



DDP-YP/ETD (2023) 192

4 September 2023, Budapest

Study session

“Mobilising Youth Towards Climate and Health Injustice”

Study session organised within the [Youth for Democracy programme](#)
in cooperation with the [International Youth Health Organization](#)

European Youth Centre Budapest, Room A

11 -16 September 2023

Draft Programme

Sunday, 10 September 2023

Arrival of participants

18:00 Informal Getting to Know Each Other Activities

19:00 Dinner

21:00 Welcome Evening

Monday, 11 September 2023

09:30 Opening with Introduction to Study Session – *to introduce aims & objectives, programme, partner organisations, house rules, and get to know participants' expectations*

with Balint MOLNAR, Executive Director, European Youth Centre Budapest

Katja ČIČ, Course Director, Youth Health Organisation

11:00 Break

11:30 Team Building activity – *to break the ice and get acquainted with everyone.*

13:00 Lunch

14:30 Environmental Health 101 – *to build a common understanding of the main concepts regarding environment and health*

16:00 Break

16:30 Triple Crisis – What is the Problem? – *to develop a nuanced awareness on climate change, pollution and biodiversity loss*

with Viktor Josa, Proteus Foundation

18:00 Daily Evaluation & Reflection Groups – *to improve the Study Session and support the personal growth of participants.*

19:00 Dinner

21:00 Organisations' Fair and Social Evening

Tuesday, 12 September 2023

09:30 Clean and Healthy Environment as a Human Right – *to discuss environment in the context of human rights*

11:00 Break

11:30 Human Rights Perspective on Health Crisis – *to discuss health in the context of human rights*

13:00 Lunch Break

14:30 Health Implications – *to explore the connections between human health and climate change*

16:00 Break

16:30 Climate Change and Mental Health – *to consider the impact of climate change on mental wellbeing.*

18:00 Daily Evaluation & Reflection Groups – *to improve the Study Session and support the personal growth of participants*

19:00 Dinner

21:00 Intercultural Night

Wednesday, 13 September 2023

09:30 Climate Change and Vulnerable Groups – *to build an understanding of different challenges and barriers.*

11:00 Break

11:30 Participants' Practices: Sharing is Caring – *to give the participants an opportunity to share about their work*

Changing Policies and Behaviour Through Best Buys (Part 1) – *to increase knowledge on interlinkages and evidence-based solutions*

with Loyse Queau, European Public Health Alliance

13:00 Lunch break

14:30 Changing Policies and Behaviour Through Best Buys (Part 2) – *to increase knowledge on interlinkages and evidence-based solutions*

Policy and Legal Frameworks – *to enhance understanding of legislative solutions and important documents to tackle climate change*

16:00 Break

16:30 Council of Europe & Climate Advocacy – *to introduce the work and priorities of the Council of Europe on Climate including the making of the draft recommendation on the role of young people and climate crisis*

with Spyros Papadatos, Chair, Advisory Council on Youth

18:00 Daily Evaluation & Reflection Groups – *to improve the Study Session and support the personal growth of participants*

19:00 Dinner

Free time / Optional Board Game Night

Thursday, 14 September 2023

09:30 Activists & Climate Leadership – *to build strong leadership skills and awareness about activism.*

with Viktor Josa, Proteus Foundation

11:00 Break

11:30 Advocacy Basics – *to develop essential advocacy skills*

13:00 Lunch

City Break / Sustainability Photo Hunt

19:00 Dinner out in the city

Free time / Optional Tour of Budapest

Friday, 15 September 2023

09:30 Climate Action: Stakeholder Mapping, Partnership Building & Networking – *to familiarize with the important actors in the field and identify their priorities*

11:00 Break

11:30 Introduction to Tool-Building – *to start the creation process on Study Session deliverables*

13:00 Lunch

14:30 Youth Mobilisation: Tool Development (Part 1) – *to design the Study Session deliverables*

16:00 Break

16:30 Youth Mobilisation: Tool Development (Part 2) – *to design the Study Session deliverables*

18:00 Daily Evaluation & Reflection Groups – *to improve the Study Session and support the personal growth of participants*

19:00 Dinner

Free time

Saturday, 16 September 2023

09:30 Finalisation of Tools and Action Planning – *to construct the Study Session deliverables*

11:00 Break

11:30 Changing the Narrative & Opportunities in the Council of Europe – *to gain understanding on what it means to be a climate and/or health advocate in today's world and increase visibility of the Council of Europe's youth sector*

13:00 Lunch

14:30 Evaluation, Reflection and Certification

16:00 Break

16:30 Closing Session

19:00 Dinner

Free time / Farewell Hangout

Sunday, 17 September 2023

Departure of participants

Aim and objectives of the study session “Mobilising Youth Towards Climate and Health Injustice”

Aim: To empower the youth to take action and actively participate in decision making and policy processes at the local, national and international level towards climate change and health.

Objectives:

1. To understand why addressing environmental health is essential in a holistic approach towards healthier and more resilient societies, including epidemiological data and economic impact on society.
2. To raise awareness on the intricate connection between climate change and youth health, as well as the role of organized youth and young individuals in both, personal and professional capacity, for addressing relevant challenges.
3. To develop competencies on climate action "best buys", including most effective climate mitigation and adaptation strategies, and importance of collaborative action.
4. To learn how to use policy documents to advocate for effective policies and to ensure the participants are aware of European-level documents, charters and the Council of Europe recommendations, which directly reference them.
5. To co-design with the participants various tools (flashcards, map of opportunities) and initiatives to follow up on the study session and drive future impact.