## **Module 1**

Activity 1: Defining yourself

## Yasna's choices

The three pictures I chose are: Warmth, Pirin and A state border sign.







Pirin



A State Border

Warmth makes me think of the importance I attach to home, family and to the strength of relationships. Like everybody else, I move from context to context in my life journey, but my family and the strong personal and professional relationships I nurture make me a happy person.

Pirin I associate with the passion I have for mountain walking and bonding with mountaineers.

I link *A state border sign* with the negative reactions I sometimes have when asked to name a single national allegiance. We have many more ingredients to ourselves than just a national identity. Besides, having a national border marker at the height of over 3000m makes little sense to my skier-self.