



Setting the scene: The work of the Steering Committee for Human Rights in the fields of Biomedicine and Health (CDBIO)

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Laurence Lwoff, Secretary of the CDBIO



- CDBIO entrusted by the **Committee of Ministers** to work on human rights in mental healthcare
 - Basis: Relevant case-law of the European Court of Human Rights - CPT reports - as well as Convention on Human Rights and Biomedicine and CM/Rec(2004)10
 - Taking into account standards developed and work achieved by United Nations
 - ➔ Essential for CoE to take action to improving the protection and the autonomy of persons in mental healthcare services.
- Combination of **complementary measures** expressing CoE political will

Overall objectives

- Ensuring **effective exercise of the rights** of the person concerned
- Promoting **autonomy** in mental healthcare

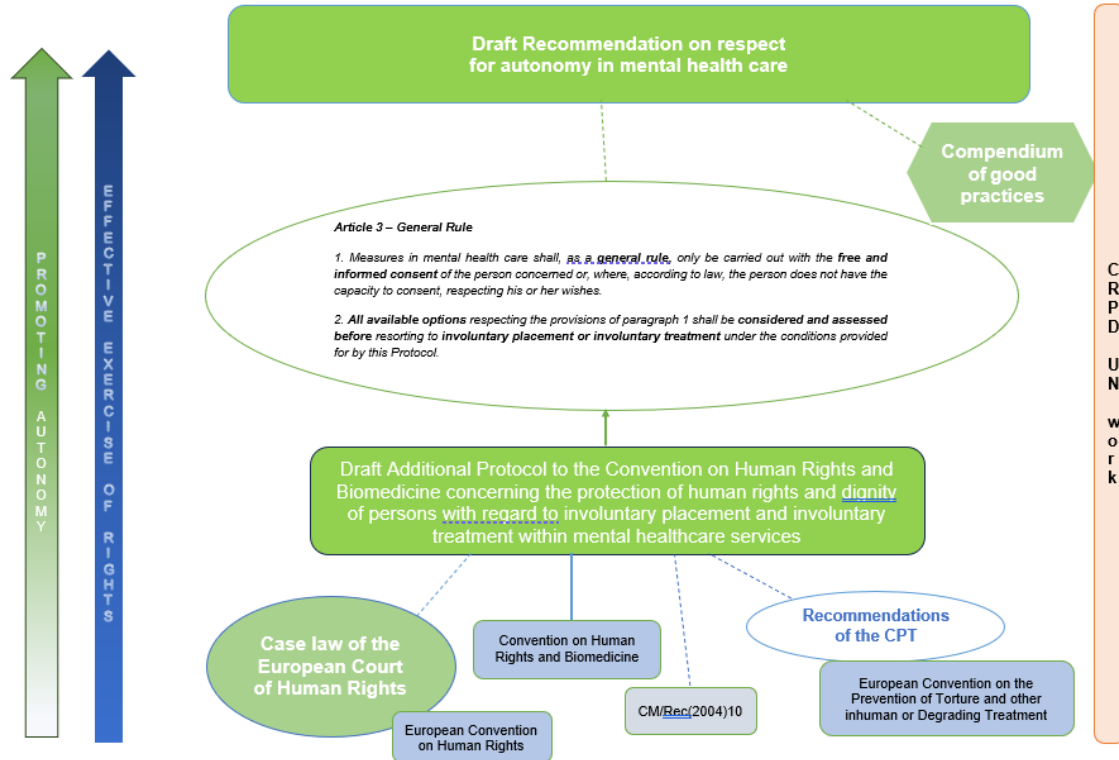


Incremental and consistent approach

- Legally binding instrument focused on **involuntary placement and involuntary treatment**
 - Most critical human rights issues – Setting the general rule based on voluntariness, reducing, preventing involuntary measures and ensuring effective exercise of rights
- **Report on the relevant case law** of the European Court of Human Rights
- **Compendium of good practices** to promote **voluntary measures** in mental healthcare services
- New draft **Recommendation on the respect of autonomy in mental healthcare**



Incremental approach complementary instruments and reports



Other relevant past and current work

- Conference “[Promoting Autonomy in Mental Healthcare](#) (14 November 2023)
- Development of **HELP course** on Human Rights and Mental Health (Armenia Action Plan)
 - [ECHR case law](#), CPT, Convention on Human Rights and Biomedicine, CRPD
- [Capacity building activities](#) as part of the cooperation project Armenia Action Plan (e.g. Nikolyan v. Armenia)



Thank You

laurence.lwoff@coe.int

[Mental health care - Human Rights
and Biomedicine \(coe.int\)](#)

www.coe.int/bioethics