Chehade, Team Member, YEE
- Ruzanna Manyan, Team Member, Yeghvard
- Pegah Moulana, Team Member, YEE
- Emma Pagliarusco, Team Member, YEE
- Luca Elek, External Educational Advisor

## Daily reports

### Sunday, 26 May 2024

In the evening on 26th of May we welcomed the participants who had already arrived and provided information for the first day of the project. We played name games and introduced ourselves. As there were some participants who were arriving late we left main energizers and icebreakers for the next day.

### Monday, 27 May 2024

The day was opened by the course director of the study session Sirarpi Manyan, who presented the background of the project development and the connection between the YEE and Yeghvard NGO. We also had a welcoming speech by the head of the European Youth Centre Budapest Mr. Balint Molnar who presented the main aim of the opening of the Youth centre and its activities. After the welcoming speeches and the presentation of the team, one of the team members started name games and icebreakers. During the first day we also had a session where the team presented the aim and objectives, program, toolkit of the study session and the participants wrote their expectations, fears, contributions and developed the overall rules of living together. We had 4 corners where each team member was presenting one part. The participants had 15 minutes in each corner so that they will know more about the project details. After this session Ruzanna and Pegah have conducted getting to know each other session with Speed dating and Alphabetic order methods.

In the end of the day one of the team members Pegah presented the safeguarding rules which have been signed by the participants.

### Tuesday, 28 May 2024

The second day of our Study session started with the Introduction to the Council of Europe & Human Rights where our educational adviser has used different methods to present human rights gallery, actors, documents, Human Rights and us. In the second session the team members Sirarpi and Pegah together with educational adviser Luca Elek presented what is the youth department, European Youth Foundation and the publications that can be used. During the next session the team member Emma has conducted sessions about environmental rights and has used practical methods to deliver the theme. This session was essential to raise awareness among participants on why our right to live in a clean, healthy and sustainable environment must be recognised. The method that has been used was called "Nature Exploration: Discovering Personal Connections to the Environment".

By engaging their senses and connecting with nature, participants were able to experience with their bodies the added value of living close to a healthy environment. The activity took place in the garden of EYCB with theoretical input. Outdoor, individual activity followed by

sharing own reflections. Indoor option: bring some materials inside. Touch smell feel exercise from YEE games of nature.

Eco-anxiety was a recurring feeling among the participants, as often they have felt an overwhelming flow of information on how the environment is being harmed, but have had little information on how to take positive actions, wherever they were located. In the last session of the day, we had world cafe method where the participants had an opportunity to share personal experiences, challenges faced, what their organisation or local community is doing to protect the environment, best practices and potential solutions.

### Wednesday, 29 May 2024

Introduction to **the programme of the study session** the Right to a Healthy Environment and case law with our Expert

On the third day of the study session, our guest speaker Amy Jacobsen, Legal Counsel at Greenpeace International provided participants with an introduction to the right to a healthy environment as it *is*, and it *is not* enshrined in different legislations.



Starting from an analysis of the nature of the right, Amy gave an overview of which international, regional, and national systems expressly protect it. From this analysis, Amy shed light on the fact that the Council of Europe is still the sole regional legal system to only provide political recognition of the RtHE, as opposed to the legal one. As representative of Greenpeace in the Conference of International NGOs in the CDDH-ENV, and as active member of the Healthy Environment Europe campaign, Amy discussed the challenges civil society organisations face when demanding the Council of Europe to adopt an additional protocol to the ECHR on the RtHE. Finally, Amy discussed with participants about the crucial role that young people and youth organisations play when it comes to strengthening the efforts of civil society to advocate for the legal recognition of the RtHE at the CoE level.

They were introduced to the available options the CCDH-ENV is considering, and they considered the pros and cons of these. In this context, they analysed the benefits that an additional protocol to the ECHR on the right to a clean, healthy, and sustainable environment would bring for young people.

Moreover, participants made recommendations to the CoE based on good practices they were familiar with, so as to foster the protection of environmental rights among youth from the CoE. These good practices and recommendations relate to local practices, legal actions, political actions, education as well as monitoring and reporting. All these recommendations are outlined in the main output of the study session, the Toolkit.

After the expert's session one of the project team members had the session with a moot court exercise, designed at situating the young participants in a case scenario where they had to prepare their position and defend it in front of the judges. Moot court modelled the working of the European Court of Human Rights and showed how the Right to a Clean and Sustainable Environment is linked to Human Rights Young people were divided into three teams, judges, the applicant and the respondent. They were then tasked to prepare their arguments and



present them at a hearing. The judges then deliberated and rendered a decision. The aim of this exercise was to help them understand how easy it is for the environment being damaged and how difficult it can be to hold those causing them responsible without a clear set of rights rendered in an additional protocol.

Participants reported that the exercise helped them understand the working mechanism of the Court and while it was difficult to create legal arguments.

**Thursday, 30 May 2024**



Our guest expert Amy built on the session conducted the previous day to invite participants to give their inputs and ideas to mobilise youth in demanding the adoption of an additional protocol to the ECHR on the RtHE. Starting from what is being already done by civil society organisations in the Healthy Environment Europe campaign, participants joined different groups to discuss strategies to boost communications, advocacy, and civic mobilisation for the final aim to have the RtHE enshrined in the ECHR.

As conclusion it is worth to mention that for the participants it is crucial for the CoE and the youth department to consider actively promoting the need for and legally recognising the RtHE through an additional protocol to the ECHR. The ECHR being a living instrument, we demand to adapt it to the current climate and environmental - related human rights challenges.

Besides, it is crucial to upscale the work of the Youth Department in the topics of climate change and environmental protection. Young people must be provided with opportunities to build capacity and be empowered to be ready to actively face the climate and environmental challenges. Environmental advocacy is an intersectional subject that can be combined with multiple causes and everyone can benefit from learning green skills as it is a cause that resonates with everyone. This includes but is not limited to host capacity building sessions on green jobs/skills, advocate for more ambitious climate action from member States to the CoE, and adopt an intersectional approach to the topic of Youth Rights.

After the expert’s presentation the group had free time in Budapest.

**Friday, 31 May 2024**

The day started with the presentation of the CM Recommendation CM/Rec(2022)20 of the Committee of Ministers to member States on human rights and the protection of the environment. The participants have been divided into several groups and had the task to read and comment on the recommendation, based on those comments to create action plans that can be realised to raise awareness of the recommendation at the local level. The participants were excited to promote the recommendation after the study session in



their local communities and in some cases corporations were born.

During the next session we presented the idea of the toolkit, the content that should be involved. The group has been divided into several groups according to topic Introduction, what is the RthE, current realities and best practices, education & Capacity building, Advocacy, lobbying and campaigning, Policy and decision making.

The groups had several check-up meetings where they saw the other team's work and in case, they had finished they joined others to help.

The participants reported that the toolkit is something that they want to use in their local organisation, and in many groups, they have worked until late to make sure that the content reflects all the ideas and all the information they wanted to share with other youth activity session . The toolkit involved the tools and methods that they are using in their local organisations.

During the whole day the participant's group was working with one of the team members, who was contributing with advice and help.

### **Saturday, 1 June 2024**

In the first part of the day the participants have finalised the toolkit using digital tools to make it more attractive and interesting for the reader. After the participants have presented the final version of the toolkit, it has been sent to the YEE communication team to be reviewed and accepted.

In the second half of the day the project team completed the evaluation of the Study session with interactive methods and closed the project with the certificate ceremony in the garden.

### **Saturday, 2 June 2024**

Departure day of the participants

#### **The Right to a Healthy Environment from a young activist perspective, and the link with the Council of Europe**

The challenges posed by the triple planetary climate change crisis, biodiversity loss, and pollution also present a crisis for human rights.

David Boyd, UN Special Rapporteur on Human Rights and the Environment, has observed that “[a]ll human beings depend on the environment in which we live. A safe, clean, healthy, and sustainable environment is integral to fully enjoying a wide range of human rights, including the rights to life, health, food, water, and sanitation. Without a healthy environment, we are unable to fulfil our aspirations. We may not have access to even the minimum standards of human dignity”.

At an international level, the right to a clean, healthy, and sustainable environment has been recognised by the UN Human Rights Council in Resolution 48/13 of 2021 and the UN General Assembly in Resolution A/76/300 of 2022. At the national level, at least 161 states worldwide recognize the right in law through constitutions, legislation, court decisions or ratification of regional treaties including this right.

[The Council of Europe considers the protection of the environment and human rights as a priority](#): over 300 judgments by the European Court of Human Rights and numerous decisions by the European Committee of Social Rights relate to the interlink between human rights and the environment. Moreover, CM/Rec(2022)20 Recommendation acknowledges the necessity of addressing climate change, biodiversity loss, and pollution for better human rights enjoyment.

However, there is no instrument explicitly or autonomously guaranteeing this right within the Council of Europe system. Neither the European Convention on Human Rights nor the

European Social Charter currently provides a clear recognition of the right to a healthy environment.

Therefore, this Study session took place in important momentum: the CDDH-ENV is currently evaluating the need for legally recognising the RtHE, and the various options to do so. During this Study session, we gathered young people from all over Europe to analyse which instruments the CoE provides for the protection of human rights and the environment, and what would be needed to foster this protection. From an analysis of CM/Rec(2022)20, we touched upon how the right to a clean, healthy and sustainable environment can become legally protected. While building capacity and raising awareness among YEE member organisations and young activists in the study session, we also empowered them to be advocates and demand a legal recognition of this right to the Council of Europe.

### **3. Results and Conclusions**

#### **Main findings and conclusions**

By the end of the study session, participants concluded that, to stay relevant in the 21st century, the Council of Europe, as the leading organisation for human rights protection in Europe, must contribute to addressing these crises.

They were introduced to the available options the CCDH-ENV is considering, and they considered the pros and cons of these. In this context, they analysed the benefits that an additional protocol to the ECHR on the right to a clean, healthy, and sustainable environment would bring for young people.

#### **Recommendations**

Moreover, participants made recommendations to the CoE based on good practices they were familiar with, so as to foster the protection of environmental rights among youth from the CoE. These good practices and recommendations relate to local practices, legal actions, political actions, education as well as monitoring and reporting. All these recommendations are outlined in the main output of the Study session, the Toolkit.

#### **Suggestions for the CoE**

It is crucial for the CoE and the youth department to consider actively promoting the need for and legally recognising the RtHE through an additional protocol to the ECHR. The ECHR being a living instrument, we demand to adapt it to the current climate and environmental - related human rights challenges.

Besides, it is crucial to upscale the work of the Youth Department in the topics of climate change and environmental protection. Young people must be provided with opportunities to build capacity and be empowered to be ready to actively face the climate and environmental challenges. Environmental advocacy is an intersectional subject that can be combined with multiple causes and everyone can benefit from learning green skills as it is a cause that resonates with everyone. This includes but is not limited to host capacity building sessions on green jobs/skills, advocate for more ambitious climate action from member States to the CoE, and adopt an intersectional approach to the topic of Youth Rights.

Participants in particular were interested to learn more about how these subject interplays with marginalised communities, in particular those with disabilities and Roma communities. It certainly suggest study session that young people understood their interconnection with nature more closely when they felt a resonance with it and their local realities. Access to funding continues to be a structural barrier preventing young people, especially from marginalised communities to gather and talk about environmental issues.

Eco-anxiety was a recurring feeling among the participants, as often they have felt an overwhelming flow of information on how the environment is being harmed, but have had little

information on how to take positive actions, wherever they were located. During the training we tried our best to be mindful about this, but it was sometimes challenging, as we had little information on the extent to which the participants were prior informed on the environment.

We aimed our best to make them feel empowered, as this cause has room for everyone to be part of, regardless of their occupation or political affiliation, as we are nature and nature is us. We hope we have conveyed and inspired many organised and unorganised youth to become future advocates of the environment and adoption of the additional protocol.

### **Learning points for participants**

Participants learnt about the intersection between human rights and environmental protection, and where the RtHE fits in this.

Participants:

- Learnt how to analyse a Committee of Ministers Recommendation
- Learnt about existing local, regional and national good practices that mitigate, adapt or provide remedies to environmental harms affecting human rights
- Experienced the ways in which the environment interconnects with us as individuals, as well as us as communities
- Develop the skills and knowledge to campaign and advocate for the legal recognition of the right to a healthy environment by the CoE
- Improved their skills in working in team and writing advocacy toolkits

During the study session the participants have created toolkit which involved the methods and tools that they are using in their local realities. The toolkit was very motivating for the participants because we gave them an opportunity to share their local experience to international level. The participants are going to have local meetings where they will present the toolkit and transmit the knowledge learnt to their own organisations and communities.

The team will be monitoring good practices stemming from related follow-up activities from our MOs, and showcase them on our social media to voice as many youth demands on the topic as possible.

### **Contribution of the session to the programme/mission of the Youth Department of the Council of Europe**

The study session contributed to the strategic priorities of the Council of Europe, in particular to

- Priority 2 - Young people's access to rights
- Priority 4 - Youth Work.

The Study session ' main focus was to raise knowledge and capacity within our network regarding the involvement of young people in policy decision-making and the right to a healthy environment. Participants were young people with little knowledge about the right to a clean, healthy and sustainable environment and related protection mechanisms.

They also reasoned about how it relates to their human rights, as young individuals that will have to face serious climate and environmental challenges in their lives.

## 5. Follow-up activities



This study session was the beginning of a long campaigning journey for YEE. The network will continue taking an active role in the Civil Society Organisation (CSOs) campaign for the recognition of the right to a clean, healthy and sustainable environment by the Council of Europe. Besides, we will continue hosting capacity building sessions to raise awareness about the interconnection between human rights and environmental protection.

We hope to continue training and educating young people on this pressing matter and will continue our efforts to advocate for its recognition on a European level.

The toolkit produced by participants in the last two days of the Study session will be sent to all our member organisations, relevant partner organisations and shared in our social media as to ensure a wide dissemination and use by young people and youth organisations.

Member organisations have already been invited to join the campaign and to share the advocacy toolkit with their organisations and local realities. We aim to keep track of how the toolkit will be used and to highlight best practices that might arise from the use of the toolkit at local level.

YEE structure and management includes a membership team composed of regional focal points that are suited to, among others, keep an eye on the follow ups of activities such as the present Study session .

# Appendixes

## List of participants

### Participants

#### Albania

Hilda Hoti

#### Armenia

Ofelya Sukiasyan  
Arzuman Amiryan  
Gor Saribekyan

Khazer NGO  
Erasmus Student Network

#### Azerbaijan

Rezida Rzayeva

Association of Scouts of Azerbaijan

#### Belgium

Inês Margarida Azevedo Guimarães  
Joe Uprichard

#### Finland

Maria Bellou

#### France

Haguar Mourad  
Nadia Waclawiak

#### Georgia

Nazy Iremashvili  
Dima Kvaratskhelia  
Dachi Chaduneli  
Nino Okuashvili

Jvari Youth Center  
Umbrella  
Umbrella

#### Germany

Laman Aliyeva

#### Greece

Iro Koutoumanou

#### Ireland

Ayodeji Stephen

Dublin City University

#### Kosovo<sup>1</sup>

Gzim Zhilivoda  
Diellza Jëlliqi

7 Arte  
7 Arte

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<sup>1</sup> All reference to Kosovo, whether the territory, institutions or population, in this text shall be understood in full compliance with United Nations Security Council Resolution 1244 and without prejudice to the status of Kosovo.

**Spain**

Talía Jiménez Romero

**United Kingdom**

Connah Snape  
Ione Howells  
Aaron Clwyd Jones  
Emma Prach  
Olivia Brown

UK Youth For Nature  
UK Youth For Nature

**Preparatory team**

Pegah Moulana  
Emma Pagliarusco  
Ruzanna Manyan

**Lecturers**

Amy Jacobsen

Legal Counsel, Greenpeace International

**Course director**

Sirarpi Manyan

**External Educational advisor**

Luca Elek

**Council of Europe**

Balint Molnar

Peter Zelenka

Sulkhan Chargeishvili

Executive Director, European Youth  
Centre Budapest, Youth Department  
Programme Assistant, Education, Training  
and Cooperation Division, Youth  
Department  
Educational Advisor, Education, Training  
and Cooperation Division, Youth  
Department

# Programme of the Study session

## Sunday, 26 May 2024

Arrival of participants

19:00 Dinner

21:00 Welcome evening

## Monday, 27 May 2024

09:30 Opening with Introduction to the study session with Balint MOLNAR, executive director of the European Youth Centre Budapest, rationale behind the activity and administrative procedures

11:00 Break

11:30 Getting to know each other

13:00 Lunch

15:00 Building a common understanding of the main flow of the study session - aim and objectives of the study session, expectations of the participants and the planned programme and expected outcomes

16:30 Break

17:00 Co-living – how can we live and work together in a manner that safeguard the needs of everyone and allow space for everyone to contribute the most

18:00 Reflection groups

19:00 Dinner

## Tuesday, 28 May 2024

09:30 Introduction to Human Rights – what are Human Rights and how do they influence our life?

11:00 Break

11:30 Introduction to the Council of Europe & Human Rights – What is the Council of Europe and how does it safeguard Human Rights?

13:00 Lunch break

15:00 Introduction to the environment – What is our relationship with the environment and why do we need to talk about it?

16:30 Break



17:00 World Cafe – on what each represented NGO do in relation to the protection of the environment and human rights in their local realities.

18:00 Reflection Groups

19:00 Dinner

21:00 Evening Activity

### **Wednesday, 29 May 2024**

09:30 Introduction to the Right to a Healthy Environment and case law with Amy Jacobsen, Greenpeace International

11:00 Break

11:30 Understanding how the Right to a Healthy Environment through a Human Rights perspective – a mock-trial of the European Court of Human Rights I.

13:00 Lunch break

15:00 Understanding how the Right to a Healthy Environment through a Human Rights perspective – a mock-trial of the European Court of Human Rights II.

16:30 Break

17:00 Tools for the recognition of the Right to a Healthy Environment as a Human rights – where are we now?

18:00 Reflection Groups

19:00 Dinner

### **Thursday, 30 May 2024**

09:30 Tools for the recognition of the Right to a Healthy Environment as a Human Rights – what can we do as youth activists and youth workers?

11:00 Break

11:30 Current realities and aspects of the campaign – getting involved!

13:00 Lunch break

FREE AFTERNOON

19:00 Self-organised Dinner

### **Friday, 31 May 2024**

09:30 Welcome back – what has happened since the beginning of the study session and what is still ahead of us

11:00 Break

11:30 What do we want to change in our realities?

13:00 Lunch break

15:00 Introduction to toolkit building

16:30 Break

17:00 Continuation toolkit building

18:00 Reflection Groups

19:00 Dinner

### **Saturday, 1 June 2024**

09:30 Recap and continuation toolkit building

11:00 Break

11:30 Finalising the toolkit

13:00 Lunch break

15:00 Next steps

16:30 Break

17:00 Closing and Evaluation

20:00 Goodbye party

### **Saturday, 2 June 2024**

Departure of Participants

## Social Media

The project has been **disseminated** by both organisations with reels, stories and articles in social media . One of the team members Ruzanna Manyan was responsible for creating social media materials and spread it through the network MOs . It has been done for the MOs who has not been present in the Study session but had a huge desire to be part of it.

Here are the links of the reels created:

[https://www.instagram.com/reel/C32TrKbs5i5/?fbclid=IwZXh0bgNhZW0CMTEAAR2RKWNtsNclqr7IF5FXh8viGVH217NFuzEeMoCd7mDaUefa77Kk-77fg-A\\_aem\\_l6bD1r43tPqq9iEMIIYmSQ](https://www.instagram.com/reel/C32TrKbs5i5/?fbclid=IwZXh0bgNhZW0CMTEAAR2RKWNtsNclqr7IF5FXh8viGVH217NFuzEeMoCd7mDaUefa77Kk-77fg-A_aem_l6bD1r43tPqq9iEMIIYmSQ)

<https://www.instagram.com/reel/C8HHSvyM0SP/?igsh=cGJmc3MyYnl4c2p5>

<https://www.instagram.com/reel/C8b33mZstvO/?igsh=dG1jdG13ZjBwaGFo>

Overall we had more than 3000 views in social media.