



DDP-YD/ETD (2019) 144

12 ноября 2019

## **Description and draft programme of Initial training seminar**

**Long-term training course for youth trainers  
from the Russian Federation involved in  
educational activities with young people based  
on non-formal education**

**Moscow, Russian Federation  
Hotel «Holiday Inn Vinogradovo»**

**23-30 November 2019**

## Draft programme

### Friday, 22 November

Arrival of participants

19:00 Dinner

20:00 Informal evening

### Saturday, 23 November

09:30 Opening and introduction to the training course:

- ✓ The role of the training course in the cooperation programme between the Council of Europe and the Russian Federation in the field of youth policy
- ✓ Aim, objectives and expected results
- ✓ Calendar of implementation of the training course phases and level of involvement of participants

11:00 *Break*

11:30 Building a group cohesion and atmosphere for communication and mutual learning

13:00 *Lunch*

14:30 Group's expertise and experience in non-formal education

Non-formal education in youth policy and youth work in Russia

16:00 *Break*

16:30 Initial training seminar: programme, methodology and expectations of participants

18:00 Reflection moments

19:00 *Dinner*

20:30 Evening programme on teambuilding

### Sunday, 24 November

09:00 Introduction to the day programme

09:30 Non-formal education: from theory to practice, with **Arturas Deltuva**, youth trainer and youth worker (Lithuania)

11:00 *Break*

11:30 Non-formal education: from theory to practice

13:00 *Lunch*

14:30 Non-formal education: history, principles and approaches

16:00 *Break*

16:30 The role of NFE in the context of youth policy and youth work in the Russian Federation

18:00 Reflection moments

19:00 *Dinner*

20:30 Evening programme organised by participants (*optional*)

### **Monday, 25 November**

09:00 Introduction to the day programme

09:30 Trainer`s functions, common features and differences from the animator, facilitator and teacher. Values and standards in work

11:00 *Break*

11:30 Definition of competences. Introduction to the competences frame of a non-formal education trainer

13:00 *Lunch*

14:30 Self-assessment of competences by participants

16:00 *Break*

16:30 Identification of personal educational needs and prioritization of competences for further development. Elaboration of personal development plans

Mentoring during the training course

18:00 Mentoring groups

19:00 Dinner

### **Tuesday, November 26**

09:00 Introduction to the day programme

09:30 Practice phase of the training course: format, criteria for projects and the role of supporting organisations

Project management: project`s development, implementation and evaluation cycle

11:00 *Break*

11:30 Design of educational programme: from participants' needs to expected results

13:30 Mid-term evaluation of the training seminar

14:00 *Lunch*

*Free time*

20:00 *Dinner at the hotel (optional)*

### **Wednesday, November 27**

09:00 Introduction to the day programme

09:30 Introduction to human rights education and its connection with non-formal education

Use of "Compass", a human rights education manual for young people

Thematic workshops on priority topics of cooperation between the Council of Europe and the Russian Federation in the field of youth policy

- 13:00 Lunch
- 14:30 Design of educational programme of youth project: its cycle and elements
- 16:00 Break
- 16:30 Practical workshops on elements of the educational programme
- 18:00 Mentoring groups
- 19:00 Dinner

### **Thursday, 28 November**

- 09:00 Introduction to the day programme
- 09:30 Developing projects ideas for the practice phase (*break included*)
- 13:00 Lunch
- 14:30 Presentation of projects ideas and feedback from the educational team and participants
- Networking
- 16:00 Break
- 16:30 Resources and opportunities for the project`s implementation  
European Youth Foundation: supporting of pilot activities, *with Sylvia Ivanova, Deputy Executive Director*
- 18:00 Mentoring groups
- 19:00 Dinner
- 20:00 Informal evening "More than one story..."

### **Friday, 29 November**

- 09:00 Introduction to the day programme
- 09:30 Recognition of non-formal education and quality of youth work in the Russian Federation and the participants` realities
- 11:00 Break
- 11:30 Agreements on future communication and work:
  - E-learning
  - Mentoring
  - Peer support
  - Practical phase
  - Mid-term meeting
  - Evaluation consolidation training seminar
- 13:00 Lunch
- 14:30 Mentoring groups
- 15:30 Break
- 16:00 Evaluation and closing of the training seminar *with:*  
**Olga Popova, Deputy Chair of the National Youth Council of Russia**

**Marina Filaretova**, Programme Officer at the Council of Europe  
Youth Department

19:00 Dinner

### **Saturday, 30 November**

Departure of participants

## **ABOUT THE LONG-TERM TRAINING COURSE**

One of the priority areas of the Framework Programme on Co-operation between the Council of Europe and the Russian Federation in the field of youth policy for 2014-2019 is to promote the development of a training system for youth workers and youth leaders, as well as the development of quality and recognition of youth work and non-formal education in the country at various levels.

At its meeting in November 2018 in Moscow, the Management Committee of the Framework Programme stressed the need to expand the existing pool of youth trainers able to implement quality educational activities for young people, based on the values and approaches of non-formal education as practiced at of the Council of Europe Youth Sector.

## **AIM AND EXPECTED RESULTS OF THE LONG-TERM TRAINING COURSE**

**The aim of the training course is** to improve the quality of educational activities in the field of youth work in the Russian Federation, through extending the network of trainers with the necessary competences for such work, sharing the principles and values of non-formal education and using the quality standards of the Council of Europe.

**The strategic objectives** of the training course are as follows:

- To enlarge the existing group of experienced trainers able to develop and implement quality training activities in the Russian Federation, and to support the further development of the existing trainers' networks
- To contribute to the recognition of youth work and non-formal education in the Russian Federation youth field;
- To develop and use innovative concepts and practices for training of trainers in non- formal education;
- To highlight the approaches and values underlying youth work and non-formal education and to reflect on how they can best be promoted in training activities;
- To make use of the existing resources of the Council of Europe Youth Sector in the youth policy field of the Russian Federation;
- To contribute to the development of a professional profile of youth trainers in the Russian Federation by fostering the recognition of trainers' competencies in the youth / non-formal education field;
- To exemplify the beneficial interaction of youth research, youth policy and practice and its importance in the design, implementation and follow-up of any training activity.

**The learning objectives of LTTC** are to develop the following competences of the participant-trainers:

- To competently design, implement and evaluate training activities, based on an adequate needs analysis and using appropriate methodologies;
- To be able to find common ground between the needs and interests of the institutional partners and those of the trainees;
- To understand the current realities of Council of Europe youth field (in link with youth policy, youth research) and the Russian Federation youth policy agenda, and to put training activities into this perspective;
- To be able to use in the youth work different Council of Europe educational publications, especially COMPASS, the manual for Human Rights Education with Young People;
- To guide and facilitate individual and intercultural group processes and to deal effectively with ambiguity and crisis;
- To be able to co-operate in multicultural teams of trainers and to manage a training project effectively;
- To be able to create an appropriate learning environment, by reflecting about learning to learn, different learning styles and how to address them in training;
- To be able to plan own learning and development (including self-assessment of competencies, setting learning objectives, designing one's own learning plans and self-directing one's own learning, taking advantage of mentoring and peer-learning);
- To reflect on the key trainers' competences, as well as on the learning path of trainers conducting trainings at different levels.
- To be able to build the cooperation between youth organizations and state authorities in the Russian Federation.

**Expected results:**

- ✓ At least 25 trainers capable to plan, implement and evaluate quality educational activities *with and for young people* at local, regional, national and international levels have been trained;
- ✓ Quality standards for youth educational projects/activities based on non-formal education have been developed/adapted for its further applying in the Russian Federation;
- ✓ Actions to further promote the recognition of non-formal education as one of the main approaches in youth work the Russian Federation are discussed, developed and proposed to the Russian youth policy stakeholders;
- ✓ The community of like-minded people and the number of organisations sharing the values and approaches of the Council of Europe youth work is increased;
- ✓ Thematic priorities of cooperation between the Russian Federation and the Council of Europe in the field of youth policy, such as: democratic citizenship, youth participation, human rights education and intercultural learning, have been promoted.

## **INITIAL TRAINING SEMINAR**

### **Main objectives:**

- ✓ To learn about the main concepts of non-formal education and its historical aspect,
- ✓ To explore the principles and values of non-formal education as well as its role in developing the young people`s competences for building a democratic and inclusive society;
- ✓ To analyse the realities in terms of the links between non-formal education, youth work and youth policy;
- ✓ To explore the criteria and quality standards of youth activities based on non-formal education, and their impact on the quality of youth work;
- ✓ To review the forms of non-formal education activities and their use in different contexts;
- ✓ To discover "Compass" (a manual on human rights education for young people) and how to use it in the local context for non-formal and human rights education;
- ✓ To discuss the main stages of designing and implementing needs-based educational activities: from needs assessment to expected results;
- ✓ To explore the key competences of a youth non-formal education trainer and support participants in shaping their personal development;
- ✓ To discover the thematic areas of cooperation between the Council of Europe and the Russian Federation in the field of youth policy and their popularization and promotion through youth work and non-formal education in Russia;
- ✓ To develop the project ideas for youth projects in the field of non-formal education on the thematic areas presented in the Compass.

### **Logistic information:**

The training seminar is held in the Hotel "Holiday Inn Vinogradovo" (171, Dmitrovskoe avenue) from 23 to 30 November 2019 including arrival and departure days.

The co-organisers provide the accommodation and meals for participants as well materials and publications related to the training course.

**Co-organisers of the training course** are the Council of Europe Youth Department and the National Youth Council of Russia, with the support of the Ministry of Science and Higher Education of the Russian Federation and the Federal State Budgetary Educational Institution of Higher Education "MIREA - Russian Technological University".